

SMV SENIOR CLUB
PO BOX 6688
SANTA MARIA, CA 93454-6688
(805) 925-0951 Ext. 2207
SMVSeniors@gmail.com

June 2017
Periodical

Vol. 23, Issue 5



Non-profit Organization
US Postage Paid
Santa Maria, CA
Permit No. 161

CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Club Newsletter

Membership Dinner Meeting Monday, June 5

Catered by
Santa Maria

BBQ LAND

serving chicken & tri-tip plus 2 sides

Doors Open: 5:30 p.m.

Dinner: 6 p.m.

\$10 per person



Speaker: Ann McKindley

Bent Axles Street Rods

Reserve by June 1



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 925-0951, Ext. 2207



**Jo York
President**

June News

I hope everyone had a great Mother's Day and a celebratory Memorial Day. If you are old school, you can now wear white (that is, if you haven't been wearing it already). 🙄

I don't know about you, but as I write this in the middle of May, I am sick of wind! I'm even looking forward to "June Gloom" if we just don't have wind, too.

One of the upcoming changes this summer at the Mussell Center concerns the **monthly dances**. Unfortunately, for the time being, they will no longer be free. We received a grant last year that paid for the musicians through May. We have applied for the grant again, but the foundation will not be deciding who receives the funds until sometime in the middle of July. Of course, we are never certain if we will get the grant at all. If we are fortunate enough to receive these extra funds again, we'll make changes to future dances. At least for June and July, though, the dances will return to a fee of \$10 per person. We have had good attendance at these monthly dances, and I hope that you will continue to support this activity. It's fun and good for you! Please come dance with us!



The membership dinner on Monday, June 5, will be catered by **BBQ Land**. We will have chicken and tri-tip plus macaroni salad, another side, and bread. The speaker will be **Ann McKindley**. Ann is the first female president of **Bent Axles** Street Rods, Inc. Please, join us and show her a warm welcome.

For July, we thought we would do something a little different with our monthly membership meeting. We are going to have an ice cream social! The price may be different than the usual \$10, depending on what we have with the ice cream. I will let you know more about it later, as it will be the second Monday in July (7/10). Also, we probably won't have a speaker that month. We thought it would just be nice to socialize and eat fattening stuff!



Currently, the board is developing an inventory of all of equipment, furniture, and supplies the club owns. We are aware of most of the items, but if any of you know of something that the club bought, as opposed to belonging to the city, please let one of us know.



I know it seems we are constantly asking for volunteers, but as a nonprofit, it is how we are able to get things done. Right now, we have enough volunteers for the newsletter, and some for set-up at our membership dinners, but **we are still in need of servers each month**. In April, the guest speaker helped, but we would really prefer not to have that happen again. So, if anyone thinks he/she can help, please let us know! The sign-up book is on the receptionist desk.

Also, please remember, several board members are leaving at the end of this year. There are a variety of positions available where you can find your special interest. Our board meetings are open to all members, so feel free to attend one if you are thinking of volunteering. Meetings are held the second Monday of the month at 10 a.m. in the conference room at the center.

June is graduation month for many, and my second granddaughter is one of them! If you have a family member graduating, I hope you enjoy the ceremony. They earned this special time of recognition and celebration!

Be healthy, safe and kind. Thank you until next month!

2017 OFFICERS

President:	Jo York	925-1089	jeyork1@yahoo.com
1st Vice President:	Terry Leduc	925-0064	aleduc2@hotmail.com
2nd Vice President:	Dawn Kamiya	714-5267	dawnof42@aol.com
Treasurer:	Jason Schellas	354-0083	jschellas@comcast.net
Recording Secretary:	Rosemary Fox	680-4083	rfox001@msn.com
Director-at-Large:	Mary Johnson	352-1003	mjohnson1937@gmail.com
Newsletter Editor:	Laura Selken	406-9989	laura.selken@gmail.com
Past President:	Tom Dutart	925-2906	oldtoadpis@yahoo.com
City Representative:	Marjorie Gjerdrum-Hord	925-0951, ext. 2347	mgjerdrum@cityofsantamaria.org
City Representative:	Barbara Wiley	925-0951, ext. 2355	bwiley@cityofsantamaria.org

COMMITTEE CHAIRPERSONS

Database Records:	Laura Selken	406-9989	laura.selken@gmail.com
Membership:	Iva Jo Strunk	934-9294	bobandivajo@msn.com
Statistics & Reports:	Charlotte Gaskill	934-2607	jcgaskil@msn.com
Sunshine:	Simone Gillogly	925-6267	
Travel:	Linda Dutart	925-2906	ldutart@yahoo.com

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Receptionist:	Diane Bentley	925-0951 Ext. 2207	
Supplies:	Mary Johnson	352-1003	mjohnson1937@gmail.com
Travel Office:	Tues. – Thurs., 12:30-3:45 p.m.	349-0688	ldutart@yahoo.com

OFF-SITE ACTIVITIES

Mondays	11:00 a.m. – 1:00 p.m.	Drop-in Softball Hagerman Sports Complex
Tuesdays	9:00 a.m. – Noon	Lawn Bowling Club 4205 S. McClelland St.
Thursdays	9:00 a.m. – Noon	Lawn Bowling Club 4205 S. McClelland St.
	11:00 a.m. – 1:00 p.m.	Drop-in Softball Hagerman Sports Complex

Editor's Note: Hopefully, you are receiving your newsletter, either by email (as a "pdf") or in the mail. Naturally, we understand that many of you do not use the internet and do not have email. However, we ask those of you that **DO have access** to the internet to **PLEASE** consider having it **EMAILED** rather than mailed to you. *It arrives in your inbox in **FULL COLOR**, and it also **arrives much sooner** than if you choose to have it mailed!* You can ALSO view it on our website: smvscc.org/Main.html.

NOTE: If you are having trouble receiving it via email **PLEASE CONTACT Laura Selken (the Editor)** at (805) 406-9989 or via email: laura.selken@gmail.com. I will try to resolve the problem as soon as possible! Note: The deadline for the next issue (**July 2017**) is **June 19**.



Marjorie Gjerdrum Hord
Program Specialist



GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

Yeah! June is here, and summer will soon be officially, too! Did you know June is regarded as **National Candy Month**? Sounds great, but remember what passes the lips, goes to the hips! So, if you want to enjoy that favorite candy, be sure to peruse the Recreation & Parks Recreation Guide for a calorie burning activity. Check out the Active Living and Sports sections. There are both day and evening classes to choose from. You'll see there is something for everyone!



Elwin Mussell Center offers so many different workout classes for all abilities. Daytime classes include yoga, "Zumba Gold" (specifically designed for seniors), "Build Your Own Body" (intermediate exercise class), and "Chairobics" (a great beginning exercise class). Evening classes include "Piyo" (Pilates and Yoga) and ballroom dancing. Sports offer softball, lawn bowling and new this summer – a Corn Hole League!

Monday, June 12, Fraud Prevention Seminar, Elwin Mussell Center, 10:30 a.m. ~ **FREE**. The Santa Barbara District Attorney's office invites you to attend a scam prevention presentation. Learn about the latest local and nationwide scams, how to protect yourself from these scams, and what to do if you or someone you know has fallen victim to a scam.

Crooks use clever schemes to defraud millions of people every year. Stay a step ahead with the latest information and practical tips. RSVPs are not required. Coffee and light refreshments will be available. *The program will be presented in Spanish at 12:30 p.m. on the same day at Atkinson, 1000 Railroad Ave.*



Saturday, June 17, Fun in the Sun, Elwin Mussell Center, 1:30 p.m. ~ **FREE**. Enjoy some fun in the sun on our outdoor patio! Are you ready to challenge opponents in friendly games of corn hole, skill pong, and other backyard games? Prize ribbons will be awarded for bragging rights. Board games will also be available. Come enjoy the sunshine and start some summer fun. Light refreshments will be served. RSVP's are requested. Please call 925-0951, ext. 2207.

Want to begin a fitness program, but don't want to join a class? **Start walking!** It is one of the easiest, most enjoyable, and profitable forms of exercise. All you need is a good pair of shoes, comfortable clothing, and desire. If you are new to walking, start off with slow, short sessions and build your way up gradually. Do not worry at all about speed in the beginning. After you have been walking several weeks, you can pick up your pace. Start with 10 minutes a day, adding 5 minutes every week until you reach 30 minutes. Need a partner? Just let us know. We could start a walking list here at the Elwin Mussell Center. Call 925-0951, ext. 2207, and ask for Marjorie for more information!



HAPPY SUMMER!

June

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Costs: Bingo ~ 50¢ /card Build Your Own Body ~ \$25/month+ Bunco ~ \$3 donation/day Chairobics ~ \$12/month+ Folk Dancing ~ \$15/month+ Yoga ~ \$12/month+ Zumba ~ \$25/month+ +Santa Maria Residents (higher for non-residents)			1 9-4 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	2 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	3 9-12 Pool* 9-1 pm Duplicate Bridge
5 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 6 Membership Dinner Meeting 7-9 pm Folk Dancing*§	6 9-4 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Poker* 1:30-4 Bunco*	7 9-4 Pool* 9-? Artists Meet* 9-10 Chairobics*§ 10-11 Zumba*§ 12-4 Mah Jongg* 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge/Instruction	8 9-4 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Hand & Foot 2:30-3:45 Folk Dancing*	9 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	10 9-12 Pool* 9-1 pm Duplicate Bridge
12 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	13 9-4 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle* 1-4 Poker*	14 9-4 Pool* 9-? Artists Meet* 9-10 Chairobics*§ 10-11 Zumba*§ 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge/Instruction	15 9-4 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	16 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	17 9-12 Pool* 9-1 pm Duplicate Bridge
19 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	20 9-4 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Poker* 1:30-4 Bunco*	21 9-4 Pool* 9-? Artists Meet* 9-10 Chairobics*§ 10-11 Zumba*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge/Instruction	22 9-4 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Hand & Foot 2:30-3:45 Folk Dancing*	23 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	24 9-12 Pool* 9-1 pm Duplicate Bridge
26 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	27 9-4 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle* 1-4 Poker*	28 9-4 Pool* 9-? Artists Meet* 9-10 Chairobics*§ 10-11 Zumba*§ 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge/Instruction	29 9-4 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	30 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	July 1 9-12 Pool* 9-1 pm Duplicate Bridge

Activity Contact Persons: Book Exchange ~ Jane Bringley (937-8859)
 Duplicate Bridge ~ 937-5691 (Mondays) ~ 922-5000 (Thursdays) ~ 925-6350 (Saturdays)
 Pinochle ~ 934-2315 (Tuesdays) / Folk Dancing (Thurs.) ~ Betty Anthony (925-5429)
 * City of Santa Maria Recreation & Parks Department Program
 § Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



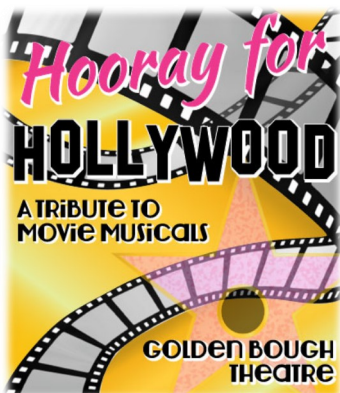
Hours: Tues., Wed., Thurs., 12:30 – 3.45 p.m.

Office Phone: 349-0688



FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH!

JUNE 5TH IS THE NEXT SCHEDULED SALE DATE. DOORS WILL OPEN AT 8:30 A.M. WITH THE SALE BEGINNING ABOUT 9 A.M. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. THE FOLLOWING TRIP WILL BE ON SALE THAT DAY:



August 20 ~ Hooray for Hollywood:

A Tribute to Movie Musicals, Carmel \$89

“Hooray for Hollywood! Where you’re terrific, if you’re even good ... Where anyone at all from TV’s ‘Lassie’ to Monroe’s chassis is equally understood ... Go out and try your luck, you might be Donald Duck ... Hooray for Hollywood! Come join the cast of local celebrity actors on a jolly tour of Hollywood movie music ... from ‘Singing in the Rain’ to ‘For your Eyes Only.’ From Disney to ‘Casablanca.’” Performed by the Pacific Repertory Theatre in Carmel. Wander and have lunch on your own at Monterey’s Fisherman’s Wharf. Leave: 7 a.m./Home: 8:30 p.m.

On sale currently is another trip that wasn’t previously included in the newsletter. It was requested we have a trip to the Tournament of Roses Parade. We have an arrangement with Silverado Tours to give us a discount which, in turn, we can pass on to you for their scheduled trips. They have a trip going to the Rose Parade, so we are selling it at the discounted price:

Dec. 31, 2017-Jan. 1, 2018 ~ Rose Parade

\$359.10 DbL., \$440.10 Sgl.

Be at IHOP at 10:35 a.m. for the scheduled pick up at 10:50 a.m. December 31st. Stay at the Ayers Hotel in Anaheim. Dinner is included at PF Chang’s Chinese Restaurant. Hot breakfast is included at the hotel. You’ll have reserved grandstand seating for the Tournament of Roses Parade. Ticket prices do not include driver and tour guide gratuities. Return arrival is scheduled for 5:25 p.m. *Write your check to Silverado Stages.*



THESE TRIPS MAY STILL BE AVAILABLE:

Sign Up Today!

June 2 ~ “Pippin” at Cal Poly’s Cohen Center	~ SPACE AVAILABLE ~	\$92
June 22 ~ Senior Day at Santa Anita Racetrack	~ SPACE AVAILABLE ~	\$79
July 29 ~ M&M: Madonna Inn & Melodrama		\$88
September 9 ~ Fillmore & Western Railroad Murder Mystery Lunch		\$115
October 11-18 ~ Smoky Mountains & Bluegrass		\$2879 DbL., \$3704 Sgl.



Check out our Facebook page: **“Santa Maria Senior Travel”**
(Click on name & go directly to Facebook page!)

Diana Dodos updates the page with flyers & pictures from our trips.





TRAVEL TALES ~ JUNE 2017



We welcome Marijane Marshall to our Travel Club Committee! She began learning our procedures May 2nd. Unfortunately, we are sad to announce that Kathy Kromer will be on a leave of absence to take care of her small grandchild while her daughter is on deployment out of the country.

Sept. 11 ~ Presentation of Collette's "Discover South Dakota" \$1999 Dbl., \$2499 Sgl.
See description below for May 11-17, 2018. Special price effective until November 3rd



September 28 ~ MYSTERY TRIP!!!

\$106

We finally found something to do that this group hasn't done previously! Stop for lunch on your own. Dinner is included in the price. We think both men and women will enjoy this trip. Leave: 10 a.m./Home: 11 p.m. **Selling August 7**

October 23-26 ~ Laughlin Riverside

\$141 Dbl., \$178 Sgl.

As usual, two breakfast buffets and one choice buffet is included. On October 25, "Tonight's the Night: a Tribute to Rod Stewart" will begin a 5-night run, so you will be able to book it for the 25th if you choose. Leave: 7 a.m./Home: 6:30 p.m. or so. **Selling August 7**



November 7-9 ~ Sequoia/Kings Canyon National Parks tour

\$380 Dbl., \$460 Sgl.

Stay at Wonder Valley Ranch for two nights and enjoy all their amenities and wonderful meals. Tour the Sequoia/Kings Canyon National Parks with Wonder Valley's picnic lunch provided.

Wonder Valley cancellation deadline is Sept. 7, so please purchase this trip early. **Selling August 7**

December 6 or 7 ~ Cambria Christmas Market and dinner



Have an early dinner at Cambria Pines Lodge before enjoying the lights and entertainment next door at the Cambria Christmas Market. Committee member Jason Schellas and his wife went last year and encouraged us to include it in this year's planned trips. **Selling October 2**

2018

February ??? ~ Las Vegas

I will be researching hotel/casinos to find a good place to stay and things to do. I understand they have a good bus system there.



May 11-17 ~ Collette's "Discover South Dakota"

\$1999 Dbl., \$2499 Sgl.

You'll stay at one hotel in Rapid City while you explore the interesting and historic Black Hills. Highlights include Mount Rushmore, Deadwood, Pine Ridge Indian Reservation, Black Hills Gold, Badlands National Park, Wall drug, Needles Highway, Custer State Park and Crazy Horse Memorial. The presentation and sale will be September 11, 2017.

WONDER VALLEY

November 20-23 ~ Thanksgiving at Wonder Valley

They emailed a special offer for 2018, and I grabbed it! You won't get to go for Thanksgiving this year, but we already have the space for 2018.

Travel with us!



Linda Dutart
Travel Committee
Chairperson

June Birthdays

Susan Violette	1-Jun	Dale Iliff	13-Jun	Cliff Baines	21-Jun
Joyce Goble	2-Jun	Frezzy Cavalli	15-Jun	Phil Fee	21-Jun
Sharon Leroy	2-Jun	Josie Baldiviez	16-Jun	Priscilla Renner	22-Jun
Anne Mouyeos	2-Jun	Ellie Plumer	16-Jun	Irene Carpenter	23-Jun
Bob Forinash	3-Jun	Loretta Thomas	16-Jun	Bea Goyette	23-Jun
Jean Studer	6-Jun	Lorraine Whalen	16-Jun	Margaret Paden	23-Jun
June Hughart	7-Jun	Judie Oliva	17-Jun	Margaret Gonzales	25-Jun
Jane Hood	8-Jun	Arlene Bracht	18-Jun	Wayne Scheideck	29-Jun
Mary Ann Fallon	11-Jun	Judy Arko	19-Jun	Pauline Okerblom	30-Jun
Mary Johnson	12-Jun	Carol Compton	20-Jun	Claudia Sylvester	30-Jun
Shirley Drake	13-Jun	Lily Furukawa	20-Jun		

① If any of the birthdays or anniversaries listed here are not accurate, or if your name and special day is not listed, please contact the editor, Laura Selken, at 406-9989, or laura.selken@gmail.com.

① Note: only couples who are both members of the Club will have their anniversary listed. Please, notify Laura Selken of any errors or additions.



**Spread
the word!**
**Open to
anyone
50 plus!**

Welcome NEW & Former Members!

June Anniversaries

Don Whitney & Chris Smith	1-Jun
Joe & Jennie Andrade	3-Jun
Phil & Sue Park	6-Jun
Myrland & Jean Roth	6-Jun
Mark & Bobbi Eggleston	9-Jun
Jim & Gloria Ramirez	19-Jun
Phil & Wilma Fee	22-Jun
Gil & Rita Alzaga	23-Jun
Cliff & Lydia Vose	24-Jun
John & Linda Stornetta	26-Jun
Ivan & Pam Cordero	27-Jun



Casey Alarid
Gary Beilke & Denese Wilson Beilke

Frezzy Cavalli
Hilda Gallardo
Irma Gallardo
Pat Gammel
Margaret Gonzales
Larry Grabher
Windy Haverstock
Ciela Hernandez
Brian Klinge
John & Kristen Lohr
Bobbie McGray
Priscilla Renner
Jeanne Roemling

8 WELCOME WELCOME WELCOME



Rosalie Foster, Sue Parks, Virginia Cunningham,
Mary Johnson, and Yolanda Santana

Movies & Music In the Park

They're back! Family-friendly movies and concerts will return, beginning in June! Grab a lawn chair and a blanket and enjoy a hit movie with friends and family at dusk. Or, put on your dancing shoes and enjoy an afternoon of music by some of the best bands on the Central Coast. For an updated list of movie titles or list of bands and locations of each event, visit www.cityofsantamaria.org, or watch this space!

MOVIES: June 17, July 8, Aug. 19, Sept. 9, Oct. 14

MUSIC: June 25, July 4, July 23, Aug. 13, Aug. 27, Sept. 4

Celebrate!

Although we no longer select a birthday winner at our monthly membership dinners, we still recognize those who are celebrating their special day that month!

A delicious cake is served, and a photo is taken of the birthday revelers!

Come on down and

Celebrate

YOUR special day!



NEEDED

REGULAR & SUBSTITUTE receptionists needed for the desk at the Mussell Center.

Shifts available:
week days

9 a.m. – 12:30 p.m.
or 12:30 – 4 p.m.

For more information, contact Diane Bentley or leave a message at the desk: 925-0951, ext. 2207.

Fun in the Sun

Saturday, June 17 ~ 1:30 - 4 p.m.

Elwin Mussell Senior Center Outdoor Patio



510 E. Park Ave., Santa Maria



Join others playing corn hole, skill pong, board games, & more!



Earn prize ribbons! Enjoy light refreshments!



More info & RSVP: Call 925-0951, ext. 2207



Community Action



Commission



Lunch Program

Enjoy a nutritious lunch prepared by the Community Action Commission and delivered to the Elwin Mussell Center Monday through Friday. The lunch begins at 11:30 a.m. Reservations must be made at least 24 hours in advance by calling 925-3010. For persons 60 yrs. and up. A \$3 donation is requested.

The Sunshine Corner

In Sympathy to

Jadine Roinestad

(her husband, Gordon, passed)

The Family of Hope (Lemos) Larriba

The Family of Charles "Chuck" H. Small

The Family of Ellen Triplett



Fellow Members ~ A big thank you to all of you who have called to update me on members who would like a card from the Sunshine Corner, or the families who have lost a loved one. Please note, when you call me, I would greatly appreciate it if you would leave your name and telephone number in case I need to contact you for any reason. Thank you! I may be reached at 925-6267. ~ Simone



Santa Maria Valley Senior Club

presents

A June Tune Afternoon!

Featuring the Central Coast's Favorite Dance Band

RIPTIDE Big Band



Vocals by

Bob Nations

&

Judy Lindquist



This program is made possible
with the support of the



Sunday, June 11, 2017 1:30–4:00 p.m.

Elwin Mussell Center – 510 Park, Santa Maria

\$10.00 Admission (at the door) - Refreshments available

More information: Russ @ (775) 843-2830

Visit RiptideBB.com - Find Riptide Big Band on





SENIOR SCAM ALERT!

*Scam artists aren't smarter than you.
They're just more experienced.*



FRAUD PREVENTION SEMINAR

Monday, June 12, 2017 • 10:30-11:30 AM

**Elwin Mussell Senior Center
510 E. Park Ave., Santa Maria**

Crooks use clever schemes to defraud millions of people every year. They often combine sophisticated technology with age-old tricks to get people to send money or give out personal information. They add new twists to old schemes and pressure people to make important decisions on the spot. Stay a step ahead with the latest information and practical tips.

The Santa Barbara District Attorney's Office invites you to attend a scam prevention presentation. Learn about the latest local and nationwide scams, how to protect yourself from these scams and what to do if you or someone you know has fallen victim to a scam.

DID YOU KNOW?

One in five seniors has been a victim of abuse or fraud

Senior citizens are a prime target

In nearly 90% of elder abuse and neglect incidents, the perpetrator is a family member

**PROTECT
YOURSELF
FROM SCAMS**



Santa Barbara District Attorney Elder/Dependent Adult Abuse Hotline: **(805) 568-2442**

TOM'S TRIVIALITIES ~ June 2017

THINGS I LEARNED AT HOME



Tom Dutart

MY MOTHER TAUGHT ME TO APPRECIATE A JOB WELL DONE.

"If you're going to kill each other, do it outside. I just finished cleaning."

MY MOTHER TAUGHT ME RELIGION.

"You better pray that'll come out of the carpet."

MY FATHER TAUGHT ME ABOUT TIME TRAVEL.

"If you don't straighten up, I'm going to knock you into the middle of next week!"

MY FATHER TAUGHT ME LOGIC.

"Because I said so, that's why."

MY MOTHER TAUGHT ME MORE LOGIC.

"If you fall out of that swing and break your neck, you're not going to the store with me."

MY MOTHER TAUGHT ME FORESIGHT.

"Make sure you wear clean underwear, in case you're in an accident."

MY FATHER TAUGHT ME IRONY.

"Keep crying, and I'll give you something to cry about."

MY MOTHER TAUGHT ME ABOUT THE SCIENCE OF OSMOSIS.

"Shut your mouth and eat your supper."

MY MOTHER TAUGHT ME ABOUT CONTORTIONISM.

"Look at that dirt on the back of your neck!"

MY MOTHER TAUGHT ME ABOUT STAMINA.

"You'll sit there until all that spinach is gone."

MY MOTHER TAUGHT ME ABOUT WEATHER.

"This room of yours looks as if a tornado went through it."

MY MOTHER TAUGHT ME ABOUT HYPOCRISY.

"If I told you once, I've told you a million times, don't exaggerate!"

MY MOTHER TAUGHT ME GENETICS.

"You're just like your father."

MY FATHER TAUGHT ME THE CIRCLE OF LIFE.

"I brought you into this world, and I can take you out..."

MY MOTHER TAUGHT ME ABOUT BEHAVIOR MODIFICATION.

"Stop acting like your father!"

MY MOTHER TAUGHT ME ABOUT ENVY.

"There are millions of less fortunate children in this world who don't have wonderful parents like you do."

MY MOTHER TAUGHT ME ABOUT ANTICIPATION.

"Just wait until we get home."

MY MOTHER TAUGHT ME ABOUT RECEIVING.

"You are going to get it from your father when you get home!"

MY MOTHER TAUGHT ME MEDICAL SCIENCE.

"If you don't stop crossing your eyes, they are going to get stuck that way."

MY MOTHER TAUGHT ME E.S.P.

"Put your sweater on; don't you think I know when you are cold?"

MY FATHER TAUGHT ME HUMOR.

"When that lawn mower cuts off your toes, don't come running to me."

MY MOTHER TAUGHT ME HOW TO BECOME AN ADULT.

"If you don't eat your vegetables, you'll never grow up."

MY MOTHER TAUGHT ME ABOUT MY ROOTS.

"Shut that door behind you. Do you think you were born in a barn?"

MY MOTHER TAUGHT ME WISDOM.

"When you get to be my age, you'll understand."

MY FATHER TAUGHT ME ABOUT JUSTICE.

"One day you'll have kids, and I hope they turn out just like you!"