SANTA MARIA VALLEY SENIOR CITIZENS CLUB PO BOX 6688 SANTA MARIA, CA 93454-6688

June 2016 Periodical Volume 22, Issue 6



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CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

Membership Dinner Meeting

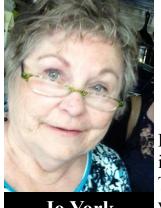
Monday, June 6 Doors open: 5 p.m. Dinner: 6 p.m.

A short business meeting will precede dinner

Please note that the dinner will be catered! Cost \$10 ~ Reservations required!

REMEMBER, IF YOUR BIRTHDAY IS THIS MONTH, YOU COULD WIN \$25!!!

Elwin E. Mussell Senior Citizens Center 510 E. Park Ave., Santa Maria, CA 93454 925-0951, Ext. 2207



Jo York President

Happy June Eyeryone?

Beginning with this newsletter, we have a new editor. Her name is Laura Selken. She is an experienced newsletter writer. Her email address is laura.selken@gmail.com. We are expecting to have some changes now. The main one is she is going to try and send the newsletters directly to your email address. Evidently because our group is large, some systems will not allow you to send anything to that many email addresses. But she is willing to try, so we will see what happens. She is also the person who is

going to keep the membership list current. Please welcome her to the club when you see her.

We are trying some new things for the Monday membership meetings. This month (June) we are having baked & fried chicken, mashed potatoes & gravy, green beans & corn, salad and rolls – all from Home Town Buffet. I hope you like it. As usual, this will be \$10 per person.

For July we are going to have a BBQ to honor the Senior Club's 55th year. We will also be honoring the past presidents. It will be catered by the Elks and will be held on <u>Saturday</u>, <u>July 23</u>. The price will be \$7 for members and \$12 for non-members. This will be the regular Elks BBQ so it should be excellent. The sign-up for July's meeting will be a little different as we must let the Elks know the count at least 10 days before. So the sign-up will <u>begin on June 13</u> and <u>end on July 11</u>. The dinner will be limited to the first 150 to sign up.

The rest of the years' meetings will be included in next month's newsletter. There will be a few surprises in those months, too. We hope you enjoy mixing it up a little. If you have any suggestions, please share them. And let us know how we are doing.

I don't exactly know how I got talked into this, but I will be the speaker for the June meeting. So bring your earplugs. I have no idea what I will be talking about. But, as you know, talking isn't a problem for me, so I'll think of something. Really ... bring your ear plugs. •

We are still looking for a treasurer. Matt Arko would like this year to be his last. We would like to find someone who could take his place in time for him to show them what he does. So please ask your friends if they would like to volunteer by taking this position on the board.

The city has a new Zumba class in the evenings, and we are trying to attract more evening participants. What do you think about a Hand & Foot game on one of the week nights? Please let me know if you would like that or any other evening activities you might enjoy.

By the time you get this newsletter most of the kids will be out of school, so please drive carefully. Enjoy the long days and all of the activities in June. I will see you next month. $\sim Jo$

As Jo stated, I will be trying to email a "pdf" of the newsletter to everyone who has a valid email address on file. Those of you who have expressed the desire to receive it by mail, but have an email address, will hopefully receive it both ways. If you like getting it as a "pdf" file, PLEASE let me know, and we'll stop mailing it. It really saves the Club an enormous amount of money not having to mail it out! It will ALSO be posted to our "NEW" website: smvscc.org/Main.html. NEWSLETTERS: (smvsce.org/Main.html. PLEASE DO NOT

OFFICERS

President:	Jo York	925-1089	jeyork1@yahoo.com
1st Vice President:	Terri Leduc	925-0064	aleduc2@hotmail.com
2nd Vice President:	Dawn Kamiya	714-5267	dawnof42@aol.com
Treasurer:	Matt Arko	925-3541	iggi75@msn.com
Recording Secretary:	Mary Law	349-0385	marylaw14@gmail.com
Director-at-Large:	Mary Johnson	352-1003	mjohnson1937@gmail.com
Newsletter Editor:	Laura Selken	406-9989	laura.selken@gmail.com
Past President:	Tom Dutart	925-2906	oldtoadpis@yahoo.com
City Representative:	Marjorie Gjerdrum	925-0951, ext. 2347*	mgjerdrum@cityofsantamaria.org
City Representative:	Eduardo Marquez	925-0951, ext. 2355*	emarquez@cityofsantamaria.org

COMMITTEE CHAIRPERSONS

Database Records:	Laura Selken	406-9989	laura.selken@gmail.com
Membership:	Iva Jo Strunk	934-9294	bobandivajo@msn.com
Statistics & Reports:	Charlotte Gaskill	934-2607	jcgaskil@msn.com
Sunshine:	Simone Gillogly	925-6267	
Travel:	Linda Dutart	925-2906	ldutart@yahoo.com

FACILITIES

Receptionist:	Diane Bentley	925-0951 Ext. 2207*
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Supplies: Mary Johnson 352-1003 mjohnson1937@gmail.com Travel Office: Tues.—Thurs., 12:30-3:45 p.m. 349-0688 ldutart@yahoo.com

OFF-SITE ACTIVITIES

Mondays (June 6, 13, 20 & 27)	11:00 a.m. – 1:00 p.m.	Drop-in Softball Hagerman Sports Complex
Tuesdays (June 7, 14, 21 & 28)	9:00 a.m. – Noon	Lawn Bowling Club 4205 S. McClelland St.
Thursdays (June 2, 9, 16, 23 & 30)	9:00 a.m. – Noon	Lawn Bowling Club 4205 S. McClelland St.
	11:00 a.m. – 1:00 p.m.	Drop-in Softball Hagerman Sports Complex
2 nd Saturdays (June 11)	10:00 – 11:00 a.m.	Community Walks

YES, you <u>CAN</u> read the newsletters online! We apologize for the confusion!! If you have been having trouble the past few months seeing/reading the newsletter online, it may be because you are visiting the original website. All newsletters are now uploaded to our new site: smvscc.org/Main.html!!!

^{*} NOTE: All City of Santa Maria telephone extensions have been changed to FOUR digits. Simply add the number "2" to the beginning of any old THREE digit extension numbers.





GREETINGS FROM THE

RECREATION & PARKS DEPARTMENT

Since the 1970's, the Santa Maria Recreation and Parks Department has strived to make the Elwin Mussel Senior Center a place that offers a wide range of programs to older adults in our community for little to no cost. The Elwin Mussell Senior Center is a vibrant, action-packed combination of recreation and leisure opportunities to include fitness classes, cards, bunco, Mah Jongg and

bingo and special events to all those 50 or older in our community.

The Recreation and Parks Department continues to reinvent the Elwin Mussell Senior Center to meet the needs and desires of our older adult community. There are programs for everyone with the Department taking the lead in developing the Active Age Committee which is dedicated to promoting programs for older adults to remain active, engaged, and independent in our community. We invite you to take some time to look at our activities listed in this newsletter, and I invite you to join us in some of our programs. We would love to hear your suggestions and feedback, please call 925-0951, ext. 2347.

June 6, Monday: *National Gardening Exercise Day* at the Elwin Mussell Senior Center begins at 10:00 a.m. Gardening can be very therapeutic and it is good for the mind, body and soul. This year's activity will focus on adding art to your outdoor spaces. Participants are encouraged to bring an item to decorate for their garden. Some art supplies will be provided. Reservations are required. Please call extension 2207 to reserve your spot today.

June 11, Saturday: *Community Walk* at Los Flores Ranch, 6271 Dominion Road, starting at 10:00 a.m. This is a docent-led nature walk. Come and learn about the Coastal Live Oak trees, geology, plants and animals. Meet at the Visitor Center. No pre-registration is required.

June 25, Saturday: Join us for a hit movie under the stars with friends and "reel" in some summer fun. The free *Movies in the Park* Series begin at dusk. Grab a lawn chair and a blanket and enjoy the throwback classic *The Goonies* as the first movie screening being held at Rotary Centennial Park, 2625 S. College Drive. Movies in the Park are made possible by People for Leisure and Youth, Inc. For an updated list of movie screenings and locations, please visit: www.cityofsantamaria.org.

July 4, Monday: <u>Save the Date</u>: Celebrate the 4th at the first annual *Star Spangled Carnival* presented by Pioneer Valley High School, featuring the City of Santa Maria Community Fireworks Show. Free swimming, free family carnival and free fireworks show. Visit www.cityofsantamaria.org for more information.

CLICK ON ME!

Enjoy the beginning of summer! *Marjorie Gjerdrum, Program Specialist*

STANDARD WEEKLY ACTIVITIES

Mondays through Fridays	9:00 a.m. – 3:45 p.m. 11:30 a.m.	Pool Room* Lunch Program by C.A.C. #
Mondays (June 13, 20 & 27) (June 6, 13, 20 & 27)	10:00 – 11:00 a.m. 12:00 – 4:00 p.m.	Zumba Gold (\$25/month)*§ Duplicate Bridge (937-5691)
Tuesdays (June 7, 14, 21 & 28)	9:00 – 10:00 a.m. 10:00 – 11:00 a.m. 1:00 – 4:00 p.m.	Strength Training* Yoga (\$10/month)* Poker*
1 st Tuesdays (June 7)	12:00 p.m.	FREE Blood Pressure Check (Presented by <i>Nursecore</i>)
1 st & 3 rd Tuesdays (June 7 & 21)	1:30 – 4:00 p.m.	Bunco*
2 nd & 4 th Tuesdays (June 14 & 28)	1:00 – 4:00 p.m.	Pinochle* (934-2315)
Wednesdays (June 1, 8, 15, 22 & 29)	9:00 a.m. 9:00 – 10:00 a.m. 10:00 – 11:00 a.m. 1:00 – 4:00 p.m.	Artists Meet* Exercise Workout* Zumba Gold (\$25/month)*§ Beginning Bridge & Instruction
1 st & 3 rd Wednesdays (June 1 & 15)	12:00 – 4:00 p.m.	Mah Jongg*
1 st , 2 nd & 4 th Wednesdays (June 1, 8, & 22)	1:00 – 3:00 p.m.	Knit, Chat & Crochet*
3 rd Wednesdays (June 15)	1:00 – 3:00 p.m.	Book Exchange* (Jane Bringley)
Thursdays (June 2, 9, 16, 23 & 30) 2 nd & 4 th Thursdays (June 9 & 23)	9:00 – 10:00 a.m. 10:00 – 11:00 a.m. 12:00 – 4:00 p.m. 2:30 – 3:45 p.m. 1:00 – 4:00 p.m.	Strength Training* Qi Gong* Duplicate Bridge (922-5000) Folk Dancing* (Betty Anthony) Hand & Foot Card Game
3 rd Thursdays (June 16)	1:00 – 2:00 p.m.	"Did you know?" Seminars*
Fridays (June 3, 10, 17, & 24)	12:00 – 4:00 p.m. 1:00 – 4:00 p.m.	Mah Jongg* Bingo (50¢ per card) ALL ARE WELCOME!!!
Saturdays (June 4, 11, 18, & 25)	9:00 a.m. – Noon 9:00 a.m. – 1:00 p.m.	Pool Room* Duplicate Bridge (925-6350)
2 nd Sundays (June 12)	1:30 – 4:00 p.m.	Dances (\$10 per person) Open to the Public!

^{*} City of Santa Maria Recreation & Parks Department Program
Make reservation at least 24 hours in advance by calling 925-3010.

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.



TRAVEL OPPORTUNITIES



SANTA MARIA SENIOR TRAVEL COMMITTEE

Hours: <u>Tues., Wed., Thurs., 12:30 – 3.45 p.m.</u>

Office Phone: 349-0688

FIRST DAY SALES IS THE FIRST MONDAY MORNING OF EACH MONTH.

On June 6, a room will be set up as the waiting room beginning at 9:00 a.m. Numbers will be passed out when you arrive. Sales will begin shortly after 9:00 a.m. and end when the last person waiting is finished, or Noon, whichever is earlier. As before, two tickets per person will be allowed. If it is a very popular trip with a long waiting list, we will try to book a second trip for a later time.

Please remember that just because a trip has a wait list doesn't mean you won't get to go on it! We often have cancellations and call people on the list right up to the day before the trip!

Because of the holidays in July and September, we won't have "First Day Sales" those months. The trips will be sold earlier than usual instead. See Travel Tales for more information and sale dates. Note: there are <u>four</u> trips being sold in August! So please save up and book the trips! Our sales have been going slowly and we have deadlines to meet

Selling June 6:

August 17-18 ~ Pageant of the Masters

\$238 Dbl./\$297 Sgl.

The Pageant of the Masters seats are in the Main Tier Center. I understand you might need binoculars if you want to see detail, even though these are some of the better seats just behind the loge section. Early dinner will be at Tivoli Terrace with time afterward to wander around the Laguna Arts Festival before attending the Pageant. After what the reviews call a "delicious hot breakfast" at the CW Suites Hotel near the John Wayne Airport, spend time at the J. Paul Getty Center with tours and lunch on your own on the way home. Leave: 9:30 a.m./Home: 7:00 p.m.

THESE TRIPS MAY STILL BE AVAILABLE:

June 4 ~ Mystery Trip!

\$75

June 23 ~ "Beautiful - The Carole King Story" @ Pantages <u>SPACE AVAILABLE</u>

\$124

July 10 ~ Cal Phil Concert at Walt Disney Theater

\$110

September 19-29 — Silver Bay Tours Pacific NW Tour and Repositioning Cruise

See flyer in the hall for the price list. After July 1, we can't guarantee the prices, or even if we can get a room on the ship! Right now, we have a short wait list.

FLYERS & TRIP LIST ARE AVAILABLE IN THE HALL & OFFICE



Check out our Facebook page:

"Santa Maria Senior Travel"

(Click on name & go directly to Facebook page!)

Diana Dodos is updating the page with flyers and pictures from our trips.



Linda DutartTravel Committee
Chairperson



TRAVEL TALES ~ JUNE 2016



We had another applicant who didn't show up for the interview! So we're still looking for another Travel Leader. Call me (925-2906) or ask one of the Committee Members during office hours. Pick up a packet telling you about this volunteer job. We have a very congenial, cooperative group of volunteers that you will enjoy working with.

Bob wanted me to apologize to those who had to bear the heat when the A/C failed on the way home from Laughlin in April. A mechanic didn't tighten a part during maintenance.

<u>NOTE</u>: If you have to cancel a trip after office hours the Thursday before the trip, call me at home (925-2906). I will contact the Travel Leader who has taken the wait list home.

October 4-7 ~ Laughlin Riverside

\$151 Dbl./ \$189 Sgl.

Reports were good on the hotel after the last trip, so I booked it again. This time they are giving you two breakfast buffets plus a "Choice Buffet," so it is just a little higher in cost. Leave: 7 a.m./Home: 7 p.m. *Selling August 1*

October 17 ~ Presentation of Collette's Mackinac Island – early May 2017 (See below)

October 28 ~ Concert – Recording Artist Maria Muldaur

\$53

She is performing two sets at the Jubilee by the Sea in Pismo Beach on Friday night, October 28. You'll take the bus to St. Anthony's Park's two venues to listen to your choice of bands from 6 to 8 p.m., then attend Maria Muldaur's concert in the 500 seat tent. The food and drink concessionaire is Rib Line. You can choose to eat there, on your own, or eat before you go. Big heaters are provided, but wear warm layers and bring a seat cushion as the chairs are rented and need a cushion. In case you don't recognize her name, Maria Muldaur has been famous since the 1970s for her blues and jazz vocals. Her Jazz Quintet will accompany her. Leave: 5:30 p.m./ Home: 11 p.m. *Selling August 1*

November 5 – Great American Melodrama's "Trudy and the Beast"

\$77

Have lunch at the Madonna Inn, and then enjoy the show, "Trudy and the Beast," at the Melodrama in Oceano. "A 'tale as old as time' is given fresh life when everybody's favorite fairytale is blended with a sci-fi classic. A strange creature – half-man, half-fish – has been spotted near the lagoon on the 13th hole of the Black Lake Golf Course in Nipomo. Trudy, an avid golfer, dismisses the stories as an urban legend. But everyone is surprised and horrified when the Creature takes a particular interest in Trudy. Mixing in song parodies and pop culture references, 'Trudy and the Beast' is a surefire crowd pleaser!" Leave:

11:45 a.m./Home: 6:15 p.m. Selling August 1

November 22-25 ~ Thanksgiving at Wonder Valley

Wonder Valley called to say they have Thanksgiving open after all! Three nights, four days. We will be going on a tour that will be determined soon. *Selling August 1*

December 9-10 ~ Christmas at Adobes in Monterey

Bob planned this trip for another client in 2015 and the group loved it!

February 2017 ~ Snow Train to Reno

Bob will prepare this trip. We haven't done it for awhile, and people loved it. Details later.

Early May 2017 ~ Collette's Mackinac Island

Features Mackinac Island, Greenfield Park and Henry Ford Museum. We changed tour companies as the itinerary of the tour we had booked with Premier was changed and didn't look as interesting as the Collette tour! Collette is still in the planning stages and will let us know the itinerary and price soon. We'll just have to wait and see what happens! ~ Linda Dutart

Our lucky winner for May was Rosalie Foster! Don't forget to attend the monthly meeting for YOUR chance to win \$25 if your birthday is that month!!!





It has been a year since we began the

monthly birthday drawings. *Ralph Foster* has been our wonderful photographer, taking the pictures of the birthday groups and winners that appear in the newsletter each month. We are so indebted to him for his diligence in attending the membership dinner meetings and doing this tremendous favor for us! Ralph has been such an asset to our club for years, even serving as President from 2010 to 2011. A mere thank you seems insufficient for what Ralph does, but from the heart we do say a BIG thank you, Ralph!! ~ *The SMV Senior Club*

HAPPY BIRTHDAY!

JUNE BIRTHDAYS



Judy Arko	6/19	John Jimenez	6/18	Elinor Plumer	6/16
Ernie Baldiviez	6/16	Mary Johnson	6/12	Geri Rice	6/26
Irene Carpenter	6/23	William Larocco	6/16	Mary Ruffoni	6/11
Sandy Carter	6/1	Carol Lowry	6/19	Juan Ruiz	6/24
Suzanne Champeau	6/1	Sharon Marini	6/9	Maria Salcedo	6/20
Denise and/or Joseph Cooper	6/24	Ray Matista	6/17	Wayne Scheideck	6/29
Brian Delgiorgio	6/23	Gail Meehan	6/9	Edith Siebert	6/1
Shirley Drak	6/13	Bernice Moreno	6/18	Rickie Spitzer	6/1
Phil Fee	6/21	Anne Mouyeos	6/2	John Squires Sr.	6/15
Bob Forinash	6/3	Judith Oliva	6/17	Jean Studer	6/6
Lily Furukawa	6/20	Mary Olver	6/24	Claudia Sylvester	6/30
Jane Hood	6/8	Arlene Parker-Bracht	6/18	Victor Villapania	6/1
June Hughart	6/7	Linda Peterson	6/29	James Webster	6/9
Dale Iliff	6/13	Gemma Pirtle	6/17	Lorraine Whalen	6/16
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JUNE ANNIVERSARIES

Wayne & Shirley Evenson	6/24	Myrland & Jean Roth	6/6
Phil & Wilma Fee	6/20	Percy & Shirley Soto	6/17
John & Marcy Jimenez	6/19	John & Linda Stornetta	6/26
Mas & Mary Koga	6/18	Victor & Maureen Villapania	6/26
Philip & Sue Ellen Park	6/6	Samuel & Tish Westlund	6/17
Jim & Gloria Ramirez	6/19		

If any information printed here is not correct, please email Laura at laura.selken@gmail.com or call 406-9989. If you're info is missing, please tell me!



Sukshikk Corker



No activity to report through May 15, 2016

Please share with Simone Gillogly (925-6267) any names of members who need some "sunshine" in their life, whether they are not feeling well, have been hospitalized, or suffered the loss of a loved one.

come New Member

Jeri Chaffin Pamela (Pam) Dennis Nedra Edwards Constance (Connie) Foss Sherri Heath Leon Holzer Edwena Just Brenda Khan William & Roberta Larocco Susan Lintner David & Dolores Manriquez Catherine (Cathy) McCue

Mary Jean McPherson Janet Mulcare Thomas (Tom) Mutchler Delia Pallan Richard & Christina Perry Diane Pirman Mary Ruffoni Ignacio & Maria Salcedo Ricardo & Martha Velasco Laverne Venable Linda Weston

Victoria Wolf







Active aging at its finest!! Pictured at left is 92-year-old Bill Pike riding his bicycle to the Elwin Mussell Senior Center, as he does on a regular basis! What an inspiration to us all!!

Espousing no political, religious, philanthropic, ideological or social enterprise, our purpose is to promote the happiness of retired seniors by assisting them in renewing former friendships and associations, to provide opportunity for new friendships through association with other retired seniors, and to promote the independence and dignity of "Retirement."



TOM'S TRIVIALITIES JUNE 2016



MORE FUN PUNS

- ② A man's home is his castle, in a manor of speaking.
 - ◎ Dijon vu the same mustard as before.
 - © Practice safe eating always use condiments.
 - © Shotgun wedding A case of wife or death.
- © A man needs a mistress just to break the monogamy.
 - ② A hangover is the wrath of grapes.
- © Dancing cheek-to-cheek is really a form of floor play.
 - © Does the name Pavlov ring a bell?
- © Condoms should be used on every conceivable occasion.
 - © Reading while sunbathing makes you well red.
 - © When two egotists meet, it's an I for an I.
- ② A bicycle can't stand on its own because it is two tired.
- © What's the definition of a will? (It's a dead give away.)
 - © Time flies like an arrow. Fruit flies like a banana.
- © In democracy your vote counts. In feudalism your count votes.
- © She was engaged to a boyfriend with a wooden leg but broke it off.
 - © A chicken crossing the road is poultry in motion.
 - © If you don't pay your exorcist, you get repossessed.
 - © With her marriage, she got a new name and a dress.
 - © The man who fell into an upholstery machine is fully recovered.
 - You feel stuck with your debt if you can't budge it.
 - © Local Area Network in Australia the LAN down under.

A SPECIAL THANK YOU!

For several long months, some of the ladies in the Knit, Craft and Crochet group have been working on a project to decorate the front of our building. They did a <u>WONDERFUL</u> job. They made the front of the building very festive and beautiful. We would like to give them a big THANK YOU. It was a job well done and enjoyed by all who visited the center. The decorations have been taken down and were donated to the Camp Fire Girls for their cabin. The cabin will be used for the homeless kids this summer. The kids should enjoy the decorations too. Here are a few pictures of the ladies' good work.





Four for Two Blues!!

Invite a new couple to our dance and the cost is only \$20.00 for 4!! We would love to introduce new dancers to our event! Must come in together!!

Singles and couples still \$10.00 each!
Oh, yeah....this months color is Blue!!!!





Sunday, June 12, 2016 1:30-4:00PM

Elwin Mussell Senior Center 510 Park Santa Maria

Open to the public....need not be a senior club member to attend.

More information: Russ 775.843-2830 or

RiptideBB.com



FREE BLOOD PRESSURE CHECKS!



Free blood pressure checks are offered the first Tuesday of the month at Mussell Senior Center beginning at Noon. Presented by *Nursecore*