SMV SENIOR CLUB PO BOX 6688 SANTA MARIA, CA 93454-6688 (805) 925-0951 Ext. 2207 SMVSeniors@gmail.com May 2017



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May 2017 Periodical Vol. 23, Issue 4

The Mussell Messenger

Santa Maria Valley Senior Club Newsletter





Jo York President

May News

Well spring is in full bloom again, and, except for the constant wind, I'm glad. I hope you are enjoying the nicer weather. I've actually been out working in my yard as it needs a lot of work. I hope yours is in better shape.

Although the 50/50 drawing yielded less than the previous month, it was still enough to cover our extra costs. And it seems to be fun! However, so far, I haven't won anything and even had to borrow money to pay the \$5.00. But hope springs eternal, so maybe someday I *will* win.

I hope you enjoyed the food and discussion on fraud by the ladies from the District Attorney's Office. Both were very knowledgeable and had valuable information.

For the month of <u>May</u>, we are having the <u>Moxie's Cafe</u> cater our membership meeting. Jay Hardy, the owner of Moxie's, will be our speaker. Mr. Hardy will be talking to us about <u>Hardy Diagnostics</u>, one of several businesses that he owns. Personally, I'd like to know who Moxie is. © We are having chicken, potatoes, and fruit. I think there is something else ... but I have managed to forget what it is! You'll just have to be surprised like I will be.

In <u>June</u>, we are having <u>BBQ Land</u> cater. They will be bringing tri-tip and chicken plus three side dishes. Sounds good to me! The speaker will be from <u>Bent Axles</u>, the local car club.

In case you were not aware, all our caterers give us a discount on the food we serve at the monthly dinners. They have been very hospitable to us, and we have gotten some really good food at a really good price. We would greatly appreciate it if you would patronize these places when you can. When you do, please tell them that you are from the senior club at Mussell Center! We want them to know that we appreciate their support. By the way, **Dawn Kamiya**, 2nd Vice President of the SMV Senior Citizens Club, is the person who has contacted the caterers in recent months. She seems to be able to talk the businesses into giving us delicious food at a discounted price. *So, thank you Dawn for all your hard work*!!

The city has made some personnel changes at the center. Eduardo Marquez has been transferred to the Maldonado Center, and Barbara Wiley has taken his place.

She has worked for the city for several years. She even worked at our center

several years ago. Some of you may remember her from back then. Please say hello and welcome her if you see her.

We are still looking for volunteers to assist with the membership dinners. We would like to thank those of you who have already stepped up. You helped a great deal with the last one. However, we can still use more people, so please consider giving us a hand.

We are also looking for *ideas* about what kind of activities you would like to see here at the Mussell Center, especially in the evenings and weekends. Is there something you would like to participate in or perhaps teach? Let us know. We have the center available to use in the evenings as well as during the day. If you are interested in seeing new and/or different programs, activities or events take place at Mussell, please let us know. We might as well use it since it's "ours" to use! All suggestions are welcome. I'm not promising we will use them, but we'll certainly consider each one. Maybe some of your children are over 50, and they would have some ideas. We are open to **ANYTHING!**

Celebrate your May. It's Mother's Day and Memorial Day – both great opportunities to honor loved ones and celebrate their lives! Have fun until next time!

an idea

2017 OFFICERS

President:	Jo York	925-1089	jeyork1@yahoo.com
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Statistics & Reports:	Charlotte Gaskill	934-2607	jcgaskil@msn.com
Sunshine:	Simone Gillogly	925-6267	

Travel: Linda Dutart 925-2906 ldutart@yahoo.com

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Receptionist: Diane Bentley 925-0951 Ext. 2207 Supplies: Mary Johnson 352-1003 mjohnson1937@gmail.com

Travel Office: Tues.—Thurs., 12:30-3:45 p.m. 349-0688 Idutart@yahoo.com

OFF-SITE ACTIVITIES

Mondays 11:00 a.m. – 1:00 p.m. Drop-in Softball

Hagerman Sports Complex

Tuesdays 9:00 a.m. – Noon Lawn Bowling Club

4205 S. McClelland St.

Thursdays 9:00 a.m. – Noon Lawn Bowling Club

4205 S. McClelland St.

11:00 a.m. – 1:00 p.m. **Drop-in Softball**

Hagerman Sports Complex

Hopefully, you are receiving your newsletter, either by email (as a "pdf") or in the mail. Naturally, we understand that many of you do not use the internet and do not have email. However, we ask those of you that DO have access to the internet to <u>PLEASE</u> consider having it EMAILED rather than mailed to you. *It arrives in your inbox in <u>FULL COLOR</u>*, and it also *arrives much sooner* than if you choose to have it mailed! You can ALSO view it on our website: <u>smvscc.org/Main.html</u>.

<u>NOTE</u>: If you are having trouble receiving it via email <u>PLEASE CONTACT Laura Selken</u> (the Editor) at (805) 406-9989 or via email: laura.selken@gmail.com. I will try to resolve the problem as soon as possible! Note: The deadline for the next issue (June 2017) is <u>May 15</u>.





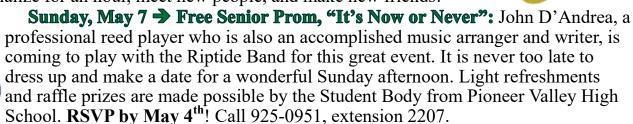
City of Santa Maria Recreation & Parks Department

GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

May is **Older Americans Month**, a time to celebrate the timeless contributions of a golden generation. Yet, older Americans should be celebrated every day and that's why this year's theme is **Age Out Loud** – to give aging a new voice, one that reflects what today's older adults have to say. The theme shines a light on many important trends.

More than ever before older Americans are working longer, trying new things, and engaging their communities. They're taking charge, striving for wellness, focusing on independence, and advocating for themselves and others. What it means to age has changed. Let's celebrate what getting older looks like today. Look in our new Summer 2017 Recreation Guide for new and improved Active Living programs and come join us at the Elwin Mussell Center. The guide can be found on our website, www.cityofsantamaria.org or pick up a copy at the center.

Friday, May 5 → Free Cinco de Mayo Morning Chat: Coffee and friends are the perfect blend and just as stimulating as black coffee! Join us on the patio of the Mussell Center at 10:00 a.m. for coffee, wedding cake cookies, and more! This is an opportunity to grab a friend, socialize for an hour, meet new people, and make new friends!



New! Cornhole League: All are welcome to submit a team for this fun recreational league. Minimum 3 players per team and maximum of 5 players. All skill levels welcome. Cornhole boards and bags will be provided. League play begins Tuesday, June 6, from 6:00 to 9:00 p.m. at Hagerman Sports Complex. The League runs for 10 weeks. Cost: \$60.00 for resident, \$75.00 for non-resident. For more information, call 925-0951, extension 2260.

May Trivia:

The Roman poet Ovid, said the month of May was named for the maiores, "the elders." According to old superstitions you should not buy a broom, wash blankets, or get married in the month of May.

Remember, sweet April showers, bring May flowers! Take time to look at our wild flowers this month!



OLDER AMERICANS MONTH

AGE OUT LOUD: MAY 2017



~ Marjorie Gjerdrum-Hord Program Specialist



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Monday	Tuesday	Wednesday	Thursday	Friday	Saŧ.
1 9-4 Pool* 10-11 Zumba*§	9-4 Pool* 9-10 BYOB*§	9-4 Pool* 9-? Artists Meet*	9-4 Pool* 9-10 BYOB*§	5 9-4 Pool*	6 9-12 Pool*
12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	10-11 Yoga*§ 1-4 Poker* 1:30-4 Bunco*	9-10 Chairobics*§ 10-11 Zumba*§ 12-4 Mah Jongg* 1-3 Knit/Chat/ Crochet/Color*	12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	12-4 Mah Jongg*	9-1 pm Duplicate Bridge
	9	1-4 Beginning Bridge/ Instruction	11	Ü	12
8 9-4 Pool* 10-11 Zumba*§	9-4 Pool* 9-10 BYOB*§	9-4 Pool* 9-? Artists Meet*	9-4 Pool* 9-10 BYOB*§	9-4 Pool*	13 9-12 Pool*
12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk	10-11 Yoga*§ 1-4 Double-Deck Pinochle* 1-4 Poker*	9-10 Chairobics*§ 10-11 Zumba*§ 1-3 Knit/Chat/ Crochet/Color*	12-4 Duplicate Bridge 1-4 Hand & Foot	12-4 Mah Jongg*	9-1 pm Duplicate Bridge
Dancing*§	16	1-4 Beginning Bridge/ Instruction	2:30-3:45 Folk Dancing*	1-4 Bingo	20
9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate	16 9-4 Pool* 9-10 BYOB*§ 10-11 Yoga*§	9-4 Pool* 9-? Artists Meet* 9-10 Chairobics*§	9-4 Pool* 9-10 BYOB*§ 12-4 Duplicate	9-4 Pool*	20 9-12 Pool*
Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	1-4 Poker* 1:30-4 Bunco*	10-11 Zumba*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge/ Instruction	Bridge 2:30-3:45 Folk Dancing*	12-4 Mah Jongg* 1-4 Bingo	9-1 pm Duplicate Bridge
9-4 Pool*	9-4 Pool*	9-4 Pool*	9-4 Pool*	26	27
10-11 Zumba*§ 12-4 Duplicate	9-10 BYOB*§ 10-11 Yoga*§	9-? Artists Meet* 9-10 Chairobics*§	9-10 BYOB*§ 12-4 Duplicate	9-4 Pool*	9-12 Pool*
Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	1-4 Double-Deck Pinochle* 1-4 Poker*	10-11 Zumba*§ 1-3 Knit/Chat/ Crochet/Color* 1-4 Beginning Bridge/ Instruction	Bridge 1-4 Hand & Foot 2:30-3:45 Folk Dancing*	12-4 Mah Jongg* 1-4 Bingo	9-1 pm Duplicate Bridge
29	30 9-4 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Poker*	9-4 Pool* 9-? Artists Meet* 9-10 Chairobics*§ 10-11 Zumba*§ 1-4 Beginning Bridge/ Instruction	Costs: Bingo ~ 50¢ /card Build Your Own Body ~ \$25/month+ Bunco ~ \$3 donation/day Chairobics ~ \$12/month+ Folk Dancing ~ \$15/month+ Yoga ~ \$12/month+ Zumba ~ \$25/month+ +Santa Maria Residents (higher for non-residents)		

Activity Contact Persons: Book Exchange ~ Jane Bringley (937-8859)

Duplicate Bridge ~ 937-5691 (Mondays) ~ 922-5000 (Thursdays) ~ 925-6350 (Saturdays)

Pinochle ~ 934-2315 (Tuesdays) / Folk Dancing (Thurs.) ~ Betty Anthony (925-5429)

TRAVEL OPPORTUNITIES SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: <u>Tues., Wed., Thurs., 12:30 – 3.45 p.m.</u> Office Phone: 349-0688

TO Fabulous LAS VEGAS

FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH!

May, July, and September are the exceptions in 2017. There is no "First Day Sales" in May!

Since there is lots of space here with no trips to sell the first Monday \sim May $1 \sim$ I am able to include all the trips I've booked, or am working on, in the "Travel Tales" (opposite page). And besides, there are additional things to tell you about ...

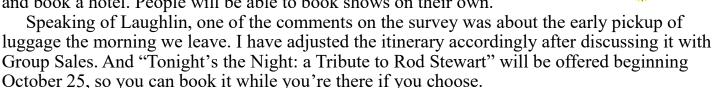
Thank you, Diana Dodos, for cleaning up the board in the office and painting on the lines instead of using the tape that kept coming off. It was a tremendous job that took lots of time, but it sure looks great!

Thank you, Laura Selken, *Mussell Messenger* Editor, for preparing the ad that was in the Senior Living section of the *Santa Maria Times*. Did you all see it? She did a great job, and the Times placed it so it was noticeable as soon as you turned the page. We hope it brings in new members to travel with us.



We did a survey coming home on the bus from Laughlin in February. The committee member who prepared it added Las Vegas to the questions. We have now discussed it in a committee meeting and will book one of the 2018 gambling trips to Las Vegas instead of Laughlin in accordance with the survey results. I have looked

into flying on Allegiant, but only nine people can be booked by any one person. So I'll charter a bus. The survey specified to just go to Las Vegas and book a hotel. People will be able to book shows on their own.



Other questions/comments from the survey:

"Can we be taken to the Avi Casino?" No, it would be too expensive to hire the bus, but you can hire a taxi! It will cost \$15-20 each way according to a person at Avi.

"Aquarius would be a good place to stay!" Yes, it would, but it is a lot more expensive.

THESE TRIPS MAY STILL BE AVAILABLE:

October 11-18 ~ Smoky Mountains & Bluegrass

June 2 ~ "Pippin" at Cal Poly's Cohen Center ~ Space Available ~ \$92

June 22 ~ Senior Day at Santa Anita Racetrack ~ Space Available ~ \$79

June 22 ~ Senior Day at Santa Anita Racetrack ~ SPACE AVAILABLE ~ \$79

July 29 ~ M&M: Madonna Inn & Melodrama \$88

September 9 ~ Fillmore and Western Railroad Murder Mystery Lunch

\$2879 Dbl., \$3704 Sgl.



Check out our Facebook page: "Santa Maria Senior Travel"
(Click on name & go directly to Facebook page!)

Diana Dodos updates the page with flyers & pictures from our trips.



\$115

6



TRAVEL TALES ~ MAY 2017



I am very sorry to tell you that our Treasurer, Sjaane Thompson, has given her notice. She has been a great help and source of information for me. She is in the process of working with our new treasurer, Georgia Evey, teaching her the ins and outs of this very important volunteer job. You may have seen Georgia in the office the last couple of weeks, learning what we do and where things are. Georgia will not be a Travel Leader, as she doesn't want to do it, and I have waived the requirement. We welcome Georgia to the committee.

We were finally able to find out the costs for "Hamilton." With tickets and bus ONLY, it would cost almost \$300, and we must have at least 20 people paid in full. Payment for the tickets would have to be sent Federal Express immediately after ordering them. It is just an impossible situation, and they don't even know where the seats would be located yet! We don't have enough people signed up to book this trip. Sorry …!

August 20 ~ Hooray for Hollywood: A Tribute to Movie Musicals, Carmel

"Hooray for Hollywood! Where you're terrific, if you're even good ... Where anyone at all from TV's 'Lassie' to Monroe's chassis is equally understood ... Go out and try your luck, you might be Donald Duck ... Hooray for Hollywood! Come join the cast of local celebrity actors on a jolly tour of Hollywood movie music ... from 'Singing in the Rain' to 'For your Eyes Only.' From Disney to 'Casablanca.'" Performed by the Pacific Repertory Theatre in Carmel. Wander and have lunch on your own at Monterey's Fisherman's Wharf. I'll post the flyer ASAP with the price. **Selling June 5**

Sept. 11 ~ Presentation of Collette's "Discover South Dakota" \$1999 Dbl., \$2499 Sgl. See description below for May 11-17, 2018. Special price effective until November 3

September 28 ~ MYSTERY TRIP!!!

\$106

We finally found something to do that this group hasn't done previously! Stop for lunch on your own. Dinner is included in the price. We think both men and women will enjoy this trip. Leave: 10 a.m./ Home: 11 p.m. *Selling August 7*

October 23-26 ~ Laughlin Riverside

As usual, two breakfast buffets and one choice buffet is included. On October 25, "Tonight's the Night: a Tribute to Rod Stewart" will begin a 5-night run, so you will be able to book it for the 25th if you choose. Leave: 7 a.m./Home: 6:30 p.m. or so. **Selling Aug.** 7

November 7-9 ~ Sequoia/Kings Canyon National Parks tour

\$380 Dbl., \$460 Sgl.

Stay at Wonder Valley Ranch for two nights and enjoy all their amenities and wonderful meals. Tour the Sequoia/Kings Canyon National Parks with Wonder Valley's picnic lunch provided. <u>Wonder Valley cancellation deadline is Sept. 7</u>, so please purchase this trip early. <u>Selling August 7</u>

December 6 or 7 ~ Cambria Christmas Market and dinner

Spend time wandering Cambria before having an early dinner at Cambria Pines Lodge. Enjoy the lights and entertainment next door at the Cambria Christmas Market before returning home. **Selling October 2**

2018

May 11-17 ~ Collette's "Discover South Dakota" \$1999 Dbl., \$2499 Sgl.

You'll stay at one hotel in Rapid City while you explore the interesting and historic Black Hills. Highlights include Mount Rushmore, Deadwood, Pine Ridge Indian Reservation, Black Hills Gold, Badlands National Park, Wall drug, Needles Highway, Custer State Park and Crazy Horse Memorial.

November 20-23 ~ Thanksgiving at Wonder Valley

They e-mailed a special offer for 2018, and I grabbed it! You won't get to go for Thanksgiving in 2017, but we have the space already for 2018.





May Birthdays

Bonnie Brown	1-May	Peter Stonehewer	12-May	Kathy (
Bill Reid	2-May	Bill Richards	13-May	Lois G
Rosalie Foster	4-May	Honoria Dufresne	16-May	Doris C
Betty Manchester	4-May	Dianne Antonio	17-May	Marsha
Noni Thayer	4-May	Helen Hill	17-May	Cynthia
Don Eames	6-May	Karen Gottwals	19-May	Mary J
Sue Park	6-May	Marie Sporer	19-May	Mort M
Estelle Moreland	7-May	Al Castaneda	20-May	Jennie
Marilyn Mercado	8-May	Rose Devine	20-May	Norm S
Gloria Scozzari	8-May	Delores Hagopian	20-May	Robert
Chris Swan	9-May	Patty Ann Porcho	20-May	Mike S
Dana Epps	10-May	Virginia Cunningham	21-May	Fran So
Gil Alzaga	11-May	Jeannie Lobo	21-May	Ofelia '
Kim Edwards	12-May	Yolanda Santana	21-May	
Ethel Holmes	12-May	Janet Sobottka	21-May	

Kathy Gutierrez	23-May
Lois Gadsby	24-May
Doris Cornelius	26-May
Marsha Anderson	27 - May
Cynthia Isorda	27-May
Mary Johnson	28-May
Mort McFatridge	28-May
Jennie Razo	28-May
Norm Stewart	28-May
Robert Lohr	29-May
Mike Stadnick	30-May
Fran Sobisky	31-May
Ofelia Tise	31-May
	-

May Anniversaries

Gerry & Linda Wilson
John & Carmen Solorio
Zenon & Karen Nawrocik
Jess & Sandy Novoa
Bradley & Peggy Middleton
Al & Irene Castaneda
Matt & Judy Arko

1-May
5-May
10-May
17-May
22-May

① If any information printed here is not correct, or if your name and special day is not listed, please contact Laura @ 406-9989, or laura.selken@gmail.com.

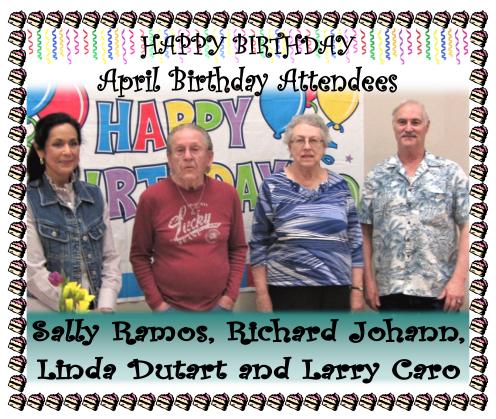
① Only couples who are both members of the Club will have their anniversary date listed. Please notify Laura of any errors/additions (see above for contact info).

Welcome NEW & Former Members!

Telly Afi
Joe & Jennie Andrade
Pearl Brown
Al & Irene Castaneda
Margaret Cooper
Malvina Cox
Mike & Toni Farrell
Don Foss
Colleen Hess
Helen Hill

Kimberly Iavolo
M.J. Lipscomb
Mirko & Bonnie Lopez
Dave Ludwig
Marilyn Mercado
Ron & Sherry Mideiros
Thelma Parfett
Karen Russell
Yolanda Santana
Cely Santos

Chris Smith
Vince Thomas
Nancy Van Osdol
Cliff Vose
Lydia Vose
Betty Watson
Don Whitney
Mary Windsheimer



Celebratel

Although we no longer select a birthday winner at our monthly membership dinners, we still recognize those who are celebrating their special day during the month of the meeting!

There is delicious cake served, and a photo taken of those in attendance!

Celebrate

Come on down and

YOUR special day! Who knows, if you play the 50/50, you might even win some cash!!

LOADING AND UNLOADING ZONE NOTICE: On the west side of Mussell Center where the dumpsters are located, there are some parking spaces. There is also an area where the curb is painted yellow. This area is for loading and

unloading ONLY. Apparently, there have been some people parking in this restricted area. The Community Action Commission (the lunch people) need to be able to have access to that area for actual loading and unloading! Please, be considerate and park in the regular available parking spaces only. Thank you for your cooperation!

Coming Soon!

Movies in the Park return, beginning Saturday, June 17, at dusk. Grab a lawn chair and a blanket and enjoy a hit movie with friends and family. For an updated list of movie titles and locations, visit www.cityofsantamaria.org, or the latest issue of this newsletter!





*The Sunshine Corner





Joyce South (her son, David, passed)

The Family of John T. Squires, Sr.

Please, share with Simone the names of members who need some "sunshine" ~ not feeling well, hospitalized, going through a difficult time, or have suffered the loss of a loved one. She may be reached at 925-6267.



Sign up Today!

The Recreation & Parks
Department new Summer 2017
Recreation Guide is now out!
You should have received one
at home, but you can download
one from the city website or
extras are available at Mussell
Senior Center. Take advantage
of some of the classes or events.

On Wednesdays, ballroom dancing lessons continue to be held at Mussell, from 6:30 to 7:30 p.m., and adult pottery is taught at the Grogan Center (1155 W. Rancho Verde), from 6:30 to 9:30 p.m. Register today with the Rec. & Park office!

Saya tha Data F

Enjoy some **fun in the sun Saturday, June 17,** on the outdoor patio at Mussell Center
with games and light refreshments. Prize ribbons will be
awarded for those competing
in corn hole, bottle toss, skill
pong and backyard board
games. RSVP by June 13!



ACTIVE LIVING



The City of Santa Maria Recreation and Parks Department invites you to

H's Now or Never Senior Prom

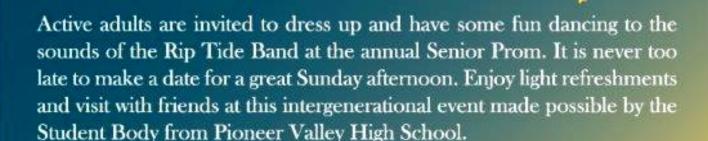
Dancing Prizes Light Refreshments

Sunday, May 7, 2017 1:30-4:00 p.m.

Elwin Mussell Center 510 E. Park Ave.







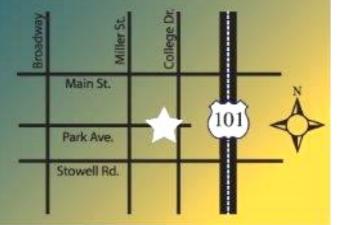
Please RSVP by May 4, 2017.

For more information or to RSVP, please call the receptionists' desk at (805) 925-0951 ext. 2207.











TOM'S TRIVIALITIES May 2017 Gentle Lessons of Life

Tom Dutart

- A penny saved is obviously the result of a government oversight.
- * He who hesitates is probably doing the right thing.
- The real art of conversation is not only to say the right thing at the right time, but also to leave unsaid the wrong thing at the tempting moment.
- The older you get, the tougher it is to lose weight, because by then your body and your fat have become really good friends.
- The easiest way to find something lost around the house is to buy a replacement for it.
- ★ Did you ever notice: The Roman Numerals for forty (40) are "XL."
- * If you think there is some good in everybody, you obviously haven't met "everybody."
- * If you can smile when things go wrong, you must have someone else in mind to blame.
- * The sole purpose of a child's middle name is so that he can tell when he's "really" in trouble.
- There's always a lot to be thankful for if you take time to look for it. For example, I am sitting here thinking how nice it is that wrinkles don't hurt.
- Did you ever notice: When you put the words "The" and "IRS" together it spells "Theirs."
- * Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.
- * The older we get, the fewer things seem worth waiting in line for.
- Some people try to turn back their life's odometers. Not me ... I want people to know why I look this way.
- * I've traveled a long, long way and some of the roads weren't paved.
- * When you are dissatisfied and would like to go back to youth, think of Algebra.
- You know you are getting old when everything either dries up or leaks.
- * Ah, being young is beautiful, but being old is comfortable.
- * Long ago when men cursed and beat the ground with sticks, it was called witchcraft. Today, it's called golf.

It's not the years in your life that count.
It's the life in your years!