

*Santa Maria Mussell Senior Club...Pioneer Valley H.S. &
Santa Maria Parks & Recreation present*

Mardi Gras at the Senior Prom



RIPTIDE Big Band



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This program is made possible
with the support of the



Sunday, May 1, 2016 1:30—4:00PM

Elwin Mussell Senior Center 510 Park Santa Maria

Free admission Raffle prizes & refreshments!!

Open to the public....need not be a senior club member to attend.

More information: Mussell Center (805) 925-0951 Ext. 2207



SANTA MARIA VALLEY SENIOR CITIZEN'S CLUB
PO BOX 6688
SANTA MARIA, CA 93454-6688



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May 2016
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Volume 32, Issue 5

The Mussell Messenger

Santa Maria Valley Senior Citizen's Club Newsletter

**DULANEY, TOM
4744 APPALOOSA TRAIL
SANTA MARIA, CA 93455-6021**

Membership Dinner Meeting

Monday May 2nd

Doors open: 5pm Dinner: 6pm

**Please note that Dinner will be catered!
And the price will be \$10**

A Short Business Meeting Will Precede Dinner

Remember, if your Birthday is this month you could win \$25!

**Elwin e. Mussell Senior Citizens Center
510 E. Park Ave. Santa Maria, CA
925-0951 Ext. 207**





President
[Jo York](#)

The Prez says hello

Hi Everyone,

It's May already and I haven't even gotten over Christmas. My how time flies when you're having fun. And here at the Mussell center we are having fun. At least that's what we're going to call it.

I know we are still having trouble with people not receiving the newsletter. SO:-----

For those of you who did not provide an e-mail, Mary Johnson and I went through the list. We made certain that everyone who did not have and e-mail was mailed a copy of the newsletter. Therefore, if you did not furnish an e-mail and you did not receive a newsletter you might check our mailing list to see if the address we have for you is correct. If our address is correct then you were mailed a newsletter. Please either check with other members in your household or with your mail person.

If you furnished an e-mail then you will need to go to <http://smvscc.org/main.html> to get your newsletter. I know all of us thought you would get an e-mail sent to you but evidently that's not the way it works. You must go into the sight above to view or copy the newsletter. I'm sorry for the confusion. I was confused too so if I mislead some of you, I'm really sorry, Eventually I would like to have the newsletter e-mailed to your account but now it is not possible.

Our newsletter person, Tom Dulaney, has decided to resign when we can provide a replacement. Please thank him for his service when you see him. He picked it up when Don Webb was no longer able to so it and did the club a great service. Thanks Tom.

We have joined the Retired Senior Volunteer Program. So you might check out their web site at WWW.RSVPCENTRALCOAST.ORG to see if there is anything you might be interested in.

The speaker for the May membership meeting will be Officer Russell Mengel from the Santa Maria Police Department. He will speak on what the department is doing to control the violence and what we as citizens can do to help. Please make him welcome.

The food for the dinner will be Oven roasted tri-tip served with beans, salsa, salad and roll. I know that some of you are not happy about the increase in the cost of the dinner. However the dinner costs the club \$10.00 for the food only. In addition to that the club must purchase coffee and water. Plus decorations for the tables, table covers utensils and the birthday cake. So the dinner still costs the club more than the \$10.00 we are currently charging. We are going to mix up who caters but there are not many that will do it for \$10.00 per person. If you know of a company that you would like to cater, please let me know and I will contact them to see if they are in our price range.

May is the last month of Spring and a very active month. The Kentucky Derby, Cinco de Mayo, Mother's Day and Memorial Day, also my Mom's birthday (love her still), and the Indianapolis 500 all fall in this month. I hope everyone has a great month and enjoy your spring activities.

See you next month.

Hey, read our Newsletters online!
It's so easy, just enter the value below into your Address Field and Click.

<http://smvscc.org/Main.html>

OFFICERS

President:	<u>Jo York</u>	925-1089
1st Vice President:	<u>Terri Leduc</u>	925-0064
2nd Vice President:	<u>Dawn Kamiya</u>	714-5267
Treasurer:	<u>Matt Arko</u>	925-3541
Recording Secretary:	<u>Mary Law</u>	234-0580
Corresponding Secretary:	<u>Tom Dulaney</u>	264-1498
Board Member:	<u>Mary Johnson</u>	352-1003
City Representative:	<u>Marjorie Gjerdrum</u>	925-0951 Ext. 347

Committee Chairpersons

Membership:	<u>Iva Jo Strunk</u>	934-9294
Database Records:	<u>Tom Dulaney</u>	264-1498
Statistics & reports:	<u>Charlotte Gaskill</u>	934-2607
Sunshine:	Simone Gillogly	925-6267
Travel:	<u>Linda Dutart</u>	925-2906
Newsletter Editor:	<u>Tom Dulaney</u>	264-1498

Facilities

Receptionist:	Diane Bentley	925-0951 Ext. 207
Pool Room:	Front Desk for info.	925-0951 Ext. 207
Travel Office:		349-0688
Supplies:	<u>Mary Johnson</u>	352-1003

Off Site Events

<u>Monday</u>	<u>10:00 am-1:00 pm</u>	<u>Drop-in Softball*</u>	Hagerman Sports Complex
<u>Tuesday</u>	<u>9:00 am-12:00 am</u>	<u>Lawn Bowling Club*</u>	4205 S. McClelland St.
<u>Thursday</u>	<u>10:00 am-1:00 pm</u>	<u>Drop-in Softball*</u>	Hagerman Sports Complex

STANDARD WEEKLY ACTIVITIES

<u>Monday</u>	<u>12:00 am-4:00 pm</u>
2-May 9-May 16-May 23-May 30-May	
<u>Monday to Friday</u>	<u>9:30 am-3:45 pm</u>
<u>Tuesday</u>	<u>9:00 am-10:00 am</u>
3-May 10-May 17-May 24-May 31-May	
<u>Tuesday</u>	<u>10:00 am-11:00 am</u>
3-May 10-May 17-May 24-May 31-May	
<u>Tuesday</u>	<u>1:00 pm-4:00 pm</u>
3-May 10-May 17-May 24-May 31-May	
<u>1st & 3rd Tuesday</u>	<u>1:30 pm-4:00 pm</u>
3-May 17-May	
<u>2nd & 4th Tuesday</u>	<u>1:00 pm-4:00 pm</u>
10-May 24-May	
<u>Wednesday</u>	<u>9:00 am</u>
4-May 11-May 18-May 25-May	
<u>Wednesday</u>	<u>9:00 am-10:00 am</u>
4-May 11-May 18-May 25-May	
<u>Wednesday</u>	<u>1:00 pm-4:00 pm</u>
4-May 11-May 18-May 25-May	
<u>Wednesday</u>	<u>1:00 pm-4:00 pm</u>
4-May 11-May 18-May 25-May	
<u>1st, 2nd & 4th Wednesday</u>	<u>1:00 pm-3:00 pm</u>
4-May 11-May 25-May	
<u>3rd Wednesday</u>	<u>1:00 pm-3:00 pm</u>
18-May	
<u>Thursday</u>	<u>9:00 am-10:00 am</u>
5-May 12-May 19-May 26-May	
<u>Thursday</u>	<u>10:00 am-11:00 am</u>
5-May 12-May 19-May 26-May	
<u>Thursday</u>	<u>12:00 am-4:00 pm</u>
5-May 12-May 19-May 26-May	
<u>2nd & 4th Thursday</u>	<u>1:00 pm-4:00 pm</u>
12-May 26-May	
<u>Thursday</u>	<u>2:30 pm-4:00 pm</u>
5-May 12-May 19-May 26-May	
<u>Friday</u>	<u>1:00 pm-4:00 pm</u>
6-May 13-May 20-May 27-May	
<u>Friday</u>	<u>1:00 pm-3:00 pm</u>
6-May 13-May 20-May 27-May	
<u>Saturday</u>	<u>9:00 am-1:00 pm</u>
7-May 14-May 21-May 28-May	

* Not a Senior Club Program

Duplicate Bridge (Dee Sinor 937-5691)

Pool Room*

Strength Training (With Weights)*

Yoga*

Poker

Bunco*

Pinochle (Mary Johnson 934-2315)*

Artists Meet*

Exercise Workout (With Tension Band)*

Beginning Bridge

Bridge Instructions

Knit, Chat & Crochet*

Book Exchange (Jane Bringley 925-0951 x 207)*

Strength Training (With Weights)*

Qi Gong*

Duplicate Bridge (Don Eames 922-5000)

Hand & Foot Card Game

Folk Dance (Betty Anthony 925-0951 x 207)*

Bingo (Everyone welcome, 50¢ per card)

Mahjong*

Duplicate Bridge (Sonja Gerfen 925-6350)



TOM'S
TRIVIALITIES

MAY, 2016



Les Leal suggested these items for this column. I think we have seen some of them, but they are worth a revisit.

Today I was in a store that sells sunglasses, and only sunglasses. A young lady walks over to me and asks, "What brings you in today?" I looked at her, and said, "I'm interested in buying a refrigerator". She didn't quite know how to respond. Am I getting to be that age?

I was thinking about how a status symbol of today is those cell phones that everyone has clipped on-to their belt or purse. I can't afford one. So I'm wearing my garage door opener.

I was thinking that women should put pictures of missing husbands on beer cans!

I was thinking about old age and decided that old age is when you still have something on the ball but you are just too tired to bounce it.

I thought about making a fitness movie for folks my age and call it 'Pumping Rust'.

When people see a cat's litter box they always say, 'Oh, have you got a cat?' Just once I want to say, 'No, it's for company!'

Employment application blanks always ask who is to be called in case of an emergency. I think you should write, 'An ambulance'!

Birds of a feather flock together and then crap on your car.

The easiest way to find something lost around the house is to buy a replacement.

Did you ever notice: The Roman Numerals for forty (40) are XL?

The sole purpose of a child's middle name is so he can tell when he's really in trouble.

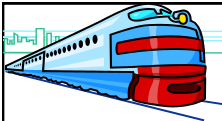
Did you ever notice: When you put the 2 words 'The' and 'IRS' together it spells 'Theirs...'

Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.

Some people try to turn back their "odometers." Not me. I want people to know why I look this way. I've traveled a long way and some of the roads weren't paved.

You know you are getting old when everything either dries up or leaks.

And finally: Being young is beautiful but being old is comfortable.



TRAVEL OPPORTUNITIES
SANTA MARIA SENIOR TRAVEL
COMMITTEE

Hours: Tues., Wed., Thurs., 12:30-3.45 p.m.
Office Phone: 349-0688

THERE ARE NO FIRST DAY SALES IN MAY BECAUSE OF THE TRIP TO GRAND CANYON.
The trip sales dates have been adjusted accordingly. Please remember that, just because a trip has a wait list doesn't mean you won't get to go on it! We often have cancellations and call people on the wait list right up to the day before the trip!

Because of the Holidays in July and September, again, we won't have First Day Sales. The trips will be sold earlier than usual instead. See Travel Tales for more information and sale dates. Note: there are four trips being sold in August! So please save up and book the trips! Our sales have been going slowly and we have deadlines to meet....

THESE TRIPS MAY STILL BE AVAILABLE:

- May 1-6 – Grand Canyon, Flagstaff, Sedona and Jerome (wait listed) \$720 Dbl., \$960 Sgl.
May 25-26 –Medieval Times & Santa Anita *SPACE AVAILABLE* \$212.00 Dbl., \$273.00 Sgl.
June 4 – Mystery Trip! \$75.00
June 23 – "Beautiful", The Carole King Story @ Pantages *SPACE AVAILABLE* \$124.00
July 10 – Cal Phil Concert at Walt Disney Theater *SPACE AVAILABLE* \$110.00
September 19-29 — Silver Bay Tours Pacific NW Tour and Repositioning Cruise costs:
\$2010.00 Per Person Double Occupancy - Veranda Cabin with Balcony
\$2880.00 Per Person Single Occupancy - Veranda Cabin with Balcony
\$1880.00 Per Person Double Occupancy - Ocean View Cabin
\$2490.00 Per Person Single Occupancy - Ocean View Cabin
\$1810.00 Per Person Double Occupancy – Inside Cabin
\$2380.00 Per Person Single Occupancy – Inside Cabin

There's a very short wait list for this trip as of April 11th. Amazingly, we had exactly the number of people waiting to book this trip as we had seats on the bus!!!!

FLYERS AND THE TRIP LIST ARE AVAILABLE IN THE HALL AND OFFICE.

Check out our Facebook page: "Santa Maria Senior Travel". Diana Dodos is updating this with flyers and pictures from our trips.

[Linda Dutart](#)
Travel Committee Chairman



HAPPY BIRTHDAY

Our lucky winner this month is Linda Dutart. Happy Birthday Linda, for the second time!



BIRTHDAYS & ANNIVERSARIES

<u>Happy Birthday</u>		<u>Happy Birthday Cont'd)</u>		<u>Happy Birthday Cont'd)</u>	
<u>Name</u>	<u>Date</u>	<u>Name</u>	<u>Date</u>	<u>Name</u>	<u>Date</u>
Alvarez, Arnulfo	5/24	Henderson, Joan	5/9	Sobottka, Janet	5/21
Armandico, Steven	5/14	Johnson, Mary	5/28	Sporer, Marie A.	5/19
Cornelius, Doris	5/26	Krause, John E.	5/16	Stadnick, Michael Jr.	5/30
Cross, Betty	5/15	Lobo, Jeannie	5/21	Starr, Joyce M.	5/4
Cunningham, Virginia O.	5/21	Nichol, Rick	5/22	Stewart, Norm J.	5/28
Davies, Julie A.	5/25	Park, Sue E.	5/6	Stonehewer, Peter	5/12
Del Mastro, Priscilla	5/20	Razo, Jennie	5/28	Sweeney, Margaret L.	5/19
Devine, Rose M.	5/20	Reid, Caroline J.	5/2	Thayer, Noni	5/4
Dulaney, Arch T.	5/11	Reid, William R.	5/2	Tise, Ofelia	5/31
Epps, Dana	5/10	Sanchez, Virginia H.	5/21	Torres, Alice M.	5/3
Foster, Rosalie B.	5/4	Sauer, Carol	5/5	Trammel, Bev	5/18
Gottwals, Karen L.	5/19	Scozzari, Gloria	5/8	Tyo, Alexina M.	5/10
Gutierrez, Katherine E.	5/23	Sillman, Delton E. (Del)	5/1		
Hagopian, Delores	5/20	Smith, Betty S.	5/9		
		Sobisky, Frances C.	5/31		

<u>Happy Anniversary</u>		
<u>Name</u>	<u>Spouse</u>	<u>Date</u>
Arko, Matthew M. (Matt)	Judyth	5/27
Dulaney, Arch T.	Georgette	5/16
Holdredge, Connie	Larry	5/22
Nawrocik, Zenon	Karen	5/5
Sinor, Leroy	Dionne	5/11
Solorio, John	Carmen	5/2
Wilson, Gerald A.	Linda	5/1



GREETINGS FROM THE RECREATION AND PARKS DEPARTMENT

May is recognized as Older Americans Month. Older Americans are a growing population and increasingly vital part of our country. The contributions they make to our communities are varied, deeply rooted, and include influential roles in the nation’s economy, politics, and the arts. From 69-year-old NASA Administrator Charles Bolden, Jr. to 84-year old actress Rita Moreno, to 83-year-old Ruth Bader Ginsberg, who took her seat as a Supreme Court Justice at 60, older adults are blazing trails in all aspects of American life.

Program Coordinator:
[Marjorie Gjerdrum](#)

Closer to home, we salute individuals such as Jim Petrella-who at the ripe age of 101 still passionately plays Bridge every week. Likewise, we are inspired by Marjorie Morrow, who at 85 continues to devotedly attend the Strength Training class every Tuesday and Thursday. As older adults, we can still reinvent ourselves through new work and passions; engage in our community and have a positive impact in our lives and others. The Recreation and Parks Department invites you to look for opportunities to participate in activities, volunteer in our community, and set goals for yourselves. Enjoy a fruitful month of May!

On Saturday, May 7 at 10:00 a.m., a Community Mother’s Day Walk will be held at the Santa Maria River Levee, off N. Preisker Lane. Mothers and grandmothers are invited to get a little exercise on this very special day while enjoying a brisk morning walk. All moms in attendance will receive a beautiful rose. This event is free and no pre-registration is required. Light refreshments will be provided.

On Thursday, May 12, at the Elwin Mussell Center, Dignity Health Hospice will be presenting a free workshop on “End of Life Planning”. This workshop begins at 12:00 noon and invites you to learn and prepare for topics such as, Do Not Resuscitate (DNR), Physician Order’s for Life-Sustaining Treatment (POLST), and Advanced Directive. This is important information to be aware of and share with family members. To attend, please RSVP by May 9 directly with Dignity Health Hospice at (805) 739-3830, ext. 2060.

On Thursday, May 19, the Active Aging Committee invites adults to participate in a simple, safe, and enjoyable fitness evaluation that measures your strength, endurance, flexibility, agility, and balance to perform everyday activities. San Luis Sports Therapy specialists will performing Free Baseline Fitness Testing at the Elwin Mussell Center, starting at 1:00 p.m. RSVP’s are required to attend, please call (805) 925-0951, ext. 2207 to reserve your spot today.

Don’t miss the first 8-Ball Pool Tournament on Saturday, May 21 starting at 9:00 a.m. at the Elwin Mussell Center. This tournament is open to all skill levels and will use a handicap for player placement. Double-elimination format will be used and depending on registrations, prize payouts will be awarded to the top three finishers. Register at the Elwin Mussell Center Receptionist’s desk by May 13. The fee is \$10 per player and both men and women are invited to participate.

It is never too late, to change or reinvent yourself, think of the possibilities! Look inside the new summer Recreation Guide for ideas and opportunities. For more information on any of these programs call 925-0951, ext. 2207.



TRAVEL TALES
MAY 2016

We are still interviewing for another Committee member as of the newsletter deadline. We have an interview scheduled for late April. I hope this one works out!

August 17-18 – Pageant of the Masters **\$238.00 Dbl., \$297.00 Sgl.**

The Pageant of the Masters seats are in the Main Tier Center. I understand you might need binoculars if you want to see detail, even though these are some of the better seats, just behind the loge section. Early dinner will be at Tivoli Terrace with time afterward to wander around the Laguna Arts Festival before attending the Pageant. After what the reviews call a “delicious hot breakfast” at the CW Suites Hotel near the John Wayne Airport , spend time at the J. Paul Getty Center with tours and lunch on your own on the way home. Leave 9:30 a.m., Home 7:00 p.m. Selling June 6th.

October 4-7 – Laughlin Riverside **\$151.00 Dbl. \$189.00 Sgl.**

Reports were good on the hotel after the last trip, so I booked it again. This time they are giving you two Breakfast Buffets plus a Choice Buffet, so it is just a little higher in cost. Leave 7 a.m., home 7 p.m. Selling August 1st

October 17 – Presentation of Premier World Discovery’s Great Lakes Adventure

See May 4-12 below for a brief summary. Details are posted in the hall and, by the time you read this newsletter, we should have flyers in the hall and in our office.

October 28 – Concert – Recording Artist Maria Muldaur **\$53.00**

She is performing two sets at the Jubilee By The Sea in Pismo Beach on Friday night, October 28. You’ll take the bus to St. Anthony’s Park’s two venues to listen to your choice of bands from 6 to 8 p.m., then attend Maria Muldaur’s concert in the 500 seat tent. The food and drink concessionaire is Rib Line. You can choose to eat there, on your own, or eat before you go. Big heaters are provided, but wear warm layers and bring a seat cushion as the chairs are rented and need a cushion. In case you don’t recognize her name, Maria Muldaur has been famous since the ‘70’s for her Blues and Jazz vocals. Her Jazz Quintet will accompany her. Leave 5:30 p.m. Home 11 p.m. Selling August 1st

November 5 – Great American Melodrama “Trudy and the Beast”, Oceano

Have lunch, then enjoy the show at the Melodrama. Restaurant pending. Selling August 1st

November 22-25 – Thanksgiving at Wonder Valley

Wonder Valley called that they have Thanksgiving open after all! I checked Bob’s availability and booked it. Three nights, four days. We will be going on a tour or two that will be determined soon. Selling August 1st

December 9-10 – Christmas at Adobes in Monterey

Bob planned this trip for another client in 2015 and the group loved it!
2017

February – Snow Train to Reno

Bob will prepare this trip. We haven’t done it for awhile and people loved it. We’ll have details later.

May 4-12 – Premier World Discovery’s “Great Lakes Adventure” **\$2830 Dbl., \$3555 Sgl.**

Featuring the Holland (Michigan) Tulip Festival, Mackinac Island, and House on the Rock. There is a \$100 booking discount if final payment by is check & paid by due date. Presentation and Sale Oct. 17, 2016.

Linda Dutart

The Sunshine Corner

Sympathy (Passed) Evelyn Johnson (Husband) Lucky
Jack Culley (Wife) Liz

Memorial (Passed) Family of Mitsuo, Peter Henmi
Family of Henson, Gadsby

Submitted by: Simone Gillogly 925-6267

Welcome New Members

Caldwell, Bill	Jensen, Heather B.	Ramirez, Gloria A.
Caldwell, Dorothy J.	Kendrick, Sharon M.	Ramirez, James J. (Jim)
Cross, Donna L.	Lange, Cynthia A.	Staight, Elizabeth A. (Betty)
Davies, Julie A.	Luther, Peggy A.	Tolson, Maureen
Forinash, Robert J. (Bob)	Meehan, Gail S.	Watson, Nancy A. (Alice)

Fellow Club Members

70 percent of our members now read the Newsletter online, and they do this for a number of reasons. First, and foremost, it saves the club the cost of printing, the cost of Postage, and the cost of transportation. And every penny of the money saved will be used for the enjoyment of our members. Second, and equally as important, is the ecology. Statistics show that 90% of paper products are not recycled. Sure it'll decompose after 30 years, or so, but in the meantime it's filling our landfills at a rate faster than we can find places for landfills, and it's still causing us to cut down trees faster than we can grow them. Please take a trip to our local landfill and see just how much paper is being ground into the ground every day. It's staggering! In addition to all of these benefits, which I know that you will all realize, is the fact that you get to see the Newsletter in living color. And after all, isn't it the beautiful colors in the world that makes being able to see so wonderful?

We know that many of the people who have sent us their Email Addresses were worried about getting more unwanted messages, but they soon learned that all they get is an occasional reminder of the link to our Web Site and Newsletters.

Give it a try! We know that you're going to prefer it over that black and white piece of recycle that you've been getting in the mail every month! Then don't forget to tell your friends how great it is.

Sincerely,
The Management