SMV SENIOR CLUB PO BOX 6688 SANTA MARIA, CA 93454-6688

March 2017 Periodical

Vol. 23, Issue 2



The Mussell Messenger

Santa Maria Valley Senior Club Newsletter

Monthly Membership Meeting Monday, March 6

Doors Open @ 5:30 p.m. / Dinner @ 6 p.m. Catered by

Only \$10 per person



Reserve by February 27

rogram: Esther Halderman

Exercise for Seniors



Santa Maria, CA 93454 925-0951, Ext. 2207

Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,



March Already??

The Valentine's dance was great! The room looked very pretty and festive. There were lots of Valentine goodies to eat and champagne punch ~ not to mention great music! There were approximately 100 people who came and enjoyed the event. I think everyone had a great time. There are a few pictures at the front desk.

The best news I have for this month (at least for me) is that we have a new secretary for the board. Rosemary Fox has graciously accepted the position!! Please welcome her. We really appreciate her stepping in to fill the position. As you have been able to tell by my minutes the last few months, I'm not very

good at it. I've had to write an addendum for the January minutes twice, and that's not good.



Rosemary also helped with the set-up and tear-down at the monthly membership dinner meeting Monday, February 6. We can always use more help, especially someone to lift and carry heavier items. Al LeDuc is the only man who helps, and he does it all! We'd like to find some additional volunteers to help him!

I was given a worksheet for a dinner meeting from May of 2007. They had a table set-up crew, a serving crew, a table clean-up crew, and a kitchen clean-up crew. The smallest of these crews was four people. The board members were floaters who stepped in where needed and checked people in. Currently, a few board members do it <u>all</u>. We do have one member who does the table decorations for us (Sally Ramos), and we have Al who does the heavy lifting. We are thinking of setting up something like they used to have. It would take some of the pressure off the board members and make the whole process run smoother. *Anyone who is willing to volunteer, please let me know what you would be willing to help with*.

As for the March dinner meeting ... we are going to try another new business to cater the meal. We have contacted Dickie's Barbecue Pit, and they are going to do it March 6. We will be having barbecued pork and one other meat (we haven't decided yet), plus baked potato casserole. The vegetables will be cole slaw, along with bacon & onion green beans. There will also be a relish dish with pickles and onions, rolls, and three kinds of BBQ sauce. The speaker for this month is Esther Halderman. Some of you know her from exercise class. She will speak on the benefits of exercise and what it does for your body.

We are implementing a new rule for the monthly dinners. There will be <u>NO TAKE-OUT</u> unless it has been pre-approved by the Board President or similar person in charge. There are volunteers (who also pay for their dinners) working in the back who haven't eaten, and sometimes there is no food left for them by the time they go through the line. Please be aware when you are filling your plate ~ the food must feed <u>everyone</u>. Thank you for adhering to this new rules.

The 50/50 drawing was a success. I think we made enough to cover our additional expenses for the dinner. That's great!!! And everyone, including me, likes to take a chance on winning something. We made \$72.00. We are going to continue to hold the 50/50 drawing for the near future. I hope everyone agrees.



Enjoy your month. Come into the center and say hello and enjoy some of the happenings. We're a fun group. Don't forget to pay your dues by February 28, the monthly dance in March, and reserve your space at the general membership dinner meeting! ~ Jo York, President

Happy St. Patrick's Day!



2017 OFFICERS

President:	Jo York	925-1089	jeyork1@yahoo.com
1st Vice President:	Terry Leduc	925-0064	aleduc2@hotmail.com
2nd Vice President:	Dawn Kamiya	714-5267	dawnof42@aol.com
Treasurer:	Jason Schellas	354-0083	jschellas@comcast.net
Recording Secretary:	Rosemary Fox	680-4083	rfox001@msn.com
Director-at-Large:	Mary Johnson	352-1003	mjohnson1937@gmail.com
Newsletter Editor:	Laura Selken	406-9989	laura.selken@gmail.com
Past President:	Tom Dutart	925-2906	oldtoadpis@yahoo.com
City Representative:	Marjorie Gjerdrum-Hord	925-0951, ext. 2347	mgjerdrum@cityofsantamaria.org
City Representative:	Eduardo Marquez	925-0951, ext. 2355	emarquez@cityofsantamaria.org

COMMITTEE CHAIRPERSONS

Database Records:	Laura Selken	406-9989	laura.selken@gmail.com
Membership:	Iva Jo Strunk	934-9294	bobandivajo@msn.com
Statistics & Reports:	Charlotte Gaskill	934-2607	jcgaskil@msn.com
Sunshine:	Simone Gillogly	925-6267	

Travel: Linda Dutart 925-2906 ldutart@yahoo.com

FACILITIES

Receptionist:	Diane Bentley	925-0951 Ext. 2207	
Supplies:	Mary Johnson	352-1003	mjohnson1937@gmail.com
Travel Office:	Tues.—Thurs., 12:30-3:45 p.m.	349-0688	ldutart@yahoo.com

OFF-SITE ACTIVITIES

Mondays	11:00 a.m. – 1:00 p.m.	Drop-in Softball Hagerman Sports Complex
Tuesdays	9:00 a.m. – Noon	Lawn Bowling Club 4205 S. McClelland St.
Thursdays	9:00 a.m. – Noon	Lawn Bowling Club 4205 S. McClelland St.
	11:00 a.m. – 1:00 p.m.	Drop-in Softball

Hopefully, you are receiving your newsletter, either by email (as a "pdf") or in the mail. Naturally, we understand that many of you do not use the internet and do not have email. However, we ask those of you that DO have access to the internet to <u>PLEASE</u> consider having it EMAILED rather than mailed to you. *It arrives in your inbox in <u>FULL COLOR</u>*, and it also *arrives much sooner* than if you choose to have it mailed! You can ALSO view it on our website: smvscc.org/Main.html.

<u>NOTE</u>: If you are having trouble receiving it via email <u>PLEASE CONTACT Laura Selken</u> (the Editor) at (805) 406-9989 or via email: laura.selken@gmail.com. I will try to resolve the problem as soon as possible! Note: The deadline for the next issue (April 2017) is <u>March 13</u>,





City of Santa Maria Recreation & Parks Department

GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

March is the month of "green"! It is also Women's History Month and American Red Cross Month. As it contains St. Patrick's Day, it's time for our 2nd Annual St. Patty's Day Breakfast. Whether you are Irish all year or only one day of the year, be sure to join us for a hearty St. Patrick's Day breakfast. Dress in green and come have a good time.

Learn some trivia and maybe even win a raffle prize. The cost is \$7.00 per person. Advanced registration is required at the receptionist's desk at the Elwin Mussell Senior Center. No phone reservations will be accepted. You must register by Tuesday, March 14. Breakfast will be served from 8:00 to 9:30 a.m. on Friday, March 17, at the Elwin Mussel Center. *[see page 11]*

For those who are looking for a beginning exercise class, we offer "Chairobics" on Wednesday mornings at 9:00 a.m. Do not be deceived by the title. This class guarantees a workout! This fun chair class combines lively music with low impact exercises, and it is designed to increase your bone and muscle strength as well as flexibility. The class



A Beginning Exercise Class

has both sitting and standing exercises and is recommended for those with medical/physical limitations with their daily living activities. The class is only \$12.00 for residents/\$14.00 for non-residents per month. Participants must register at the Recreation and Parks Office at 615 S. McClelland.



Build Your Own Body: Intermediate Exercise Class The BYOB (Build Your Own Body) class has started on Tuesday and Thursdays at 9:00 a.m. at Elwin Mussell Senior Center. This is an intermediate class that helps maintain cardio-vascular health, strength and flexibility. This fast-paced class uses music and handheld weights to increase muscular strength and range of motion. The class is limited to 50 participants, and fees are \$25.00 for residents/\$31.50 for non-residents per month. Participants must

register at the Recreation and Parks Office at 615 S. Mc Clelland St.

The Elwin Mussell Center has four top-notch pool tables available for free! Ladies and gentleman are welcome regardless of their level of play. Free informal lessons are available with this friendly bunch of players. Pool room hours are 9:00 a.m. to 4:00 p.m. Monday through Friday, and on Saturday from 9:00 a.m. until Noon.

There are <u>many</u> programs available at Elwin Mussell Center that are <u>FREE</u>! Come join us for bunco, bridge, poker, or pinochle. Want to learn how to knit or crochet? We have a group for that as well. Come down and join the fun; we would like to meet you.

~ Marjorie Gjerdrum-Hord

Program Specialist

Come Join Us! 4

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Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Build Your Own F Bunco ~ \$3 o Folk Dancing Yoga ~ \$1 Zumba ~ \$	sts: 50¢ /card Body ~ \$25/month+ donation/day ~ \$15/month+ 2/month+ 25/month+ aria Residents	9-4 Pool* 9-? Artists Meet* 9-10 Exercise* 10-11 Zumba*§ 12-4 Mah Jongg* 1-3 Knit/Crochet* 1-4 Beginning Bridge/ Instruction	9-4 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing* 5:30-6:30 pm Zumba*§	3 9-4 Pool* 12-4 Mah	4 9-12 Pool* 9-1 pm Duplicate Bridge
6 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	7 9-4 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Poker* 1:30-4 Bunco* 5:30-6:30 pm Zumba*§	9-4 Pool* 9-? Artists Meet* 9-10 Exercise* 10-11 Zumba*§ 1-3 Knit/Crochet* 1-4 Beginning Bridge/ Instruction	9 9-4 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Hand & Foot 2:30-3:45 Folk Dancing* 5:30-6:30 pm Zumba*§	10 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool* 9-1 pm Duplicate Bridge
9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	9-4 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Poker* 1-4 Double-Deck Pinochle* 5:30-6:30 pm Zumba*§	9-4 Pool* 9-? Artists Meet* 9-10 Exercise* 10-11 Zumba*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge/ Instruction	9-4 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing* 5:30-6:30 pm Zumba*§	17 9-4 Pool* 12-4 Mah	9-12 Pool* 9-1 pm Duplicate Bridge
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<u>Activity Contact Persons</u>: Book Exchange ~ Jane Bringley (937-8859) Duplicate Bridge ~ 937-5691 (Mondays) ~ 922-5000 (Thursdays) ~ 925-6350 (Saturdays) Pinochle ~ 934-2315 (Tuesdays) / Folk Dancing (Thurs.) ~ Betty Anthony (925-5429)

^{*} City of Santa Maria Recreation & Parks Department Program § Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: <u>Tues., Wed., Thurs., 12:30 – 3.45 p.m.</u>

Office Phone: 349-0688



FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH!

On March 6 a waiting room will be set up, beginning at 9:00 a.m. Numbers will be passed out when you arrive. Sales will begin shortly after 9:00 a.m. and will end when the last person waiting is finished, or Noon, whichever is earlier. Only two tickets per person will be allowed. If it's a very popular trip with a long waiting list, we'll try to book it again.

May 1-4 ~ Laughlin Riverside

If we book this trip, it might cost a little more than previously because the bus costs have increased. However, the Riverside's costs are slightly less and may make up for it. We will decide on this trip **OR** a possible trip to San Jose on April 29 or 30 to see "The Bodyguard" after the newsletter deadline. Watch the bulletin board in the hall, or the Travel Office, to see what the decision is and what trip we will be offering! It's a Mystery!!! 😃



June 2 ~ "Pippin" at Cal Poly's Cohen Center

\$92 From Cal Poly website: This unforgettable new production is the winner of four 2013 Tony Awards, including Best Musical Revival. "Pippin" incorporates sassy Fosse-style choreography and exciting circus feats; the Big Top set and high-flying acrobats add to the spectacle, along with knife throwing, hula hooping and gravitydefying balancing acts. The magical score from Oscar- and Gram-

my-winning songwriter Stephen Schwartz ("Godspell" & "Wicked") includes such hits as "Magic to Do," "Corner of the Sky," "Morning Glow" and "No Time at All." Join us for this tale of a young prince's search for passion, adventure and the meaning of life – it will be unlike anything you have ever seen. Please note this show will feature haze, cigarette smoke and pyrotechnics. We have 26 good seats in the center balcony. Leave: 6:45 p.m./Home: 11:30 p.m.

THESE TRIPS MAY STILL BE AVAILABLE:

April 11 ~ Shen Yun Performing Arts @ Cal Poly's Cohen Theater

\$120

This trip sold out the first day. If we have enough people on the wait list, I'll try to book another bus. Call the office, 349-0688, if you want to go and get your name on the list. Remember: You must be a member of the Santa Maria Valley Senior Citizens Club.

May 11-18 ~ Collette's Mackinac Island & Tulip Festival \$3199 Dbl., \$4199 Sgl. Visit/click on link for more information: gateway.gocollette.com/link/758159

August 4 ~ Alaska cruise (see latest prices on flyer in the hall) Space is Still Available!

\$2879 Dbl., \$3704 Sgl.

October 11-18 ~ Smoky Mountains & Bluegrass

This trip includes tours of Churchill Downs, the Louisville Slugger Museum & Factory, Biltmore Estate, Dollywood, and much more! Plus you'll be back in Nashville at the wonderful Gaylord Opryland Resort for three nights. Besides the Grand Old Opry, which is always good, and the usual city tour, you'll visit Andrew Jackson's Hermitage and attend the Nashville Nightlife Theater. So there are some different things to enjoy! There are flyers in the hall and folder.



Check out our Facebook page: "Santa Maria Senior Travel" (Click on name & go directly to Facebook page!) Diana Dodos updates the page with flyers & pictures from our trips.





TRAVEL TALES ~ MARCH 2017



As I said last month, I am hoping that "Hamilton," which will be at the Pantages for months, will have some decent seats by October or November. It isn't on sale yet, but the sales representative at the Pantages told me it would be expensive. <u>There is a sign-up sheet at the office to indicate if you would like to go, even if the ticket price is \$200 or more plus the cost of the bus and lunch!</u>

May 11-18 ~ Collette's Mackinac Island & Tulip Festival

\$3199 Dbl., \$4199 Sgl.

Featuring Chicago; Holland & Grand Rapids, MI; two nights at the glorious Victorian-era resort, the Grand Hotel on Mackinac Island; the German town of Frankenmuth; a choice of Greenfield Park or the Henry Ford Museum; plus the largest Christmas store in the world! Flyers are in the office and hallway. <u>IF YOU WANT TO GO, WE'LL HAVE TO CALL AND ASK IF THERE IS SPACE</u>. Visit/click on link for more information: gateway.gocollette.com/link/758159

June 22 ~ Senior Day at Santa Anita Racetrack

\$79

A buffet lunch will be awaiting you before the first race at Santa Anita. Have a fun afternoon enjoying the races. You'll watch six races before heading home. Leave: 7:30 a.m./Home: 8:00-8:30 p.m. *Selling April 3*

July 29 ~ M&M: Madonna Inn & Melodrama

\$88

Enjoy lunch at the Madonna Inn before going to the Great American

Melodrama to boo and hiss at "The Tavern" by George M. Cohan. "In a lonely tavern on a dark and stormy night, a wild wind blows in all sorts of oddball characters — including a mysterious vagabond, an innocent ingénue and two thwarted lovers. A thief is on the loose, suspicions abound and no one is who they seem." This is a show that guarantees hearty laughs, mystery, and good old fashioned fun. One of the most popular plays by one of America's greatest showmen. Leave: 11:45 a.m./Home: 6:15 p.m. <u>Selling April 3</u>

August 4 ~ Alaska cruise

SEE FLYER POSTED IN HALLWAY

September 9 – Fillmore and Western Railroad Murder Mystery Lunch

\$115

Solve a murder while having lunch and traveling on the Fillmore and Western Railroad. A fun day excursion. Only 26 seats. We are selling this very early because we have a very tight deadline between when we book it and when we lose our 50% deposit. Please book early if you want to go! Both the Railroad and the bus say this is a very busy day for them, so it must be confirmed early, or we won't be able to get tickets or the bus. Leave: 8:30 a.m./Home 6:30 p.m. Selling April 3

September 28 ~ MYSTERY TRIP!!!

We finally found something to do that this group hasn't done previously! Stop for lunch on your own. Dinner is included in the price. We think both men and women will enjoy this trip. Leave: 10 a.m./ Home 11 p.m. *Selling August 7*

October 11-18 ~ Smoky Mountains & Bluegrass

\$2879 Dbl., \$3704 Sgl.

This trip includes tours of Churchill Downs, the Louisville Slugger Museum & Factory, Biltmore Estate, Dollywood, and much more! Plus you'll be back in Nashville at the wonderful Gaylord Opryland Resort for three nights. Besides the Grand Old Opry, which

ful Gaylord Opryland Resort for three nights. Besides the Grand Old Opry, which is always good, and the usual city tour, you'll visit Andrew Jackson's Hermitage and attend the Nashville Nightlife Theater. So there are some different things to enjoy! We have been to most of these places and I know you'll enjoy them!

November 7-9 – Sequoia/Kings Canyon National Parks tour Stay at Wonder Valley Ranch for two nights and enjoy all their amenities and

wonderful meals. Tour the Sequoia/Kings Canyon National Parks.





facebook

March Birthdays

Wayne Evenson	1-Mar
Hal Pray	1-Mar
William Batiste	2-Mar
Cheryl Heintz	2-Mar
Kay Lawrence	4-Mar
Naomi Smith	4-Mar
Roberta Stanford	4-Mar
Victor Tabios	4-Mar
Tish Westlund	4-Mar
Pauline Bishop	5-Mar
Marijane Marshall	6-Mar
Elaine Henfling	7-Mar
Joe Santana	7-Mar
Janean Averill	8-Mar
Raina Flores-Chambers	9-Mar
Tony Sandona	9-Mar
Elaine Kinsey	10-Mar
Vicki McCulloch	10-Mar
Bob Viadella	11-Mar
Verna Racansky	13-Mar
Maureen Tolson	13-Mar
Sandy Healy	14-Mar
Ellet Wilson	14-Mar
Ginny Boos	15-Mar
Stephanie Bradbury	15-Mar
Lillian Lowe	15-Mar

March Anniversaries

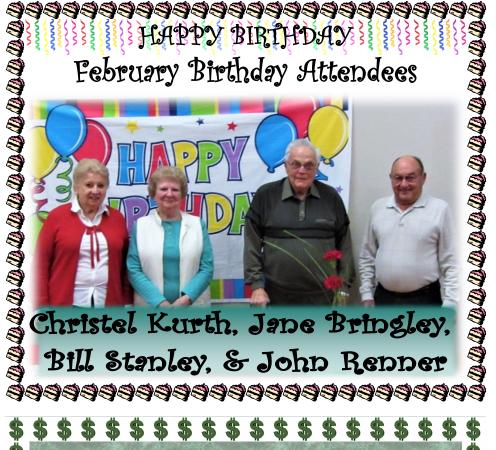
Richard & Christina Perry	5-Mar
Thomas & Patty Ann Porcho	8-Mar
Wayne & Barbara Scheideck	14-Mar
George & Ofelia Tise	21-Mar
William & Claudia Peterson	26-Mar
Tom & Joanne Shelton	30-Mar

(i) Only couples who are <u>both</u> members of the Club will have their anniversary date listed. Please notify me of any errors or additions.

Marsha Pope	15-Mar
Charlie Willcox	15-Mar
Paul Boyd	17-Mar
Barbara Frickelton	17-Mar
Ruby Arias	18-Mar
Jesse Correa	18-Mar
Judy Garrett	19-Mar
Vicky Wolf	19-Mar
Jo York	19-Mar
Sherrill Curry	20-Mar
Estela Duran Delgiorgio	20-Mar
Mickey Graeber	20-Mar
Donna Jenkins	20-Mar
Carol Chambard	21-Mar
Nancy Low	21-Mar
Sally Wade	21-Mar
Eleodora Fisher	22-Mar
Gaylen Clark	2 <mark>3-</mark> Mar
Peggy Luther	23-Mar
Evelyn Truck	23-Mar
Sandy Hurst	24-Mar
Dot Slater	24-Mar
Sandra Frazier	25-Mar
Kay Hosepian	25-Mar
Annabelle Martinez	25-Mar
Albert Serna	25-Mar
Linda Wilson	25-Mar
Dorothy Abel	27-Mar
Kathy Doty	27-Mar
Merilyn Garcin	27-Mar
Peg Miller	27-Mar
Karen Milo	28-Mar
Bev Cox	29-Mar
John Dewey	30-Mar
Gloria Lopez	30-Mar

Happy Birthday!

(1) If any information printed here is not correct, or if your name and special day is not listed, please call or email me at: (805) 406-9989 or laura.selken@gmail.com.



CONGRATULATIONS TO LARRY CARO!!!!!

HE WON \$73 IN THE 50/50 DRAWING AT THE

FEBRUARY MEMBERSHIP MEETING/DINNER!

Please do so TODAY to ensure delivery of future issues of the Mussell Messenger! Members who do not renew by February 25th will be put on "hold" and will no longer have newsletters mailed/emailed to them.

Welcome NEW & Former Members!

Velma Bondietti Paul Boyd Bonnie Brown Mary Ann Cappel Sherrie Eames Darlene Iversen Terrie Kase Anne Keller Loly Lorenzo Joe & Annabelle Martinez Vicki McCulloch Gale McNeeley Estelle Moreland Jess & Sandy Novoa Rose Ograin Yvonne Pasko Ed & Kim Post



March 12 @ 2 a.m.

No AARP/ Tax-Aide

Unfortunately, the AARP / Tax-Aide program will <u>not</u> be offering tax preparation in the Santa Maria area this year due to <u>LACK OF VOLUNTEERS</u>. Seniors can visit sites in Nipomo or the Five Cities area in San Luis Obispo County or Lompoc and Solvang in Santa Barbara County. Please call 931-6308 to make an appointment. Visit <u>CCFREETAX.ORG</u> for more information.







Virginia "Virgie" Vernon



Eleanor Garcia Trudy Hedrix (former "Sunshine Lady") **Mary Law**



Please, share with Simone the names of members who need some "sunshine" in their life ~ not feeling well, hospitalized, going through a difficult time, or suffered the loss of a loved one. She may be reached at 925-6267.

Sunday, March 19, 2017 1:30 — 4:00 p.m.

Elwin Mussell Senior Center

510 Park Santa Maria



Let's wear some Green!! St. Patrick's Day Dance!

Vocalist Bob Nations with Judy & Leroy

This program is made possible with the support of the

Let's have some good old-fashioned Irish fun

Riptide Big Band!!! Cost is FREE!!!



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Sponsored by the Santa Maria Valley Senior Citizens Club With funding from a grant from the **San Luis Obispo Community Foundation**

> For more information, please contact Russ @ (775) 843-2830 or RiptideBB.com

Refreshments available ... donation requested





TOM'S TRIVIALITIES March 2017

RAMBLINGS OF A SENIOR MIND

(a reprint of ponderables printed in years past ...)

* What if there were no hypothetical questions?



- * Is there another word for synonym?
- Where do forest rangers go to "get away from it all?"
- * If a deaf child signs swear words, does his mother wash his hands with soap?
- * If someone with multiple personalities threatens to kill himself, is it a hostage situation?
- * What do you do when you see an endangered animal eating an endangered plant?
- * Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they are sexy.
- * Behind every successful man is his woman. Behind the fall of a successful man is usually another woman.
- * I went to a bookstore and asked the saleswoman, "Where's the self-help section?" She said if she told me, it would defeat the purpose.
- * You do not need a parachute to skydive. You only need a parachute to skydive twice.
- * To be sure of hitting the target, shoot first and call whatever you hit the target.
- * Money can't buy happiness, but it sure makes misery easier to live with.
- * Change is inevitable, except from a vending machine.
- * A clear conscience is the sign of a fuzzy memory.
- You're never too old to learn something stupid.
- * I used to be indecisive. Now I'm not so sure.
- * Where there's a will, there are relatives.
- * Atheism is a non-prophet organization.
- * Nostalgia isn't what it used to be.

