THE MUSSELL MESSENGER

NOVEMBER 2026 | VOLUME 32 ISSUE 11

510 East Park Avenue
Santa Maria, CA 93454
smvseniors@gmail.com
805-349-0688

www.smvscc.org
Follow Us On Facebook @
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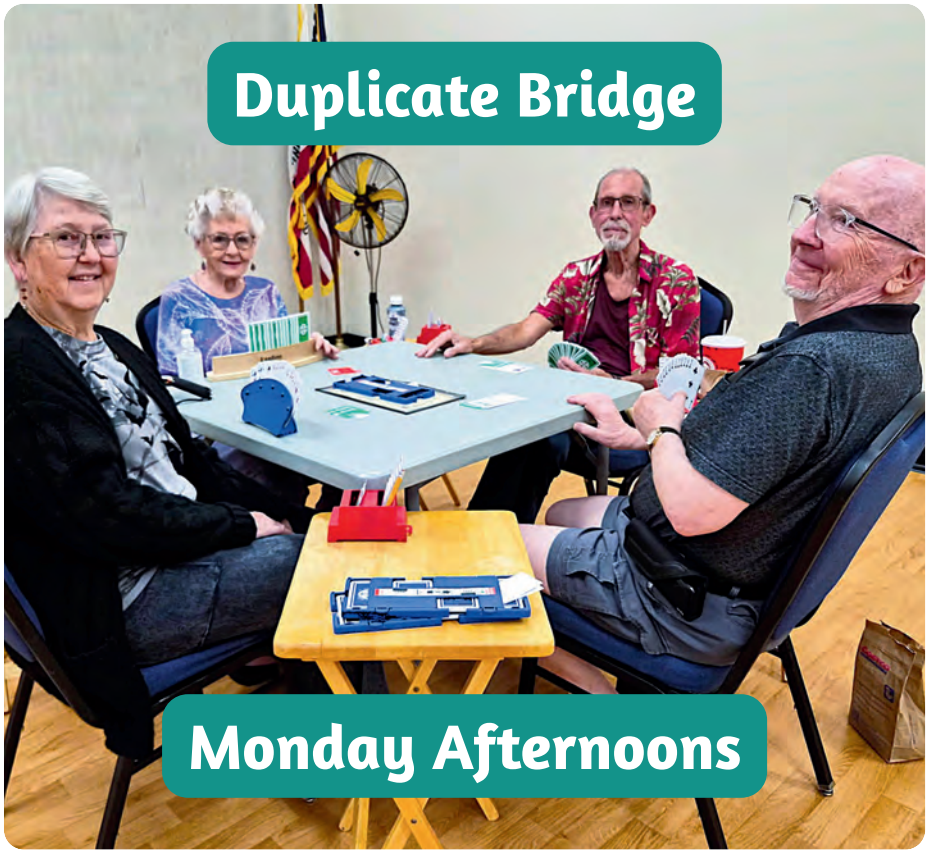
Club Receptionist Hours:
Monday - Friday
10 am - 2 pm

Travel Committee Hours:
Tuesday - Thursday
12:30-3:30 pm



From the President

Money Challenges

As you have aged, and possibly retired, have you ever been in a position where money was tight? How did you decide which bill to pay next? Of course, deadlines help you to decide, but when money is not coming in like it did when you were working, it is hard to decide what to do.

Resources are available whether you need assistance with your healthcare, prescriptions, food, housing, utilities, or other necessities, or are facing large debt. Federal, state, and local programs are out there to help you. A great place to start is your local Area Agency on Aging - the Central Coast Commission for Senior Citizens. They are located at 528 S Broadway (805-925-9554).

~ Carolyn Cabrera

Mission Statement

Our purpose is to promote the happiness of active adults 50 plus so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

PUBLISHED BY THE SANTA MARIA VALLEY SENIOR CITIZENS CLUB (SMVSCC)

02 WELCOME - WE ARE HERE TO SERVE YOU!

2026 Officers

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2026 Committee Chairs

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Nancy Andersen
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Sunshine Lady
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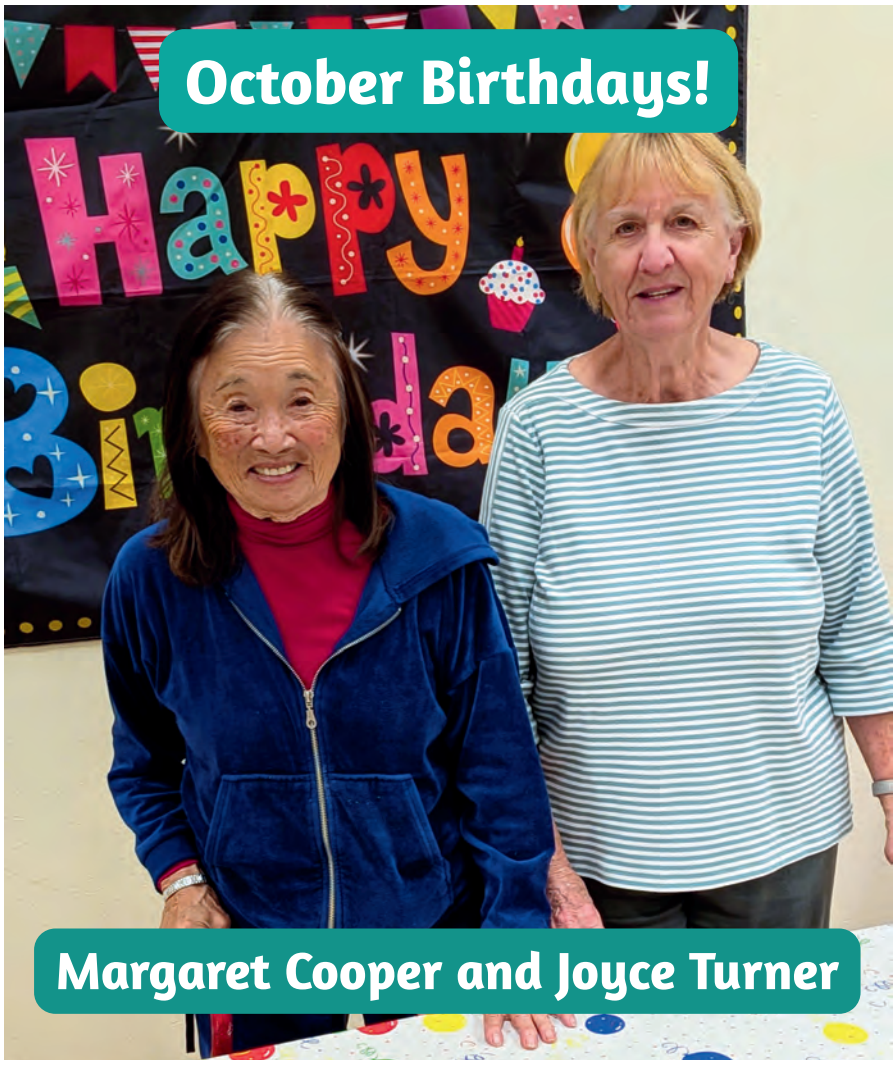

LOOKING FOR NEW BOARD MEMBERS FOR 2027!

If you're interested in learning more about how **YOU** can make a difference in our club, stop by one of our board meetings (1st Wed of the month) or call Caroline Cabrera (info at left). We need fresh faces on the board! Please consider stepping up!!

If you know any members in need of a "get well," "thinking of you," or sympathy card, please contact Teri DeAngelo at 805-698-6478 or teriangelo@gmail.com.

Rec & Parks Department Staff

Recreation Leader, Jenna
805-925-0951, ext. 2174

Recreation Receptionist
805-925-0951, ext. 2207

Primary Office
805-925-0951, ext. 2260

NOVEMBER CELEBRATIONS 03

HAPPY BIRTHDAY

Stella Perez	2	Katherine Pierce	12
George Patterson	3	Brent Hyatt	15
James Patton	4	Dolly Ornelas	19
Cindy Cozart	5	Juan Zavala	24
Chris Oberg	5	Jackie Brunello	27
Barbara Centeno	6	Jeri Chaffin	27
Dena Soares	6	Steve Hopkins	27
Karen Mayes	7	Jeannine Vanier	28
Sharon Silva	8		

If any dates listed on this page are inaccurate, or your information is missing, please contact Laura @ 805-406-9989 or email her at laura.selken@gmail.com.

HAPPY ANNIVERSARY

Bill & Jeanne Roemling	1
Steve & Joanne Hopkins	28
Mark & Tami Wilkening	28

*Don't forget to sign up to attend the monthly dinner during your **birthday month**, and **CELEBRATE** your special day with others!!!*

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04 TRAVEL OPPORTUNITIES



Million Dollar Quartet Christmas $88

NOVEMBER 22 | DEPART: 12:45 PM / RETURN 5:30 PM

Your favorite rock 'n' roll legends return to the stage at the **San Luis Obispo Repertory Theatre** for a brand-new holiday musical experience. Johnny Cash, Jerry Lee Lewis, Carl Perkins, and Elvis Presley come together again to celebrate the holidays at Sun Records studio. Sign up now before it fills up!



Christmas at Santa Margarita Ranch $85

DECEMBER 6 | DEPART: 4:00 PM / RETURN 9:15 PM

Join us on a real steam train ride through the Santa Margarita Ranch. One of the trains has been recently refreshed and tows some of the original train cars that Walt Disney built and ran around Disneyland when it first opened in 1955. The ranch includes a unique marketplace for locally created crafts and gifts, live entertainment, games, plus a variety of food & more!



PCPA Presentation of "Wizard of Oz" $37

December 17 | 1:30 pm (show start time)

SPECIAL: TICKETS ONLY - NO TRANSPORTATION PROVIDED!

Follow the yellow brick road to an unforgettable day at the theatre. This beloved classic, with its heart-soaring score and cherished characters, is brought to new heights with aerial stunts and acrobatics.

Santa Barbara Courthouse Docent-led Tour

JANUARY 15, 2027 | MORE INFO TO COME!



Great Trains & Grand Canyons

APRIL 2027 **$3999* PP DBL./$5114 PP SGL.**

7-Day/6-Night Tour. Highlights include: Two Rail Journeys (Grand Canyon Railway & Verde Canyon Railroad) • Grand Canyon • Oak Creek Canyon • Sedona Trolley Tour • Chapel of the Holy Cross • Montezuma Castle • Jerome • Old Town Scottsdale • Chuckwagon Supper & Show • Black Bart's Steakhouse • 8 meals and more! Brochures available in the office.

Monthly Membership Dinner

MONDAY, NOVEMBER 9, 2026

Doors Open: 5 pm / Dinner: 5:15 pm

Reserve and pay by Friday, Nov. 6 @ Noon





Celebrate your November Birthday with us!

Meals are catered by Jovi's Delight

Program: **Plants and Animals of Vandenberg SFB** featuring Bill Waycott, California Native Plant Society

Cost: $20 per person (holiday dinner price)

Menu: Turkey, cranberry sauce, stuffing, mashed potatoes & gravy, steamed vegetables, salad, roll, and dessert

Each month at our dinners, we honor those celebrating their birthday that month. Be sure to RSVP during your birthday month and CELEBRATE your special day with others!!! [See photo pg. 2!]



06 NOVEMBER CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY
2	**3**	**4**
9:30-10:45 Balance & Mobility* 10-12 Scrabble* **12-4 Duplicate Bridge** 1:30-3:30 Knit, Chat, & Crochet* (Bilingual every Monday)	10-11 Yoga* 10:30-11:30 OWL Program* **12:30-3:30 Travel** 1-2 Grief Support Group* 1-3 Bunco* ($3 donation) 1-3 Knit, Chat, & Crochet*	**9 Board Meeting** 9:30-10:45 Balance & Mobility* **12:30-3:30 Travel** **1-4 Beginning Bridge** 1:30-3:30 Art with Cheryl*
9	**10**	**11**
9:30-10:45 Balance & Mobility* 10-12 Scrabble* **12-4 Duplicate Bridge** 1:30-4 Knit, Chat, & Crochet* (Bilingual every Monday) **5 Membership Dinner ($20)**	10-11 Yoga* 10:30-11:30 OWL Program* 12-4 Double Deck Pinochle* **12:30-3:30 Travel** 1-2 Grief Support Group* 1-3 Knit, Chat, & Crochet*	9:30-11 Balance & Mobility* **12:30-3:30 Travel** **1-4 Beginning Bridge** 1:30-3:30 Art with Cheryl*
16	**17**	**18**
9:30-10:45 Balance & Mobility* 10-12 Scrabble* **12-4 Duplicate Bridge** 1:30-4 Knit, Chat, & Crochet* (Bilingual every Monday)	10-11 Yoga* 10:30-11:30 OWL Program* **12:30-3:30 Travel** 1-2 Grief Support Group* 1-3 Bunco* ($3 donation) 1-3 Knit, Chat, & Crochet*	9:30-11 Balance & Mobility* **12:30-3:30 Travel** 1-3 Coffee, Convo & Treats* (bring treat to share) **1-4 Beginning Bridge**
23	**24**	**25**
9:30-10:45 Balance & Mobility* 10-12 Scrabble* **12-4 Duplicate Bridge** 1:30-4 Knit, Chat, & Crochet* (Bilingual every Monday)	10-11 Yoga* 10:30-11:30 OWL Program* **12:30-3:30 Travel** 12-4 Double Deck Pinochle* 1-2 Grief Support Group* 1-3 Knit, Chat, & Crochet*	9:30-11 Balance & Mobility* **12:30-3:30 Travel** **1-4 Beginning Bridge**
30		
9:30-10:45 Balance & Mobility* 10-12 Scrabble* **12-4 Duplicate Bridge** 1:30-4 Knit, Chat, & Crochet* (Bilingual every Monday)		



MONTHLY DANCE
SUNDAY, NOV. 8, 1:30-4 PM

Join us as we salute our veterans with the Riptide Big Band at their monthly **FREE** dance, featuring Donna Phillips.
DRESS PATRIOTIC!

NOVEMBER CALENDAR OF EVENTS 07

THURSDAY	FRIDAY
5	**6**
10-11 Line Dancing* 10:30-11:30 OWL Program* **12:30-3:30 Travel** **1-4 Hand & Foot Card Game**	10-12 Scrabble* 12-4 Mah Jongg* **12-4 Bingo** 1-4 Board Games*
12	**13**
10-11 Line Dancing* 10:30-11:30 OWL Program* **12:30-3:30 Travel** 1:30-2:30 Sweet Treats*: Mini Pumpkin Pies	9:30-10:30 FoodBank 10-10:30 Cooking Class 10-12 Scrabble* 12-4 Mah Jongg* **12-4 Bingo** 1-4 Board Games*
19	**20**
10-11 Line Dancing* 10:30-11:30 OWL Program* **12:30-3:30 Travel** **1-4 Hand & Foot Card Game**	10-12 Scrabble* 12-4 Mah Jongg* **12-4 Bingo** 1-4 Board Games*
26	**27**
 **(Mussell Center closed Thursday and Friday)**	
FREE Rec & Park Activities: 9-4 Billiards* (Mon-Fri) 1:30-3:30 Table Tennis* (Mon) 9-10 Table Tennis* (Tue) 12-4 Pickleball* (Wed & Thu)	

PLEASE NOTE:

Classes/activities may be changed or canceled as needed.

Activities shown with an **asterisk*** are hosted by the **City's Recreation & Parks Dept**. Advanced registration is required in most cases. Membership in the Senior Club is not needed. (See the City Receptionist or call 805-925-0951, ext. 2207 for assistance.)

Items in bold are Club activities, and a Club membership is required to participate (with the exception of Bingo). Non-members are welcome to attend events/dinner up to three times before joining (must still reserve and pay by the due date for the monthly dinner).

Club Activities CONTACT PERSONS

Duplicate Bridge
Alan @ 408-499-5333

Beginning Bridge
Frank @ 805-574-3237

Hand & Foot
Christel @ 805-332-3328

Bingo
Loretta @ 805-264-7160

08 MONTHLY DANCE

SANTA MARIA VALLEY SENIOR CITIZENS CLUB

presents a

FREE USO DANCE

SUNDAY, NOVEMBER 8, 2026

1:30 - 4:00 PM

featuring

RIPTIDE Big Band

WITH VOCALIST DONNA PHILLIPS

Join us as we salute our veterans & enjoy the Big Band music of the '30s & '40s + more!

DRESS PATRIOTIC!





Elwin Mussell Center

510 E Park Ave, Santa Maria

More info: Judy 775-813-5186

City of Santa Maria Recreation & Parks Department

Santa Maria Valley Senior Club — Where Fun Happens

The Community Foundation San Luis Obispo County

MEDICARE OPEN ENROLLMENT SEASON IS HERE. SO ARE THE SCAMMERS. 09

During Medicare Open Enrollment, people can review their current coverage, explore options, and make changes. Sadly, it's also a busy season for scammers. Criminals look for opportunities to impersonate Medicare representatives to steal personal or financial information.

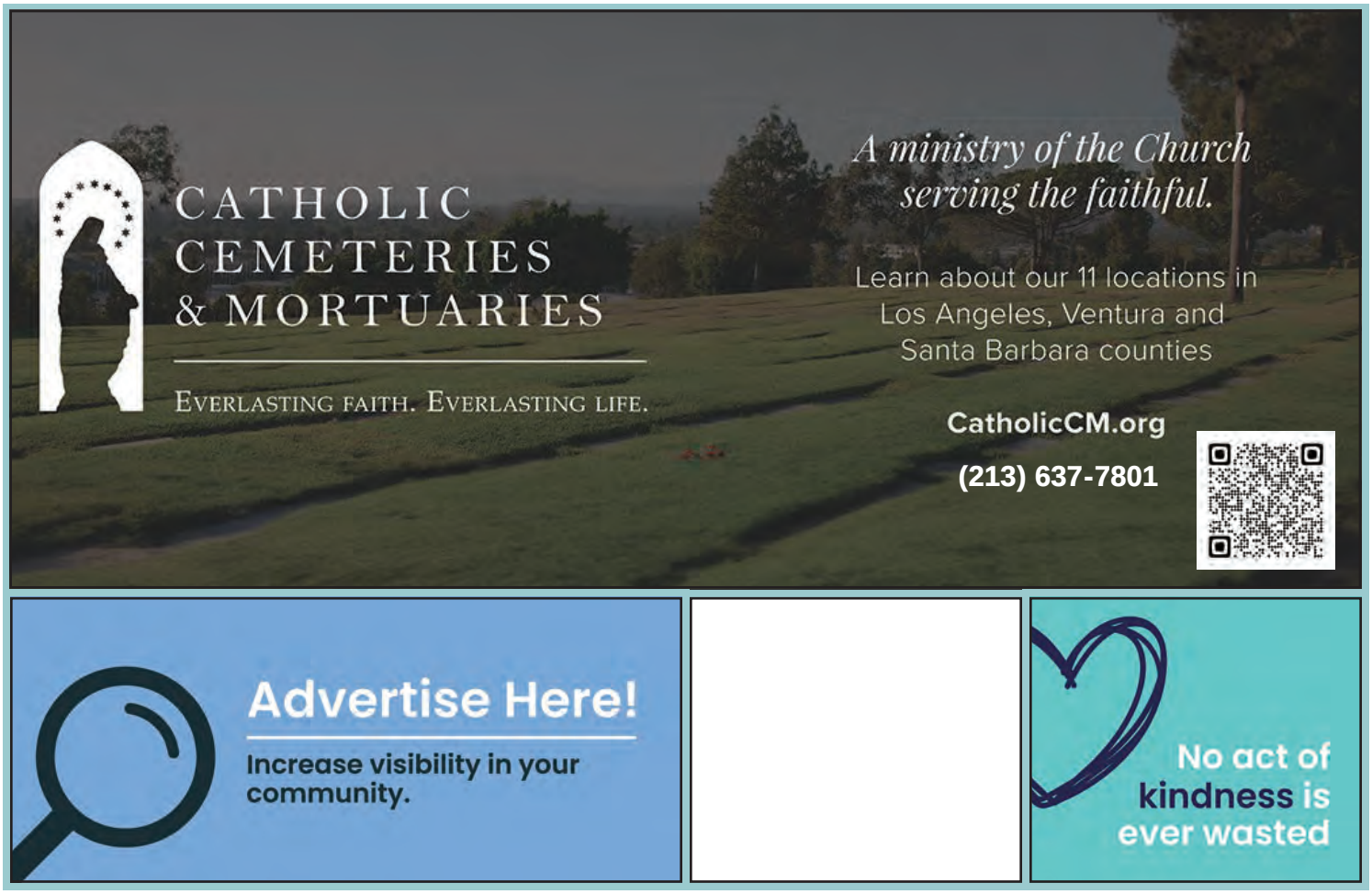
How It Works

- You receive a phone call, text message, email, or even an in-person visit from someone claiming to represent Medicare, the federal government, or a well-known insurance provider.
- They may offer plan upgrades, promise a new Medicare card, or warn that your coverage will be canceled unless you take a particular action.
- They ask for sensitive information, such as your Medicare or Social Security number, or bank information.

What You Should Know

- Scammers often use caller ID spoofing to make it appear as if their calls are coming directly from Medicare.
- **Medicare will not contact you out of the blue, nor will they ask for your Medicare number.**
- Someone claiming that you will receive a new Medicare card by taking an action (sharing your Medicare number or sensitive personal information) is lying to you.

[continued on page 10]





New/Rejoining Members

- **Priscilla "Pris" Gilreath**
- **Connie Holdredge**
- **Jerry Tacas**
- **JoAnn Teniente**

We are so happy to have you!

Medicare Open Enrollment Scams

[continued from page 9]

What You Should Do

- **ONLY** share your Medicare number with your health care providers (doctors and pharmacists you receive care from, etc.).
- If someone contacts you unexpectedly about your coverage, **do not engage**.
- If you are concerned you have a problem with your coverage, call Medicare directly at 1-800-MEDICARE (800-633-4227).
- Medicare's normal Open Enrollment communications include the official "Medicare & You" handbook the agency sends (unless you opted in for electronic, you will receive a link when the latest version is available), information on Medicare.gov, and emails you have signed up to receive.

(More info at aarp.org/money/scams-fraud/new-medicare-card/)

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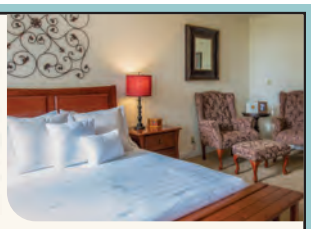

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Please register in advance!







CAMBRIA CHRISTMAS MARKET

The Santa Maria **Rec & Park Dept.** is hosting a trip to the **Cambria Christmas Market** on **Thursday, Dec. 17.** The cost is $44/person for Santa Maria residents ($55 for non-residents). The van departs the Mussell Center parking lot at 4:30 pm and returns about 11 pm. Register online using activity **#28302**, or ask the receptionist for help.



For more information and/or **assistance with pre-registration**, please visit the **city's** receptionist desk or you can call directly at 805-925-0951, **ext. 2207**.

Santa Maria Valley Senior Citizens Club
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