

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 805-349-0688



NOVEMBER 2025



President's Message ~

ESCAPE FEAR!



Carolyn Cabrera

Fear is my worst enemy. It keeps me trapped! I cannot accomplish anything. I cannot move! I must fight it and move forward no matter what! I make my plans, let the fear go, and accomplish my tasks! I am so proud that I moved forward! Now, YOU take a stand to feel good about yourself. Let me know what you were able to accomplish! Let's move on TOGETHER! Oh, and by the way ... congratulations! You can be proud of yourself!

Hey all you gals out there, get ready to ask the guys to dance on **Sunday, November 9, from 1:30 to 4 p.m.** at the Mussell Center. **Riptide Big Band** is hosting a Sadie Hawkins dance, featuring guest vocalist, Donna Phillips! This event is open to the public and **FREE**, thanks to the generous grant from the Community Foundation of San Luis Obispo County! Invite your neighbors and friends, especially the guys!

Our next dinner will be **Monday, November 10**, featuring **Herb Adams with the Maestro Brass Quintet**, playing a medley of tunes from the past. Don't miss this chance to gather together to enjoy our very own talented club member perform for us. The menu will be a **traditional thanksgiving dinner** with turkey, cranberry sauce, stuffing, mashed potatoes and gravy, steamed vegetables, salad, roll, and dessert. As in years past, the price for this meal (as well as December's) will be a bit more due to increased costs for us. **It will be \$20**. Remember, your **PRE-PAID** reservations will be due by **Friday, November 7, at Noon**. Please be sure to make and pay for your reservations **in advance**, rather than just "showing up" on Monday evening. We need to have an accurate head count, so that we can order the correct amount of food. Thanks for your cooperation.

We are accepting dues renewals this month! Invite your friends and family to join with you! Remember, if they pay now, they are able to join for the remainder of the year and all of 2026 for \$25 (that's **two months FREE**). As a reminder, we do accept credit cards, but we currently charge \$1 extra to help cover additional fees.

Santa Maria Valley Senior Citizens Club Central Coast Active Adults!

MISSION: Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2025 Officers & Committee Chairpersons

President	Carolyn Cabrera	805-448-0623	ccabrera0048@gmail.com
1st VP	Jolene Simons	805-266-8767	jsimons93309@gmail.com
Co-2nd VPs	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer	Liz Regulski	[contact Carolyn or Laura with questions]	
Recording Secretary	Christel Kurth	805-332-3328	kurth1313@comcast.net
Corresponding Sec.	Laura Selken	805-406-9989	laura.selken@gmail.com
Member at Large	Liz Reynertson	661-317-2893	ereynert@gmail.com
Travel	Nancy Andersen	805-260-9896	nbandersen1981@gmail.com
Sunshine	Teri DeAngelo	805-698-6478	teriangelo@gmail.com

Recreation and Parks Department Staff & Phone Numbers:

Program Specialist	Cynthia Rodriguez	805-925-0951, ext. 2207
Recreation Technician	JoDee Klug	805-925-0951, ext. 2207



Recreation & Parks Receptionist 805-925-0951, ext. 2207

Recreation & Parks Dept. Primary Office 805-925-0951, ext. 2260 (615 S. McClelland St.)

Happy November Birthday!

David Garcia	1	Katherine Pierce	12
George Patterson	3	Dolly Ornelas	19
James Patton	4	Mildred Smith	21
Cindy Cozart	5	John Regalado	24
Chris Oberg	5	Barb Snyder	24
Barbara Centeno	6	Juan Zavala	24
Jerry Lamphier	6	Minnie Anderson	26
Dena Soares	6	Steve Hopkins	27
Carolyn Barr	7	Sue King	28
Karen Mayes	7	Jeannine Vanier	28
Sharon Silva	8		

Happy Birthday!

Happy November Anniversary!

John & Marlene Medeiros ~ November 3

Mark & Virgie Mante ~ November 26

Steve & Joanne Hopkins ~ November 28

Mark & Tami Wilkening ~ November 28

Welcome New and Returning Members!

Barbara Centeno
Brenda Olivera



SANTA MARIA VALLEY
SENIOR CITIZENS CLUB

SANTA MARIA
SENIOR TRAVEL

Please email Laura if you are interested in helping to manage the accounts!



If you know of any members of our club who are in need of a "get well," "thinking of you," or a sympathy card sent to them, **please** contact **Teri DeAngelo** at **teriangelo@gmail.com** or **805-698-6478**. She would rather be told twice than not at all!



TRAVEL OPPORTUNITIES

Santa Maria Senior Travel Committee



Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / **Office Phone:** 805-349-0688

November 20 ~ “Cinderella” ballet at Clark Center, Arroyo Grande **\$80**

Step into the magical world of Cinderella with this dazzling production by the World Ballet Company. Be amazed as they bring the beloved fairy tale to life with 40 international dancers, wearing radiant, hand-sewn costumes! Join us for an unforgettable journey of magic, beauty, and the promise of "happily ever after." Departs: 6:00 p.m./Returns: 9:00 p.m.



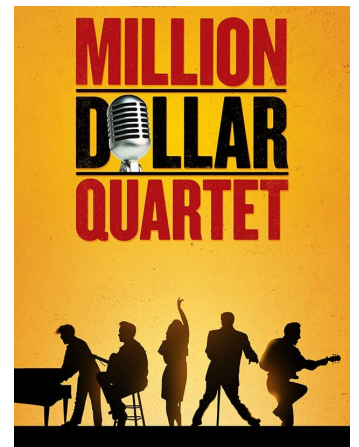
December 10 ~ Cambria Christmas Lights/Market **\$60**



The Cambria Christmas Market features more than two million twinkling lights with artisan vendors, cozy fire pits, live music, delicious food & drink, and much more. Cost includes bus and entry into the Lights/Market; dinner on your own. Limited seats available. Departs: 4:00 p.m./Returns: 9:30 p.m.

February 15, 2026 ~ Million \$ Quartet **\$78**

The San Luis Obispo Repertory Theatre, the only year-round, nonprofit, professional theatre in San Luis Obispo County, is bringing back “Million Dollar Quartet.” Don’t miss this opportunity to witness “the night that made music history” ... December 4, 1956. Four rock ‘n’ roll icons – Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins – came together for an unforgettable jam session. This production brings that electrifying moment to life with a hit-packed score performed by world-class actors and musicians. This high-energy jukebox musical is a celebration of music history, packed with heart, humor, and pure rock ‘n’ roll magic. Departs: 1:00 p.m./Returns: 5:00 p.m.



April 17-24, 2026 ~ American Heritage



Williamsburg • Mount Vernon. Brochures are available with additional information. Hosted by Collette. ***Reserve early and SAVE!**

\$4549* pp dbl./\$5649* pp sgl.

Join us for an eight-day, seven-night trip. Highlights include Smithsonian Museums • Twilight Monument Tour • Arlington National Cemetery • The Greenbrier Resort (White Sulphur Springs, WV) • Monticello • Colonial

***Note: All return times are approximate.

✈️ 🚌 🚗 🚶 🚶 Travel with us!!! 🚶 🚌 🚗 ✈️



Greetings from the Santa Maria Recreation & Parks Department!

What's Happening in November!

- * **Tuesday, November 4, 1-3:30 p.m. ~ Bunco: Friendsgiving!** – \$3 to play. [Activity #26342]
- * **Wednesdays, November 5 & 12, 1:30-3:30 p.m. ~ Brushes & Beyond** – Join us for a relaxing and inspiring space to explore creativity. It's also a wonderful time to connect with others. [Activity #26343]
- * **Thursday, November 13, 1:30-2:30 p.m. ~ Sweet Treats: Caramel Apple Bark** – Join us for a fun and delicious "Sweet Treats" workshop where participants will make their own caramel apple bark, a crunchy, chocolate-covered twist on a classic fall favorite. Enjoy hands-on creativity, tasty samples, and the perfect treat to share or take home! [Activity #26339]
- * **Tuesday, November 18, 1-3:30 p.m. ~ Bunco: Turkey Fun!** – \$3 to play. [Activity #26344]
- * **Thursday, November 20, 1-3 p.m. ~ Friendsgiving Party** – Don't miss the Mussell Friendsgiving, a celebration where friends gather to eat treats and express gratitude for one another. Join us for a relaxing, laughter-filled afternoon. [Activity #26346]

For more information on City Recreation & Parks Department activities, and/or assistance with their required pre-registration, please visit the **CITY** receptionist desk Monday through Friday from 9 am to 4 pm, or call 805-925-0951, ext. 2207. You may also visit the main office at 615 S. McClelland St or call them at 805-925-0951, ext. 2260.

SANTA MARIA COIN CLUB

ANNUAL COIN & COLLECTABLE SHOW

SATURDAY, NOVEMBER 1, 2025

9:00 AM – 4:00 PM

Elwin Mussell Senior Center, 510 E Park Ave

**FREE
APPRAISALS**

FREE ADMISSION

**COINS
BOUGHT
& SOLD**



**Happy October Birthday:
Margaret Cooper**

**Congratulations
to our October winners:
Mary Harrison - \$30
and Sid Arrellano - \$20**

*Coastal Voices Community Choir
Presents*

'Twas the Night Before ...

Friday,
December 12
7 pm

SAVE
THE
DATE

Saturday
December 13
3 pm

Suggested
Donation: \$15

*St Andrew United Methodist Church
3945 S Bradley Rd, Santa Maria*

NOTE: At the monthly dinner on November 10, the nominating committee will announce the names of the persons who have been nominated for the various board positions for 2026. Then, at the monthly dinner in December, the nominations will be read again, followed by a request for any further nominations from the floor.

If only one person is nominated for each position, members present at the December dinner meeting may vote by a show of hands or a member may ask for a vote of the entire ballot by acclamation. If more than one person is nominated for a single board position, the election will be by written ballot and counted by the Nominating Committee Chairperson. Officers are then installed at the January dinner meeting.

It's time to renew your membership!

**Stop into the Mussell Center from 10 a.m.-2 p.m.
or send your check for \$25 per person
to PO Box 6688, Santa Maria, CA 93456.**

RENEW
MEMBERSHIP

RENEW
MEMBERSHIP

Note: If you send in your renewal by check, please include the full name and phone number of each member. If you want your membership card mailed to you, you **MUST** include a self-addressed, stamped envelope.



Santa Maria Valley Senior Citizens Club

Sadie Hawkins Dance



"Where the women do the tellin' ...
and the men do the doin'!"
Let's have some fun!
Might even have a Marryin' Sam!



Featuring
Riptide Big Band
with Bob Nations
& Mitch Latting



Donna Phillips



plus

Guest Vocalist,
Donna Phillips



FREE

Sunday, Nov. 9, 2025

1:30-4:00 pm

**Dress is
Country
Casual**

Elwin Mussell Senior Center
510 E Park Ave, Santa Maria



For more information, call Judy @ 775 813-5186

Visit RiptideBB.com or find us at Riptide Big Band on Facebook



THE *Community*
FOUNDATION
SAN LUIS OBISPO COUNTY



NOVEMBER 2025



Monday	Tuesday	Wednesday	Thursday	Friday
For more information on any City Recreation & Parks activities, and/or assistance with required pre-registration, please visit the <u>CITY</u> receptionist desk Monday through Friday from 9 am to 4 pm, or call 805-925-0951, ext. 2207. You may also visit the primary office at 615 S. McClelland St, or call them at ext. 2260.				<u>Club Activity</u> <u>Contact Persons:</u> Dup. Bridge ~ Alan 408-499-5333 Beg. Bridge ~ Frank 805-574-3237 Hand & Foot ~ Christel 805-332-3328 Bingo ~ Marlene 805-739-0468
9-4 Billiards* 3 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 4 9 Table Tennis* 9 BYOB* 10:15 Yoga* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Crochet+* 1-3:30 Bunco*	9-4 Billiards* 5 9 Bd. Meeting 9 Dance Fitness* 10 Line Dancing* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30 -3:30 Brushes and Beyond*	9-4 Billiards* 6 9 BYOB* 10:15 Yoga* 12-4 Pickleball* 12:30-3:30 Travel 1p Hand & Foot	9-4 Billiards* 7 9 Dance Fitness* 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games 12:45-3:30 Bingo
9-4 Billiards* 10 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis* 5 Member Dinner	9-4 Billiards* 11 9 Table Tennis* 9 BYOB* 10:15 Yoga* 12-4 Pinochle* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Crochet+*	9-4 Billiards* 12 9 Dance Fitness* 10 Line Dancing* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30 -3:30 Brushes and Beyond*	9-4 Billiards* 13 9 BYOB* 10:15 Yoga* 12-4 Pickleball* 12:30-3:30 Travel 1:30 Sweet Treats*	9-4 Billiards* 14 9 Dance Fitness* 9:30 Foodbank Cooking Class & Food Distribution 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games 12:45-3:30 Bingo
9-4 Billiards* 17 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 18 9 Table Tennis* 9 BYOB* 10:15 Yoga* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Crochet+* 1-3:30 Bunco*	9-4 Billiards* 19 9 Dance Fitness* 10 Line Dancing* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge	9-4 Billiards* 20 9 BYOB* 10:15 Yoga* 12-4 Pickleball* 12:30-3:30 Travel 1p Hand & Foot 1p Friendsgiving Party	9-4 Billiards* 21 9 Dance Fitness* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* 12:45-3:30 Bingo
9-4 Billiards* 24 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 25 9 Table Tennis* 9 BYOB* 10:15 Yoga* 12-4 Pinochle* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Crochet+*	9-4 Billiards* 26 9 Dance Fitness* 10 Line Dancing* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge	Center is Closed 27 Happy  Thanksgiving	28 Mussell Center is closed today!

NOTE: Classes/activities may be changed or canceled by the instructor, city, or Club as needed. Activities with an asterisk* are hosted by the City of Santa Maria Recreation & Parks Department. Advanced registration is required in most cases (see City Receptionist).

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
Vol. 31, Issue 11
November 2025
Monthly Newsletter



Non-profit Organization
US Postage Paid
Santa Maria, CA
Permit No. 161

RETURN SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter



Monthly Membership Meeting
Monday, November 10, 2025



Doors Open: 5 pm / Dinner: 5:15 pm

Turkey, cranberry sauce, stuffing, mashed potatoes and gravy, steamed vegetables, salad, roll, and dessert

Reserve/Pay By: \$20 per person
Friday, Nov. 7

Catered By:
Jovi's Delight



Herb Adams
with the
Maestro Brass Quintet:
Medley of Tunes from the Past



**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 805-349-0688**