

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 1-805-349-0688



November 2021



Carolyn Cabrera

President's Message ~

Get out and enjoy the senior activities the Club and City of Santa Maria Recreation and Parks Department have to offer. Some examples include our monthly Club dinners with informative speakers, bridge, hand and foot, bingo, free exercise programs from Dignity health as well as other exercise classes for a fee, folk dancing, and our once-a-month free dances with the fabulous Riptide Big Band. Refer to the full schedule on page 6.

I had fun talking to the folk dancers one Thursday afternoon. They have quite a history with the Mussell Center. Audrey Silva taught folk dancing at the Center many years ago, and so we now have the Silva I and Silva II rooms named in her honor. You can see her picture displayed on the wall in the room.

Sharing with each other is such an enriching experience. When you see me, stop me, and tell me about your life! I'm interested in learning about YOU! This is something I will surely miss as this is my last year as President. It's time for a new member to step up and take the reigns, as the bylaws limit my service (and the service of our Vice Presidents) to three years. I hope several of you will consider taking your turn to lead our wonderful organization. See page 5 for more information. Call me if you have any questions!

~ Love to you all, Carolyn



TRAVEL OPPORTUNITIES SANTA MARIA SENIOR TRAVEL COMMITTEE



Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

Travelers! We have a wait-list for the Melodrama trip, and a few seats available for the trip to Cambria on December 8. We are wanting to plan a day trip to **Chumash** if enough members express an interest (need 22). Please call or come in and let the committee know you want to go! Feel free to stop in and sign up or share your thoughts any time the travel office is open!!

November 6 ~ Melodrama's "Bride of Frankenstein" Wait List \$54*

We will leave at 12:30 p.m., but we will not be stopping to eat. The trip is full, but we have started a wait list and are still taking names of those interested.



December 8 ~ Cambria Christmas Market & Lights \$46*

We will leave the Center at 3:30 p.m. and plan to leave Cambria at 8 p.m. There is limited availability on the first bus, but we will add a second one **IF** enough people sign up!

***All prices are per person**

Note: All participants must be vaccinated or have a negative COVID test within 72 hours of departure. Masks are required!

2021 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st VP:	Annie Lawrence	805-903-3170	calligrapher.annie@gmail.com
Co-1st VP:	Bruce Rodriguez	805-714-8699	brucerodriguez1951@gmail.com
Co-2nd VPs:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.com
Director of Purchasing:	OPEN ~ Contact Carolyn if you are interested in this position		
Receptionists:	OPEN ~ Contact Carolyn if you are interested in leading this group		
Sunshine:	Simone Gillogly	805-925-6267	[no email]
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	805-925-0951, ext. 2264	bwiley@cityofsantamaria.org



THE SANTA MARIA VALLEY SENIOR CITIZENS CLUB

presents

Open to
the Public!

Featuring the Central Coast's
Favorite Dance Band

RIPTIDE

Big Band

with vocalist Bob Nations!

Celebrate 100 Years!!

Join us in wishing a Happy Birthday to

Dr. Forrest Stoll

Sunday, Nov. 14, 2021

1:30 - 4:00 p.m.

Doors Open at 1 p.m.

Elwin Mussell Senior Center

510 E. Park Ave., Santa Maria

FREE



A dance to honor
Dr. Forrest Stoll
for his 100th birthday!
Lots of dancing
& birthday fun!
Come join us!!!

This program is made possible
with the support of the



Funded with a grant from



20
YEARS of
IMPACT

For more information, please contact
Judy at 775-813-5186, or visit RiptideBB.com
or on Facebook: [@RiptideBigBand](https://www.facebook.com/RiptideBigBand)

Visit our website: smvsc.org

You'll find this month's newsletter on the home page, along with special events and important information. Explore other areas of the site by clicking on various sections in the upper right side, including a calendar of events, senior resources, & past newsletters. Please, be patient as we update the website to reflect the various returning and new club events and city programs in the coming weeks and months. Thank you!



GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

Thank you to everyone who helped make our **2021 Active Aging Week** a success! I heard great feedback about the events all week, and I appreciate all of you who joined in the fun! If you have any pictures to share from the week's events, please email them to me (see below).

Our Active Aging Team for the **2021 Walk to End Alzheimer's** spent the morning of October 2nd walking around Rotary Centennial Park. We added some more team members this year and exceeded our fundraising goal! **We can accept donations until December 31st** in case you want to make a charitable contribution before the end of the year. Thank you to all those who donated money for this worthy cause.

November is going to be a busy month with some fun recreational activities. **Twyla Bohl**, Customer Service Clerk at the Mussell Center, is teaching the monthly Make & Take Craft Classes. She has some special projects planned for the holiday season so drop by the front desk to see samples of the projects. On **November 6th** the City of Santa Maria and PLAY, Inc. are hosting the **Downtown Classic Car Show from 10 a.m. to 3 p.m.** at the Santa Maria Town Center West parking lot. The show includes motorcycles, hotrods, classic cars, lowriders, and even bikes! Admission is FREE! The annual **Turkey Trot Fun Run** returns this year on **November 20th** at Jim May Park, 809 Stanford Drive. A 5K run for ages 14+ starts at 9:00 a.m. and a Kids 1-Mile Fun Run begins at 9:45 a.m. This is a great way to get in shape before the big feast on Thanksgiving!



The annual **Lights, Sights, and Holiday Nights Contest** opens November 15th for nominations of homes within the City limits. To nominate your home or another local home with a beautiful light display, just email the address of the house and up to three pictures of the lights to rpinfo@cityofsantamaria.org. Due to the pandemic, we are not able to offer senior bus tours to see the winning entries. We will have a detailed map of the winners for you to enjoy on your own. The map will be published by December 12th and will be available at the front desk, in the newspaper, and online at cityofsantamaria.org.

The **Christmas in the Country** drive through light display will open again from **November 26-December 26**. Visitors embark on a magical holiday light drive-through experience at the Elks Event Center with displays presented by local businesses and families. Advance ticket sales are available at elksrec.com/p/events/christmas-in-the-country.



Please Note: We need donations of indoor/outdoor Christmas items for the Christmas in the Country event. We will provide a receipt for each donation received. Our wish list includes artificial trees, large size outdoor décor (Santas, candy canes, bells, sleighs, etc.), and working light strings (please test them to be sure).

The clerks at the front desk will have a list of where to enjoy a Thanksgiving meal in case you do not want to cook for the holiday. If you call 805-925-0951 ext. 2207, they will share some meal suggestions in and around Santa Maria. I will be on vacation with my daughters from November 20-28.

Happy Thanksgiving!

Barbara Wiley • Recreation Coordinator • 805-925-0951 ext. 2264 • bwiley@cityofsantamaria.org

RENEW
MEMBERSHIP

It's Time to Renew Memberships for 2022!
Stop into the Mussell Center from 10 a.m.-2 p.m.
or send your check for \$20 per person
to PO Box 6688, Santa Maria, CA 93456.

RENEW
MEMBERSHIP

Note: If you plan to renew in person, just check over your information in the membership binder at the Club receptionist's desk. If all your info is correct, you don't have to fill out a new form!



REGULAR & SUBSTITUTE
 receptionists needed for
 the club at the Mussell Center.

Shifts available:

Weekdays

10 a.m. – 12:00 p.m.

or 12:00 – 2 p.m.

For more information,
 contact Carolyn Cabrera
 at 805-448-0623 or
ccabrera48@verizon.net,
 or leave a message with
 a Senior Club receptionist.



WE 
VOLUNTEERS



PLAY, Inc. Supporting Recreation and Leisure Programs for Families



DOWNTOWN Classic Car SHOW

FREE PUBLIC
ADMISSION

\$500
IN PRIZES
for top show
winners

MOTORCYCLES, HOTRODS,
CLASSIC CARS, LOWRIDERS, AND BIKES!

SATURDAY, NOVEMBER 6, 2021
10:00 AM-3:00 PM

Santa Maria Town Center West Parking Lot
201 Town Center West

LIVE
MUSIC

KIDS
ACTIVITIES



For more information please call the City of Santa Maria Recreation and Parks Department
 at (805) 925-0951 ext. 2260 or visit www.santamariaatplay.org.

All proceeds to benefit People for Leisure And Youth, Inc.
 All Santa Barbara County Health guidelines will apply.



Santa Maria Valley Senior Citizens Club

MISSION: Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

The Mussell Center is open from 8:00 a.m. – 4:00 p.m., Monday – Friday. Please enter the building during these hours only, unless there is a special event. Thank you! ~ Rec & Parks

2022 BOARD MEMBERS NEEDED!

PRESIDENT

GENERAL DUTIES OF THE POSITION:

- ⊙ Preside at all regular and special meetings of general membership and the board.
- ⊙ Appoint Chairpersons of all committees subject to the approval of the board.
- ⊙ Work with the city's Recreation Coordinator in reserving rooms for club activities throughout the year and ensure that these activities run smoothly.
- ⊙ Make sure bills are paid in a timely manner.
- ⊙ Responsible for handling grievances with the assistance of the board.

2ND VICE PRESIDENT

GENERAL DUTIES OF THE POSITION:

- ⊙ Attend monthly membership and board meetings, and assume the duties of the 1st Vice President in his/her absence.
- ⊙ Secure food/hire caterers and recruit speakers/programs for the monthly membership dinner meeting and other social events as needed.

1ST VICE PRESIDENT

GENERAL DUTIES OF THE POSITION:

- ⊙ Attend monthly membership and board meetings, and assume the duties of the President in his/her absence.
- ⊙ Act as the Chairperson of the Monthly Membership Dinner Committee, assisting with set-up/decorating, serving, clean-up.
- ⊙ Recruit members of the club to serve on the Membership Dinner Committee.

DIRECTOR OF PURCHASING

GENERAL DUTIES OF THE POSITION:

- ⊙ Attend monthly membership and board meetings.
- ⊙ Purchase supplies for monthly dinner, the receptionist area, club office, and kitchen/pantry area, and keep areas stocked.
- ⊙ Maintain and update president's plaque.

Additional positions may be open. If interested in serving on the board, please contact a member (see page 2).

WE NEED YOU TO SERVE!

Discover your next calling! The City is now hiring lifeguards and swim instructors at the Paul Nelson Aquatic Center!



CITY OF SANTA MARIA
Recreation & Parks
Department

LIFEGUARD HIRING AND TRAINING

**DISCOVER YOUR
NEXT CALLING**

Retired and enjoy the water?
We are now hiring lifeguards
and swim instructors at the
Paul Nelson Aquatic Center!

**COME MAKE A DIFFERENCE IN
A FUN AND EXCITING ENVIRONMENT!**

- American Red Cross Lifeguard Training and Star Fish Swim Instructor Certification provided at no cost.
- Lifeguard Training Requirements:
 - Swim 300 yards continuously
 - Tread water for 2 minutes, using only legs
 - Surface dive to depth of 9 feet to retrieve a 10-pound object and return to surface
- Flexible morning and daytime hours available.
- Positions start at \$15.39 hourly
- Free access to Lap Swim and Abel Maldonado Fitness Center.

Contact:

Recreation and Parks Department
rpinfo@cityofsantamaria.org
(805) 925-0951 ext. 2260

November 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-3:45 Pool* 1 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge 5 pm Monthly Membership Meeting	2 9-3:45 Pool* 9-10 BYOB*§ 10:15-11:15 Yoga*§	3 9 Exec. Bd. Meeting 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction	4 9-3:45 Pool* 9-10 BYOB*§ 10:15-11:15 Yoga*§ 11-12- Forever Young Band 2-3:45 Folk Dancing	5 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo
8 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge	9 9-3:45 Pool* 9-10 BYOB*§ 10:15-11:15 Yoga*§ 1-4 Double-Deck Pinochle	10 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 1-4 Beginning Bridge & Instruction	11 9-3:45 Pool* 9-10 BYOB*§ 10:15-11:15 Yoga*§ 11-12- Forever Young Band 1-4 Progressive Hand and Foot	12 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo
15 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge	16 9-3:45 Pool* 9-10 BYOB*§ 10:15-11:15 Yoga*§	17 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction 1-3 Book Exchange	18 9-3:45 Pool* 9-10 BYOB*§ 10:15-11:15 Yoga*§ 11-12- Forever Young Band 2-3:45 Folk Dancing	19 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo
22 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge	23 9-3:45 Pool* 9-10 BYOB*§ 10:15-11:15 Yoga*§ 1-4 Double-Deck Pinochle	24 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 1-4 Beginning Bridge & Instruction	25 	26 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo
29 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge	30 9-3:45 Pool* 9-10 BYOB*§ 10:15-11:15 Yoga*§	*City of Santa Maria Recreation & Parks Department Program §Participants must pre-register at Rec. & Parks Department. No walk-ins allowed.	Please note that all activities listed here are subject to change. If you are aware of any event missing or needs to be correct- ed, please contact Laura Selken.	Contacts Book Exchange: 805-354-0388 Bridge: (Alan) 408-499-5333 Folk Dancing: 805-925-5429

Happy November Birthday!

David Garcia	1
Sandra Krewski	1
Dave Carey	4
Sue Cavenagh	4
Cindy Cozart	5
Diana Dodos	5
Connie Van Belleghem	5
Barbara Centeno	6
Jerry Lamphier	6
Karen Mayes	7
Marjorie Kraft	8
Betty Moritsch	10
Jadine Roinestad	11
Dee Sinor	13
Judy Lindquist	15
Edna Breazeale	16
Evalyn France	16
Sonja Gerfen	17
Betty Small	17
Vahnita Vasquez	17
Dawn Kamiya	19
Madeline Permasse	26
Jackie Brunello	27
Steve Hopkins	27

Happy November Anniversary!

John & Marlene Medeiros	3
Steve & Joanne Hopkins	28

New & Rejoining Members:

Karen Josephsen
Floyd & Adela Klotthor
Margie Kraft
Pat Park
Jackie Taylor
Charles Whitford



Sunshine Corner

Get Well Soon ...

Bruce Rodriguez



Please contact Simone (805-925-6267) about any members or their loved ones who should be sent a get well, thinking of you, or sympathy card. Note: when you call her, please leave your name and number.

In Sympathy to ...

Eileen Blair
whose husband,
Bob Blair, passed,
and

Ofelia Tise
whose husband,
George Tise, our
Director of Purchasing,
passed away.



It's Time to Renew Memberships!

Happy October Birthdays!



Margaret Cooper & Alan Eft

❶ If a birthday/anniversary listed here is incorrect, or if your name and special day is not listed, please contact Laura at laura.selken@gmail.com or 805-406-9989.

❶ Note: only couples who are both members of the Club will have their anniversary listed. Please, notify Laura of any errors or additions.

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
Vol. 27, Issue 11
November 2021
Monthly Newsletter



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RETURN SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter



Monthly Membership Meeting
Monday - November 1



Doors Open: 5 p.m. - Dinner: 5:15 p.m.

Turkey, cranberry sauce, stuffing, mashed potatoes, steamed veggies, salad, rolls, and pumpkin spice cake

Reserve/Pay by:
Friday - Oct. 29

\$15 per person

featuring

José Gaytan with the

Santa Maria Public Library

Catered by:
Jovi's Delight



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454
805-349-0688