

# The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club  
510 East Park Avenue, Santa Maria, CA 93454

[www.smvsc.org](http://www.smvsc.org)

[smvseniors@gmail.com](mailto:smvseniors@gmail.com)

1-805-925-0951 ext. 2207



## November 2018



**Christel Kurth**

Dear Fellow Members,

The September dance was a huge success. The staff had to bring in extra chairs to accommodate the crowd. It is nice to see that so many of you enjoy the dancing or just listening to the great sounds of the **Riptide Big Band**.



Our October Membership Dinner was well attended, and the individual chicken pot pies that **Jovi's Delight** prepared for us were superb.

For November's monthly dinner we will have a complete turkey dinner with all the trimmings. However, the price for the **Thanksgiving Dinner** as well as the **Christmas Dinner** will be **\$15.00 each**. Also beginning in November, we will start the Monthly Membership Meeting at **5 o'clock** and serve at 5:30 p.m. (Note: the price will return to the normal \$10 fee in January.)

Hope you all have had your flu shot for this season. It was nice that Rite-Aid offered them at our Mussell Center during Active Aging Week, and some of you got some of your Christmas shopping done at the Pop-Up Shop that week, too!

As we have stated for the past couple of months, the Santa Maria Valley Senior Citizen Club unfortunately needs to raise the annual dues from \$15 to \$20. The rising cost of printing, postage, insurance, and supplies forced the Board to make this decision. Official notice of the bylaw changes was provided in the October newsletter, so we will vote on November 12, providing a 30-day notice.



As the year winds down, we are actively looking for members who are willing to **take a position on our 2019 Board of Directors**. If you are the kind of person that wants to give something back to your community, I would like to hear from you. Perhaps you had experience in your life before retirement that would make you the ideal person. The Board meets once a month for one hour or occasionally 1½ hours. You are also requested to take part in our monthly membership dinners. The nice part of being on the Board is you meet new people and you have some fun, too. It is **not** hard work and the present Board will train you. And that's about it! If interested or would like more information, please give me a call at 805-332-3328!

## Happy Thanksgiving!!

~ At your service,  
*Christel Kurth, President*

## Santa Maria Valley Senior Citizens Club Central Coast Active Adults! Our Mission:

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest.

We provide fun and interesting activities, opportunities, and information.

We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

## 2018 Officers & Committee Chairpersons

President:	Christel Kurth	805-332-3328	kurth1313@comcast.net
1st Vice President:	Carolyn Cabrera	805-925-0769	ccabrera48@verizon.net
2nd Vice President:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Jason Schellas	805-354-0083	jschellas@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Member-at-Large:	Vicki McCulloch	805-287-9773	vicki.mcculloch@gmail.com
Newsletter Editor:	Laura Selken	805-406-9989	laura.selken@gmail.com
Receptionists:	Diane Bentley	805-925-0951	Extension 2207
Statistics & Reports:	Charlotte Gaskill	805-934-2607	
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org



# "Moon Dance"

*Dance to some of the great "Moon" tunes!*

## Sunday, November 4, 2018

### 1:30 - 4:00 p.m.

*Elwin Mussell Center ~ 510 E. Park Ave., Santa Maria*

Featuring

**FREE**







with vocals by  
**Bob Nations**





*Sponsored by the Santa Maria Valley Senior Citizens Club  
and funded with a grant from*



This program is made possible  
with the support of the



For more information, please contact Judy at 775-813-5186

**RiptideBB.com or Riptide Big Band on Facebook**



Did you know that there is **FREE** Wi-fi available for your use at the Mussell Center?? You can easily connect your laptop, tablet or smartphone! The password is: AllAmericaCity! [*Made possible by YOUR Club!!!*]







## TRAVEL OPPORTUNITIES

### SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

**FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH!**

**NOVEMBER 5** IS THE NEXT “FIRST DAY SALE” DATE. DOORS WILL OPEN AT 8:30 A.M. WITH THE SALE BEGINNING ABOUT 9 A.M. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. THE FOLLOWING TRIPS WILL BE ON SALE **Nov. 5:**



**December 6 ~ Cambria Christmas Market and dinner**

**\$41**

We are taking a trip again this year to see the Cambria Christmas Market where you'll enjoy the lights, booths, and entertainment at this time-honored tradition. Price is for **TRANSPORTATION ONLY**. (*Dinner will be on your own.*) Limited to the first 20 people to pay for their seat, so come to “first day sales” to reserve your spot. Leave: 3 p.m./Return 8:30 p.m.

**November 20-23 ~ Wonder Valley Resort**

**\$500\* DbL, \$650\* Sgl.**

There are still seats available for the Wonder Valley trip. Payment deadline has been extended. Wonder Valley Resort & Conference Center has a wide variety



of activities available to pick and choose from, including fishing, boating, swimming pools, a jacuzzi, walking, bicycling, horseback riding and hayrides, campfires, horseshoes, archery, bingo, and so much more! What a great way to spend your **Thanksgiving** ~ with **NO COOKING!! ALL MEALS INCLUDED!!** Enjoy a comfortable resort-style room or country cottage with all the amenities, including satellite television and Wi-Fi. Contact the Travel Office for more details.

**UPCOMING TRIPS (AVAILABILITY VARIES ~ CHECK WITH THE TRAVEL OFFICE):**

**October 28-31 ~ Laughlin, NV**

**Wait List**

**\$170\* DbL, \$205\* Sgl.**

We will be staying at the Edgewater Casino Resort. They are under new management with many positive changes. They now have coffee pots in the rooms, as well as free Wi-Fi. Many of the rooms have been renovated. One pizza lunch and one buffet meal is included. Prices are going up in Laughlin, but we were able to get a good deal here.

**May 30-June 3, 2019 ~ Spotlight on New York City**

**\$3099\* DbL, \$3949\* Sgl.**

Trip includes an extensive tour of New York City while staying in a single hotel for the duration. Two Broadway shows are on the itinerary, as well as a ferry cruise of the harbor, shopping, dining, and many of the City's famous landmarks. There is an “add-on” to experience Greenwich Village for \$85. Don't miss this great opportunity to see New York up close and personal.



**\*All prices are per person**

## HELP WANTED - PLEASE THINK ABOUT IT ...



The **TRAVEL COMMITTEE** is still searching for a new **CO-CHAIR** as Kathy Doty would like to step down from her position. If anyone has experience in working with transportation companies, travel agencies, or touring businesses, or anything similar, we would love to talk to you! If you know of **anyone** who might be interested, including non-members, give the tour office a call.



Check out our Facebook page: “[Santa Maria Senior Travel](#)”





## GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

This month we are pleased to welcome a Health Insurance Counseling and Advocacy Program (HICAP) representative to the Mussell Center **Tuesday, November 6, at 2:00 p.m.** for a presentation on Medicare Open Enrollment Changes for 2019. HICAP is a volunteer-supported program that helps Medicare beneficiaries of any age make informed choices and provides advocacy when their health care benefits and rights are threatened or denied. **To RSVP or request additional information, contact CentralCoastSeniors.org or call them directly at 805-928-5663.**

Also, this month we will host the second of three informative workshops for anyone who would like to know more about Alzheimer's disease and related dementias. Don Bock will be at the Mussell Center speaking on behalf of the Alzheimer's Association on Tuesday, November 13, from 2-3 p.m. To RSVP, please contact him at 805-272-3900.

Unfortunately, the Celebration of Life Luncheon has been cancelled for 2018. However, it may be scheduled in the future.

Thank you to everyone who helped make our 2018 Active Aging Week a success! I heard great feedback about the Arts and Crafts Pop Up Shop, and we may do that again. If you have any pictures to share from the week, please send them to me at [bwiley@cityofsantamaria.org](mailto:bwiley@cityofsantamaria.org).

We will have some free fall activities in the lobby all month so I hope you'll take time to participate. The receptionist in our lobby will have a list of places serving Thanksgiving meals. If you'd rather not cook, she will give you some suggestions on where to dine ***in addition to your "first" choice ~ the Senior Club's Monthly Membership Meeting!***

Note: I'll be on vacation with my daughters the week of Thanksgiving, November 17-25.

In this season of thanks, I want to thank each of you because you make the Elwin Mussell Senior Center such a positive place to be! ~ **Barbara Wiley, Recreation Coordinator**

## Concerned about your memory?

On-Going Workshops for Elwin Mussell Senior Center

**This comprehensive series provides  
free monthly educational opportunities to  
learn more about memory.**

**Join us for three FREE classes just for  
Elwin Mussell Senior Center**



**Nov 13  
2-3pm**

**The Basics: Memory loss, Dementia, and Alzheimer's**

**Presenter:** Don Bock

**Description:** A workshop for anyone who would like to know more about Alzheimer's disease and related dementias.

To RSVP or for more information please call

**800.272.3900**

# Learn about Changes to **MEDICARE** OPEN *Free Unbiased Seminar* Enrollment

Be informed about...

- Part D Prescription Drug Plans
- Understanding the changes in premiums, copayments, deductibles and formularies
- New Medicare Advantage Plans
- How you can save money

Two Sessions:

Elwin Mussell Center

**Tuesday, November 6 ~ 2 p.m.**

↑ RSVP to 805-928-5663 ↑

**Monday, November 12 ~ 5:30 p.m.**

(Monthly Membership Meeting)



**Ask HICAP**

HICAP provides information & counseling about Medicare so you can make informed decisions. We do not sell anything.

**HICAP**  
Health Insurance  
Counseling and  
Advocacy Program

Local help for people on Medicare

For information and to RSVP Online  
**CentralCoastSeniors.org**  
or call **(805) 928-5663**



Area Agency on Aging  
San Luis Obispo and Santa Barbara Counties

This project was supported, in part by grant number 9054PG0052-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living Policy.



# November 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
<b>Cost</b> <b>Bingo: 50¢/card</b> <b>Bunco: \$3/day</b> <b>BYOB: \$27/mo.+</b> <b>Chairobics: \$19/mo.+</b> <b>Folk Dance: (Mon.) \$15.50/mo.+</b> <b>Yoga: \$19/mo.+</b> <b>Zumba Gold: \$27/mo.+</b> <b>+Santa Maria Residents (non-residents higher)</b> <b>\$Must Register In Advance!!</b>		<b>Community Action Commission Lunch Monday - Friday 11:30 a.m.</b> <b>MUST call &amp; make reservation at least 24 hours in advance</b> <b>1-805-925-3010</b>	<b>1</b> 9-3:45 Pool* 9-10 BYOB*§ <b>ESTER IS BACK!!!</b> 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	<b>2</b> 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	<b>3</b> 9-12 Pool* 9 am-1 pm Duplicate Bridge
9-3:45 Pool* <b>5</b> 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	<b>6</b> 9-3:45 Pool* 1:30-4 Bunco* 	<b>7</b> 9-3:45 Pool* <b>9 Exec. Bd. Meeting</b> 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet* 1-4 Beginning Bridge	<b>8</b> 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	<b>9</b> 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	<b>10</b> 9-12 Pool* 9 am-1 pm Duplicate Bridge
9-3:45 Pool* <b>12</b> 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge <b>5:30 Monthly Membership Mtg.</b> 7-9 pm Folk Dance*§	<b>13</b> 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	<b>14</b> 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	<b>15</b> 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	<b>16</b> 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	<b>17</b> 9-12 Pool* 9 am-1 pm Duplicate Bridge
9-3:45 Pool* <b>19</b> 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	<b>20</b> 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	<b>21</b> 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* <b>NO BOOK EXCHANGE</b> 1-4 Beginning Bridge	<b>22</b> <b>Happy Thanksgiving</b> 	<b>23</b> 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	<b>24</b> 9-12 Pool* 9 am-1 pm Duplicate Bridge
<b>26</b> 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	<b>27</b> 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	<b>28</b> 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	<b>29</b> 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	<b>30</b> 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	<b>Classes may be canceled by the instructor or City as needed</b>

**Activity Contact Persons:** Book Exchange ~ Jane Bringley (1-805-937-8859)

Duplicate Bridge ~ 1-805-937-5691 (Mondays) ~ 1-805-922-5000 (Thursdays) ~ 1-805-925-6350 (Sat.)

Pinochle ~ 1-805-934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ Betty Anthony (805-925-5429)

\* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

## November Birthdays

David Garcia	1-Nov
Sandra Krewski	1-Nov
Annie Thorvilson	1-Nov
Ciela Hernandez	3-Nov
Neil Kearney	3-Nov
Dave Carey	4-Nov
Rose Ograin	4-Nov
Duane Campbell	5-Nov
Cindy Cozart	5-Nov
Diana Dodos	5-Nov
Chris Oberg	5-Nov
Carol-Lee Cahill	6-Nov
Barbara Centeno	6-Nov
Jerry Lamphier	6-Nov
Jerri Gantenbein	10-Nov
Betty Moritsch	10-Nov
Brenda Werbelow	10-Nov
Jadine Roinestad	11-Nov
David Lawler	12-Nov
Taka Sears	13-Nov
Dee Sinor	13-Nov
Audrey Nash	14-Nov
Judy Lindquist	15-Nov
Edna Breazeale	16-Nov
Evalyn France	16-Nov
Sonja Gerfen	17-Nov
Betty Small	17-Nov
Vahnita Vasquez	17-Nov
Dawn Kamiya	19-Nov
Frances Bryant	22-Nov
Rachel Buckley	22-Nov
Shirley Evenson	22-Nov
Barb Snyder	24-Nov
Olive Houston	26-Nov
Madeline Permasse	26-Nov
Jackie Brunello	27-Nov
Steve Hopkins	27-Nov
Kenneth Eaton	28-Nov
Linn Henry	28-Nov
Russ Lindquist	28-Nov
Maria Martinez	29-Nov
Ron Secrease	29-Nov
Don Newman	30-Nov
Lydia Vose	30-Nov

## November Anniversaries

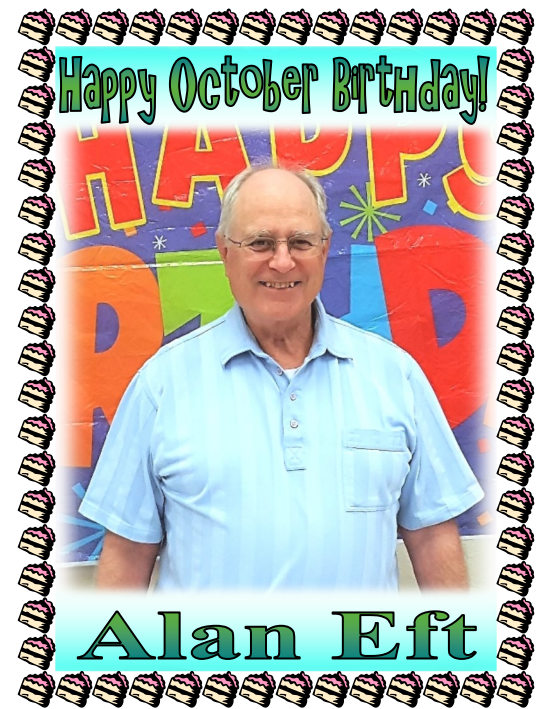
Bill & Jeanne Roemling	1-Nov
John & Marlene Medeiros	3-Nov
Bob & Debbie Davis	6-Nov
Don & Bonnie Newman	7-Nov
Ed & Jean Letman	16-Nov
Jim & Karen Moore	17-Nov
Al & Stella Palomo	23-Nov
Steve & Joanne Hopkins	28-Nov



Visit our New & Improved Club website!

[smvscc.org](http://smvscc.org)

You'll find the current newsletter on the home page, along with special events and/or time sensitive information. To research other areas, simply click on the names of the different sections in the upper right area: **Activities Calendar, Special Events, Travel Opportunities, Senior Resources, & Newsletters.**



**Alan Eft**

# Sunshine Corner

**Get Well Soon ... Mary Jane Niccoli**

**Thinking of You ... Beth Shurtleff**

**Sympathy to ...**

**the family of Angelica S. Lucero**

*Please contact Simone (925-6267) about any members or their loved ones who need a get well, thinking of you, or sympathy card sent to them. Note: when you call her, please leave your name and telephone number in case she needs to call you back.*

**Note: There will be NO Book Exchange this month.**

## WELCOME New Members

- Steve Ellis
- Jaramillo Fatima
- Mary Gorman
- Donna Kuzminski
- Alfred Look
- Valerie Schubert
- Kay Watkins

If your birthday or anniversary is not listed or inaccurate, please contact Laura at 805-406-9989 or [laura.selken@gmail.com](mailto:laura.selken@gmail.com).

(Please note: only couples where both are members have anniversary listed.)

SMV SENIOR CITIZENS CLUB  
PO BOX 6688  
SANTA MARIA, CA 93456-6688  
Vol. 24, Issue 10  
November 2018  
Periodical

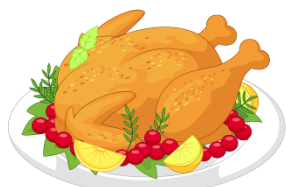


Non-profit Organization  
US Postage Paid  
Santa Maria, CA  
Permit No. 161

CHANGE SERVICE REQUESTED

# **The Mussell Messenger**

## **Santa Maria Valley Senior Citizens Club Newsletter**



### ***Monthly Membership Meeting Monday, November 12***

***DOORS OPEN: 5:00 P.M. / DINNER: 5:30 P.M.***

**Full Turkey Dinner with all the trimmings!**

***Reserve & Pay by 2 p.m.  
Friday, November 9!***

***\$15 per person  
featuring***

***Catered By  
Jovi's Delights***

**HICAP Presentation:  
Medicare Updates &  
Enrollment Information**



**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,  
Santa Maria, CA 93454      925-0951, Ext. 2207**