

# The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 805-349-0688



## October 2025



### President's Message ~

#### TIME OFF!



Carolyn Cabrera

I took some time off from the routine of life: an adventure to the Northwest to areas where I was raised – Idaho and Washington – to spend time with family. Travel is one reward for living longer and not having to work at a job anymore. It was good for the soul ... but also challenging to be patient and caring when around a difficult personality. I've learned that I can tolerate it for a short while and then keep going. I sure missed my two cats, but my friend took very good care of them. I looked forward to seeing you all upon my return

and am glad to be back. If any of YOU choose to take some "time off" in the not too distant future ... I wish happy trails to you!

Our next dinner will be on **Monday, October 13**, featuring Shelly Klein, the director and curator of the **Santa Maria Valley Historical Society Museum**. She will be speaking to us about the town of Betteravia and the Union Sugar factory. The menu includes cheese/chicken enchiladas, rice, beans, salad, and dessert. Remember, your **PRE-PAID** reservations will be due by **Friday, October 10, at Noon**. Please be sure to make and pay for your reservations **in advance**, rather than just "showing up" that evening. We need an accurate head count, so that we can order the correct amount of food. Thanks for your cooperation.

**Riptide Big Band** is playing the day before with an Hawaii-themed event! Don't miss our guest dancer, Yuka Freeman! Get ready to hula on **Sunday, October 12, from 1:30 to 4 p.m.** at the Mussell Center. This event is open to the public and **FREE**, thanks to the generous grant from the Community Foundation of San Luis Obispo County! Invite your neighbors and friends!

Speaking of your neighbors and friends, invite them to join our club! Through the end of October, they may join for the remainder of the year for \$15. Beginning November 1st, they are able to join for the remainder of the year and all of 2026 for \$25 (that's **two months FREE**). As a reminder, we do accept credit cards, but in order to help cover the cost of fees, we currently charge \$1 extra. Thank you for your understanding!

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## Santa Maria Valley Senior Citizens Club Central Coast Active Adults!

**MISSION:** Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

## 2025 Officers & Committee Chairpersons

President	Carolyn Cabrera	805-448-0623	<a href="mailto:ccabrera0048@gmail.com">ccabrera0048@gmail.com</a>
1st VP	Jolene Simons	805-266-8767	<a href="mailto:jsimons93309@gmail.com">jsimons93309@gmail.com</a>
Co-2nd VPs	Ray & Alice Torres	805-931-0305	<a href="mailto:pelon@charter.net">pelon@charter.net</a>
Treasurer	Liz Regulski	[contact Carolyn or Laura with questions]	
Recording Secretary	Christel Kurth	805-332-3328	<a href="mailto:kurth1313@comcast.net">kurth1313@comcast.net</a>
Corresponding Sec.	Laura Selken	805-406-9989	<a href="mailto:laura.selken@gmail.com">laura.selken@gmail.com</a>
Member at Large	Liz Reynertson	661-317-2893	<a href="mailto:ereynert@gmail.com">ereynert@gmail.com</a>
Travel	Nancy Andersen	805-260-9896	<a href="mailto:nbandersen1981@gmail.com">nbandersen1981@gmail.com</a>
Sunshine	Teri DeAngelo	805-698-6478	<a href="mailto:teriangelo@gmail.com">teriangelo@gmail.com</a>

### Recreation and Parks Department Staff & Phone Numbers:

Program Specialist	Cynthia Rodriguez	805-925-0951, ext. 2207
Recreation Technician	JoDee Klug	805-925-0951, ext. 2207



**Recreation & Parks Receptionist 805-925-0951, ext. 2207**

Recreation & Parks Dept. Primary Office 805-925-0951, ext. 2260 (615 S. McClelland St.)

## HAPPY OCTOBER BIRTHDAY!

Laverne Venable	2	Loretta Marsh	19
Floyd Snyder	4	Carol Schalla	20
Pat Bobzin	6	Stephen Watson	21
Sarah Cortez	6	Alice Watson	23
Maggie Tonascia	6	Sharon McConnell	25
Margaret Cooper	7	Carolyn Hicks	26
Gloria Stephens	9	Joyce Turner	27
Gilbert Barreto	11	Janice Battles	29
Virginia Serna	14	Joan Casey	29
Alan Eft	16	Sherry Loomis	30
Gayle Provost	17	Loly Lorenzo	30

## HAPPY OCTOBER ANNIVERSARY!

Leroy & Jackie Jones ~ October 5  
 Bob & Donna Viadella ~ October 5  
 Joe & Helen Razo ~ October 9  
 Joe & Martha Santana ~ October 15  
 Glenn & Janice Battles ~ October 30

## WELCOME

## NEW & RETURNING

## MEMBERS!

Ramona Aguiar  
 Patty Blythe  
 Gilbert Barreto  
 Jackie France  
 Jenny Meza  
 Mary Miller  
 Debbie Montijo  
 Gayle Provost



  
**Sunshine Corner**  
**Get Well Wishes to ...**  
**Doris McIntyre**

*If you know of any members of our club who are in need of a "get well," "thinking of you," or a sympathy card sent to them, **please** contact **Teri DeAngelo** at [teriangelo@gmail.com](mailto:teriangelo@gmail.com) or **805-698-6478**. She would rather be told twice than not at all!*



# TRAVEL OPPORTUNITIES

## Santa Maria Senior Travel Committee



Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688



### October 30 ~ Candlelight Concert Tribute to Adele, Santa Barbara \$75

Don't miss this mesmerizing and unique performance by a string quartet playing some of Adele's most powerful songs in an intimate, candlelit atmosphere at the Music Academy of the West. Dinner will be on your own at the Santa Barbara Public Market. Departs: 3:00 p.m./Returns: 9:30 p.m.

### November 20 ~ "Cinderella" ballet at Clark Center, Arroyo Grande \$80

Step into the magical world of Cinderella with this dazzling production by the World Ballet Company. Be amazed as they bring the beloved fairy tale to life with 40 international dancers, wearing radiant, hand-sewn costumes! Join us for an unforgettable journey of magic, beauty, and the promise of "happily ever after." Departs: 6:00 p.m./Returns: 9:00 p.m.



### December 10 ~ Cambria Christmas Lights/Market \$60



The Cambria Christmas Market features more than two million twinkling lights with artisan vendors, cozy fire pits, live music, delicious food & drink, and much more. Cost includes bus and entry into the Lights/Market; dinner on your own. Limited seats available. Departs: 4:00 p.m./Returns: 9:30 p.m.

### April 17-24, 2026 ~ American Heritage \$4549\* pp dbl./\$5649\* pp sgl.

Join us for an eight-day, seven-night trip. Highlights include Smithsonian Museums • Twilight Monument Tour • Arlington National Cemetery • The Greenbrier Resort (White Sulphur Springs, WV) • Monticello • Colonial Williamsburg • Mount Vernon. Brochures available. Hosted by Collette. **\*Reserve early and SAVE!**



### February 15, 2026 ~ Million \$ Quartet \*\*\* SAVE THE DATE \*\*\*\* Back by popular demand! Watch for details coming soon!

\*\*\*Note: All return times are approximate.

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# Greetings from the Santa Maria Recreation & Parks Department!

## What's Happening in October!

Hello everyone! Hope y'all enjoyed our summer activities as much as we did. We are excited to announce some of the fun learning opportunities we have for this fall! (Ask the City receptionist for help with registration, if needed!)

\* **Monday-Friday, October 6-10 ~ Active Aging**

**Week** – Active Aging Week is celebrated nationwide. Come join us and learn the benefits of having a more active, healthy lifestyle. Experience wellness activities and exercise in a safe, friendly, and fun atmosphere. See the City receptionist for more information!



- \* **Wednesdays, October 1 & 8, 1:30-3:30 p.m. ~ Brushes & Beyond: Mask & Splash** – This month's artwork features two expressive birds perched on a wire. [Activity #25818]
- \* **Thursday, October 9, 1:30-2:30 p.m. ~ Sweet Treats: Mini Pumpkin Pie Cheesecake** – If you love cheesecake, then you will love making these mini but full-of-flavor cheesecakes! [Activity #25819]
- \* **Tuesday, October 21, 1-3:30 p.m. ~ Bunco: BOO!** – Join us for some *Bootastic Bunco Fun*! Roll the dice and have fun at our Halloween-themed bunco game. Don't forget to wear your favorite Halloween spirit gear! \$3 to play. [Activity #25820]
- \* **Thursday, October 23, 1-2 p.m. ~ Lotería** – Join us for a game of lotería! Get ready to party as we play this classic game. Dress in your favorite Halloween spirit gear! [Activity #25825]
- \* **Thursday, October 23, 2:30-4:30 p.m. ~ Mussell Cinema: "Secondhand Lions"** – Join us at Mussell Cinema and enjoy the drama and comedy of "Secondhand Lions"! A shy adolescent boy (Haley Joel Osment) is taken by his greedy mother (Kyra Sedgwick) to spend the summer with his two hard-boiled great-uncles (Robert Duvall and Michael Caine). Popcorn and light refreshments will be provided! Doors open at 2:15 p.m. [Activity #25824]

For more information on City Recreation & Parks Department activities, and/or assistance with their required pre-registration, please visit the **CITY** receptionist desk Monday through Friday from 9 am to 4 pm, or call 805-925-0951, ext. 2207. You may also visit the main office at 615 S. McClelland St or call them at 805-925-0951, ext. 2260.



Happy September Birthdays:  
Mavis Deparini, George Moore, Liz Reynertson, Carolyn Cabrera, & Jose Luis Quintero

## Congratulations to our September Winners: Gilbert Barreto ~ \$35 & Diane Gomes ~ \$25 2026 Board Members needed!

We need new, fresh voices to serve on the board. Could that be you? Below are the **highlight** of duties of the **1st Vice President**, **2nd Vice President**, and **Corresponding Secretary** (posting a second time due to the urgency in filling it). Look them over and see which one **YOU** could do! For more details of these positions, contact the board member listed on page 2. If you are invited to serve on the board, please say, "YES!!" Better yet, reach out and **STEP UP NOW!!** As we have stated in the past, these and the other positions described briefly in the September issue (**President**, **Recording Secretary**, **Treasurer**, and **Member At Large**) can be shared by more than one person. Plus, the current board members are more than willing to help you with leaning and managing the positions in the coming year!

### 1st Vice President

- ⊙ Attend board meetings, as well as the monthly membership dinners, and assume the duties of the President in his/her absence at either one.
- ⊙ Act as the Chairperson of the Monthly Membership Dinner Committee, assisting with set-up, decorating, serving, and clean-up.
- ⊙ Recruit members of the Club to serve on the Membership Dinner Committee.

### 2nd Vice President

- ⊙ Secure the meal and guest speaker or entertainment for the monthly membership dinners.
- ⊙ Assist with the monthly membership dinner where needed, including checking in attendees, helping the guest speaker, serving the dinner, helping clean up, etc.
- ⊙ Take picture of the members celebrating their birthdays at the monthly membership dinner and send to newsletter editor.

### Corresponding Secretary

- ⊙ Create, edit, and distribute the monthly newsletter via mail and email.
- ⊙ Maintain the membership database; distribute as needed.

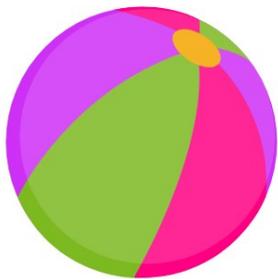
*[This position **WILL** become vacant in the new year! Unless someone steps up to take it, there will be no newsletter! After nine years, Laura is ready to turn over the position to someone new - but very willing to help and guide anyone willing to learn!!!]*



# Santa Maria Valley Senior Citizens Club

presents

FREE



# Hawaii In October!!!

**Sunday, October 12**

**1:30pm - 4:00pm**

Elwin Mussell Sr. Center  
510 E Park Ave, Santa Maria

with Guest Dancer – Yuka Freeman



Dress Hawaiian, learn to hula, and just enjoy some great dance band music!!! More info: Judy 775-813-5186





# October 2025



Monday	Tuesday	Wednesday	Thursday	Friday
		9-4 Billiards* <b>1</b> <b>9 Bd. Meeting</b> 9 Dance Fitness* 10 Line Dancing* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b> <b>1:30 -3:30 Brushes and Beyond*</b>	9-4 Billiards* <b>2</b> 9 BYOB* 10:15 Yoga* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1p Hand &amp; Foot</b>	9-4 Billiards* <b>3</b> 9 Dance Fitness* 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games <b>12:45-3:30 Bingo</b>
9-4 Billiards* <b>6</b> 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* <b>7</b> 9 Table Tennis* 9 BYOB* 10:15 Yoga* <b>12:30-3:30 Travel</b> 1 Grief Support* 1-3 Knit, Crochet+* 1-3:30 Bunco*	9-4 Billiards* <b>8</b> 9 Dance Fitness* 10 Line Dancing* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b> <b>1:30 -3:30 Brushes and Beyond*</b>	9-4 Billiards* <b>9</b> 9 BYOB* 10:15 Yoga* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1:30 Sweet Treats*</b>	9-4 Billiards* <b>10</b> 9 Dance Fitness* <b>9:30 Foodbank Cooking Class &amp; Food Distribution</b> 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games <b>12:45-3:30 Bingo</b>
9-4 Billiards* <b>13</b> 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-3 Knit, Crochet+* 1:30 Table Tennis* <b>5 Member Dinner</b>	9-4 Billiards* <b>14</b> 9 Table Tennis* 9 BYOB* 10:15 Yoga* 12-4 Pinochle* <b>12:30-3:30 Travel</b> 1 Grief Support* 1-3 Knit, Crochet+*	9-4 Billiards* <b>15</b> 9 Dance Fitness* 10 Line Dancing* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b>	9-4 Billiards* <b>16</b> 9 BYOB* 10:15 Yoga* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1p Hand &amp; Foot</b>	9-4 Billiards* <b>17</b> 9 Dance Fitness* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* <b>12:45-3:30 Bingo</b>
9-4 Billiards* <b>20</b> 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* <b>21</b> 9 Table Tennis* 9 BYOB* 10:15 Yoga* <b>12:30-3:30 Travel</b> 1 Grief Support* 1-3 Knit, Crochet+* <b>1-3:30 Bunco*</b>	9-4 Billiards* <b>22</b> 9 Dance Fitness* 10 Line Dancing* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b>	9-4 Billiards* <b>23</b> 9 BYOB* 10:15 Yoga* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1p Loteria*</b> <b>2:30-4:30 Mussell Cinema*</b> <b>"Secondhand Lions"</b>	9-4 Billiards* <b>24</b> 9 Dance Fitness* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* <b>12:45-3:30 Bingo</b>
9-4 Billiards* <b>27</b> 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* <b>28</b> 9 Table Tennis* 9 BYOB* 10:15 Yoga* 12-4 Pinochle* <b>12:30-3:30 Travel</b> 1 Grief Support* 1-3 Knit, Crochet+*	9-4 Billiards* <b>29</b> 9 Dance Fitness* 10 Line Dancing* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b>	9-4 Billiards* <b>16</b> 9 BYOB* 10:15 Yoga* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1p Hand &amp; Foot</b>	9-4 Billiards* <b>24</b> 9 Dance Fitness* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* <b>12:45-3:30 Bingo</b>

**NOTE: Classes/activities may be changed or canceled by the instructor, city, or Club as needed. Activities with an asterisk\* are hosted by the City of Santa Maria Recreation & Parks Department. Advanced registration is required in most cases (see City Receptionist).**

SMV SENIOR CITIZENS CLUB  
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SANTA MARIA, CA 93456-6688  
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RETURN SERVICE REQUESTED

# The Mussell Messenger

## Santa Maria Valley Senior Citizens Club Newsletter



### Monthly Membership Meeting

Monday, October 13, 2025



Doors Open: 5 pm / Dinner: 5:15 pm

Cheese / chicken enchiladas, rice, beans, salad, and dessert

Reserve/Pay By: **\$15 per person** Catered By:  
**Friday, Oct. 10** **Shelly Klein** **Jovi's Delight**



Director/Curator of the  
Santa Maria Valley  
Historical Society  
Museum



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,  
Santa Maria, CA 93454 805-349-0688