

# The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

[www.smvsc.org](http://www.smvsc.org) • [smvseniors@gmail.com](mailto:smvseniors@gmail.com) • 1-805-925-0951, ext. 2207



## OCTOBER 2019



### President's Message ~

Wow, September moved fast. Not only am I a year older but also busier. I traveled to Washington to see my sister in my R.V. with my two dogs and two cats ... my little family!

We must do **today** what we can do **today**! I am still going over my fond memories of the Celebration of Life luncheon, honoring those who are 90 and older. What an inspiration all of you are. I have been able to visit my 104-year-old friend, Luella Shell, several times since the party. She is such a blessing to me.



**Carolyn Cabrera**

**Active Aging Week** begins the end of September and goes into the first week of October. Hope you are able to get involved and learn more about the Elwin Mussell Senior Center. There is so much going on ~ keep looking until you find something you enjoy!

If you have any questions or issues, please contact me (see page two for ways to do just that)!! I am happy to see what we can work out. Discussion is a great way to make our lives interesting and more fulfilled.

Our **October Membership Meeting** will feature a delicious **Filipino meal**!! Our presenter is from Lompoc and works for Generations Healthcare. He will be sharing information about generational health care therapy for senior citizens! And don't miss our **November Membership Meeting**. Jovi's Delight will be fixing a wonderful **turkey dinner** with mashed potatoes & gravy, steamed veggies, salad, and pumpkin spice cake! Yum! Our program will feature Dignity Health (Marian Medical Center), sharing opportunities for volunteer service ... just in time for Thanksgiving and the holiday season!

See you around the Center. Happy Fall!

~ Carolyn

## SUNSHINE CORNER

*Please, call Simone about any members or their loved ones who may need a get well, a sympathy, or a thinking-of-you card sent to them (1-805-925-6267). Please provide a phone number if you leave a message.*

## Santa Maria Valley Senior Citizens Club

### Central Coast Active Adults!

### Our Mission:

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

## 2019 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.com
Member-at-Large:	OPEN	Contact Carolyn	if you are interested
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org

## BYLAW CHANGE

Just a reminder that there will be a vote at our October Membership Meeting on a proposed bylaw change concerning the Travel Committee. Please see below the proposed amendment change.

### NEW PROPOSED VERSION:

#### ARTICLE VIII: COMMITTEES

Section 3. **Travel Committee** – This committee shall plan and arrange trips for Club members. All participants in the Club's travel activities must be members. The Travel Committee may waive this rule under the following conditions:

- the member must give a Travel Committee representative a letter from his physician stating that he needs a caregiver to travel with him, and the member must pay the cost of the trip for himself and his responsible adult caregiver. It is understood that the members of the Travel Committee are not medically trained and cannot be expected to be caregivers.
- a member chooses to be accompanied by one (1) non-member under the age of 50 but not less than 40 years of age, and the member registers for the trip at the same time as this non-member no earlier than one full week after the first day of sales for said trip. Each trip is limited to a maximum of three (3) non-members, subject to space and availability, and no more than one non-member per family unit. The under-age non-member must pay the current rate of dues at time of trip registration as a nonmember convenience fee. Club member is responsible for all actions of the under-age traveler. Final decision is at the discretion of the Travel Committee Chairperson.

All funds collected and distributed shall be duly recorded and reported monthly to the Board of Directors.

*Thank You!*



If you have been to any of the Monthly Membership Meetings, or attended the recent Celebration of Life, you may have noticed the beautiful flowers that are ever-present. What you may not know is that they have all been **DONATED** by Eufloria Flowers, located in Nipomo. Our Co-2nd Vice Presidents, Ray and Alice Torres, approached them about having flowers available for our monthly dinners, and they have been donating to our events ever since. If an opportunity ever comes up, please be sure to thank them for their extreme generosity!!

Eufloria is located at 885 Mesa Road, Nipomo. They are considered a "boutique rose farm" and trace their growing heritage back to 1811! They can be reached at 805-929-4683 or visit [www.eufloriaflowers.com](http://www.eufloriaflowers.com).

## Save the Date!

### Traveler's Thank You Party!

The Travel Committee's "**Thank You Travelers**" party will be held Sunday, January 26, 2020, at the Elks Lodge! Stay tuned to more details as they develop!!

~ Kathy Doty & Diana Dodos



# TRAVEL OPPORTUNITIES

## SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

### FIRST DAY SALES ~ “FIRST” MONDAY MORNING OF THE MONTH

“FIRST DAY SALES” IS SCHEDULED FOR **OCTOBER 7TH**. DOORS WILL OPEN AT **9 A.M.** WITH THE SALE BEGINNING SHORTLY AFTER. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. THE FOLLOWING TRIP WILL BE ON SALE:

➔ **Buck Owens’ Crystal Palace in Bakersfield ~ January 15** **\$TBA\***

### UPCOMING TRIPS SCHEDULED/UNDER CONSTRUCTION FOR 2019/2020:

**October 16 ~ Cambria Scarecrow Festival** **\$32\***

**(There is a waiting list ~ need more people to sign up in order to secure a second bus!)**



The Cambria Scarecrow Festival has grown into a community-wide event with hundreds of scarecrows bowling, bathing, painting, pedaling, fishing, and flying through Cambria, San Simeon, and Harmony. It is one of the most unique festivals of hand-crafted folk art in the U.S.

**October 30-November 7 ~ Branson, Memphis, & Nashville**

**FULL**

**November 11-14 ~ Laughlin, NV** **\$184\* Dbl., \$226\* Sgl.**

Staying at Edgewater Hotel/Casino Resort (*Riverview room is \$34 extra per room*); includes two buffets. Join us as we travel to Laughlin and spend time there “doing your own thing.” There will be plenty of time at the casino, but venture out for a variety of other attractions! Have you seen Don Laughlin’s Classic Car Collection or taken a relaxing stroll on the Riverwalk? There is even a stone labyrinth just outside of town [*transportation to these venues is not included or provided by the tour group.*] A great escape before the holidays kick in!!



**December 4 ~ Cambria Christmas Market - Festival of Lights** **\$45\***



Enter a winter wonderland and be immersed in a world of twinkling lights, music, and merriment. Shop in the vendor market, enjoy live music, taste traditional German foods, and more at this charming outdoor festival. **Limited to 20 people ~ almost full!** Leaves at 4 p.m. sharp.

**January 15 ~ Buck Owens’ Crystal Palace - Bakersfield** **\$TBA\***

**(Note change of date to January from December!)** Includes dinner at the Palace and entertainment to be announced! Sign up at “First Day Sales” on October 7th!

**April 5-9, 2020 ~ Spotlight on San Antonio** **\$1999 Dbl., \$2399 Sgl.\***

Mission San Jose • The Alamo • Paseo del Rio Cruise • LBJ Ranch • Fredericksburg • choice of South Texas Heritage Center or San Antonio Botanical Gardens • El Mercado • Olive Orchard ~ includes five days/ four nights hotel accommodations and five meals.



**\*All prices are per person** **TRAVEL WITH US!**



Check out our Facebook page: **[“Santa Maria Senior Travel”](#)**







## GREETINGS FROM THE RECREATION & PARKS DEPARTMENT



**Active Aging Week is here!** It's going to be a fun, busy week so please keep close watch of all the events so that you don't miss any of the fun! The City of Santa Maria Active Aging Committee works year-round to plan and host a variety of Activities for Active Aging Week. The event is sponsored in six countries by the International Council of Active Aging. The weeklong observance, led locally by the City of Santa Maria and the Active Aging Committee, celebrates active aging and promotes the benefits of leading an active, healthier lifestyle. **Free activities will be held each day from September 28th through October 5th.**

The full listing of events is available online at [www.cityofsantamaria.org](http://www.cityofsantamaria.org) (click on the link at Recreation and Parks that says **Active Aging Week 2019**) or in the Mussell Center lobby. There may still be room for you to register for the events. Please call the front desk at 805-925-0951 ext. 2207 to sign up in advance.

This year we have added a **Model A Car Exhibit** held during the **Arts and Crafts Pop Up Shop** from **11 a.m. – 3 p.m.** on **Wednesday, October 2**. Shop early for holiday gifts or treat yourself to some handmade items made by local seniors.

Wendy Hudson and I have been eagerly planning some new programs and classes for next year. In order to help gauge the interest level of our community, please let us know if you would want to attend the following classes or programs. We need at least six participants to enroll in advance in order for it to be viable. Expressing your interest in a class does not commit you to take it, but we'd appreciate if you would call the front desk (805-925-0951 ext. 2207) to let us know what interests you most ...

- ◆ **Beginning Ukulele Lessons**
- ◆ **Emergency Preparedness Classes**
- ◆ **Make & Take Craft Classes:** wreaths, centerpieces, etc.
- ◆ **Greeting Card Workshop**
- ◆ **Tax Preparation** done at the Mussell Center
- ◆ **Stenciling** with paint on indoor/outdoor wooden signs



We're also eager to hear what other ideas you'd like to see offered at the Mussell Center. Have a great Active Aging Week, and I'll see you at the Center!

~ **Barbara Wiley, Recreation Coordinator**  
805-925-0951 ext. 2264  
[bwiley@cityofsantamaria.org](mailto:bwiley@cityofsantamaria.org)



# HAPPY Fall y'all



# Santa Maria Valley Senior Citizens Club presents

## Swinging into Fall

with



**Big Band**

featuring

Sunday, October 13

1:30 - 4:00 p.m.

Elwin Mussell Senior Center  
510 E. Park Ave., Santa Maria

**FREE!**



**Vocalists  
Bob Nations  
& Liz Douglas!**



**For more information,  
please contact Judy at 775-813-5186**

**Visit [RiptideBB.com](http://RiptideBB.com) Find us on Facebook/RiptideBigBand**

This program is made possible  
with the support of the



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**20**  
YEARS of  
IMPACT





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
<b>NOTE:</b> <i>Classes/activities may be canceled by the instructor, city, or Club as needed.</i>	1 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1:30-4 Bunco*	2 9-3:45 Pool* <b>9 Exec. Bd. Meeting</b> 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet* 1-4 Beginning Bridge	3 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	4 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	5 9-12 Pool*
7 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge <b>5 pm Monthly Membership Mtg.</b> 7-9 Folk Dance*§	8 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1-4 Double-Deck Pinochle*	9 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	10 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 12-4 Dup. Bridge 11-12 Ukulele Lessons* 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	11 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	12 9-12 Pool*
14 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 7-9 Folk Dance*§	15 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1:30-4 Bunco*	16 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	17 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	18 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	19 9-12 Pool*
21 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 7-9 Folk Dance*§	22 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1-4 Double-Deck Pinochle*	23 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	24 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Class 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	25 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	26 9-12 Pool*
28 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 7-9 Folk Dance*§	29 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons*	30 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 1-4 Beginning Bridge	31 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Class 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	<b>Costs:</b> <b>Bingo ~ 50¢ /card</b> <b>Bunco ~ \$3 donation/day</b> <b>BYOB/Zumba ~ \$27/mo.+</b> <b>Chairobics ~ \$19/month+</b> <b>Folk Dance ~ \$15.50/month+</b> <b>Yoga ~ \$27/month+</b> <b>+Santa Maria Residents</b>	

**Activity Contact Persons:** Book Exchange ~ 1-805-937-8859 (Jane) / Pinochle ~ 1-805-934-2315 (Tuesdays)

Duplicate Bridge ~ 1-805-937-5691 (Mondays) & 1-805-922-5000 (Thursdays)

Bunco ~ 1-805-925-0951 ext. 2351 (Wendy) / Folk Dancing (Thursdays) ~ 1-805-925-5429 (Betty)

\* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

# OCTOBER BIRTHDAYS

Marie Soria	1-Oct	Carol Schalla	20-Oct
Nona Richards	3-Oct	Emily Vansickle	20-Oct
Sharron Muleady	4-Oct	Elva Birch	21-Oct
Pat Bobzin	6-Oct	Gigi Brown	21-Oct
Margaret Cooper	7-Oct	Stephen Watson	21-Oct
Ginger Souza	7-Oct	Alice Watson	23-Oct
Maria Gutierrez	8-Oct	Gerry Hoyt	25-Oct
Les Leal	8-Oct	Sharon McConnell	25-Oct
Mark Eggleston	9-Oct	Tom Reedy	25-Oct
Cheryl Ann Miller	9-Oct	Ralph Wengler	25-Oct
Gloria Stephens	9-Oct	Carolyn Hicks	26-Oct
Mary Lou Miranda	10-Oct	Keith Jackson	26-Oct
Darlene Iversen	11-Oct	Gloria Maldonado	26-Oct
Amy Yu-Jackson	11-Oct	Ted Green	27-Oct
Virginia Serna	14-Oct	Debbie Dupere	28-Oct
Fatima Jaramillo	15-Oct	Grace Mendoza	28-Oct
Eileen Blair	16-Oct	Janice Battles	29-Oct
Alan Eft	16-Oct	Charlotte Martin	29-Oct
Ronnie McCarthy	16-Oct	Joyce Turner	29-Oct
Kiyoko Oku	16-Oct	Sherry Loomis	30-Oct
Barbara Moreau	17-Oct	Loly Lorenzo	30-Oct
Marj Morrow	17-Oct	Joan Gardner	31-Oct

## In Memory of Charlotte Gaskill~

Please join the City of Santa Maria Recreation & Parks staff and the Santa Maria Valley Senior Citizens Club as we remember long-time volunteer receptionist, Charlotte Gaskill. A casual gathering will be held at the Mussell Center on **Thursday** (her usual volunteer day!), **September 26, at 10 a.m.**

A Tree of Life will be planted in her memory with a small reception to follow inside the Center. At that time, feel free to share a story or lesson learned from Charlotte. All are welcome to attend.

Consider wearing something with "bling" or "sparkle" in tribute to her! Thanks to all who contributed funds to make this possible!!



# OCTOBER ANNIVERSARIES

Ron & Georgia Evey	3-Oct	Dave & Carmen Castro	18-Oct
James & Marijane Marshall	4-Oct	Ed & Kathy Gutierrez	19-Oct
Leroy & Jackie Jones	5-Oct	Charles & Emily Vansickle	20-Oct
Bob & Donna Viadella	5-Oct	Jim & Arlene Dvorak	21-Oct
Joe & Helen Razo	9-Oct	Greg & Cindy Rodriguez	21-Oct
Joe & Martha Santana	15-Oct	Bob & Eileen Blair	23-Oct

*If a birthday/anniversary is not listed/inaccurate, please call or text Laura at 805-406-9989 or email her at [laura.selken@gmail.com](mailto:laura.selken@gmail.com)*

## NEW/REJOINING MEMBERS

- ◆ Bobbie Amis
- ◆ Gigi Brown
- ◆ Dave & Carmen Castro
- ◆ Ken & Trish Combs
- ◆ George Guerrero
- ◆ Larry & Jeri Peterson
- ◆ Glenn Porter
- ◆ James Porter

Visit our website:  
[smvscc.org](http://smvscc.org)

You'll find the current month's newsletter on the home page, along with many special events and important information.

Explore other areas by clicking on various sections in the upper right corner.

## HAPPY SEPTEMBER BIRTHDAYS!



Ron Johnson, Jean Letman, Carolyn Cabrera,  
Manny Flores, Grace Jarvis, & Elizabeth Reynertson

SMV SENIOR CITIZENS CLUB  
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SANTA MARIA, CA 93456-6688  
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CHANGE SERVICE REQUESTED

# **The Mussell Messenger**

## **Santa Maria Valley Senior Citizens Club Newsletter**



### **MONTHLY MEMBERSHIP MEETING**

## **MONDAY ~ OCTOBER 7**



**DOORS OPEN: 5 P.M. ~ DINNER: 5:15 P.M.**

Filipino: Chicken adobo, steamed rice, stir-fried veggies, pancet noodles, egg rolls, & chiffon cake

**RESERVE & PAY BY:**  
**FRIDAY - OCT. 4**

**\$10 PER PERSON**

featuring

**CATERED BY**  
**JOVI'S DELIGHTS**



**VICTOR CODY**

**THERAPIST WITH**  
**GENERATIONS HEALTHCARE**



**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,**  
**Santa Maria, CA 93454**

**925-0951, Ext. 2207**