

SMV SENIOR CITIZENS CLUB
PO BOX 6688
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(805) 925-0951 Ext. 2207

October 2017
Periodical

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CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

Monthly Membership Meeting

Monday, October 2

Doors Open: 5:30 p.m. / Dinner: 6 p.m.

**Catered By
Jovi's Delights**

**Pork Roast,
Scalloped Potatoes,
Vegetable Medley
Plus salad ... & Cake**

**Reserve & PAY
by Sept. 28**

\$10/person

featuring

Martha Hernandez

California Relay Service

(Captioned Telephone)



**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 925-0951, Ext. 2207**

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club

510 East Park Avenue, Santa Maria, CA 93454

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(805) 925-0951 ext. 2207

October 2017

Happy October!! Summer is gone and fall is here! It won't be long now until the new year, and we **STILL** don't have a board for next year. Only three more months until I and three other board members will be gone! We only have one volunteer who has stepped up so far to fill part of a position. **Alice Torres** has said she would be willing to fill part of the position of Director-at-Large. We are very grateful for her willingness to help. This is an important position. **BUT**, others **MUST** step up to the plate, too. **The club needs you!!** Whether someone volunteers or not, I will no longer be serving on the board. Our 1st Vice President, Terry Leduc, is already gone (moved), and 2nd Vice President, Dawn Kamiya, and Director-at-Large, Mary Johnson, are finished at the end of the year, as well. **PLEASE HELP!!!! NO BOARD = NO SENIOR CLUB = NO TRAVEL COMMITTEE = NO TRIPS!!!!**

The board is discussing increasing the dinner's charge to \$12.00 per person. We are finding it increasingly difficult to find companies that are willing to provide a full meal for \$10.00 per person. I know this will be upsetting to some of you but we have little choice. What do you think? Do you have any suggestions? Please let us know if you can think of something else. Less food? Salads? Or is increasing the fee okay?

Our new website is almost finished. If you visit it now, you will notice it has changed, but this is just a template until it's "ready to go." It should be done very soon. Visit the site (smvsc.org) and let us know what you think! It will not only have newsletters, but also special events, city programs, our ongoing activities, and so much more! It should be a great resource for the members and the public! (Do **NOT** visit <http://smvsc.org/Main.html> anymore!!)

We had some sad news last month. A member who has been volunteering around the center "forever" passed away. Our feisty helper, **Wanda Brown**, was just short of 93 years old. She was smart and ornery, and most of us really liked her! It's sad to see her leave us.

I hope you enjoyed the fashion show. We thought it was fun. If you enjoyed it, maybe we'll have more in the future. However, that's just what we thought. The new board may think otherwise.

As many of you already know, **Linda Dutart** has resigned her position as Chair of the Travel Committee. The new co-chairs are **Kathy Doty** and **Diana Dodos**. Please, make them feel welcome and appreciated. They have a difficult task ahead following Linda who did that extremely difficult and time-consuming job for 5½ years. And if you see Linda, **PLEASE** thank her for her service. She deserves lots of kudos for her devotion to the committee!!



Linda Dutart

The dinner menu this month will come from **Jovi's Delights**. They are willing to work with us on price, and their food is great! It will be pork roast with scalloped potatoes, vegetables, and salad. The speaker for the month, **Martha Hernandez**, is the Southern California Outreach Coordinator with **California Relay Service** with an office in San Diego. She will be talking to us about **captioned telephones**. These uniquely designed phones allow people who have difficulty hearing to listen to their phone conversations while reading word-for-word captions of what is said to them. This is a free service available throughout the state, and Martha will help with signing people up! So, if you have a friend who might need this, they can attend as long as they register and pay in advance for the dinner. **REMEMBER: ALL DINNERS MUST BE PAID IN ADVANCE BY THE DEADLINE.**

Until next time, be happy and safe! **Happy Halloween!**

~ Jo York, President

TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3.45 p.m.

Office Phone: 349-0688



FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH!

OCTOBER 2ND IS THE NEXT SALE DATE. DOORS WILL OPEN AT 8:30 A.M. WITH THE SALE BEGINNING ABOUT 9 A.M. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. THE FOLLOWING TRIPS WILL BE ON SALE **OCTOBER 2ND**:

November 29 ~ “Elf the Musical” at Cal Poly (show + transportation)

(*Harmon Hall at Cal Poly’s Performance Art Center*) “ELF the Musical” is the hilarious tale of Buddy, a young orphan child who mistakenly crawls into Santa’s bag of gifts and is transported back to the North Pole. Unaware that he is actually human, Buddy’s enormous size and poor toy-making abilities cause him to face the truth. With Santa’s permission, Buddy embarks on a journey to New York City to find his birth father, discover his true identity, and help New York remember the true meaning of Christmas. This modern-day Christmas classic is sure to make everyone embrace their inner ELF. We have 21 tickets.

Leave: 5:45 p.m./Home: 10:15 p.m.

\$99



December 7 ~ Cambria Christmas Market and dinner

\$50



Tognazzini’s Dockside Restaurant in Morro Bay prefers diners order off the menu and receive separate checks, so the price has been lowered accordingly. The owner is a fisherman, and the fish served is super fresh! After your early dinner, board the bus to the Cambria Christmas Market where you’ll enjoy the lights, booths, and entertainment before returning home. Only 20 seats on the bus! Leave: 2:15 p.m./Home: 8:30 p.m.

Dec. 31, 2017-Jan. 1, 2018 ~ Rose Parade *On Sale Now!* \$359.10 Dbl., \$440.10 Sgl.

Silverado Tours has given us a special price to sell this trip. Due to the number of Club members purchasing it, they are now picking up at Elwin Mussell Center.

(*One of the Travel Committee members will meet you to fill out your car information to park overnight as usual.*) Stay at the Ayers Hotel in Anaheim. Dinner

at PF Chang’s Chinese Restaurant is included. Hot breakfast is included at the hotel. You will have reserved grandstand seating for the Tournament of Roses Parade. Ticket prices do not include driver and tour guide gratuities. Return arrival scheduled for 5:25 p.m. Purchase the trip at our office for our special price, but **PLEASE make your checks payable to Silverado Stages.**



THESE TRIPS MAY STILL BE AVAILABLE:

October 23-26 ~ **Laughlin Riverside**

\$141 Dbl., \$178 Sgl.

November 7-9 ~ **Sequoia/Kings Canyon National Parks Tour**

\$380 Dbl., \$460 Sgl.

(**PLEASE REMEMBER:** Final payment is due **Saturday, October 7!**)

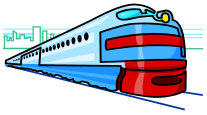


Check out our Facebook page: **“Santa Maria Senior Travel”**

(*Click on name & go directly to Facebook page!*)

Diana Dodos updates the page with flyers & pictures from our trips.





TRAVEL TALES ~ OCTOBER 2017



When Dorothy Rebensdorf retired, and I took on this interesting, challenging, stressful volunteer job 5½ years ago, I didn't intend for it to be a lifetime job. In late August, I retired as Chair of the Santa Maria Senior Travel Committee. Kathy Doty and Diana Dodos have replaced me as co-chairs. I am helping them as a "consultant" while they become familiar with the job and determine how they are going to divide their duties. They have both had a lot of experience as Travel Committee members, and Kathy has traveled extensively for years. Please welcome them in their new capacity. Meanwhile, I want to thank all who have traveled with us during my tenure. I have enjoyed meeting you and will continue to travel occasionally with the group!

We have a great group of committee members, but we still need more! Please come in the office and ask for a Travel Leader packet if you are interested.

NOVEMBER 5 ~ PARTY AT THE ELKS LODGE FOR THOSE WHO HAVE TRAVELED WITH US THE PAST TWO YEARS! *WATCH FOR YOUR INVITATION IN THE MAIL!* YOU WILL NEED TO BRING THE INVITATION AND \$5 TO THE TRAVEL OFFICE DURING REGULAR OFFICE HOURS NO LATER THAN THURSDAY, OCTOBER 26!

February 2018 ~ Las Vegas

As many of you requested, we are having a Las Vegas trip in February (instead of Laughlin). Kathy has been researching hotels. *Selling November 6*



Late March 2018 ~ Pageant of Our Lord

This amazing depiction of Bible stories occurs the two weeks before Easter. Tickets will go on sale in October for the committee to purchase.



Early to Mid-April 2018 ~ Boysenberry Festival at Knott's Berry Farm

Knotts Berry Farm will be holding its annual Boysenberry Festival. A day at Knotts Berry Farm will be included as part of the festival. We will be obtaining more details in October.

Late April/Early May 2018 ~ Laughlin Riverside

May 11-17, 2018 ~ Collette's "Discover South Dakota"

\$1999 Dbl., \$2499 Sgl.

You'll stay at one hotel in Rapid City while you explore the interesting and historic Black Hills. Highlights include Mount Rushmore, Deadwood, Pine Ridge Indian Reservation, Black Hills gold, Badlands National Park, Wall Drug, Needles Highway, Custer State Park, and Crazy Horse Memorial.

Special price effective only until November 3, 2017. Space still available!



Late June or Early July 2018 ~ "Joseph and the Amazing Technicolor Dreamcoat"

Presented by Roger Rocka's Dinner Theater in Fresno, including a nice Sunday lunch buffet.

October 9-17, 2018 ~ Premier's Heritage Highlights

\$3055 Dbl., \$3955 Sgl.

We have requested the presentation of this trip for March 12. We are simply waiting for the city's approval of the room. Trip includes Niagara Falls; Lancaster, Gettysburg, & Philadelphia, PA; Washington, DC tour; Mount Vernon, and Colonial Williamsburg. Receive a \$100 discount when making your final payment by check! *As soon as the City approves the date, Premier will print the flyers and ship them to us. Look for them in the hallway soon!*

~ Linda Dutart



Travel with Us!





Marjorie Gjerdrum Hord
Program Specialist



GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

Did you know that friends can make you live longer? The world's longest-living people already understand this. There are five longevity hotspots around the world [*Okinawa (Japan)*; *Sardinia (Italy)*; *Nicoya (Costa Rica)*; *Icaria (Greece)*; and *among the Seventh-day Adventists in Loma Linda, California*] and socializing with friends was shown to be an important part of life. Okinawans have groups of people who travel through life together. Sardinians finish their days at a local bar, chatting with friends they've known all their lives. Seventh-day Adventists potluck regularly.

All this socializing has a measurable result on health. In fact, researchers at Brigham Young University recently discovered that people with stronger social relationships have a 50 percent greater chance of survival than those who don't. This should come as no surprise, since both ancient wisdom and modern happiness research agree: **strong friendships are key** – maybe even the key – to having a happy life.

Elwin Mussell Center is a great place to meet old friends and make new ones. Focusing on deep relationships can really benefit your life.

Here are three tips to building strong friendships:

- 1) **Put it on your calendar.** Pick one of our on-going classes and schedule some time for friendship as you play and exercise.
- 2) **Face time.** Pick up the phone and invite friends to come and join you at the center.
- 3) **Build traditions.** Establish events with close friends. Plan to greet the New Year at the Noon Year party each December 31st, or come to the Valentine's Dance every February. Watch the Center's calendar of activities for opportunities to get your friends together and have a jolly good time!



UPCOMING FREE SPECIAL EVENTS:

Wednesday, October 11, Reverse Mortgages Program, 1 – 2 p.m., Elwin Mussell Center ~ Bob Gayle, a reverse mortgage professional, will be presenting information and answering questions. Light refreshments provided.



Sunday, October 29, Dia De Los Muertos, Noon – 4 p.m., Veterans' Memorial Community Center ~ Enjoy this family festival filled with rich cultural activities honoring the lives of passed loved one. This annual event includes altars, entertainment, youth activities, art show, food, crafts, and much more!

SAVE THE DATE! Celebration of Life, the birthday celebration for those 90 years or older, will be held **Wednesday, November 8**, at the Veterans' Memorial Community Center. **RSVP starts October 10!!** Call 925-0951, ext. 2207, to make your reservation. ~ *Marjorie*

Happy Halloween!

2017 OFFICERS & COMMITTEE CHAIRPERSONS

President:	Jo York	925-1089	jeyork1@yahoo.com
1st Vice President:	Open		
2nd Vice President:	Dawn Kamiya	714-5267	dawnof42@aol.com
Treasurer:	Jason Schellas	354-0083	jschellas@comcast.net
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Statistics & Reports:	Charlotte Gaskill	934-2607	
Sunshine:	Simone Gillogly	925-6267	
Travel:	Kathy Doty	937-0314	dudoty@comcast.net
City Representative:	Marjorie Gjerdrum-Hord	925-0951, ext. 2347	mgjerdrum@cityofsantamaria.org
City Representative:	Barbara Wiley	925-0951, ext. 2355	bwiley@cityofsantamaria.org



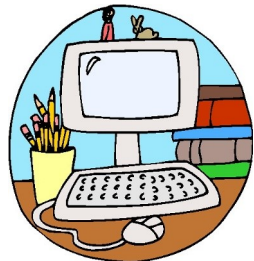
Sunshine Corner

In Sympathy to ...

The family and friends of
Wanda Brown
Gladys L. Gleason
Howard J. Rahn

Please continue to contact Simone about members who need a card from the Sunshine Corner, or the families who have lost a loved one. Please note, when you call her, she would greatly appreciate it if you would leave your name and a telephone number in case she needs to contact you. Thank you!

~ Simone (925-6267)



YES, you CAN read this newsletter online!
 Visit our new website at: smvscc.org
(check back often as it continues to be upgraded)

Editor's Note ~

Are you receiving this newsletter in the mail??? Do you have access to the internet?? If so, we are asking you to **PLEASE** consider reading the newsletter online instead ~ either via email from me, or directly at our website! ***It is in FULL COLOR and arrives much sooner than if it is mailed to you!*** Naturally, some of you do not use computers, and we understand the need for some newsletters to be mailed. If you are having any trouble receiving it, ***PLEASE contact Laura Selken*** (Editor) at (805) 406-9989 or email: laura.selken@gmail.com.



					
Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
2 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 6 pm Monthly Membership Mtg. 7-9 pm Folk Dancing*§	3 9-4 Pool* 10-11 Yoga*§ 1-4 Poker* 1:30-4 Bunco* 6-7 PIYO*§ (Pilates + Yoga)	4 9-4 Pool* 9-11 Artists Meet* 9-10 Chairobics*§ 10-11 Zumba*§ 12-4 Mah Jongg* 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge/Instruction	5 9-4 Pool* 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	6 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	7 9-12 Pool* 9-1 pm Duplicate Bridge
9 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	10 9-4 Pool* 10-11 Yoga*§ 1-4 Double-Deck Pinochle* 1-4 Poker* 6-7 PIYO*§ (Pilates + Yoga)	11 9-4 Pool* 9-11 Artists Meet* 9-10 Chairobics*§ 10 Exec. Bd. Meeting 10-11 Zumba*§ 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge/Instruction	12 9-4 Pool* 12-4 Duplicate Bridge 1-4 Hand & Foot 2:30-3:45 Folk Dancing*	13 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	14 9-12 Pool* 9-1 pm Duplicate Bridge Dusk -? Movie In the Park (at Simas)
16 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	17 9-4 Pool* 10-11 Yoga*§ 1-4 Poker* 1:30-4 Bunco* 6-7 PIYO*§ (Pilates + Yoga)	18 9-4 Pool* 9-11 Artists Meet* 9-10 Chairobics*§ 10-11 Zumba*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge/Instruction	19 9-4 Pool* 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	20 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	21 9-12 Pool* 9-1 pm Duplicate Bridge
23 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	24 9-4 Pool* 10-11 Yoga*§ 1-4 Double-Deck Pinochle* 1-4 Poker* 6-7 PIYO*§ (Pilates + Yoga)	25 9-4 Pool* 9-11 Artists Meet* 9-10 Chairobics*§ 10-11 Zumba*§ 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge/Instruction	26 9-4 Pool* 12-4 Duplicate Bridge 1-4 Hand & Foot 2:30-3:45 Folk Dancing*	27 9-4 Pool* 12-4 Mah Jongg* 1-4 Bingo	28 9-12 Pool* 9-1 pm Duplicate Bridge
30 9-4 Pool* 10-11 Zumba*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dancing*§	31 9-4 Pool* 10-11 Yoga*§ 1-4 Poker* 6-7 PIYO*§ (Pilates + Yoga)	Note: Some classes may be canceled by the instructor or leader at their discretion.	COSTS Bingo: 50¢ / card PIYO ~ \$30 / mo.+ Bunco: \$3 / day Yoga ~ \$15 / mo.+ Zumba: \$25 / mo.+ +Santa Maria Residents Chairobics: \$15 / mo.+ (non-residents are slightly higher) Folk Dance ~ \$15 / mo.+		

Activity Contact Persons: Book Exchange ~ Jane Bringley (937-8859)
 Duplicate Bridge ~ 937-5691 (Mondays) ~ 922-5000 (Thursdays) ~ 925-6350 (Saturdays)
 Pinochle ~ 934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ Betty Anthony (925-5429)

* City of Santa Maria Recreation & Parks Department Program
 § Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

October Birthdays

Mary Leizear	2-Oct	Darlene Iversen	11-Oct	Alice Watson	23-Oct
Margaret Wielenga	2-Oct	Altha Poore	12-Oct	Kathy Gabel	24-Oct
Nona Richards	3-Oct	Jack Runge	13-Oct	Karen Hollerbach	24-Oct
Oscar Bayer	4-Oct	Virginia Serna	14-Oct	Louisa Kingsley	24-Oct
Sharron Muleady	4-Oct	Marilyn Moll	15-Oct	Shirlee Wilder	24-Oct
Mary Lundgren	5-Oct	Teri Vega	15-Oct	Gerry Hoyt	25-Oct
Donna Simpson	5-Oct	Eileen Blair	16-Oct	Sharon McConnell	25-Oct
Pat Bobzin	6-Oct	Alan Eft	16-Oct	Ralph Wengler	25-Oct
Margaret Cooper	7-Oct	Ronnie McCarthy	16-Oct	Carolyn Hicks	26-Oct
Les Leal	8-Oct	Karen Wells	16-Oct	Keith Jackson	26-Oct
Sherry Mideiros	8-Oct	Barbara Moreau	17-Oct	Connie Tarrant	27-Oct
Denese Beilke	9-Oct	Marj Morrow	17-Oct	Judy De Los Santos	28-Oct
Mark Eggleston	9-Oct	Judy Bush	19-Oct	Cliff Vose	29-Oct
Peggy Middleton	9-Oct	Emily VanSickle	20-Oct	Loly Lorenzo	30-Oct
Gloria Stephens	9-Oct	Elva Birch	21-Oct	Joan Gardner	31-Oct
Mike Farrell	10-Oct	Stephen Watson	21-Oct	Happy Birthday!	
Mary Lou Miranda	10-Oct	Windy Haverstock	23-Oct		

October Anniversaries

Ron & Georgia Evey	3-Oct
James & Marijane Marshall	4-Oct
Leroy & Jackie Jones	5-Oct
Bob & Donna Viadella	5-Oct
Joe & Annabelle Martinez	10-Oct
Joe & Martha Santana	15-Oct
Ed & Kathy Gutierrez	19-Oct
Herb & Sonja Gerfen	20-Oct
Charles & Emily VanSickle	20-Oct
Jim & Arlene Dvorak	21-Oct
Robert & Eileen Blair	23-Oct
Ed & Kim Post	25-Oct

Happy Anniversary!

If any of the birthdays or anniversaries listed here are not accurate, or if your name and special day is not listed, please contact Laura Selken, Editor, at 406-9989 or laura.selken@gmail.com.

WELCOME WELCOME WELCOME

New  Former

Members!

Don & Marilyn Benson
Sharon Coffield
Janet Donaher
Kathy Gabel
Martha Gutierrez
Mary Harrison
Ed & Fina Imperato
Irene Khayam
Louisa Kingsley
Jane Lewis
Donna Nisbet
Mirlin Ozaeta
Erma Prinslow
Alan & Connie Tarrant
Al & Sylvia Torres
Connie Van Belleghem
Bob & Marilyn Zamora



WELCOME

WELCOME

