



Carolyn Cabrera

President's Message ~

Here Comes September!! Please keep your masks handy when outside. That smoke is really hard on us. I am driving in Colorado and my eyes and nose have been giving me fits. I put my mask on and wow it sure helped.

I decided to take a road trip and visit my Nebraska roots. I always love seeing the farm my mom was raised on and my dad was a hired hand while going to the University of Nebraska. This past month before the trip, I spent time looking at old family pictures, framing ones I liked, and putting them on the walls around my home. It is such fun for me to piece together the past and enjoy everyone's accomplishments.

Some family members I have never met but feel so close to them now. Another reason to go to Nebraska and ask my cousin some questions.

Another month has passed ... keep going ... we can do this! Stay safe and love to you all!



SEPTEMBER 2020

2020 Officers & Committee Chairpersons

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Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org

ptember Birthdays!

Laurie Maxson	1	
Judy McConnell	2	
Liz Reynertson	2	
Lucy Osborn	3	
Ron Johnson	4	
Spence Stimler	4	
Sharon Moore	7	
George Perryman	7	
Kathy Sherwood	7	
Jonnie Donars	13	
Jean Draeger	13	
Ed Imperato	14	
Glenn Battles	17	
Kathleen Marshall	17	
Karen Iliff	20	
Carolyn Cabrera	21	
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Les Christiansen	23
Lee Diaz	23
Nancy Dort	24
Patricia Grigg	24
Ann Kneer	24
Ken Combs	27
Marge Lipscomb	27
Sally Symonds	27
Ben Pavri	28
Ana Santana	28
Bonnie Smith	28
Marilyn Tefft	28
Grace Jarvis	29
Jean Letman	29
Wilma Fee	30
Gappy Birte	DAY

If any birthdays/anniversaries listed here are incorrect or missing, please contact the editor: Laura Selken at 1-805-406-9989 or **laura.selken@gmail.com**.



Duane & Virginia Long3Mike & Juanita Rosas5Larry & Jeri Peterson7Rik & Diana Dodos21

Nappy Annuersary

September Days of Note:

- **1** World Letter Writing Day
 - **7** Newspaper Carrier Day
- 8 International Literacy Day
 - 13 Grandparents Day
 - 17 Constitution Day
- **21** International Day of Peace
 - 24 National Punctuation Day

The Suäshine Corner

There is no report for this month. **REMEMBER**, if you are aware of ANY members who need some "sunshine" ~ not feeling well, hospitalized, going through a difficult time, or have suffered the loss of a loved one, **PLEASE call Simone**. Leave your name and telephone number in case she needs to contact you for any reason. She may be reached at (805) 925-6267.

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Remember the old game called "Telephone"? Messages were shared from one person to another, and we laughed when the comments got jumbled and twisted into some hilarious sentences. The messages we are receiving during the COVID-19 pandemic can feel kind of like that game. Information is coming from many sources and the messages do not always match ... in fact they often contradict each other! Some things are left up to interpretation. This can cause confusion and disappointment and it's anything but hilarious.

One strategy I use to stay positive is to listen to the voices of the people I must follow and then tune out the rest. Each month I will share any updates I have about when the Mussell Center and our programs can re-open. Up until August 12, we were planning to open specific outdoor classes (yoga, Zumba, Ukulele, etc.) in September. However, when we received new in-

formation from the Santa Barbara County Public Health Department, we had to postpone all outdoor classes except the Drive-In events where people stay in their cars (bingo and movies). In the meantime, our staff will create more online activities, and we hope you will avail yourself of those.

PUBLIC Health DEPARTMENT

The County officials spoke. We listened. There are City, County, State, and Federal guidelines to consider, but please know that our staff is working diligently to bring you activities to do on your own at home and here at the Mussell Center once we re-open. We're being creative, but we must work within all the mandated restrictions. Thank you for your patience.

The first edition of the **EngAGE** newsletter will be sent in an email in late August. If you did not receive one, please send an email to <u>whudson@cityofsantamaria.org</u> to be added to our email list. Since newsletters are sent just once per month, watch for regular updates on the



Elwin Mussell Center Facebook page. That's a much faster way to receive communication then waiting for the next month's newsletter! Feel free to share it with your own friends on Facebook, too! (*Click on the Facebook logo at left to go directly to our page!*)

The first **Drive-In Bingo** at the Mussell Center was a big hit, and we've received many calls asking for more. We'll have Drive-In Bingo for the 50+ crowd on **August 28th** and **September 25th** from **10-11:30 a.m.** You <u>MUST</u> call to make a reservation (<u>805-925-0951 ext. 2207</u>). We're also hosting a free **Family Fun Night Drive-In Bingo** for <u>all ages</u> on **September 18th** from **6-7:30 p.m.** For the evening event, you can bring your whole family! In September, there are two **Drive-In Movies** on **September 4th and 5th** at the Elks Unocal Event Center. Advance reservations are required for the movies, and there's a different movie each night! Hope to see you there! (Call 805-925-0951 ext. 2260 to make reservations for family bingo or movies.)

Finally, I hope you will check out the fall projects Wendy and Evelyn have created for our *"Take and Make" Craft Classes.* There's a new project each month and the kit includes nearly all the supplies to complete it using a video link to see the demonstration. We'd love to see photos of your finished projects, so please email them to Wendy (address above).

Speaking of the telephone game ... Wendy and I are both available to answer any questions you may have, either by phone or email. We miss hearing from you and would be pleased to offer some help to you during these challenging times.

Active Aging Week is October 3-9, 2020 and a full list of the week's events will be in next month's newsletter. Please save those dates!

Stay safe and please keep in touch!

Barbara Wiley, Recreation Coordinator • 805-925-0951 ext. 2264 • bwiley@cityofsantamaria.org

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RETURN SERVICE REQUESTED

The Mussell Messenger Santa Maria Valley Senior Citizens Club Newsletter

Visit our website: smvscc.org

You'll find the most recent newsletter on the home page, along with special events and important information. Explore other areas of the site by clicking on various sections in the upper right side. Visit the <u>Senior Resources</u> section for the latest on senior scams or fraud, as well as COVID-19 information. Please contact Laura Selken (laura.selken@gmail.com or 805-406-9989) if you have any suggestions on additional items for us to include on our website. We want your feedback!!

TRAVEL OPPORTUNITIES SANTA MARIA SENIOR TRAVEL COMMITTEE

The office is not open at this time. Please call and leave a message: 805-349-0688

UPCOMING TRIPS ARE ON HOLD FOR 2020:

Unfortunately, all our trips have been postponed or canceled. We are doing our best to keep travelers informed of all updates, including refunds and rescheduling. Please be patient.

September 30-October 8 ~ Eastern Canada Niagwe are STill ta waiting to near from the town company as to status of this trip. Shack We are expecting to know by the end of August Thank you for time and nationce as we manage the effects of COVID-19

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Check out our Facebook page: "Santa Maria Senior Travel"

