

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club
510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org

smvseniors@gmail.com

1-805-925-0951 ext. 2207



Christel Kurth

Dear Members,

Thanks to all the members that helped with our August monthly Membership Dinner, which made it another successful event! Without your help, it would not be possible to have these dinners. This dinner had the largest number of attendees in its history!! Special thanks to **Alice and Ray Torres**, who made the arrangements with the caterers and furnished the roses for all the tables;



Bruce Rodrigues, who helped with the set-up of tables and the water bottles; **Grace Jarvis** who makes the coffee for us; **Donna Viadella, Vicki McCulloch, Jo York**, and **Dawn Kamiya** who help out wherever need arises. Of course, thanks to the many others that do all those “little things” that are necessary to put on the dinner.

It has come to my attention that there are members who are interested in starting a Mexican Train dominoes group. Would those members please contact me directly at 1-805-332-3328? We need to find out which available room and day will work best for you all. Watch for the announcement in the *Mussell Messenger* when the group begins meeting regularly!



There are lots of interesting events happening at the end of the month at the Elwin Mussell Senior Center as part of **Active Aging Week!!** Be sure to check out the insert in this issue of the *Mussell Messenger*.

Stay cool and feel free to contact me about any of your concerns.

At your service,
Christel Kurth, President

After an extended discussion among the Club Officers, we have come to the decision that it will be necessary to raise membership dues for the coming year. This is the first increase in 10 years! Senior Club Dues for 2019 will be \$20 per person (\$40 per couple). Anyone joining/renewing after October 1, 2018, will pay \$20 for the rest of 2018 and all of 2019. If you have any questions, please talk to any of the Club Officers listed on page 2.

~ Officers of the Santa Maria Valley Senior Citizens Club

Santa Maria Valley Senior Citizens Club *Central Coast Active Adults!* **Our Mission:**

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest.

We provide fun and interesting activities, opportunities, and information.

We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2018 Officers & Committee Chairpersons

President:	Christel Kurth	805-332-3328	kurth1313@comcast.net
1st Vice President:	Carolyn Cabrera	805-925-0769	ccabrera48@verizon.net
2nd Vice President:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Jason Schellas	805-354-0083	jschellas@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Member-at-Large:	Vicki McCulloch	805-287-9773	vicki.mcculloch@gmail.com
Newsletter Editor:	Laura Selken	805-406-9989	laura.selken@gmail.com
Receptionists:	Diane Bentley	805-925-0951	Extension 2207
Statistics & Reports:	Charlotte Gaskill	805-934-2607	
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org



“Boogie on Down”

with

Guest Vocalists

FREE
to 50 yrs. +



In Time
Trio

Kick-off Dance to
2018 Active Aging Week!

Sunday, September 23 ~ 1:30 - 4 p.m.

Elwin Mussell Center

510 E. Park Ave., Santa Maria



Sponsored by



20
YEARS of
IMPACT

More info? Call Santa Maria Recreation & Park at 1-805-925-0951 ext. 2207

The Santa Maria Valley Senior Citizens Club relies on the good fortune of having many “retirees” volunteer. Without them, the club would simply not exist. Many volunteers have amazing backgrounds that remain unknown to others. I would like to highlight those histories in the newsletter. If you or someone you know would like to share this type of information with the membership, please contact me (805-406-9989 or laura.selken@gmail.com). ~ **Laura**



TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

NO FIRST DAY SALES SCHEDULED FOR SEPTEMBER!

THE TRAVEL COMMITTEE ENCOURAGES EVERYONE TO SIGN UP FOR THE VARIOUS TRIPS WE ALREADY HAVE SCHEDULED BELOW. WE STILL HAVE PLENTY OF ROOM AVAILABLE FOR THE **WONDER VALLEY TRIP** IN NOVEMBER. WE ALSO HAVE SOME EXCITING ADVENTURES IN 2019, INCLUDING A BRANSON/MEMPHIS/NASHVILLE TRIP, AND THE “CHRISTMAS ON THE DANUBE” TRIP VISITING THE CHRISTMAS MARKETS AND MUCH MORE (WITH ALL MEALS INCLUDED)!

UPCOMING TRIPS/PRESENTATIONS (AVAILABILITY VARIES ~ CHECK WITH THE TRAVEL OFFICE):

September 12 ~ Santa Cruz Follies

Wait List

\$99*

We will be enjoying their presentation, “The Way We Were,” a sentimental journey honoring singers and songs of the past. After the 1 p.m. show, we will be eating at Pacific Grill (formerly Sea Harvest) in Moss Landing. Leave: 7 a.m./Home: 8:45 p.m. *(estimated return time)*

September 24 ~ Presentation of Collette’s “Spotlight on New York City” ~ followed by sales

See description below for May 30-June 3, 2019 trip to the “Big Apple.”

October 6 ~ M & M (Melodrama & Madonna Inn)

Wait List

75*

This is our annual luncheon to Madonna Inn with a choice of two entrees, non-alcoholic drink, and dessert in the private round room, followed by a fun time at the Melodrama to see their production of “Scary Poppins.” Leave: 11:45 a.m./Home: 6 p.m. *(estimated return time)*

October 9-17 ~ Niagara Falls/Heritage Tour

\$3055* Dbl., \$3955* Sgl.

Trip includes Niagara Falls; Lancaster, Gettysburg, & Philadelphia, PA; Washington, DC; Arlington Cemetery, Mount Vernon, & Colonial Williamsburg, VA. Optional insurance available for \$225 per person. Passport is required! *(Note: Make final payment by check, and get \$100 off the price.)*



October 28-31 ~ Laughlin, NV

\$170* Dbl., \$205* Sgl.

We will be staying at the Edgewater Casino Resort this time. They are under new management including a new housekeeping manager. They now have coffee pots in the rooms, as well as free Wi-Fi. Many of the rooms have been renovated. One pizza lunch and one buffet meal is included. Prices are going up in Laughlin, but we were able to get a good deal here. Riverview rooms are \$185 Dbl./\$235 Sgl (per person).

November 20-23 ~ Wonder Valley Resort

WONDER VALLEY

\$500* Dbl., \$650* Sgl.

There are still quite a number of seats available for the Wonder Valley trip. Payments may be made in two installments with final payment due by Thursday, Sept. 27. Wonder Valley Resort & Conference Center has a wide variety of activities available, including fishing, boating, swimming pools, a jacuzzi, walking, bicycling, horseback riding and hayrides, campfires, horseshoes, archery, bingo, and so much more! Visit or call the Travel Office for more details.

May 30-June 3, 2019 ~ Spotlight on New York City

\$3099* Dbl., \$3949* Sgl.

Trip includes an extensive tour of New York City while staying in a single hotel for the duration. Two Broadway shows are on the itinerary, as well as a ferry cruise of the harbor, shopping, dining, and many of the City’s famous landmarks. There is an “add-on” to experience Greenwich Village for \$85. Don’t miss this great opportunity to see New York up close and personal. *Save \$100 when book day of presentation.*



***All prices are per person**

Check out our Facebook page: [“Santa Maria Senior Travel”](#)





GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

We were fortunate recently to host three therapists at the Mussell Center who represent the Center for Successful Aging, a non-profit organization based in Santa Barbara. Their Director is Dr. Gary Linker, and he shared with us a staggering statistic. Dr. Linker said that in his work he has learned that each year there are 8 million people in the United States that will turn age 65. He said this phenomenon is sometimes referred to as the “Silver Tsunami” because it symbolizes the “growing wave” of seniors in our midst. That’s a lot of people!

This trend is part of why we are dedicated to making the annual **Active Aging Week** something to celebrate. Led by the Recreation and Parks Department staff, the Active Aging Committee is made up of agencies, businesses, and individuals who work together to “Inspire Wellness” with seniors all through the year. Together they offer a variety of activities during Active Aging Week (**September 22-29**) that are designed to promote a healthy, active lifestyle by encouraging seniors to socialize and add more activity to their routines.

There are several new events this year during Active Aging Week. We’ll start with a **Pickleball Tournament** at the Atkinson Community Center **Saturday, September 22**. Pickleball is played on tennis courts and this doubles tournament is presented by the People for Leisure and Youth, Inc. To register or to be matched with another player, call 1-805-925-0951 ext. 2260.

During Active Aging Week the Recreation and Parks Department offers **free introductory sessions** for seniors to visit exercise classes we sponsor. Try them all or take your pick: Zumba Gold, Chairobics, and BYOB (Build Your Own Body), or if you’d like a dip in the pool, you’re sure to enjoy the Shallow Water Fitness or Deep Water Walking classes offered at the Paul Nelson Aquatic Center. We have many ways to help you move into a more active lifestyle!

Community Action Commission is hosting a **free luncheon** for seniors from **11 a.m. – 1 p.m. Tuesday, September 25**. They will have lots of information about their other programs that help seniors including the 211 Hotline and programs that provide free appliances and home weatherization to seniors. To join the lunch, **please RSVP directly to C.A.C.** at 1-805-925-3010.

A special **craft show** is planned for **Wednesday, September 26, from 12 to 4 p.m.** and features items made by local seniors. It’s a great way to start your holiday gift shopping while supporting local entrepreneurs. We will also have free activity bags for the first 100 people who visit during the craft show.

Rite Aid has also joined our committee this year and is hosting one of the season’s first **flu shot clinics** on the afternoon of **Friday, September 28**. We chose a Friday so the bingo and Mah Jongg players would find it convenient to participate while they are at the Mussell Center. **Advance registration is required** for the clinic so please call 1-805-925-0951 ext. 2207 to make sure you get your flu shot. **All activities planned for Active Aging Week are free.** I hope you will consider inviting a friend to join you that week when you’re at the Center.

Enjoy what’s planned during Active Aging Week so that you can inspire wellness in others!

SEPTEMBER 22-29, 2018

The weeklong observance celebrates active aging adults as fully participating members of society and promotes the benefits of leading an active, healthier lifestyle.

Free activities will be held on each day of this week. Get ready for a week of adventure; choose what interests you!

PHOTO BY GREG VILLEGAS



Inaugural Santa Maria Autumn Classic

PICKLEBALL TOURNAMENT



Presented by People for Leisure And Youth, Inc.

SATURDAY, SEPTEMBER 22, 2018 • 9:00 AM
Atkinson Community Center, 1000 Railroad, Santa Maria

● "Inspire Wellness" & kick off Active Aging Week with the hottest game around!

● Pool play format ● AGES 50+ ● Skill Levels 3.0, 3.5 and 4.0

● MEN'S DOUBLES, WOMEN'S DOUBLES & MIXED DOUBLES

● FEE: \$30 PER PARTICIPANT (Includes t-shirt).

Credit Card or Checks made payable to "PLAY, Inc." accepted

● REGISTRATION DEADLINE: 9/14/18

● USAPA Tournament Rules will govern

● Need a partner? We can match you with a player!

Awards to 1st, 2nd, 3rd Place

Each team member must complete and sign a registration form

Mail or walk-in registration to: City of Santa Maria Recreation and Parks Department,
615 S. McClelland St., Santa Maria, CA 93454

For more information, please call (805) 925-0951, ext. 2260.

Inaugural Santa Maria Autumn Classic - Pickleball Tournament 2018

NAME: _____

PHONE: _____ EMAIL: _____

TEAMMATE'S NAME: _____

AGE: _____ GENDER: _____ DIVISION: ☐ MEN'S ☐ WOMEN'S ☐ MIXED DOUBLES

SKILL LEVEL*: ☐ 3.0 ☐ 3.5 ☐ 4.0

*SKILL LEVEL TO BE VERIFIED BY RATING COMMITTEE

ADULT SHIRT SIZES: ☐ SMALL ☐ MEDIUM ☐ LARGE ☐ XL ☐ XXL

SIGNATURE: _____

Waiver: The undersigned agrees to hold the City of Santa Maria and any other officer or employee thereof harmless from any claim for injury or accident to the below named arising out of or in any way connected with the named activity. I recognize that this recreation program may have some inherent risks and I accept the responsibility to identify those risks and accept them. In case of an accident arising out of the named activity, medical assistance may be administered to the person named herein. Registration form will act as a Medical Release.

PARTICIPANT'S SIGNATURE: _____



SEPTEMBER 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
<u>COSTS</u> Bingo: 50¢/card Bunco: \$3/day BYOB: \$25/mo. Chairobics: \$19-\$23.50/mo. Yoga: \$19-\$23.50/mo. Zumba: \$27-\$33.5/mo.	<u>NOTE:</u> Classes may be canceled by the instructor or the City as needed.	<u>Community Action Commission Lunch</u> Monday - Friday, 11:30 a.m. MUST make reservation 24 hours in advance. Call 1-805-925-3010 VOLUNTEERS NEEDED! Call C.A.C. if interested!!  	1 9-12 Pool* 9 am-1 pm Duplicate Bridge		
MUSSELL CENTER CLOSED HAPPY LABOR DAY!	4 9-3:45 Pool* 11-12 BYOB*§ 12-1 Yoga*§ 1:30-4 Bunco*	5 9-3:45 Pool* 9 Exec. Bd. Meeting 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet* 1-4 Beginning Bridge	6 9-3:45 Pool* 11-12 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	7 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	8 9-12 Pool* 9 am-1 pm Duplicate Bridge
9-3:45 Pool* 10 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 5:30 Monthly Membership Mtg. 7-9 pm Folk Dance*§	11 9-3:45 Pool* 11-12 BYOB*§ 12-1 Yoga*§ 1-4 Double-Deck Pinochle*	12 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/ Crochet/Color* 1-4 Beginning Bridge	13 9-3:45 Pool* 11-12 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	14 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	15 9-12 Pool* 8:30-1 pm Siamese Mah Jongg* 9 am-1 pm Duplicate Bridge
17 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	18 9-3:45 Pool* 11-12 BYOB*§ 12-1 Yoga*§ 1:30-4 Bunco*	19 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	20 9-3:45 Pool* 11-12 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	21 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	22 9-12 Pool* 9 am-1 pm Duplicate Bridge
24 9-3:45 Pool 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	25 9-3:45 Pool* 11-12 BYOB*§ 12-1 Yoga*§ 1-4 Double-Deck Pinochle*	26 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/ Crochet/Color* 1-4 Beginning Bridge	27 9-3:45 Pool* 11-12 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	28 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	29 9-12 Pool* 9 am-1 pm Duplicate Bridge

Activity Contact Persons: Book Exchange ~ Jane Bringley (1-805-937-8859)

Duplicate Bridge ~ 1-805-937-5691 (Mondays) ~ 1-805-922-5000 (Thursdays) ~ 1-805- 925-6350 (Sat.)

Pinochle ~ 1-805-934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ Betty Anthony (805-925-5429)

* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

SEPTEMBER BIRTHDAYS

Joe Roy	1-Sep
Wayne Curtis	2-Sep
Sherri Danoff	2-Sep
Judy McConnell	2-Sep
Liz Reynertson	2-Sep
Mavis Deparini	3-Sep
Lucy Osborn	3-Sep
Ron Johnson	4-Sep
Claudia Peterson	4-Sep
Spence Stimler	4-Sep
Patsy Van Meter	4-Sep
Sharon Moore	7-Sep
Kathy Sherwood	7-Sep
Earl Peterson	9-Sep
Joyce South	9-Sep
Jean Draeger	13-Sep
Sherrie Eames	13-Sep
Ed Imperato	14-Sep
Aracelis Rodriguez	15-Sep
Glenn Battles	17-Sep
Albert Vega	17-Sep
Judy Bates	18-Sep
Margaret Lewis	18-Sep
Sharon Lewis	18-Sep
Eleanor Garcia	19-Sep
Joan Brooker	20-Sep
Yolanda Edwards	20-Sep
Karen Iliff	20-Sep
Carolyn Cabrera	21-Sep
Margaret Flores	21-Sep
Diane Bentley	23-Sep
Les Christiansen	23-Sep
Lee Diaz	23-Sep
Nancy Dort	24-Sep
Ann Kneer	24-Sep
Stella Palomo	24-Sep
Carol Silva	24-Sep
Hope Passidakis	25-Sep
Elaine Beale	26-Sep
Patricia Furtado	26-Sep
Marge Lipscomb	27-Sep
Al Kurth	28-Sep
Ana Santana	28-Sep
Bonnie Smith	28-Sep
Marilyn Tefft	28-Sep
Cherie Ahlquist	29-Sep
Grace Jarvis	29-Sep
Jean Letman	29-Sep
Pamela Tuttle	29-Sep
Wilma Fee	30-Sep

HAPPY AUGUST BIRTHDAY!



**RUTH ADAMS, LAURA SELKEN, HOPE COZART,
IRENE VOYSEY, CHARLOTTE GASKILL, & RALPH FOSTER**

SEPTEMBER ANNIVERSARIES

Larry & Judy Bates	2-Sep
Terry & Chris Oberg	2-Sep
Duane & Virginia Long	3-Sep
Mike & Juanita Rosas	5-Sep
John & Marjorie Oliver	13-Sep
Bill & Marilyn Stanley	14-Sep
Jim & Julie Colegrove	15-Sep
Rik & Diana Dodos	21-Sep
David & Mary Johnson	22-Sep
Paul & Carol Silva	25-Sep

WELCOME NEW/FORMER MEMBERS

• Barbara Ashlock	• Cathy McCue
• Glenn Battles	• Gale McNeeley
• Eileen Blair	• Estelle
• Jackie Brunello	• Moreland
• Barbara Centeno	• Sharon Starkey
• Suzanne	• Loretta
• Champeau	• Talamantes
• Yolanda Figueroa	• Annie
• Edwards	• Thorvilson
• Richard Freitas	• Mary Treinen
• Connie	• Lorraine Whalen
• Holdredge	
• Sandra Mancillas	

WELCOME

Visit our Club website:

smvsc.org

You'll find the **CURRENT NEWSLETTER** on the **HOME PAGE**, along with other time sensitive events and information. Then, just click on the names of the different sections in the upper right area! Give it a try!!

SUNSHINE

CORNER

Get Well Soon ...

Betty Moritsch

Kathy Doty

Please, call Simone about any members or their loved ones who may need a get well, a sympathy, or a thinking-of-you card sent to them (925-6267). Please give your phone number if you leave a message.



If your birthday or anniversary listed is inaccurate or missing, please contact Laura at 406-9989 or laura.selken@gmail.com. (Only couples where both are members have anniversary listed.)

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
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CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

MONTHLY MEMBERSHIP MEETING MONDAY, SEPTEMBER 10

(Note: due to the Labor Day holiday, the monthly dinner will be held the second Monday of the month!)

DOORS OPEN: 5:30 P.M. / DINNER: 6 P.M.

Hawaiian Chicken Teriyaki Kabobs, Java Red Rice, Steamed Veggies, & Mocha Coffee Cake

**RESERVE & PAY \$10 PER PERSON
BY AUGUST 31!**

FEATURING

**CATERED BY
JOVI'S DELIGHTS**



SCAMS & FRAUD PREVENTION



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 925-0951, Ext. 2207