THE MUSSELL MESSENGER

AUGUST 2026 | VOLUME 32 ISSUE 8

510 East Park Avenue
Santa Maria, CA 93454
smvseniors@gmail.com
805-349-0688

www.smvscc.org
Follow Us On Facebook @
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Club Receptionist Hours:
Monday - Friday
10 am - 2 pm

Travel Committee Hours:
Tuesday - Thursday
12:30-3:30 pm



From the President

When you are asked to help out or see an opportunity to get involved, do you step forward and say, "Yes!"... or do you retreat and say, "No"? It can be scary to say, "Yes!" It involves making a commitment.

People make all kinds of commitments in their lives: building friendships, getting married, starting a family, accepting a job, volunteering for an organization, etc. I often ask myself ... now that I am retired and have been a widow for nearly 10 years, what can I do to help?

I have learned that I can get involved and learn new things. It may be hard sometimes to stretch myself, but it can be so rewarding. Keep going, my friends! Consider saying, "Yes" to getting involved with the Club!!!

~ Carolyn Cabrera

Mission Statement

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

PUBLISHED BY THE SANTA MARIA VALLEY SENIOR CITIZENS CLUB (SMVSCC)

02 WELCOME - WE ARE HERE TO SERVE YOU!

2026 Officers

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2026 Committee Chairs

Travel Committee
Nancy Andersen
805-260-9896
nbandersen1981@gmail.com

Sunshine Lady
Teri DeAngelo
805-698-6478
teriangelo@gmail.com

SANTA MARIA VALLEY SENIOR CLUB WHERE FUN HAPPENS

JOIN US!
SANTA MARIA VALLEY SENIOR CITIZENS CLUB

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510 E Park Ave, Santa Maria
Monday-Friday, from 10 am-2 pm
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$20

OR send a check for ~~$25~~ per person to
PO Box 6688, Santa Maria, CA 93456
(Be sure to include a stamped self-addressed envelope If you wish to receive your membership card by mail.)

Membership year runs January to December.
All renewals are due by March 1 each year.

We Need Your Help!!!

Our membership numbers are not returning to what they usually are this time of year. This is causing serious financial issues. We are not filling our minimum number at the monthly dinners and number of mailed newsletters! Invite your friends to join, and **KEEP US ALIVE!!!**

If you know any members in need of a "get well," "thinking of you," or sympathy card, please get in touch with Teri DeAngelo at 805-698-6478 or teriangelo@gmail.com.

Rec & Parks Department Staff

Recreation Leader, Jenna
805-925-0951, ext. 2174

Recreation Receptionist
805-925-0951, ext. 2207

Primary Office
805-925-0951, ext. 2260

AUGUST CELEBRATIONS 03

HAPPY BIRTHDAY

Mark Wilkening	3	Eileen Trujillo	17
Ruth Christiansen	5	Herb Adams	18
Marjorie Brown	7	Nancy Dewey	18
Hope Cozart	7	Ruth Adams	20
Marie Peterson	8	Cecilia Davis	21
Eva Macias	11	Janet Souza	23
Rita Furnberg	15	Cecilia Lopez	25
Virginia Long	16	Laura Selken	28
Lorraine Lopez	16	Cheryl Sidwell	30
Edna Draper	17	Matt Provost	31

If any dates listed are inaccurate, or your information is missing, please contact Laura @ 805-406-9989,

WELCOME

New/Rejoining Members

Leslie Gibbons
Matt & Janell Provost

HAPPY ANNIVERSARY

John & Cindy DiSanti	4
Herb & Ruth Adams	26
Richard & Ana Santana	27
Jason & Georgia Schellas	31

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04 TRAVEL OPPORTUNITIES



Mission San Luis Obispo de Tolosa $38

AUGUST 14 | DEPART: 10:15 AM / RETURN 2:15 PM

Join us for a docent-guided tour of Mission San Luis Obispo. Learn how the Mission was built in stages over many years, who is buried in the floors of the church, and the story behind the centuries-old art that still hangs from the adobe walls. Discover an eclectic mix of crafts, jewelry, art, and books in the gift shop. Lunch at Firestone Grill (on your own).



"Murder On the Air" $68

SEPTEMBER 5 | DEPART: 12:45 PM / RETURN 5:30 PM

We're heading to the **Great American Melodrama** in **Oceano** to see its production of "Murder on the Air"! In 1938, a live radio broadcast faces chaos with picketing musicians, a dwindling crew, and the rumored death of the leading lady, whose body has disappeared. The remaining staff must continue with various programs while solving the mystery all while staying on the air!!



A Haunted Evening of Halloween Classics $65

OCTOBER 29 | DEPART: 3:30 PM / RETURN 8:15 PM

Experience Halloween from a different perspective: a live string quartet performing in the candlelit setting of **La Lomita Ranch** in **San Louis Obispo**. The setting creates a sense of quiet mysticism and visual drama, framing a program that blends classical music with film and television soundtracks closely associated with Halloween. Dinner on your own at SLO Ranch Market.

Coming This Fall/Winter:

- **Million Dollar Quartet Christmas @ San Luis Obispo Repertory Theatre**
  Your favorite rock 'n' roll legends return to the stage for a brand-new holiday musical experience. Johnny Cash, Jerry Lee Lewis, Carl Perkins, and Elvis Presley come together again to celebrate the holidays at Sun Records studio.
- **Christmas at the Santa Margarita Ranch**
  Ride a real steam train, shop the marketplace for locally created crafts and unique gifts, enjoy live entertainment, games, plus a variety of food & more!

Monthly Membership Dinner

MONDAY, AUGUST 10, 2026

Doors Open: 5 pm / Dinner: 5:15 pm

Reserve and pay by Friday, August 7 @ Noon



Celebrate your August Birthday with us!



Meals are catered by Jovi's Delight

Program: Geriatric Care Management and Dementia Consulting featuring Alexandra Morris

Raffle Drawing

Cost: $17 per person

Menu: Country roast beef, scalloped potatoes, steamed vegetables, salad, roll, and dessert.

Each month at our dinners, we honor those celebrating their birthday that month. Be sure to RSVP during your birthday month, and CELEBRATE your special day with others!!!

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Santa Maria Valley Senior Citizens Club

06 AUGUST CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY
3	**4**	**5**
10-12 Scrabble* **12-4 Duplicate Bridge** 1:30-4 Knit, Chat, & Crochet* (Bilingual every Monday)	10-11 Yoga* (#29117) 10:30-11:30 OWL Program* **12:30-3:30 Travel** 1-2 Grief Support Group* 1-3 Bunco* ($3 donation) 1-3 Knit, Chat, & Crochet*	**9 Board Meeting** 9-10 Dance Fitness* (#29044) **12:30-3:30 Travel** **1-4 Beginning Bridge** 1:30-3:30 Brushes & Beyond*
10	**11**	**12**
10-12 Scrabble* **12-4 Duplicate Bridge** 1:30-4 Knit, Chat, & Crochet* (Bilingual every Monday) **5 Membership Dinner ($17)**	10-11 Yoga* (#29117) 10:30-11:30 OWL Program* 12-4 Double Deck Pinochle* **12:30-3:30 Travel** 1-2 Grief Support Group* 1-3 Knit, Chat, & Crochet*	9-10 Dance Fitness* (#29044) **12:30-3:30 Travel** **1-4 Beginning Bridge** 1:30-3:30 Brushes & Beyond*
17	**18**	**19**
10-12 Scrabble* **12-4 Duplicate Bridge** 1 - 2 Flower Potting* (#29127) 1:30-4 Knit, Chat, & Crochet* (Bilingual every Monday)	10-11 Yoga* (#29117) 10:30-11:30 OWL Program* **12:30-3:30 Travel** 1-2 Grief Support Group* 1-3 Bunco* ($3 donation) 1-3 Knit, Chat, & Crochet*	9-10 Dance Fitness* (#29044) **12:30-3:30 Travel** 1-3 Coffee, Convo & Treats* (bring treat to share, #29126) **1-4 Beginning Bridge**
24	**25**	**26**
10-12 Scrabble* **12-4 Duplicate Bridge** 1:30-4 Knit, Chat, & Crochet* (Bilingual every Monday)	10-11 Yoga* (#29117) 10:30-11:30 OWL Program* 12-4 Double Deck Pinochle* **12:30-3:30 Travel** 1-2 Grief Support Group* 1-3 Knit, Chat, & Crochet*	9-10 Dance Fitness* (#29044) **12:30-3:30 Travel** **1-4 Beginning Bridge**
31		
10-12 Scrabble* **12-4 Duplicate Bridge** 1:30-4 Knit, Chat, & Crochet* (Bilingual every Monday)	*Senior Citizen Appreciation Week August 17-21*	**FREE Rec & Park Activities:** 9-4 Billiards* (Mon-Fri) 1:30-4 Table Tennis* (Mon) 9-10 Table Tennis* (Tue) 12-4 Pickleball* (Wed & Thu)

AUGUST CALENDAR OF EVENTS 07

THURSDAY	FRIDAY
6	**7**
10:30-11:30 OWL Program* **12:30-3:30 Travel** **1-4 Hand & Foot Card Game**	9-10 Dance Fitness* (#29044) 10-12 Scrabble* 12-4 Mah Jongg* **12-4 Bingo** 1-4 Board Games*
13	**14**
10:30-11:30 OWL Program* **12:30-3:30 Travel** 1:30-2:30 Sweet Treats: Chamoy Candies* (#28011)	9-10 Dance Fitness* (#29044) 9:30 FoodBank/Cooking Class 10-12 Scrabble* 12-4 Mah Jongg* **12-4 Bingo** 1-4 Board Games*
20	**21**
10:30-11:30 OWL Program* **12:30-3:30 Travel** 1-2 Coaster Making* (#29128) **1-4 Hand & Foot Card Game**	9-10 Dance Fitness* (#29044) 9:30 Breakfast w/Huckleberry's* 10-12 Scrabble* 12-4 Mah Jongg* **12-4 Bingo** 1-4 Board Games*
27	**28**
10:30-11:30 OWL Program* **12:30-3:30 Travel** 2:30-4:30 Mussell Cinema* "The Proposal" (#29071)	9-10 Dance Fitness* (#29044) 10-12 Scrabble* 12-4 Mah Jongg* **12-4 Bingo** 1-4 Board Games*

RIPTIDE Big Band

MONTHLY DANCE
SUNDAY, AUG. 9, 1:30-4 PM

Enjoy the "sunshine & sway" of Riptide Big Band at their Hawaiian Dance featuring vocalist Mitch Latting and guest dancer Yuka Freeman!

PLEASE NOTE:

Classes/activities may be changed or canceled as needed.

Activities shown with an **asterisk*** are hosted by the **City's Recreation & Parks Dept**. Advanced registration is required in most cases. Membership in the Senior Club is not needed. (See the City Receptionist or call 805-925-0951, ext. 2207 for assistance.)

Items in bold are Club activities, and a Club membership is required to participate (with the exception of Bingo). Non-members are welcome to attend events/dinner up to three times before joining (must still reserve and pay by the due date for the monthly dinner).

Club Activities
CONTACT PERSONS

Duplicate Bridge
Alan @ 408-499-5333

Beginning Bridge
Frank @ 805-574-3237

Hand & Foot
Christel @ 805-332-3328

Bingo
Loretta @ 805-264-7160

08 MONTHLY DANCE

SANTA MARIA VALLEY SENIOR CLUB WHERE FUN HAPPENS

Santa Maria Valley Senior Citizens Club

presents a **FREE**

Sunshine & Sway Hawaiian Dance

featuring RIPTIDE Big Band

with guest dancer Yuka Freeman





and vocalist Mitch Latting

Sunday, August 9

1:30-4 pm

Elwin Mussell Senior Center

510 E Park Ave, Santa Maria

Dress Hawaiian, learn to hula, and enjoy some great dance band music!

More info: Judy 775-813-5186

City of Santa Maria Recreation & Parks Department

THE Community FOUNDATION SAN LUIS OBISPO COUNTY

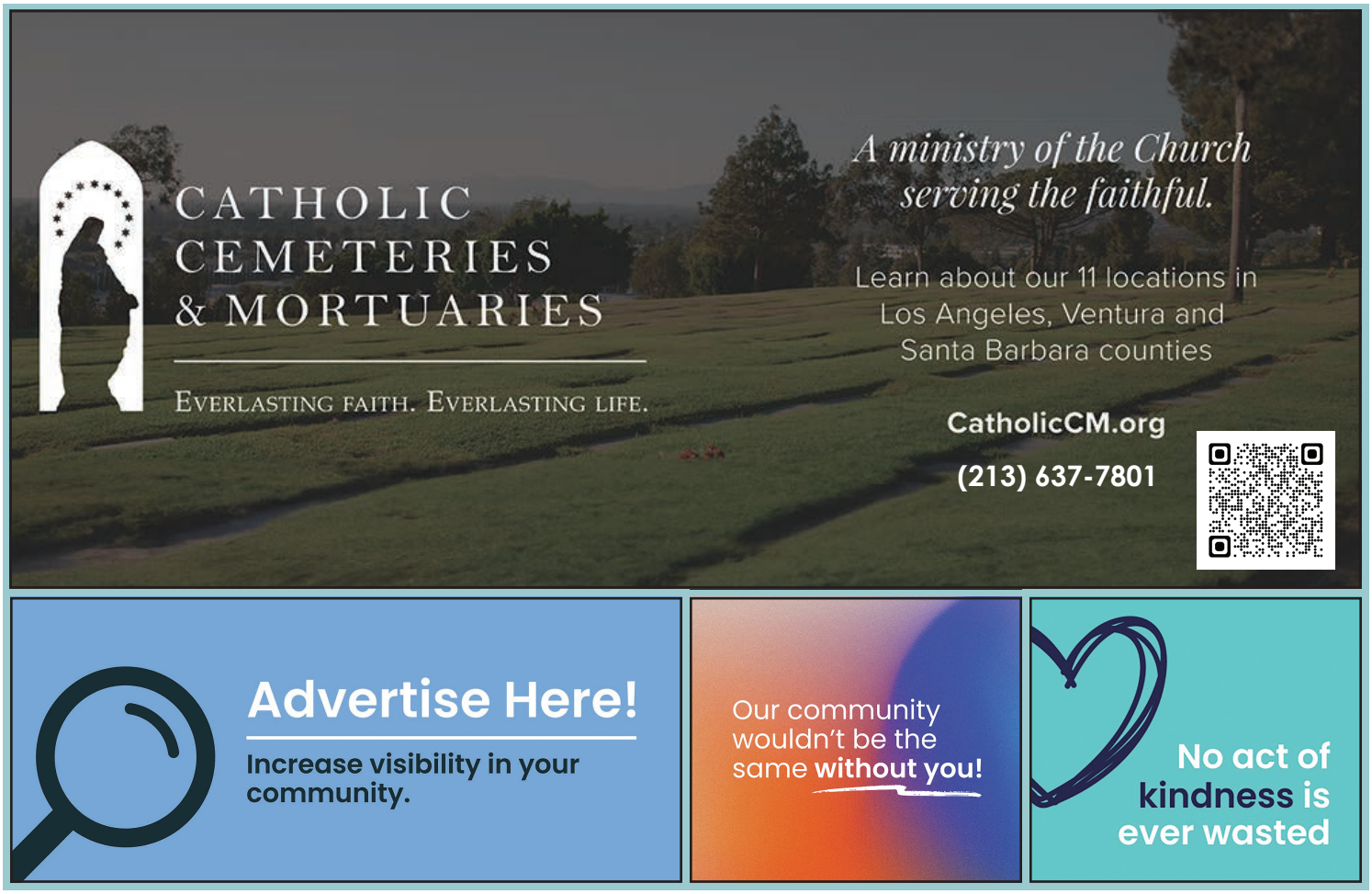
AARP FRAUD ALERT: DEED FRAUD 09

For many of you, your home is your greatest asset. **Deed fraud**, also known as title theft, can put your ownership at risk. It occurs when someone illegally transfers ownership of property by filing forged deed documents and then selling the home. **While not common, real estate experts say they've seen an uptick in recent years**.

How It Works: Criminals use publicly available records and stolen personal data. The stolen deed, along with the owner's stolen identity, can then be used to sell the property. Scammers primarily target unoccupied homes, second homes, vacation homes, and undeveloped land.

What to Know: Homes with no mortgages or high equity are particularly attractive. If someone steals your title, the good news is that the law is on your side; the bad news is that it could take money and time to reverse.

What to Do: See if you have title insurance (if you bought your house with cash, you may not). Look into your options, but avoid title lock insurance. Check with the county recorder's office to see if they have a notification system for owners when their property is the subject of a filing. If you own an unoccupied home or a rental property, make regular visits. If you're not in the same town, have someone keep an eye out for 'For Sale' signs or development. If this happens to you, report the crime to law enforcement, and contact your county recorder's office and title insurance company.



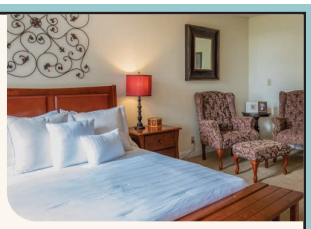
10 JULY MONTHLY DINNER

*Due to a power outage at the Mussell Center, we were not able to have our regular Monthly Membership Dinner in July. However, thanks to Jovi's Delight and **our wonderful volunteers**, we were able to at least distribute the dinners!*





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Recreation & Parks Department

WHAT'S HAPPENING IN AUGUST ~

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS LISTED!

Brushes & Beyond ~ Cut & Collage — Activity #29125

Wednesdays, August 5 & August 12 | 1:30-3:30 pm

August focuses on playful construction. Participants will deconstruct their prints through selective cutting and intuitive layering to build a vibrant collage.

Sweet Treats ~ Chamoy Candies — Activity #28011

Thursday, August 13 | 1:30-2:30 pm

This month, we're making chamoy candy, created by coating traditional candies like gummies, fruit snacks, or licorice in chamoy sauce and finishing them with chili-lime seasoning or spicy candy powder! ($5 donation)

Flower Potting — Activity #29127

Monday, August 17 | 1-2 pm

We're kicking off our **Senior Appreciation Week** with potting flowers and plants. Get your hands a little dirty and enjoy an afternoon of creativity & conversation.

Bunco ~ Tiki Time! — Activity #29330

Tuesday, August 18 | 1:00-3:00 pm

Slip into your favorite tropical attire (Hawaiian shirts, floral prints, leis, or island-inspired colors) and enjoy an afternoon of fun, laughs, & lucky rolls. $3 buy-in.

Coffee, Conversation & Treats — Activity #29126

Wednesday, August 19 | 1-3 pm

Join us in this welcoming space to relax after lunch, enjoying a cup of coffee, sweet treats, and friendly conversation. Participants are encouraged to bring baked goods to share, helping create a warm sense of community.

Coaster Making — Activity #29128

Thursday, August 20 | 1-2 pm

Design a coaster that is uniquely yours while spending time with friends and friends-to-be. Let your creativity shine!

Special Huckleberry's Breakfast — Activity #29129

Friday, August 21 | 9:30-10:30 am

End Senior Appreciation Week with a delicious breakfast from Huckleberry's!

Mussell Cinema ~ "The Proposal" — Activity #29071

Thursday, August 27 | 2:30-4:30 pm

Watch "The Proposal" with us ~ a romantic comedy filled with heartwarming moments and unforgettable characters!! Light refreshments provided.

For more information and/or **assistance with pre-registration**, please visit the **city's** receptionist desk or you can call directly at 805-925-0951, **ext. 2207**.

Santa Maria Valley
Senior Citizens Club
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