The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC) 510 East Park Avenue, Santa Maria, CA 93454





President's Message ~

RELEASING THE PROBLEM!

Have you experienced not being able to find a tool or item you need? Lately, it has been happening to me a lot more than I like to experience or admit. What do you do? You can cry, complain, get very upset, or just stop! Process the problem. Yesterday it was my car keys, today it was my strawberry stem picker. Instead of over-reacting, just stop, and figure something else out until the item turns up (because it always turns up!). Use the second car key. Use a small knife for the strawberries. It isn't worth all the frustration to keep looking in

the same places you have looked at five times! Of course, I found the keys much later, and it sure felt good! And in the meantime, the stress of searching and searching was averted! Keep going! Try to avoid moments of frustration by working around the cause of your stress. If I can do it, you can do it. Together, we can make it!

Our next dinner will be on **Monday, August 11**, featuring Gabriela Lopez with CommUnify Community Services. She will be discussing their programs, especially assistance with utilities for seniors and others in need. The menu includes meatloaf, mashed potatoes, vegetables, salad, roll, and dessert. Your **PRE-PAID** reservations will be due by **Friday, August 8, at Noon**. Please be sure to make your reservations in advance, rather than just "showing up" on Monday. We need an accurate number, so that we can order the correct amount of food. Thanks for your cooperation.

Riptide Big Band is back for some **SUMMER FUN!** Don't miss their dance on **Sunday, August 10, from 1:30 to 4 p.m.** at the Mussell Center. This event is open to the public and **FREE**, thanks to the generous grant from the Community Foundation of San Luis Obispo County! Invite your neighbors and friends! And be sure to save the date for the dance on **September 14th** with a tribute to Big Bands!!

Please note: We are continuing to mail newsletters to nearly all of our members in order to maintain our bulk mailing rate and will need to do so until we are able to build up our membership numbers again. Unfortunately, this is taking longer than we anticipated. Thank you for your patience and understanding.

Santa Maria Valley Senior Citizens Club Central Coast Active Adults!

MISSION: Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

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2025 Officers & Committee Chairpersons

ccabrera0048@gmail.com Carolyn Cabrera 805-448-0623 President 1st VP Jolene Simons 805-266-8767 isimons93309@gmail.com Co-2nd VPs Ray & Alice Torres 805-931-0305 pelon@charter.net Liz Regulski [contact Carolyn or Laura with questions] Treasurer Recording Secretary Christel Kurth 805-332-3328 kurth1313@comcast.net Corresponding Sec. Laura Selken 805-406-9989 laura.selken@gmail.com Member at Large Liz Reynertson 661-317-2893 erevnert@gmail.com Travel nbandersen1981@gmail.com Nancy Andersen 805-260-9896 Sunshine Teri DeAngelo 805-698-6478 teriangelo@gmail.com

Recreation and Parks Department Staff & Phone Numbers:

Recreation Technician JoDee Klug 805-925-0951, ext. 2207

Cynthia Rodriguez 805-925-0951, ext. 2207 Program Specialist

Recreation & Parks Receptionist 805-925-0951, ext. 2207

Recreation & Parks Dept. Primary Office 805-925-0951, ext. 2260 (615 S. McClelland St.)



Mark Wilkening	3	Herb Adams	18
Ruth Christiansen	5	Nancy Dewey	18
Marjorie Brown	7	Ruth Adams	20
Hope Cozart	7	Callye Caccamo	20
Marie Peterson	8	Edward Canales	23
Don Carpenter	9	Eleanor Shade	23
Werner Zimmerman	9	Janet Souza	23
Telly Afi	10	Paula McMurray	25
Dolores Armenta	15	Cecilia Lopez	25
Rita Furnberg	15	Jackie Jones	26
Virginia Long	16	Delores Bass	27
Lorraine Lopez	16	Mary Furtado	27
Edna Draper	17	Cheryl Sidwell	30
Eileen Trujillo	17	Matt Provost	31
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Johnnie & Cindy DiSanti August 4

Frank & Emma Rodriguez August 5

Jim & Carm Wyckoff August 12

Herb & Ruth Adams August 26

Richard & Ana Santana August 27

Jason & Georgia Schellas August 31



Elizabeth Frary Terry Reagan

Sunshine Corner Deepest Sympathy to ...

Jeannine Vanier whose mother, Dorothy, passed away



Get Well Wishes to ... Laurie Maxson



If you know of any members of our club who are in need of a "get well," "thinking of you," or a sympathy card sent to them. please contact Teri DeAngelo at teriangelo@gmail.com or 805-698-6478. She would rather be told twice than not at all!



Travel Opportunities Santa Maria Senior Travel Committee



Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

August 13 ~ Collette Presentation of "American Heritage"

1 pm

Learn all about this eight-day, seven-night trip, April 17-24, 2026. Highlights include Smithsonian Museums • Twilight Monument Tour • Arlington National Cemetery • The Greenbrier Resort (White Sulphur Springs, WV) • Monticello • Colonial Williamsburg • Mount Vernon. Brochures available.



August 17 ~ Dodgers vs Padres, Dodger Stadium

\$168

We're going to see the Dodgers in LA! Bring an adult friend or family member for \$25 more (\$193) per person! Departs: 8:45 a.m./Returns: 7:00 p.m.

September 13 ~ Great American Melodrama - 50th Anniversary Spectacular \$65

The Melodrama in Oceano will be celebrating a sampler of half a century of performances! The first course offers loads of opportunities to boo and cheer, and then they'll serve up two huge helpings of song, dance and comedy, highlighting some favorite numbers from past years along with terrific brand-new material! Departs: 12:30 p.m./Returns: 6:00 p.m.





October 5 ~ Philadelphia, Amish Country, & Brandywine Valley \$3325* pp dbl./\$4050* pp sgl.

Six-day, five-night trip; stay in one hotel in Philadelphia; includes Valley Forge National Historical Park • Tour of Philadelphia • Independence Hall & Liberty Bell • National Constitution Center • Two DuPont Mansions • Hershey's Chocolate World • Amish

Country, including Amish farm & house, and family style dinner. Hosted by Premier World Discovery. *Save when paying by check!

October 30 ~ Candlelight Concert Tribute to Adele, Santa Barbara \$75

A string quartet performs a mesmerizing take on some of Adele's most powerful songs in an intimate, candle-lit atmosphere at the Music Academy of the West. Dinner will be on your own at the Santa Barbara Public Market. Departs: 3:00 p.m./Returns: 9:30 p.m.



November 20 ~ "Cinderella" ballet, Clark Center, Arroyo Grande

\$80

A dazzling production by the World Ballet Company brings the beloved fairy tale to life with 40 international dancers! Departs: 6:00 p.m./Returns: 9:00 p.m.

December 10 ~ Cambria Christmas Lights/Market

\$60



The Cambria Christmas Market features more than two million twinkling lights with artisan vendors, cozy fire pits, live music, delicious food & drink, and much more. Cost includes bus and entry into the Lights/Market. Departs: 4:00 p.m./Returns: 9:30 p.m.







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Greetings from the Santa Maria Recreation & Parks Department!

What's Happening in August!

Have you been enjoying our Summer Edition programs? We've had such a great time sharing them with you, and we hope you've been having fun too! We're looking forward to continuing these programs! (Ask the City receptionist for help with registration, if needed!)

- * Wednesdays, August 6 & 13, 1:30-3:30 p.m. ~ Brushes & Beyond: Mindful Marble Painting & Mixed Media Join us in creating some amazing artwork for all skill levels; all materials will be provided. (formerly Zen Doodle) [Activity #24964]
- * Thursday, August 14, 1:30-2:30 p.m. ~ Sweet Treats: Chamoy Candy Come & join the fun make your very own delicious chamoy candy! [Activity #24960]
- * Tuesday, August 19, 1-3:30 p.m. ~ Bunco Get ready to roll the dice and have a blast at our fabulous flamingo-themed bunco game. Be sure to wear your favorite pink item to get in the spirit the more flamingo flair, the better! \$3 to play. [Activity #24379]
- * Wednesday, August 20, 10-11:30 a.m. ~ "Honoring Our Gems" Appreciation Party Join us as we celebrate our amazing Mussell Center members! Come hang out on the outdoor patio for a morning of fun games, tasty snacks, and great company. Let's honor the wonderful people who make our center so special! [Activity #25326]
- * Thursday, August 21, 1-2 p.m. ~ Lotería: Groovy 70s Edition Join us for a far out game of 70s Lotería! Get ready to boogie as we play our groovy version of this classic game. Dress up in your favorite 70s attire for a chance to win an extra prize the funkier, the better! Bring a friend! Win a Prize! [Activity #24385] Reminder: new day and time!
- * Thursday, August 21, 2:30-4:30 p.m. ~ Mussell Cinema: "Fried Green Tomatoes" Join us for Mussell Cinema as we watch the classic "Fried Green Tomatoes"! Come relax and enjoy this heartfelt film with us. Light refreshments and snacks will be provided; all you need to bring is yourself! Doors open at 2:15 p.m. [Activity #24954]
- * Thursday, August 28, 1-2:30 p.m. ~ Golden Girls Summer Bash Join us for our Golden Girls Summer Bash! We're throwing a fabulous summertime celebration inspired by our favorite Golden Girls. Think laughter, friendship, and plenty of sunshine! Wear your best tropical attire and get ready for a golden good time! [Activity #25352]

For more information, registration assistance, and a complete list of events, please visit the city receptionist or call 805-925-0951, ext. 2207.



Congratulations to our July Winners: Liz Reynertson ~ \$35 / Wanda Spenny ~ \$23



We are sad to announce to you all that **Marlene & John Medeiros** have had to step down from being the leads for our Friday afternoon Bingo. They have

been great volunteers for this often thankless task. We wish to extend our deepest gratitude for their long-time service to our Club. We appreciate your efforts more than we could ever say.

Thankfully, they cultivated a crew of four volunteers to take their places, so Bingo will continue! It is a joint program between your Senior Club and the City Rec & Park Department. It is open to the public, and there is a small charge to take part! If you haven't played with us lately, come check it out!! It's such a great opportunity to get out of the house, socialize with others, and even make new friends.

Thanks again to Marlene & John!!



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AUGUST 2025***

Monday	Tuesday	Wednesday		Friday		
For more information on any City Rec. & Park activities, and/or assistance with their necessary pre-registration, please visit the CITY receptionist desk Monday through Friday from 9 am to 4 pm, or call 805-925-0951, ext. 2207. You may also visit the main office at 615 S. McClelland St or call them at ext. 2260.						
9-4 Billiards* 4 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1:30 Table Tennis*	9-4 Billiards* 5 9 Table Tennis* 9 BYOB* 10:15 Yoga* 11:30 60s Dance* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Crochet+* 1-3:30 Bunco*	9-4 Billiards* 6 9 Bd. Meeting 9 Dance Fitness* 10 Line Dancing* 12:30-3:30 Travel 12-4 Pickleball* 1-4 Beg. Bridge 1:30-3:30 Brushes and Beyond*	9-4 Billiards* 7 9 BYOB* 10:15 Yoga* 12-4 Pickleball* 12:30-3:30 Travel 1p Hand & Foot	9-4 Billiards* 8 9 Dance Fitness* 9:30 Foodbank Cooking Class & Food Distribution 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games 12:45-3:30 Bingo		
9-4 Billiards* 11 10 Line Dancing* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1:30 Table Tennis* 5 Member Dinner	9-4 Billiards* 12 9 Table Tennis* 9 BYOB* 10:15 Yoga* 11:30 60s Dance* 12-4 Pinochle* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Crochet+*	9-4 Billiards* 13 9 Dance Fitness* 10 Line Dancing* 12:30-3:30 Travel 12-4 Pickleball* 1-4 Beg. Bridge 1:30 -3:30 Brushes and Beyond*	9-4 Billiards* 14 9 BYOB* 10:15 Yoga* 12-4 Pickleball* 12:30-3:30 Travel 1:30 Sweet Treats*	9-4 Billiards* 15 9 Dance Fitness* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* 12:45-3:30 Bingo		
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NOTE: Classes/activities may be changed or canceled by the instructor, city, or Club as needed.

Activities with an asterisk* are hosted by the City of Santa Maria Recreation & Parks

Department. Advanced registration is required in most cases (see City Receptionist).

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