

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

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AUGUST 2020



Carolyn Cabrera

President's Message ~

Another month has passed, and we are almost into August. It feels endless at times, but I am sure you all have accomplished so much when you look back. Families have reconnected on a level rarely possible in our social structure of today. However, seniors can get quite lonely, especially if they live alone and don't have any family close by. Phone calls are particularly good at easing the isolation. They can lift our spirits and carry us to the next day. Pets also relieve the emptiness. My two dogs and two cats have helped me keep quite busy. I do tend to limit my news watching as it helps me keep more positive. Getting out in the fresh air and sunshine also increases my positive outlook. The Mussell Center remains closed with the increased COVID-19 cases, but we continue to look at ways to keep our Club members safe when it finally does open. If you have any suggestions please call or email me. I would appreciate any and all help in this area. Until next time, I miss you and hope that you continue to stay safe

2021 BOARD MEMBERS NEEDED!

PRESIDENT

GENERAL DUTIES OF THE POSITION:

- ◎ To promote the welfare of the organization.
- ◎ Preside at all monthly business meetings and special meetings of general membership and the Board of Directors.
- ◎ Appoint Chairpersons of all committees subject to approval of the Board of Directors.
- ◎ Make sure bills are paid in a timely manner and sign checks of the organization in the absence of the Treasurer.
- ◎ Handle grievances of members with assistance from the Board of Directors.
- ◎ Work with the city's Recreation Coordinator in reserving rooms for club activities throughout the year and ensure that these activities run smoothly.

1ST VICE PRESIDENT

GENERAL DUTIES OF THE POSITION:

- ◎ Assist in promoting the welfare of the organization.
- ◎ Attend all monthly business meetings and special meetings of general membership and the Board of Directors, and assume the duties of the President in his/her absence.
- ◎ Serve as officer in charge of the monthly business meeting dinner, creating a committee of volunteers assisting with set-up/decorating, serving, and clean-up.
- ◎ Sign checks in the absence of Treasurer and President.

IF YOU ARE INTERESTED IN SERVING ON THE BOARD IN 2021, PLEASE CONTACT CAROLYN CABRERA (CONTACT INFORMATION ON PAGE 2).

Additional open positions will be announced in the September issue. Elections are normally held at the December membership meeting dinner, and officers are installed in January.

2020 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.co
Member-at-Large:	George Tise	805-925-6322	gtot58@aol.com
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org

AUGUST BIRTHDAYS!

Rose Lopez	4	Jim Keeney	16
Jean Nanninga	4	Virginia Long	16
Ruth Christiansen	5	Eileen Trujillo	17
Linda Bonetto	6	Lottie Villalobos	17
Marilyn Gardner	6	Herb Adams	18
Marjorie Brown	7	Ruth Adams	20
Hope Cozart	7	Ralph Foster	20
Marie Peterson	8	Kathy Waxman	20
Werner Zimmerman	9	Edward Canales	23
Telly Afi	10	Joan Snowdy	25
Marjorie Schwartz	10	Eloise Thatcher	25
Cheri Randolph-Crawford	11	Jackie Jones	26
Ray Diaz	13	Robert Gerber	28
Dolores Armenta	15	Laura Selken	28
Rita Furnberg	15	Jacque Williams	28
Susan Rauzi	15	Larry Holdredge	31

If any birthdays/anniversaries listed here are incorrect or missing, please contact the editor: Laura Selken at 1-805-406-9989 or laura.selken@gmail.com.

AUGUST ANNIVERSARIES!

Alejandro & Maria Ahumada	8
Jim & Joan Snowdy	8
Jim & Pat Keeney	9
Herb & Ruth Adams	26
Richard & Ana Santana	27
Leon & Madeline Permasse	28
Jason & Georgia Schellas	31

AUGUST DAYS OF NOTE:

7 International Beer Day (*first Friday in August*) • **9** International Day of the World's Indigenous People • **13** International Left-Hander's Day • **17** National Thrift Shop Day • **21** Senior Citizens Day • **26 Women's Equality Day (& this year, the 100th Anniversary of the passage of the 19th Amendment!)**


Please, call Simone at 1-805-925-6267 about any members or their loved ones who may need a "get well," "thinking-of-you" or sympathy card sent to them.





RECREATION & PARKS DEPT. REPORT

The national news may not be all that positive lately, but I have some great news to report from the Recreation and Parks department! The **Paul Nelson Aquatic Center** is open for adult lap swim. It's been closed since December for a large scale renovation project and has now re-opened under new guidelines related to the pandemic. **Call 805-925-0951 ext. 2252** for detailed instructions on how to reserve a swim lane. We are also busy planning some family-friendly **drive-in movie nights in our parks**. Dates will be announced once they are confirmed. It's a wonderful way to bring the family together when the regular movie theatres are closed. We have several more virtual programs planned that will be done 100% online. Past online programs have varied, including an online art show and a talent show. Feel free to contact us if you need help knowing how to participate "virtually" to enjoy these programs. It can help pass the time while our regular programs are on hold, and it can help each of us improve our computer skills by trying something new online.

 The new **Elwin Mussell Center Facebook** page is up and running, so please "Like" it and open another form of communication with us so we can stay in touch, especially while the Mussell Center is closed. Please contact Wendy Hudson (805-925-0951 ext. 2351 or whudson@cityofsantamaria.org) if you'd like to be added to our new email list. We will be sending out a newsletter from the City periodically to help everyone stay informed.

In these uncertain times, I want to list again a few valuable resources that you may want to investigate for yourself or a friend. The **211 hotline** is a free service in Santa Barbara County that provides information from a variety of social service programs and agencies. If you know anyone who needs help with housing, insurance, food, home-delivered meals, healthcare, etc., I suggest you call 211. Hearing a helpful, caring voice on the other end of the line can really help when a person feels unsure or isolated. The **Community Action Commission (CAC)** offers home-delivered meals. The people I have referred to CAC for this service say they are very thankful to be part of the program. They look forward to seeing their delivery person each day and are very pleased they made the call to sign up for meals. For many, it's the only "outside" contact they have! Their number is **805-925-3010**.

I was made aware recently of a 96-year-old woman who is living in her home with the help of a team of caregivers. She is in good health but was unsure how to handle a serious pest control problem that was ignored by her caregivers. Several close friends and even some family members knew of the problem but did not offer help. Finally, one friend stepped in as soon as she heard and was able to get a pest control expert there almost immediately. This situation reminded me that people can be home and "just fine" one week and then have some unexpected issue rise up the next week that can be overwhelming and one that can even compromise the safety of their living situation. **Please call and check on friends near and far.** If you checked on them a while back, please check on them again. We are indeed in this together and we can still help each other even when we can't physically be together. The call you make could brighten someone's day or could make life significantly better for them as was the case of the pest control problem.



It's back to school time in August ... either online or in person. Let's wish all the children the best as they start the new school year. No matter what happens, it will be a year to remember!

Barbara Wiley, Recreation Coordinator • 805-925-0951 ext. 2264 • bwiley@cityofsantamaria.org

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
Vol. 26, Issue 7
August 2020
Monthly Newsletter



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The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

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TRAVEL OPPORTUNITIES SANTA MARIA SENIOR TRAVEL COMMITTEE



The office is not open at this time. Please call and leave a message: 805-349-0688

UPCOMING TRIPS ARE **ON HOLD** FOR 2020:

Unfortunately, all our trips have been postponed or canceled. We are doing our best to keep travelers informed of all updates, including refunds and rescheduling. Please be patient.

September 30-October 8 ~ Eastern Canada

\$3549 Dbl., \$4499 Sgl.

Niagara Falls • Ottawa • Quebec City • Montreal • Toronto • Windsor • St. John's • St. Peter's •
Shack • Montmorency Falls, etc.



Check out our Facebook page: "**Santa Maria Senior Travel**"



Visit our website: smvscc.org

You'll find this month's newsletter on the home page along with important information.

Explore other areas of the site by clicking on various sections in the upper right side.
See the Senior Resources section for the latest on senior scams and COVID-19 information.