

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)
510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 1-805-925-0951, ext. 2207



Carolyn Cabrera

President's Message ~

Wow! It has really been nice outside. Spending time in my yard is a favorite activity for me. How about you? What is a favorite activity? Ping pong, cornhole, or some of the other new activities at the center? Come and play, sit out on the Mussell Center patio ... enjoy!

Thank you, Herb Adams, for providing the entertainment for our Senior Club Meeting dinner in July when our scheduled speaker was unable to make it. Everyone really enjoyed the sing-along. The dinner was really exceptional! If you have not been coming ~ give it a try! It is well worth the \$10!!

It has been a very sad past few weeks for the Board and the Club with the loss of past SMVSCC President and current treasurer Christel Kurth's sweetheart of 54 years, Al Kurth; the passing of SMVSCC Co-2nd Vice-President Alice Torres' sister, Donna Lynn Eisenhut; and the loss of our very dear Charlotte Gaskill, who served the Senior Club and the City as a Mussell Center receptionist (and so much more!) since 1995 ~ 24 years! We offer the Club's condolences to each family and give our support and love.

Fortunately, we were able to celebrate the life and service of Grace Jarvis *[pictured at right]* during the Club dinner meeting in July! She has served the club since 1998 ~ 21 years! We all were rejoicing in her healing from a broken hip. She wanted to help with the coffee, but Anne had it all ready for her. Many more outings await you, Grace. Keep going strong!

Many blessings to you all!

~ Carolyn



Santa Maria Valley Senior Citizens Club *Central Coast Active Adults!*

Our Mission:

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2019 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.com
Member-at-Large:	OPEN	Contact Carolyn	if you are interested
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org



Santa Maria Valley Senior Citizen's Club

presents

Hot August Dance Party!

Featuring the Central Coast's Favorite Dance Band

RIPTIDE
Big Band

Sunday, August 11 -- 1:30 to 4 p.m.

*Elwin Mussell Senior Center
510 E. Park Ave., Santa Maria*



FREE!

Funded with a grant from

THE *Community* FOUNDATION
SAN LUIS OBISPO COUNTY

20
YEARS of
IMPACT



This program is made possible
with the support of the



Refreshments available!

For more information, please contact Judy at 775-813-5186,

find us at [Facebook.com/RiptideBigBand](https://www.facebook.com/RiptideBigBand), or visit us at RiptideBB.com

Visit our website: smvscc.org You'll find the current month's newsletter on the home page, along with special events and/or time sensitive information. Explore other areas of the site by clicking on the names of the different sections in the upper right: **Activities Calendar, Special Events, Travel Opportunities, Senior Resources, & Newsletters.**

The Club offers **FREE Wi-Fi** at the Center *plus* two laptops & several tablets are available to use in the lobby area **at NO CHARGE** thanks to the City of Santa Maria!



TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH

“FIRST DAY SALES” IS SCHEDULED FOR **AUGUST 5TH**. DOORS WILL OPEN AT **9 A.M.** WITH THE SALE BEGINNING SHORTLY AFTER. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. THE FOLLOWING TRIP(S) WILL BE ON SALE:

Laughlin ~ November 11-14 & (possibly) Cambria Scarecrow Festival ~ October 16

UPCOMING TRIPS SCHEDULED/UNDER CONSTRUCTION FOR 2019/2020:

August 25 ~ Roger Rocka Dinner Theater (Fresno) \$106*

Special Engagement! “Calamity Jane” featuring country music legend Louise Mandrell as Calamity, making this light-hearted, rip-roaring fairy-tale a real bulls-eye! Sold out, but a wait list has been started!

September 23 ~ Spotlight on San Antonio TRIP PRESENTATION \$TBA*

See below for details on this trip in April 2020. Presentation on 9/23/19 starts at **10 a.m.!**

October 16 ~ Cambria Scarecrow Festival \$TBA*



The Cambria Scarecrow Festival has grown into a community-wide event with hundreds of scarecrows bowling, bathing, painting, pedaling, fishing, and flying through Cambria, San Simeon, and Harmony. It is one of the most unique festivals of hand-crafted folk art in the U.S. Limited to the first 20 people who sign up (possible 2nd bus only if enough people sign up at “First Day Sales”).

October 30-November 7 ~ Branson, Memphis, & Nashville \$3175* Dbl., \$4025* Sgl.
Contact office for remaining availability.

November 11-14 ~ Laughlin, NV

Staying at the Edgewater Hotel/Casino Resort.



\$TBA*

December 4 ~ Cambria Christmas Market - Festival of Lights

\$TBA*



Enter a winter wonderland and be immersed in a world of twinkling lights, music and merriment. Shop in the vendor market, enjoy live music, taste traditional German foods, and more at this charming outdoor festival. Limited to the first 20 people who sign up (possible 2nd bus only if enough people sign up the first day).

December 14? ~ Buck Owens' Crystal Palace - Bakersfield

\$TBA*

April 5-9, 2020 ~ Spotlight on San Antonio

\$TBA*

Mission San Jose • The Alamo • Paseo del Rio Cruise • LBJ Ranch • Fredericksburg • choice of South Texas Heritage Center or San Antonio Botanical Gardens • El Mercado • Olive Orchard ~ includes five days/four nights hotel accommodations and five meals.



***All prices are per person**



Check out our Facebook page: **Santa Maria Senior Travel**





GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

Here's a brief description of just some of the interesting activities we have planned for the month of August:

- **Diabetes Education Class by Dignity Health: Tuesdays, 1-3 p.m., Mussell Senior Center**

Whether you have a loved one with diabetes or if you have been told to "watch your sugar intake," this class will help you better understand how to prevent or live with this disease.

- **Concerts in the Park: Sundays, 1-3 p.m., Rotary Centennial Park, 2625 S. College Dr.**

August 11: The Bang August: Cumbias, Old School, and Classic Rock

August 25: Steppin' Out: Top 40 Hits, Old School

- **Movies in the Park: Saturdays at dusk**

August 10: "Captain Marvel" at Rotary Centennial Park, 2625 S. College Dr.

August 24: "Dumbo" at Pioneer Park, 1150 W. Foster Rd.

- **Celebration of Life Luncheon: August 14, 11 a.m., Veterans Memorial Community Center, 313 W. Tunnell St.** Guests age 90+ are invited to attend for free with either one or two companions. To register or volunteer for this event, call 805-925-0951 ext. 2207 by August 9.

- **Smartphone Classes: Tuesdays, 3-5 p.m., Mussell Senior Center**

August 20: Android Class

August 27: iPhone Class

Class size is small, so please register early by calling 805-925-0951 ext. 2207. Participants must have their phones with them in class.

- **Arts and Crafts Pop Up Shop: October 2, 11 a.m. – 3 p.m., Mussell Senior Center**

If you want to sell items you have made, contact Wendy 805-925-0951 ext. 2351 to reserve your space.

Also coming soon ... Emergency Preparedness Workshops to help you plan and prepare for potential emergencies. These classes are sponsored by the Recreation and Parks Department and the Santa Maria Fire Department and will include prizes and awards for people who complete six or more of these informative mini-workshops. What would you do if you had to evacuate your home? Do you have emergency supplies at home with a first aid kit? Do you have provisions to shelter in place for at least three days? These workshops will help you get ready!

Congratulations and many thanks to all participants and donors who supported the Alzheimer's Association Longest Day event on June 21st. We raised just over \$1,150 for the Alzheimer's Association and had a fun time playing and socializing well into the evening hours. We played ping pong, Mexican train dominoes, Mah Jongg, pool, bingo, bunco, Farkle, and assorted board games. What a fun way to spend the longest day of the year!

I'll be off for work August 15-21 to spend a few days with my daughters before their school opens on August 21st. Yes, it's also back to school time for many this month!

Enjoy your summer travels and our fun activities, and I'll see you at the Center!

National Senior Citizen Day is August 21st!

**Come visit us at the Center
from 9 a.m. to 3 p.m. that day
for special activities and offers!!**

~ Barbara Wiley, Recreation Coordinator
805-925-0951 ext. 2264
bwiley@cityofsantamaria.org

More information to come!

In Memory of Charlotte Gaskill ~

Charlotte Gaskill was a blessing to many who visited the Mussell Center. She became a receptionist in July of 1995, and served on the Membership Committee since March of 1996. We are very grateful for all her help. She was always there to lend a hand, but never wanted to be in the spotlight or have her picture taken. She will be greatly missed by so very many.

As a memorial to honor Charlotte, and in appreciation for her 24 years' service as a volunteer at the Mussell Center, a tree will be

planted at the Mussell Center as part of the City's Tree of Life Program. A plaque will be installed at the base of the tree. If you'd like to help with this effort, please bring a donation and give it to either Wendy or Barbara. We need approximately \$500

to place the order for the tree and plaque, and the final price is still being negotiated. When the tree planting date is set, we will let everyone know so we can have a small reception in her honor immediately following. Condolence cards for her family may also be dropped off at the Mussell Center.

The Tree of Life Program is also available for other milestones: to celebrate the birth of a baby, a birthday or anniversary. There are many choices of trees and a long list of parks where they may be planted. It's a beautiful tribute for any occasion! For more information about this lasting memorial, contact 805-925-0951 ext. 2260.

~ with our deepest sympathy



New Eligibility rules for Cal Fresh Benefits!

Beginning this summer, **seniors** in California who receive **Supplemental Security Income (SSI)/State Supplemental Payment (SSP) benefits** will also be able to apply for **CalFresh food benefits**. CalFresh Food helps people with low income buy the nutritious food they need for good health. Recipients can buy food from any grocery store or farmers market that accepts EBT (an electronic benefit card). There will be no change or reduction to SSI/SSP amounts. Call or come into a local county office to determine your eligibility (Santa Maria Office: 805-346-7135; San Luis Obispo County: 800-834-3002). You may also click [HERE](#) to go directly to the site and register online.



Sunshine Corner

Deepest Sympathy to ...

Alice Torres, Co-2nd Vice President,
whose sister, Donna Lynn, passed
and to Mike & Jeri Pollard
whose step-mother,
Charlotte Gaskill, passed

Please, contact Simone about members or their loved ones who need a get well, thinking of you, or sympathy card sent. Please, leave your name and number when you call (805-925-6267).



August 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
Cost Bingo: 50¢/card Bunco: \$3/day BYOB: \$27/mo.+ Chairobics: \$19/mo.+ Folk Dance: (Mon.) \$15.50/mo.+ Yoga: \$27/mo.+ Zumba Gold: \$27/mo.+ +Santa Maria Residents \$Must Register In Advance!!		NOTE: <i>Classes may be canceled by the instructor or the City as needed.</i>	1 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	2 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	3 9-12 Pool*
9-3:45 Pool* 5 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 5 pm Monthly Membership Mtg. 7-9 Folk Dance*§	6 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	7 9 Exec. Bd. Meeting 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet* 1-4 Beginning Bridge	8 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	9 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	10 9-12 Pool*
12 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 7-9 Folk Dance*§	13 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	14 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	15 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	16 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	17 9-12 Pool*
19 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 7-9 Folk Dance*§	20 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	21 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	22 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	23 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	24 9-12 Pool*
26 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 7-9 Folk Dance*§	27 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	28 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	29 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	30 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	31 9-12 Pool*

Activity Contact Persons: Book Exchange ~ 1-805-937-8859 (Jane) / Pinochle ~ 1-805-934-2315 (Tuesdays)
 Duplicate Bridge ~ 1-805-937-5691 (Mondays) & 1-805-922-5000 (Thursdays) / Bunco ~ 1-805-714-7003
 (1st Tuesdays) & 1-805-925-5454 (3rd Tuesdays) / Folk Dancing (Thursdays) ~ 1-805-925-5429 (Betty)

* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

August Birthdays

Jean Nanninga	4-Aug	Eileen Trujillo	17-Aug
Ruth Christiansen	5-Aug	Lottie Villalobos	17-Aug
Marilyn Gardner	6-Aug	Herb Adams	18-Aug
Elizabeth Cervantes	7-Aug	Elena Chavez	18-Aug
Hope Cozart	7-Aug	Ruth Adams	20-Aug
Marie Peterson	8-Aug	Ralph Foster	20-Aug
Don Carpenter	9-Aug	Kathy Waxman	20-Aug
Elora Curtis	9-Aug	Lee Kuhl	21-Aug
Werner Zimmerman	9-Aug	Edward Canales	23-Aug
Telly Afi	10-Aug	Eloise Thatcher	25-Aug
Ray Diaz	13-Aug	Jackie Jones	26-Aug
Dolores Armenta	15-Aug	Bill Barnett	28-Aug
Rita Furnberg	15-Aug	Laura Selken	28-Aug
Mona Ishimoto	15-Aug	Jacque Williams	28-Aug
Virginia Long	16-Aug	Tomiko Miyamoto	30-Aug
Edna Draper	17-Aug	Larry Holdredge	31-Aug

New/Rejoining Members

Sharron Branco
 Marcy Diaz
 Mary Ann Fallon
 Raina Flores-Chambers
 Ron & Karen Iverson
 Ernie Penny

If a birthday/anniversary is not listed/inaccurate, please call or text Laura at 805-406-9989 or email her at laura.selken@gmail.com

August Anniversaries

Frank & Emma Rodriguez	5-Aug	Herb & Ruth Adams	26-Aug
Ron & Karen Iverson	6-Aug	Richard & Ana Santana	27-Aug
Alejandro & Maria Ahumada	8-Aug	Leon & Madeline Permasse	28-Aug
John & Karen Ransome	12-Aug	Randy & Amy (Yu-)Jackson	29-Aug
Jim & Carm Wyckoff	12-Aug	Jason & Georgia Schellas	31-Aug
Al & Virginia Serna	13-Aug		

CONGRATULATIONS!

Happy July Birthdays!



Bruce Rodriguez, Rosa Rivas, Jim Wyckoff, & Gloria Davis

Be sure to join us next month at our **September Monthly Dinner**! The program will be on **Amtrak** and the meal will include **Salisbury steak & buttered noodles**! Celebrate September birthdays with a **carrot cake**, and buy a few raffle tickets for a chance to win some cash!

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
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Monthly Newsletter



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CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

 Monthly Membership Meeting 

Monday - August 5

Doors Open: 5: p.m. - Dinner: 5:15 p.m.

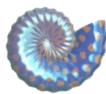
Hawaiian teriyaki kabobs, Java red rice, steamed veggies,
crunchy oriental chicken salad, beef & vegetable sesame noodles, & Taro cake

Reserve & Pay by
Friday - August 2

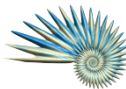
\$10 per person

Catered by
Jovi's Delights!


**Raffle
Drawing**



featuring
Eliza Pardo



Community Action Commission
Home Energy Program


Celebrate Your
August Birthday
with Us!

Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 925-0951, Ext. 2207