

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club
510 East Park Avenue, Santa Maria, CA 93454

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1-805-925-0951 ext. 2207



AUGUST 2018



Christel Kurth

Dear Members,

Tragedy struck our Club twice in June. We are in deep sorrow over the loss of our members **Tom Dutart**, who was senselessly murdered, and **Rosemary Fox**, who sadly succumbed to her illness. Both Tom and Rosemary worked very hard for our Club. Tom was a past president for two years, and Rosemary Fox was on the Executive Board as our Recording Secretary. They will be fondly remembered and greatly missed.

On a happier note, by the time you read this letter, our Wi-Fi will be up and running. We hope that the installation did not cause any inconvenience to your activities at the Club. The initial total for the Wi-Fi was \$8,2049.00, and I am happy to report that the Travel Committee has donated \$2,000.00 towards the cost. **Kathy Doty**, Travel Committee Chairperson, presented a check to us at our July Membership Meeting. We are

very grateful for the donation!

We applied once again for a grant from **The Community Foundation of San Luis Obispo County**, and thankfully, they have awarded funds to us again!!! We received the grant money July 10 when **Len Smolburd** visited the Elwin Mussell Senior Center to present us with the check. All proceeds will be used to cover the cost of the musicians for our monthly dances, allowing us to provide them at no cost to attendees! The dates for all the dances for the rest of this year and into the next have been lined up with the City of Santa Maria, with your favorite musical group, **Riptide Big Band**, performing at each one.

In addition to some really good food the last few months at our monthly Membership Meetings, we have had some wonderful speakers from Dignity Health. The last speaker was Jean Raymond, a Registered Nurse and Clinical Nurse Specialist in Gerontological Nursing. She spoke to us about **POLST** (Physician Orders for Life-Sustaining Treatment). Jean pointed out how important it is for everyone, at any age, to have a POLST, and that it needs to be updated at regular intervals to make sure that your wishes are carried out. Talk to your doctor about it.

We will have one more speaker from Dignity Health at our August meeting. Don't miss it!

Remember, if there is anything that we can help you with, please don't hesitate to contact me or a board member.

At your service, **Christel Kurth, President**

WE WANT YOUR THOUGHTS!

For some time now, the board, as well as City employees, have talked and brainstormed about what could be done with the area behind/beside the Elwin Mussell Center! But, we want and need more input! What would **YOU** like done with the unused/underused area??? We are certainly open to any suggestions! Don't hold back! Dream big! You just never know! Please share your thoughts! You can simply reply by email (if that's how you receive the newsletter), or jot it down and drop it in the Suggestion Box at the Center. Please, no phone calls!!

2018 Officers & Committee Chairpersons

President:	Christel Kurth	805-332-3328	kurth1313@comcast.net
1st Vice President:	Carolyn Cabrera	805-925-0769	ccabrera48@verizon.net
2nd Vice President:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Jason Schellas	805-354-0083	jschellas@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
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Statistics & Reports:	Charlotte Gaskill	805-934-2607	
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org

In Memory of Rosemary Fox ~



We lost Rosemary Fox the same day as Tom Dutart. After years of working for the County in social services, she continued to serve her community in her retirement. She volunteered at the Mussell Center, most recently serving as Secretary of the SMVSCC Board, as well as at Marian Medical Center in the NICU. Rosemary was a dedicated, giving, and sharing person filled with joy and laughter. Some may have thought she was a quiet soul, but she definitely left her mark on this world ~ with all those she touched. She will be greatly missed ...

~ with our deepest sympathy







Senior Discussion Group

Tuesday, July 31, 2018
Elwin Mussell Center
(510 E. Park Ave.)
2:00-4:00 PM
50 yrs. & up

FREE!

In light of recent events, the Center for Successful Aging has designed a discussion session for seniors who want to share remembrances of those who have passed, and learn helpful strategies for coping with fear, grief and loss in a group setting. Individual sessions can be arranged to discuss private matters.

The Center for Successful Aging provides one-on-one peer counseling for seniors who would like someone to talk with about everyday challenges and concerns. Specially trained seniors meet with other seniors to provide guidance and support. Seniors discuss a variety of issues such as coping with loss, issues of aging, anxiety, depression and family concerns. Fees are charged on a sliding scale. Call (805) 898-8080 for more information or to make an appointment.



TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

NO FIRST DAY SALES SCHEDULED FOR AUGUST!

THE TRAVEL COMMITTEE ENCOURAGES EVERYONE TO SIGN UP FOR THE VARIOUS TRIPS WE ALREADY HAVE SCHEDULED BELOW. WE ALSO HAVE SOME EXCITING ADVENTURES COMING UP IN 2019, INCLUDING A BRANSON/MEMPHIS/NASHVILLE TRIP, AND “CHRISTMAS ON THE DANUBE” VISITING THE CHRISTMAS MARKETS AND SO MUCH MORE!

UPCOMING TRIPS/PRESENTATIONS (AVAILABILITY VARIES ~ CHECK WITH THE TRAVEL OFFICE):



August 20 ~ Mystery Trip

I wish we could tell you more but ... it's a secret!!

TRAVEL WITH US!

\$87*

September 12 ~ Santa Cruz Follies

\$99*

We will be enjoying their presentation, “The Way We Were,” a sentimental journey honoring singers and songs of the past. After the 1 p.m. show, we will be eating at Pacific Grill (formerly Sea Harvest) in Moss Landing. Leave: 7 a.m./Home: 8:45 p.m. *(estimated return time)*

September 24 ~ Presentation of Collette’s “Spotlight on New York City” ~ followed by sales
See description below for May 30-June 3, 2019 trip to the “Big Apple.”

October 6 ~ M & M (Melodrama & Madonna Inn)

75*

This is our annual luncheon to Madonna Inn with a choice of two entrees, non-alcoholic drink, and dessert in the private round room, followed by a fun time at the Melodrama to see their production of “Scary Poppins.” Leave: 11:45 a.m./Home: 6 p.m. *(estimated return time)*

October 9-17 ~ Niagara Falls/Heritage Tour

\$3055* Dbl., \$3955* Sgl.

Trip includes Niagara Falls; Lancaster, Gettysburg, & Philadelphia, PA; Washington, DC; Arlington Cemetery, Mount Vernon, & Colonial Williamsburg, VA. Optional insurance available for \$225 per person. Passport is required! *(Note: Make final payment by check, and get \$100 off the price.)*



October 28-31 ~ Laughlin, NV

\$170* Dbl., \$205* Sgl.

We will be staying at the Edgewater Casino Resort this time. They are under new management including a new housekeeping manager. They now have coffee pots in the rooms, as well as free Wi-Fi. Many of the rooms have been renovated. One pizza lunch and one buffet meal is included. Prices are going up in Laughlin, but we were able to get a good deal here. Quite a few spaces are still available!

November 20-23 ~ Wonder Valley Resort

WONDER VALLEY

\$500* Dbl., \$650* Sgl.

Sale of the Wonder Valley trip has commenced with several seats still available. Payments may be made in two installments with final payment due by Thursday, Sept. 27. Visit or call the Travel Office for more details.

May 30-June 3, 2019 ~ Spotlight on New York City

\$3099* Dbl., \$3949* Sgl.

Trip includes an extensive tour of New York City while staying in a single hotel for the duration. Two Broadway shows are on the itinerary, as well as a ferry cruise of the harbor, shopping, dining, and many of the City’s famous landmarks.

There is an “add-on” to experience Greenwich Village for \$85. Don’t miss this great opportunity to see New York up close and personal. *Save \$100 when book day of presentation.*



***All prices are per person**



Check out our Facebook page: “[Santa Maria Senior Travel](#)”





GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

Active Aging Week is scheduled for September 22-29, and this year it includes a new event that will showcase the many talents of our local seniors. On Wednesday, September 26, we will host a **Senior Marketplace** where seniors have the opportunity to sell any items they have personally made. The event will run from 1 to 4 p.m. and during those hours, the public is invited to come shop and purchase the handmade items. Do you crochet? Knit? Paint? Sculpt? Is your talent in wood working or pottery? Here's your chance to show off your skills and earn a little money while other people can take home the project you have made! There is **no cost to participate**! You will set your own prices and keep 100% of the proceeds! Tables are reserved on a first come, first served basis. Crafters will share tables whenever possible to help include as many vendors as we can.



Please contact me (805-925-0951, ext. 2264) if you want a space to sell items during the Senior Marketplace. We really want to have lots of people of all ages come into the center that day so that we can also promote the programs we offer. Please let me know if you're willing to volunteer to help the event run smoothly. We can always use a friendly greeter to welcome our guests or to help some of the seniors with their shopping list!

In September, I'll highlight more of the other events we're planning for Active Aging Week. This annual event is a week-long observance that celebrates active aging adults as fully participating members of society and promote the benefits of leading an active, healthy lifestyle. Also new to this year's event, is the **Senior Pickleball Tournament** on Saturday, September 22. This 50+ competition includes men's doubles, women's doubles, and mixed doubles with skill level categories of 3.0, 3.5, and 4.0. I'm mentioning this in August so that you might have plenty of time to get a partner and play Pickleball! Deadline to register is September 14th.



A couple reminders ... the City's voicemail system is a 24-hour system so you may leave a message for me any time of day or night. I change my voicemail every business day so that callers have a general idea of what my schedule is likely to be. My usual work hours are 8 a.m. to 5 p.m.. If you call after hours, I will hear the message the next time I am at my desk and will return calls when I am able. Also, although most City Departments are now closed Fridays, the Recreation and Parks Department is open and ready to assist you! Please visit us at the Center, call me at 805-925-0951, ext. 2264, or email me any time at bwiley@cityofsantamaria.org.

Enjoy these lovely August days !

~ **Barbara Wiley, Recreation Coordinator**

Concerts in the Park features live performances on the following Sundays in August & September from 1-3 p.m. at **Rotary Park**, 2625 S. College Dr.:



August 5: The Band August, playing '70s and '80s "Old School" & Latin

September 9: Steppin' Out, playing R&B Dance and "Old School"

Movies in the Park presents family-friendly movies in a City park on the following Saturdays in August, beginning at dusk:



August 4: "Pirates of the Caribbean: Dead Men Tell No Tales" at the **Paul Nelson Aquatic Center**, 600 S. McClelland St., and **August 18:** "Black Panther" at **Rotary Park** (see above).

"A Little Old Time Rock & Roll"

featuring

Bob "Elvis" Nations and the

RIPTIDE
Big Band

Dance, Sing, & Relive the great music from the 50s and 60s!



Sunday, August 12 -- 1:30 - 4 p.m.

Elwin Mussell Center

510 E. Park Ave., Santa Maria

FREE

thanks to a grant from ...

THE *Community*
FOUNDATION
SAN LUIS OBISPO COUNTY

20
YEARS of
IMPACT

sponsored by



More info? Call Judy @ 1-775-813-5186

Riptide BB.com or

Riptide Big Band on Facebook

This program is made possible
with the support of the



The Sunshine Corner

Get Well Soon!



Joyce Cox
Gloria Davis
June Hughart
Nancy Low
Marjorie Morrow
Judie Oliva
Beth Shurtleff



In Sympathy to ...

Linda Dutart & family
whose husband, **Tom Dutart**, passed



The Family of **Rosemary Fox**

The Family of **Gussie Goodhue**

Please continue to contact me about members who need a card from the Sunshine Corner, or the families who have lost a loved one. Please note, when you call me, I would greatly appreciate it if you would leave your name and telephone number in case I need to contact you for any reason. Thank you! ~ Simone (925-6267)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
Lunch Prepared by Community Action Commission & delivered to the Mussell Senior Center Monday - Friday, 11:30 a.m. Must make reservation 24 hours in advance. Call 1-805-925-3010		9-3:45 Pool* 1 9 Exec. Bd. Meeting 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet* 1-4 Beginning Bridge	9-3:45 Pool* 2 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	9-3:45 Pool* 3 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool* 4 9 am-1 pm Duplicate Bridge
9-3:45 Pool* 6 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 5:30 Monthly Membership Mtg. 7-9 pm Folk Dance*§	9-3:45 Pool* 7 9-10 BYOB*§ 1:30-4 Bunco*	9-3:45 Pool* 8 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	9-3:45 Pool* 9 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	9-3:45 Pool* 10 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool* 11 9 am-1 pm Duplicate Bridge
9-3:45 Pool* 13 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	9-3:45 Pool* 14 9-10 BYOB*§ 1-4 Double-Deck Pinochle*	9-3:45 Pool* 15 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	9-3:45 Pool* 16 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	9-3:45 Pool* 17 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool* 18 8:30-1 pm Siamese Mah Jongg* 9 am-1 pm Duplicate Bridge
9-3:45 Pool* 20 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	9-3:45 Pool* 21 9-10 BYOB*§ 1:30-4 Bunco*	9-3:45 Pool* 22 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	9-3:45 Pool* 23 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	9-3:45 Pool* 24 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool* 25 9 am-1 pm Duplicate Bridge 
9-3:45 Pool 27 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	9-3:45 Pool* 28 9-10 BYOB*§ 1-4 Double-Deck Pinochle*	9-3:45 Pool* 30 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 1-4 Beginning Bridge & Instruction	9-3:45 Pool* 31 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	COSTS Bingo: 50¢/card Bunco: \$3/day BYOB: \$25/mo. Chairobics: \$19-\$23.50/mo. Zumba: \$27-\$33.5/mo.	Classes may be canceled by the instructor or City as needed.

Activity Contact Persons: Book Exchange ~ Jane Bringley (1-805-937-8859)

Duplicate Bridge ~ 1-805-937-5691 (Mondays) ~ 1-805-922-5000 (Thursdays) ~ 1-805-925-6350 (Sat.)

Pinochle ~ 1-805-934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ Betty Anthony (805-925-5429)

* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

AUGUST BIRTHDAYS

Joseph Vieira	1-Aug
Irene Voysey	3-Aug
Jean Nanninga	4-Aug
Ruth Christiansen	5-Aug
Marilyn Gardner	6-Aug
Audrey Mussell	6-Aug
Marjorie Brown	7-Aug
Elizabeth Cervantes	7-Aug
Hope Cozart	7-Aug
Rick Graeser	7-Aug
Bonnie Newman	7-Aug
Marie Peterson	8-Aug
Don Carpenter	9-Aug
Elora Curtis	9-Aug
Werner Zimmerman	9-Aug
Telly Afi	10-Aug
Almeta Schneider	10-Aug
Norma Seaman	11-Aug
Jesse Santillan	12-Aug
Ray Brown	13-Aug
Dolores Manriquez	14-Aug
Dolores Armenta	15-Aug
Rita Furnberg	15-Aug
Charlotte Gaskill	16-Aug
Virginia Long	16-Aug
Eileen Trujillo	17-Aug
Lottie Villalobos	17-Aug
Herb Adams	18-Aug
Elena Chavez	18-Aug
Cathy Buchert	19-Aug
Ruth Adams	20-Aug
Ralph Foster	20-Aug
Rose Mary Rosas	20-Aug
Kathy Waxman	20-Aug
Lee Kuhl	21-Aug
Larry Bates	22-Aug
Diane Eaton	22-Aug
Edward Canales	23-Aug
Mary Lafaille	25-Aug
Eloise Thatcher	25-Aug
Bill Heintz	26-Aug
Jackie Jones	26-Aug
Shirley Soto	28-Aug
Jacque Williams	28-Aug
Margie Lee	29-Aug
Gloria Scozzafava	29-Aug
Tomiko Miyamoto	30-Aug

HAPPY JULY BIRTHDAY!



BRUCE RODRIGUEZ, GLORIA DAVIS,
ARLENE DVORAK, ROSA RIVAS, & TINA LOPEZ

Celebration of Life

Thomas Alan Dutart

aka "Tommy Tuba"

July 4, 1935 - June 19, 2018



Sunday, August 5, 2018

1:00 - 5:00 pm

Pismo Beach Veteran's Memorial Building
780 Bello Street, Pismo Beach, CA

PLEASE NOTE: **If you made a reservation** for Tom Dutart's Celebration of Life, some of the flyers had the wrong times. It is from **1 to 5 p.m.** Don't forget to bring a salad or dessert to pass, and dress casual ~ wear **red, white, and blue!** To avoid driving in "downtown" Pismo Beach, take the **Wadsworth** Exit. Turn right on Wadsworth Avenue, and immediately right again on Bello Street to the Vet's Memorial Building.

AUGUST ANNIVERSARIES

Bill & Cheryl Heintz	1-Aug
Rogelio & Arleen Flores	7-Aug
John & Karen Ransome	12-Aug
Jim & Carm Wyckoff	12-Aug
Al & Virginia Serna	13-Aug
David & Dolores Manriquez	23-Aug
Herb & Ruth Adams	26-Aug
Richard & Ana Santana	27-Aug
Leon & Madeline Permasse	28-Aug
Jason & Georgia Schellas	31-Aug

WELCOME
NEW/FORMER MEMBERS

•Janice Battles	•Linn Henry
•Elaine Beale	•Annie Lawrence
•Kathy Boysen	•Almeta Schneider
•Larry Caro	•Shirley Soto
•Patty Cope	•Carole Steiner
•Judy Garrett	
•Mickey Graeber	

WELCOME

If your birthday or anniversary listed is not accurate, or if your name and date for your special day is missing, please contact Laura Selken, at 406-9989, or laura.selken@gmail.com.
(Note: Only couples where both are paid members of the Club will have their anniversary listed.)

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
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CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

MONTHLY MEMBERSHIP MEETING



MONDAY, AUGUST 6



DOORS OPEN: 5:30 P.M. / DINNER: 6 P.M.



MEXICAN MEAL W/ ENCHILADAS, TAQUITOS, RICE, BEANS, SALAD, & DESSERT

RESERVE & PAY
BY AUGUST 2

\$10 PER PERSON

CATERED BY

FEATURING

TACO RANCHERO

LARRY FOREMAN, D.O.



SOOTHING THE SYMPTOMS WITHOUT EFFECTING A CURE



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 925-0951, Ext. 2207