

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 1-805-925-0951, ext. 2207

★ July 2021 ★



Carolyn Cabrera

President's Message ~

"Good Day!" dear Club Members! We are moving forward! Little steps at a time. The Mussell Senior Center officially opened on June 16 and will officially welcome visitors, beginning in July. We will see us returning to the Mussell Center for just a few of our Club activities during the month.

Receptionists will be back in place on Tuesday, July 6 (the Center is closed July 5), from **10 a.m. to 2 p.m., Monday through Friday** ... possibly longer in the coming months. The **Travel Committee** will return to the Center the last week of June to begin work on planning trips. In July, members will be able to stop in on Tuesdays, Wednesdays, and Thursdays from 12:30 to 3:30 p.m. (*days and times subject to change*) to register and file any necessary paperwork.

We will be resuming our **monthly membership meeting and dinner** on **Monday, July 12** (*see the back page*). Due to the generosity of the Travel Committee, we are able to have a "welcome back" cost of only \$5 per person. Please, be sure to reserve your spot between Tuesday, July 6, and Friday, July 9, by 2 p.m. Unfortunately, due to the rising cost of food, our monthly dinner price will increase to \$12 per person, starting in August.

We will have **one Bingo** session during the month ~ **Friday, July 16, from 12 to 4 p.m.** In conjunction with the Recreation & Parks Department, we are exploring other days and times to have the weekly Bingo.

As we look ahead, the Board and I will be working with the Rec & Parks Department to schedule more of our activities in August. Stay tuned! See you there!!

Visit our website: smvsc.org

You'll find the current month's newsletter on the home page, along with special events and important information. Explore other areas of the site by clicking on various sections in the upper right side, including a calendar of events, senior resources, & past newsletters.

Please, be patient as we update the website to reflect the various returning and new club events and city programs in the coming weeks and months. Thank you!

Santa Maria Valley Senior Citizens Club *Central Coast Active Adults!* **Our Mission:**

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2021 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Annie Lawrence	805-903-3170	calligrapher.annie@gmail.com
Co-1st Vice President:	Kathleen Marshall	805-608-1381	kathleenmarshall17@yahoo.com
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.co
Director of Purchasing:	George Tise	805-925-6322	gtot58@aol.com
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org



Sunshine Corner



Get Well Soon!

Jo York

Please contact Simone (805-925-6267) about anyone who may need a card from the Sunshine Corner (get well, thinking of you, sympathy, etc.). Please, leave your name and number when you call in case she needs to contact you for any reason.



In Sympathy to ...

the families of
former members
Linda Avanzino,
Margaret Campbell,
& Norma Jean Schuermann,
long-time Travel Committee volunteer



TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



July Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

Plans are in the making ~ Travel with us SOON!



Check out our Facebook page: “[Santa Maria Senior Travel](#)”



NOTE: We hope to have the monthly **Book Exchange** return to the Mussell Center in August. It will either be the third or fourth Wednesday of the month, probably from 1 to 3 p.m. We need to have “good attendance numbers” to maintain it, so please let Jane know you are interested in the monthly exchange by calling her at 805-937-8859.



GREETINGS FROM THE RECREATION & PARKS DEPARTMENT



Happy Parks and Recreation Month! We are thrilled to announce that the Mussell Center is **now open** for walk-in guests. The staff will continue wearing face coverings for the foreseeable future. **Masks are optional for fully vaccinated adults. By entering the Mussell Center without a face covering, you are attesting to being fully vaccinated against COVID-19 or are exempt under County Department of Public Health guidelines.** All others are required to wear a face covering.

As we reopen and redesign senior services, the programs will open gradually based on facility use and current needs. Some familiar programs will return, and others will not. We welcome your ideas so that we know what would most interest our community members.

The best way to **stay current on City programs** is to provide your email address so that you are notified about what programs are open. Please, send an email to let me know you want to be contacted: bwiley@cityofsantamaria.org.

We are excited to launch a new **Active Living Access Pass (ALAP)** at the Mussell Center. The ALAP is your “ticket” for fun and leisure activities at the Mussell Center since **all guests will soon be required to enter and scan in using their pass card**. The ALAP is **free** and is provided by the City of Santa Maria Recreation and Parks Department. Guests may visit once without the ALAP at which time they will be given an application form to complete. The passes are similar to a store rewards card and will be made in the lobby of the Mussell Center. **The pass must be brought to the Center each time you visit so that attendance each day can be monitored.** Stay tuned for more information on how to obtain your pass! **In the meantime, see pages 4 and 5 for additional details and an application.**

Here are some **upcoming events** to mark on your calendars:

- ♦ **Cookie Decorating Class:** July 2021
- ♦ **Beginner and Intermediate Ukulele Classes:** July 2021
- ♦ **National Night Out:** August 3, 2021, 5:30 – 8:00 p.m.
- ♦ **Concerts in the Parks:** 1:00-3:00 p.m. on July 18, August 15, August 29, & September 26

FREE!

OUTDOOR UKULELE LESSONS
Ages 50+

Elwin Mussell Center
510 E. Park Avenue
Tuesdays & Thursdays
12:30-1:30 PM

Learn chords, melodies, and favorite songs!
Baritone ukuleles provided or bring your own!

Register online at www.cityofsantamaria.org/register

Classes held on the outdoor patio. Hats and sunscreen are recommended.
The building remains closed; please plan ahead.
Social distancing and mask are required.

Must Register in Advance!

For more information, call the Recreation and Parks Department at (805) 925-0951 ext. 2260

I look forward to seeing you back at the Mussell Center!

~ Barbara Wiley
Recreation Coordinator •
805-925-0951 ext. 2264 •
bwiley@cityofsantamaria.org

Like us on Facebook!



CLICK ON ME!



**City of Santa Maria
Recreation and Parks Department**

615 S. McClelland Street, Santa Maria, CA 93454 | (805) 925-0951 Ext. 2260

Active Living Access Pass

The Santa Maria Recreation and Parks Department would like to welcome you to the Elwin Mussell Center, the home of Active Living Programs designed to meet the needs of adults age 50+. All visitors to the Mussell Center must obtain an Active Living Access Pass to participate in any activities held in the Center. This is a drop in recreational facility. You may enter or leave at any given time during the designated facility hours and may choose to engage in many different activities throughout the duration of your visit. The daily activities vary. If you have any questions regarding the policies and procedures for activities, please speak with a City staff member on site during the designated hours of operations. Membership in the Santa Maria Valley Senior Citizen's Club is optional. Members wishing to join that non-profit organization must follow their guidelines and policies which are separate from the City policies outlined here.

Safety is our utmost concern. Please follow all City facility and program guidelines:

- 1) Participants will refrain from wearing inappropriate clothing.
- 2) Fighting (physical contact) and threats to staff or patrons will not be tolerated.
- 3) Drug use, alcohol and smoking is not permitted.
- 4) Members will maintain respect for the staff, facility and guests of the Elwin Mussell Center at all times.

If these guidelines are not followed, we reserve the right to implement corrective action which may include the following: verbal warning, written contract, or suspension from the facility. We may also, at any time, request a meeting with participant(s) before allowing them to return.

I give permission to the City of Santa Maria to make or use pictures, digital images, and audio/video media or other reproductions of me and to put the finished images and other media to use without compensation on the Internet including social media sites, publications, television, or other printed or electronic materials of the City of Santa Maria. I consent that those materials are the property of the City.

It is the mission of the Recreation and Parks Department to enrich the lives of our community members through recreation activities, and the staff wants you to feel confident when you visit the Mussell Center. Please feel free to contact us, at the above number, with any questions you may have.

I have read and understand the information provided to me in this form, and with my signature, I agree to follow the policies and procedures at the Elwin Mussell Center.

Applicant Signature

Date



City of Santa Maria
Recreation and Parks Department
 615 S. McClelland Street, Santa Maria, CA 93454 | (805) 925-0951 Ext. 2260

Active Living Access Pass Application

All fields must be filled out completely.

Information will be kept confidential unless needed by emergency personnel.

Thank you.

CONTACT INFO		
First Name	Middle Name	Last Name
Home Address	City, State & Zip Code	Application Date
Home Phone	Cell Phone	Email Address
Primary Emergency Contact	Primary Emergency Phone	Relationship
Secondary Emergency Contact	Secondary Emergency Phone	Relationship

DEMOGRAPHICS		
Gender	Birthdate (mm/dd/yy)	Current Age
Male Female		

SIGNATURE	
Member Signature	OK to Email (please initial)

STAFF USE ONLY		
Staff Receiving Application	Staff Creating Card	Effective Date

CARING TOGETHER - SANTA BARBARA COUNTY



A group of Santa Barbara County nonprofits and community organizations announced they have joined forces to help family caregivers self-identify and find supportive services. The community awareness campaign is called **Caring Together Santa Barbara County**. The campaign is made up of the following agencies: Alzheimer's Association, Area Agency on Aging, Family Service Agency, Lompoc Valley Medical Center, Lompoc Valley Community Healthcare Organization, Santa Barbara Foundation, and the Santa Barbara County Promotores Network.

According to Ashley Costa, LVCHO Executive Director, "This evolution means caregivers throughout the county will have broader access to a larger community of county-wide resources and referral sources to support them and the needs of their loved ones."

Family caregivers looking for support can access information online at CaringTogetherSBC.org. There they can learn about local resources, take a caregiver stress quiz, or complete a care map. You can also reach them by calling 805-965-1001, extension 407.

Caring Together Santa Barbara County is focused on helping caregivers understand they are not alone in their caregiving efforts and there is a network of organizations to support them.

**Caring for a senior loved one or friend?
You are not alone.
Caring Together
Santa Barbara County
is here for you.**



NEWS from

CENTRAL COAST COMMISSION
FOR SENIOR CITIZENS

528 South Broadway, Santa Maria, CA 93454

It was announced in May that the **Community Action Commission will no longer be able to provide senior meals, including lunches served at the Mussell Senior Center, beginning**

July 1. However, the **Central Coast Commission for Senior Citizens - Area Agency on Aging** has stepped in and will "provide **direct meal services through the delivery of meals** to the homes of the participants in the current program.... This is a temporary option and will be in place until a stable, community-advised solution is implemented." At this time, new clients are still being accepted for service. Please, contact the Area Agency on Aging after July 1 to sign up. You may call 805-925-9554 or 800-510-2020, or email seniors@KCBX.net.

We are planning to Walk in person this year!

Join us in your community!

Save the Date ~ Oct. 2, 2021!



**WALK TO
END
ALZHEIMER'S**

alzheimer's association®

Register at alz.org/walk

Happy Birthday! July Birthdays!

Judy Willcox	1
Tom Porcho	2
Maria Ahumada	4
Vanette Diaz	5
Bruce Rodriguez	7
Dolores Byron	9
Arlene Dvorak	10
John Medeiros	12
Nettie Silva	14
Karen O'Neil	17
Marlene Miller	20
Louise Frye	21
Gloria Davis	22
Bob Newman	24
Pat Keeney	28
Donna Nisbet	29
Sharon Starkey	29
Dennis Parke	31



Happy Anniversary! July Anniversaries!

Don & Claudia Sylvester	10
Bob & Joyce Turner	24

If any dates are incorrect or missing, please contact Laura Selken at either 805-406-9989 or laura.selken@gmail.com.



Welcome! New Member!

Karen O'Neil

WELCOME

Thank you to all the wonderful people who attended and/or supported **"The Longest Day"** event held at the Mussell Center on Monday, June 21, featuring the Riptide Big Band! It was a very successful fundraiser, and a great opportunity to listen to some music, do some dancing, and get out of our cocoons!! Looking forward to the next one! Monthly dances are scheduled to resume in August.

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
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Monthly Newsletter



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RETURN SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter



Monthly Membership Meeting

Monday - July 12



Doors Open: 5 p.m. - Dinner: 5:15 p.m.

Lemon chicken with rice, steamed veggies, salad, & chocolate fudge cake

Reserve/Pay by:
Friday - July 9

\$5 per person

Catered by:
Jovi's Delight

featuring

Herb Adams
Singing your
favorite songs!



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 **805-925-0951, Ext. 2207**