

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)
510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 1-805-925-0951, ext. 2207

July 2020

President's Message ~



Carolyn Cabrera

Hope you are doing well and keeping a positive outlook. Sometimes it is hard with all the problems going on around us. I received word from the City that the Santa Barbara County issued the latest business openings and requirements on June 12, 2020. The Senior Center is in the category of Attachment A which is **not** allowed to open at this stage along with dances. We will keep waiting and hoping for the staging announcement that will allow us to open with special guidelines.

I want to remind everyone that this coming December is the end of my second year as President. The President of the club is limited to a 2-year term. We need to start thinking about our officers for 2021. Please let me know if you are interested, or if you have any suggestions. Anything would be appreciated. Do not forget you can call me to chat if you just want to talk. Stay safe and well. Until we can gather again ...

Monthly Membership Meeting

Unfortunately, we still don't know when the monthly membership meetings will resume. Only time will tell. We will do everything we can to bring it back in some form, but we don't really know what that might entail. We are taking our directives from the City's Recreation and Parks Department. They, of course, are following the mandates of the city and state as to how to proceed. All are working from the credo of keeping you safe ~ and that is what is most important for all of you to remember. Your health and safety are what comes first to us on the board, and to the officials and staff of the City of Santa Maria.



TRAVEL OPPORTUNITIES SANTA MARIA SENIOR TRAVEL COMMITTEE



The office is not open at this time. Please call and leave a message: 805-349-0688

UPCOMING TRIPS ARE **ON HOLD** FOR 2020:

Unfortunately, all our trips have been postponed or canceled. We are doing our best to keep travelers informed of all updates, including refunds and rescheduling. Please be patient.

September 30-October 8 ~ Eastern Canada

\$3549 Dbl., \$4499 Sgl.

Niagara Falls • Ottawa • Quebec City • Montreal • Whistler • Beer & Tasting • Maple Sugar Shack • Montmorency Falls, etc.

The possibility of this trip is still unknown at this time.



Check out our Facebook page: "[Santa Maria Senior Travel](#)"



2020 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.co
Member-at-Large:	George Tise	805-925-6322	gtot58@aol.com
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org

July Birthdays!

Judy Willcox	1	Charles Stramsky	14
Tom Porcho	2	Sylvia Mechtold	17
Rosa Maria Rivas	2	Ali Look	18
Maria Ahumada	4	Marlene Miller	20
Vanette Diaz	5	Louise Frye	21
Eileen Krienke	5	Gloria Davis	22
Bruce Rodriguez	7	Tina Lopez	22
Dolores Byron	9	Bob Newman	24
Arlene Dvorak	10	Pat Keeney	28
Don Eslinger	10	Wally Savely	28
Sue Mandler	11	Sharon Starkey	29
John Medeiros	12	Dennis Parke	31
Nettie Silva	14	Charlene Remillard	31

July Anniversaries!

Don & Claudia Sylvester	10
Bob & Joyce Turner	24
Ken & Trish Combs	27

If any birthdays/anniversaries listed here are incorrect or missing, please contact the editor: Laura Selken at 805-406-9989 or laura.selken@gmail.com.

July is National Ice Cream, Hot Dog, Pickle, Watermelon, and Picnic Month!!!

1 National Postal Workers Day - **4** Independence Day - **6** International Kissing Day -
10 Collector Car Appreciation Day - **15** National Be A Dork Day - **18** Nelson Mandela Day -
24 National Cousins Day - **29** International Tiger Day - **30** 55th Anniversary of Medicare
It's also Independent Retailer Month ~ Support your local shop owners!!!

The Sunshine Corner

*There is no report for this month. **REMEMBER**, if you are aware of ANY members who need some "sunshine" ~ not feeling well, hospitalized, going through a difficult time, or have suffered the loss of a loved one, **PLEASE call Simone**. Leave your name and telephone number in case she needs to contact you for any reason. She may be reached at (805) 925-6267.*



RECREATION & PARKS DEPT. REPORT



July is National Parks and Recreation Month! The warm weather and longer days make a perfect combination to explore the hundreds of acres of City parks, trails, and open space.

Recreation Supervisor, Cindy Hoskins, has been working with Wendy Hudson to develop the plans to reopen the Elwin Mussell Center when we are approved to do so. There is an attestation process through the County that has to be completed by both the City and the Senior Club in order to open up. No date has been set at this time. We will be sending out a survey soon to obtain your input on how best to welcome you back to the Mussell Center so be on the lookout for that.



We miss seeing you in person! Since we cannot be together at this time, we want to encourage you to stay connected through the **Facebook** pages for **City of Santa Maria Recreation and Parks Department**, the **People for Leisure and Youth Inc. (PLAY Inc.)**, and the newly created **Elwin Mussell Center** page. If you are not sure how to join these groups, you might consider asking a teenager or twenty-something member of the family to assist you. Sometimes asking a younger friend or family member to help lets them share their skills with you and can open up positive dialog on other topics. You may also call us to help you, if needed.

Facebook is free and can be used anytime, day or night. There are also ways to have a video chat via Facebook Messenger at no charge. That is a great way to stay connected with loved ones, even when you can't be together due to social distancing. Some of you are probably experts on Face Time and Zoom, but many seniors have not yet been introduced to these modern conveniences. If you have some experience in this area, I encourage you to share your skills with others who may not know how to stay in touch using these methods. All of these options can increase our sense of community while we are apart, improve your state of mind by seeing friends and family members, and it lets them make sure YOU are doing well during this unprecedented season.

Another fun way to connect is by entering the Recreation and Parks Department **Virtual Talent Show**, July 10-July 24 until 4 p.m. All you need to enter is a one minute video of you performing your talent. It can be singing, dancing, playing a musical instrument, telling jokes, or even showing off your cooking talents! Whatever you can showcase in one minute or less! Submit videos online to rpinfo@cityofsantamaria.org. Let's see how talented you are! You may even win one of the ten gift card prizes. I look forward to seeing what you submit!



Wendy is putting together take-home craft kits since we cannot have the Make & Take classes in person. Each month there will be one project available for purchase through the PLAY, Inc. website: www.santamariaatplay.org. The kits are available for pick up by appointment only from 10 a.m. until 2 p.m. on the dates specified. Instructions are included and an online demonstration is posted on the Elwin Mussell Center Facebook page.

Be sure to contact Wendy to be added to our new email list. You will receive a newsletter from the City letting you know when we plan to open and will be kept informed on upcoming programs and services available in our community. *[see page 4 for details]*

Enjoy Parks and Recreation Month and let us know if and when you enjoyed one of our parks or trails. We love to hear from you.

Barbara Wiley, Recreation Coordinator • 805-925-0951 ext. 2264 • wiley@cityofsantamaria.org

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RETURN SERVICE REQUESTED

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Santa Maria Valley Senior Citizens Club Newsletter

ELWIN MUSSELL CENTER
The Home of Active Living Programs

The Recreation and Parks Department has been busy during the COVID-19 pandemic working on ways to stay connected with our important senior community – especially our friends that participate in our programs at the Elwin Mussell Center.

To find out important City information and offerings detailing our City run Active Living Programs and services for adults 50+ years, go to www.cityofsantamaria.org/recreation and have your email added to the distribution list.

Visit our website: smvscc.org

You'll find this month's newsletter on the home page along with important information.

Explore other areas of the site by clicking on various sections in the upper right side. See the [Senior Resources](#) section for the latest on senior scams and COVID-19 information.