### **The Mussell Messenger**

Published by the Santa Maria Valley Senior Citizens Club 510 East Park Avenue, Santa Maria, CA 93454

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1-805-925-0951 ext. 2207





Our June Membership dinner was attended by 57 members, and again **Jovi's Delights** did an outstanding job catering our dinner. The guest speaker was **Karen Lewis** from **Dignity Health**. Karen is a Physical Therapist who teaches classes at Marian Hospital. Karen demonstrated some simple exercises that we all can do to improve our balance and prevent falls

from happening. Karen had a Marian Regional Medical Center table filled with handouts for everyone to take home.

The Executive Board of Directors approved ordering eight new card tables. The Mah Jongg and Bridge Players, as well as the Hand & Foot card players, will be happy to hear that the new tables have arrived!

Two board members will be attending the International Council on Active Aging (ICAA)

Conference and Leadership Summit held this October at Long Beach Convention Center. The board voted to cover their fees for the seminar, but all other expenses will be paid by the two board members. This is the first time that this Conference has been held in California, giving us a wonderful opportunity to attend.

Your Board has sent a letter to the City, requesting for more handicapped parking spaces here at the Mussell Center. The City responded that it is in compliance with the number of handicapped parking spaces and will not approve additional spaces at this time. Some suggestions were made, and the board will follow up.

Our Travel Committee has had some trips that took off very early in the morning and returned late at night, but the lights in the parking lot were off. The lights are on a timer with fixed "on" and "off" times. We contacted the City, and if we send notice for these occasions in advance, they will adjust the timers for us.

If there is anything that we can help you with, please don't hesitate to contact me or a board member.

At your service, Christel Kurth, President

# HAPPY INDEPENDENCE DAY!

# Santa Maria Valley Senior Citizens Club Central Coast Active Adults! Our Mission:

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information.

We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

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## 2018 Officers & Committee Chairpersons

President: Christel Kurth 805-332-3328 kurth1313@comcast.net 1st Vice President: 805-925-0769 Carolyn Cabrera ccabrera48@verizon.net 2nd Vice President: Ray & Alice Torres 805-931-0305 pelon@charter.net Jason Schellas 805-354-0083 jschellas@comcast.net Treasurer: Recording Secretary: judybluenote@gmail.com Judy Lindquist 775-813-5186 Vicki McCulloch vicki.mcculloch@gmail.com Member-at-Large: 805-287-9773 laura.selken@gmail.com Newsletter Editor: Laura Selken 805-406-9989 Receptionists: Diane Bentley Extension 2207 805-925-0951

Statistics & Reports: Charlotte Gaskill 805-934-2607 Sunshine: Simone Gillogly 805-925-6267

Travel: Kathy Doty 805-937-0314 dudoty@comcast.net Recreation Coordinator: Barbara Wiley 925-0951, ext. 2264 bwiley@cityofsantamaria.org

In Memory of Tom Dutart ~

We are all truly heartbroken and send our deepest sympathy to Linda Dutart and her family in the tragic loss of her devoted husband, Tom. He was an avid supporter of the Club, serving as President and a newsletter columnist, and always willing to give a helping hand. He had sage advice for the asking, and a sense of humor that certainly could brighten anyone's day. He will be greatly missed ...

~ with our deepest sympathy



It contains all the newsletters from the past two years, PLUS SO MUCH MORE!!!

You'll find the CURRENT NEWS-LETTER on the HOME PAGE, along with other time sensitive information. Then, just click on the names of the different sections in the upper right area: activities calendar, special events, travel opportunities, and links to a variety of resources! Give it a try!! The **TRAVEL COMMITTEE** is still searching for a new **Co-chair** as Kathy Doty would like to step down from her position. If anyone has experience in working with transportation companies, travel agencies, or touring businesses, or anything similar, we would love to talk to you! If you know of anyone who might be interested, <u>including non-members</u>, give the tour office a call.

In addition, the Committee can always use more **VOLUNTEER TRAVEL TOUR LEADS**. If you're interested in joining the "team," please visit our travel office. Any TL there can tell you about the position and give you information to peruse.

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# TRAVEL OPPORTUNITIES



SANTA MARIA SENIOR TRAVEL COMMITTEE

Hours: Tues., Wed., Thurs., 12:30 – 3.45 p.m. / Office Phone: 349-0688

FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH!

**JULY 2** IS THE NEXT "FIRST DAY SALE" DATE. DOORS WILL OPEN AT 8:30 A.M. WITH THE SALE BEGINNING ABOUT 9 A.M. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. THE FOLLOWING TRIP WILL BE ON SALE **JULY 2**<sup>ND</sup>:



August ??? ~ Mystery Trip

**Price TBA** 

I wish we could tell you more but ... it's a secret!!

#### **UPCOMING TRIPS/PRESENTATIONS:**

**September 24 ~ Presentation of Collette's "Spotlight on New York City" ~ followed by sales** See description below for May 30-June 3, 2019 trip to the "Big Apple."

October 28-31 ~ Laughlin, NV

**Price TBA** 

We will be staying at the Edgewater Casino Resort this time. They now have coffee pots in the rooms, as well as free Wi-Fi. Some rooms have been recently renovated.

May 30-June 3, 2019 ~ Spotlight on New York City

\$3099\* Dbl., \$3949\* Sgl.

Trip includes an extensive tour of New York City while staying in a single hotel for the duration. Two Broadway shows are on the itinerary, as well as a ferry cruise of the harbor, shopping, dining, and many of the City's famous landmarks. There is an "add-on" to experience Greenwich Village for \$85. Don't miss this great opportunity to see New York up close and personal. *Save \$100 when book day of presentation.* 

### THESE TRIPS MAY STILL BE AVAILABLE:

### **September 12 ~ Santa Cruz Follies**

We will be enjoying their presentation, "The Way We Were," a sentimental journey honoring singers and songs of the past. After the 1 p.m. show, we will be eating at Pacific Grill (formerly Sea Harvest) in Moss Landing. Leave: 7 a.m./Home: 8:45 p.m. (estimated return time)



\$75\*



### October 6 ~ M & M (Melodrama & Madonna Inn)

This is our annual luncheon to Madonna Inn with a choice of two entrees, non-alcoholic drink, and dessert in the private round room, followed by a fun time at the Melodrama to see their production of "Scary Poppins."

Leave: 11:45 a.m./Home: 6 p.m. (estimated return time)

### October 9-17 ~ Niagara Falls/Heritage Tour

\$3055\* Dbl., \$3955\* Sgl.

Trip includes Niagara Falls; Lancaster, Gettysburg, & Philadelphia, PA; Washington, DC; Arlington Cemetery, Mount Vernon, & Colonial Williamsburg, VA. Optional insurance available for \$225 per person. Passport is required! **Check office for availability!** Final payment due 7/26/18. (Note: If final payment is made by check, Premier will take \$100 off the price.)

### **November 20-23 ~ Wonder Valley Resort**

\$500\* Dbl., \$650\* Sgl.

Sale of the Wonder Valley trip has commenced with several seats still available. Payments may be made in two installments with final payment due by Thursday, Sept. 27. Visit or call the Travel Office for more details.



### \*All prices are per person



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# GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

In celebration of National Parks and Recreation Month, I want to use these two pages to share information on some of the various programs the City offers or co-sponsors. If you do attend any of these events, please share a photo with me that was taken at the event. I'd love to see many seniors and/or their family members enjoying our summer programs and events! I'll create a photo collage to show all the fun you've had!

I'll be on vacation with my four daughters July 4 through July 15. See you at the Center! ~ *Barbara Wiley, Recreation Coordinator* 



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**Concerts in the Park** features live performances

on the following Sundays in July from 1-3 p.m. at Rotary Park, 2625 S. College Dr.:

July 8: Crisptones

July 22: Unfinished Business

Movies in the Park presents family-friendly movies in a City park on the following Saturdays in July, beginning at dusk:

July 7: "Star Wars: The Last Jedi"

Preisker Park, 330 Hidden Pines Way

July 21: "Grease"

Sierra Vista Park, 809 Panther Dr.



**Clay Creations** Seed Paper

Create and Cut with Silhouette

July 14 Fingerprint Art Sew it in 30 minutes Arduino

July 21 Super Hero Masks and Cuffs Makey-Makey 3-D Design and Print

July 28 Mosaic Madness Lego/Erector Engineering Create and Cut with Silhouette

August 4 **Jewelry Making** 3-D Design and Print **Digital Image Editing** 

August 11 **Photo Buttons** Raspberry Pi **Duct Tape Design** 

August 18 **Paper Puppets Braided Bookmarks** Arduino

August 25 **Fingerprint Art Paper Cup Parachutes Green Screen Creations** 

Every Saturday from 10:00 a.m. - 3:00 p.m. in the Santa Maria Public Library Learning Center

### II SIGN UP YOUR GRANDCHILD TODAY! II





Mini-Chefs will make food using simple healthy recipes while they develop skills that make food preparation educational and fun! Adult participation is required.

Mondays, July 2-23, 2018 Session 1: 3:00-3:45 PM or Session 2: 6:45-7:30 PM

# OR CHEF

For 7-9 year olds



Junior Chefs will follow simple, healthy recipes while learning about the importance of kitchen Adult participation is optional.

Mondays, July 2-23, 2018 Session 1: 4:15-5:00 PM or Session 2: 5:30-6:15 PM

Activity Fee \$47 each session City Resident Discount \$37.50 each session

Register online at www.cityofsantamaria.org/register, at the Santa Maria Recreation and Parks Department, 615 S. McClelland St., or from 5:00-7:00 PM at the Abel Maldonado Community Youth Center, 600 S. McClelland St.

For more information call (805) 925-0951 ext. 2260.



ADULT

**PARTICIPATION** 

SUGGESTEDAT



ADULT

**PARTICIPATION** 

REQUIRED ↑↑

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Activity Contact Persons: Book Exchange ~ Jane Bringley (1-805-937-8859)

Duplicate Bridge ~ 1-805-937-5691 (Mondays) ~ 1-805-922-5000 (Thursdays) ~ 1-805- 925-6350 (Sat.)

Pinochle ~ 1-805-934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ Betty Anthony (805-925-5429)

\* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

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## July Birthdays

Judy Willcox	1-Jul
Tom Porcho	2-Jul
Rosa Maria Rivas	2-Jul
Evie Cronan	3-Jul
Bailey Hudson	3-Jul
Harry Roden III	3-Jul
Jack Enterline	4-Jul
Albert Furtado	4-Jul
Diane Gonzales	4-Jul
Vanette Diaz	5-Jul
Jim Wyckoff	5-Jul
Ed Letman	6-Jul
Bruce Rodriguez	7-Jul
Anna Mae Beall	9-Jul
Dolores Byron	9-Jul
Theresa Haupt	9-Jul
Arlene Dvorak	10-Jul
John Medeiros	12-Jul
Lana Fleming	13-Jul
Alzira Sarmento	14-Jul
Nettie Silva	14-Jul
Karen Ransome	15-Jul
Ena Steveley	16-Jul
Sjaane Thompson	16-Jul
Bob Davis	17-Jul
Donna Vogt	17-Jul
Ali Look	18-Jul
Marlene Miller	20-Jul
Myrland Roth	20-Jul
Margie Verduzco	20-Jul
Beryl Winn	20-Jul
Vincent Deparini	21-Jul
Louise Frye	21-Jul
Gloria Davis	22-Jul
Tina Lopez	22-Jul
Kathy Tabios	22-Jul
Bob Newman	24-Jul
Julie Colegrove	26-Jul
Paul Goyette	26-Jul
John Oliver	27-Jul
Madeline Martini	29-Jul
Donna Nisbet	29-Jul
Ed Wenglowski	29-Jul

### July Anniversaries

Don & Claudia Sylvester	10-Jul
Ron & Linda Peterson	12-Jul
Victor & Kathy Tabios	15-Jul
Ralph & Cathy Wengler	21-Jul
Bob & Barbara Chandler	25-Jul
Luther & Lillian Lowe	26-Jul
Albert & Patricia Furtado	30-Jul
Dan & Pat Van Lith	30-Jul

# WELCOME

# Tempor & well

- Norma Aagesen
- Rogelio & Arleen Flores
- Marilyn Herrod
- Dawna Martinez
- Gloria Scozzafava
- Dan & Pat Van Lith
  - Patsy Van Meter
    - Helen Walley



## CCOME

# Sukshike Corker

In Sympathy to ...

Rosemary D'Amato & family whose husband, **Richard D'Amato**, passed

Lydia Vose & family whose husband, **Cliff Vose**, passed

Get Well Soon to ... Joyce South

Please contact Simone (1-805-925-6267) about any members or their loved ones who need a get well, thinking of you, or sympathy card sent to them. If she is not home when you call her, she would greatly appreciate it if you would leave your name and telephone number in case she needs to call you back. Thank you!

If your birthday/anniversary is missing or incorrect, please contact Editor, Laura Selken, at 1-805-406-9989.

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CHANGE SERVICE REQUESTED

# The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

Monthly Membership Meeting

Monday, July 2

Doors Open: 5:30 p.m. / Dinner: 6 p.m.

Pasta Alfredo, Mixed Vegetables, Salad, & Cake

Reserve and Pay by June 29 \$10 per person featuring

Catered by Jovi's Delights

Jean Raymond, R.N., M.S.N.

Physician Order

Life Sustaining Treatment (POLST)

Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave., Santa Maria, CA 93454 925-0951, Ext. 2207