

THE MUSSELL MESSENGER

PUBLISHED BY THE SANTA MARIA VALLEY SENIOR CITIZENS CLUB (SMVSCC)

510 East Park Avenue
Santa Maria, CA 93454
smvseniors@gmail.com
805-349-0688

www.smvsc.org

Follow Us On Facebook @
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Club Receptionist Hours:
Monday - Friday
10 am - 2 pm

Travel Committee Hours:
Tuesday - Thursday
12:30-3:30 pm



From the President MY HEARING AID EXPERIENCE ...



**President
Carolyn
Cabrera**

Hearing aids can be challenging at times. However, I have found them to be a real blessing - I can hear much better than I ever imagined.

I have found I can use my hearing aids to listen to music more clearly, and the experience is much more enjoyable. I hear the phone ring and can answer and speak on it with much less difficulty. I can work in the yard and sing along ... as long as no one is listening!

Blessings are good, and this one is especially good! You can find blessings in all areas of your life. You just have to look ... and listen!

And you know what? You can find blessings in our wonderful Club Members, too! Come down anytime and find out for yourself! If you are not already a member, give any of our club activities a try. You can take part up to three times before you have to be a paid member!

Once you decide to join, just come down any weekday from 10 a.m. to 2 p.m., fill out an application, and pay by check, cash, or even credit card. You can even mail in your payment to PO Box 6688, Santa Maria, CA 93456.

Mission Statement

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

JUNE 2026 | VOLUME 32 ISSUE 6

02 WELCOME – WE ARE HERE TO SERVE YOU!

2026 Officers

President

Carolyn Cabrera
805-448-0623
ccabrera0048@gmail.com

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805-266-8767
jsimons93309@gmail.com

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Laura Selken
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laura.selken@gmail.com

Member At Large

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661-317-2893
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Travel Committee

Nancy Andersen
805-260-9896
nbandersen1981@gmail.com

Sunshine Lady

Teri DeAngelo
805-698-6478
teriangelo@gmail.com

Rec & Parks Department Staff

Recreation Leader, Jenna

805-925-0951, ext. 2174

Recreation Receptionist

805-925-0951, ext. 2207

Primary Office

805-925-0951, ext. 2260



JOIN US!
SANTA MARIA VALLEY SENIOR CITIZENS CLUB

**Stop into the Elwin Mussell Center
510 E Park Ave, Santa Maria
Monday-Friday, from 10 am-2 pm
Pay by cash, check, or credit card***
*(*plus an added \$1 processing fee)*

**or send a check for \$25 per person to
PO Box 6688, Santa Maria, CA 93456**
*(Be sure to include a stamped self-addressed envelope
If you wish to receive your membership card by mail.)*

*Membership year runs January to December,
and is not prorated if you join later in the year.
However, if you join in November or December, you will
not need to renew until the end of the following year.*

Newsletter Committee

We need a couple more volunteers to serve on the Newsletter Committee. This group will prepare the printed newsletter for mailing. Total time will be about 1-2 hours each month, depending on the number of volunteers. If you are interested in helping out with this each month, please reach out to the **Corresponding Secretary** (contact information at left).

**Thank you to all our members for your support,
especially those who volunteer their time and
make a difference one way or another!
You are awesome!**

HAPPY BIRTHDAY

Rita Everling	3
Louise Losada	4
Doris McIntyre	12
Ellie Plumer	16
Frances Daniels	19
Carol Compton	20
Larry Peterson	20
Katy Criman	21
Phil Fee	21
Perky Renner	22
Irene Carpenter	23
Ludi Ruiz	25

HAPPY ANNIVERSARY

Herb & Lorraine Pregozen	9
Phil & Wilma Fee	22



New/Rejoining Members

Dru Haas
Andrea Maidment
Dawna Martinez
Bill & Jeanne Roemling
Elaine Stone
Patty Van Meter
Sharon Wiseman

Please Note:

If any of the birthdays or anniversaries listed here are not accurate, or if your name and special day is not listed, please contact Laura Selken, at laura.selken@gmail.com, or 805-406-9989.



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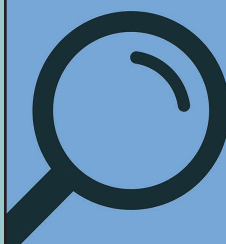
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04 TRAVEL OPPORTUNITIES



Morro Bay Chowder Cruise

\$83

JUNE 5, 2026 | DEPART: 9:30 AM / RETURN 2:30 PM

Join us on a two-hour cruise that includes lunch on the boat, including award-winning chowder! Take in the stunning sites of the Morro Bay area and enjoy a drink at the full-service bar. This trip sells out FAST!



Space & Missile Technology Center \$24

JULY 13, 2026 | DEPART: 12:30 PM / RETURN 3:30 PM

We will have a guided tour of the Space and Missile Technology Center (SAMTEC) at the Vandenberg Space Force Base. From the early days of the Cold War to current non-classified advancements in military, commercial, and scientific space exploration, the Center provides a comprehensive narrative of Vandenberg's pivotal role in space history.



Mission San Luis Obispo de Tolosa

AUGUST 14, 2026 | TIMES & COST TO BE DETERMINED

Stay tuned for more details!



“Murder On the Air”

SEPTEMBER 5, 2026 | TIMES & COST TO BE DETERMINED

We are heading to the Great American Melodrama in Oceano to see its production of “Murder on the Air”! In 1938, at station WBFR, a live radio broadcast faces chaos with picketing musicians, a dwindling crew, and the rumored death of the leading lady, whose body has disappeared. The remaining staff must continue with various programs while solving the mystery all while staying on the air!!



Cape Cod & the Islands

SEPTEMBER 11-17, 2026

\$4214 PP DBL./\$5278 PP SGL.

Join us for a fall tour for seven days/six nights (five nights on Cape Cod); highlights include Boston City Tour • Martha’s Vineyard Tour • Nantucket Island Visit • Plymouth Rock • Newport, RI • Mayflower II • New England Lobster Dinner • Cape Cod National Seashore • Cranberry Bog, and MORE! Hosted by Premier World Discovery.

Monthly Membership Dinner

MONDAY, JUNE 8, 2026

Doors Open: 5 pm / Dinner: 5:15 pm

Reserve and pay by Friday, June 5 @ Noon



Celebrate your June Birthday with us!

Meals are catered by Jovi's Delight

Menu: Pork Roast, rice pilaf, buttered green beans, salad, roll, and dessert.

Cost: \$17 per person

Program: Juergen Picard, The Magic Meister: "Close Up Magic and More"



Each month at our dinner, we honor those celebrating their birthday that month. It's a great way to enjoy a nice dessert and celebrate your special month with others!! Be sure to RSVP and pay during your birthday month!

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06 JUNE CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY
1	2	3
10-12 Scrabble* 10:30-11:30 Tai Chi for Arthritis* 12-4 Duplicate Bridge 1:30-4 Knit, Chat, & Crochet* <i>(Bilingual every Monday)</i>	10:30-11:30 OWL Program* 12:30-3:30 Travel 1-2 Grief Support Group* 1-3 Bunco* (\$3 donation) 1-3 Knit, Chat, & Crochet*	9 Board Meeting 9-10 Dance Fitness with Keith* 12:30-3:30 Travel 1-4 Beginning Bridge 1:30-3:30 Brushes & Beyond*
8	9	10
10-12 Scrabble* 12-4 Duplicate Bridge 1:30-4 Knit, Chat, & Crochet* <i>(Bilingual every Monday)</i> 5 Membership Dinner (\$17)	10:30-11:30 OWL Program* 12:30-3:30 Travel 12-4 Double Deck Pinochle* 1-2 Grief Support Group* 1-3 Knit, Chat, & Crochet*	9-10 Dance Fitness with Keith* 12:30-3:30 Travel 1-4 Beginning Bridge 1:30-3:30 Brushes & Beyond*
15	16	17
10-12 Scrabble* 12-4 Duplicate Bridge 1:30-4 Knit, Chat, & Crochet* <i>(Bilingual every Monday)</i>	10:30-11:30 OWL Program* 12:30-3:30 Travel 1-2 Grief Support Group* 1-3 Bunco* (\$3 donation) 1-3 Knit, Chat, & Crochet*	9-10 Dance Fitness with Keith* 12:30-3:30 Travel 1-3 Coffee, Convo & Treats* <i>(bring a treat to share)</i> 1-4 Beginning Bridge
22	23	24
10-12 Scrabble* 12-4 Duplicate Bridge 1:30-4 Knit, Chat, & Crochet* <i>(Bilingual every Monday)</i>	10:30-11:30 OWL Program* 12:30-3:30 Travel 12-4 Double Deck Pinochle* 1-2 Grief Support Group* 1-3 Knit, Chat, & Crochet*	9-10 Dance Fitness with Keith* 12:30-3:30 Travel 1-4 Beginning Bridge
29	30	
10-12 Scrabble* 12-4 Duplicate Bridge 1:30-4 Knit, Chat, & Crochet* <i>(Bilingual every Monday)</i>	10:30-11:30 OWL Program* 12:30-3:30 Travel 1-2 Grief Support Group* 1-3 Knit, Chat, & Crochet*	FREE Rec & Park Activities: 9-4 Billiards* (Mon-Fri) 1:30-4 Table Tennis* (Mon) 9-10 Table Tennis* (Tue) 12-4 Pickleball* (Wed & Thu)

THURSDAY	FRIDAY
4	5
10:30-11:30 Tai Chi for Arthritis* 10:30-11:30 OWL Program* 12:30-3:30 Travel 1-4 Hand & Foot Card Game	9-10 Dance Fitness with Keith* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Bingo 1-4 Board Games*
11	12
10:30-11:30 OWL Program* 12:30-3:30 Travel 1:30-2:30 Sweet Treats: S'More Cups	9-10 Dance Fitness with Keith* 9:30 FoodBank/Cooking Class 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Bingo 1-4 Board Games*
18	19
10:30-11:30 OWL Program* 12:30-3:30 Travel 1-4 Hand & Foot Card Game 1:30-2:30 Planting Into Summer	9-10 Dance Fitness with Keith* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Bingo 1-4 Board Games*
25	26
10:30-11:30 OWL Program* 12:30-3:30 Travel 2:30-4:30 Mussell Cinema* "When Harry Met Sally"	9-10 Dance Fitness with Keith* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Bingo 1-4 Board Games*



MONTHLY DANCE

SUNDAY, JUNE 14, 1:30-4 PM

Enjoy the sounds of Riptide Big Band featuring vocalists Donna Phillips and Bob Nations, singing songs starting with the letter "S"!

PLEASE NOTE:

Classes/activities may be changed or canceled as needed.

Activities shown with an **asterisk*** are hosted by the **City's Recreation & Parks Dept.** Advanced registration is required in most cases. Membership in the Senior Club is not needed. (See the City Receptionist or call 805-925-0951, ext. 2207 for assistance.)

Items in bold are Club activities, and a Club membership is required to participate (with the exception of Bingo). Non-members are welcome to attend events/dinner up to three times before joining (must still reserve and pay by the due date for the monthly dinner).

Club Activities CONTACT PERSONS

Duplicate Bridge

Alan @ 408-499-5333

Beginning Bridge

Frank @ 805-574-3237

Hand & Foot

Christel @ 805-332-3328

Bingo

Loretta @ 805-264-7160

08 MONTHLY DANCE



Santa Maria Valley Senior Citizens Club



“S IS FOR SUMMER” DANCE

FREE **JUNE**
 SUNDAY **14** **1:30-4 PM**

MUSSELL SENIOR CENTER
510 E PARK AVE, SANTA MARIA

Enjoy the sounds of Riptide Big Band featuring vocalists Donna Phillips and Bob Nations, singing songs starting with the letter “S”!



**For more info: Judy Lindquist, 775-813-5186
RiptideBB.com or Riptide Big Band on Facebook**



Lap Swim & Fitness Pass

Enjoy convenient, drop-in access to the Paul Nelson Aquatic Center for Lap Swim and the Abel Maldonado Fitness Center. No reservations required! Simply scan your entry pass at the front desk to begin your swim or workout session.

Passes can be purchased online or in the main office building at 615 S McClelland Street.

Senior passes (good for one full year):

15 entries ~ \$22.50

30 entries ~ \$45 (non-city residents are slightly higher)

LAP SWIM HOURS:

Monday-Friday 8 am – 6 pm
(last entry at 5:00 pm)

LANE AVAILABILITY:

16 Lanes: 8 am – 4 pm

4 Lanes: 4 – 6 pm

All lanes are available on a first-come, first-served basis. Calling ahead is recommended.

FITNESS CENTER HOURS:

Monday-Friday 8 am – 2 pm

**Call 805-925-0951 x2260
for more information!**

CR = City Resident

NCR = Non-City Resident

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An advertisement in this newsletter is a highly effective way to promote your business to our community.



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10 SUNSHINE CORNER

Sunshine Corner

Sending our Deepest Sympathy to two long-time members ...

- Arlene Duorak and family for the loss of her husband, Jim.
- Jackie Jones and family for the loss of her husband, Leroy

If you know any members in need of a “get well,” “thinking of you,” or sympathy card, please get in touch with Teri DeAngelo at 805-698-6478 or teriangelo@gmail.com.

CITY OF SANTA MARIA
HOMETOWN HEROES
Banner Program

Program Purpose: The City of Santa Maria Hometown Heroes Program recognizes individuals actively serving in the military, veterans of the United States Military.

Eligibility: Eligible candidates include: active duty, retired, honorably discharged, and those who gave their life in action in one of the branches of the U.S. Armed Forces.

Cost: Banner cost (payable to PLAY, Inc.) is \$250 each and may be sponsored by friends, family, a business, or an organization.

Call 805-925-0951 x2260 for more information!



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Recreation & Parks Department

WHAT'S HAPPENING IN JUNE ~

Are you ready to kick off summer with some sunshine and fun? We're inviting YOU to join the celebration this June! From creative crafts and lively games to refreshing treats and plenty of sunny cheer, there's something for everyone to enjoy. Come share the smiles, laughter, and excitement of the season as we welcome summer together!

Brushes & Beyond

Wednesdays, June 3 & June 10 | 1:30-3:30 pm

This free class offers a fun and welcoming space to learn, create, and connect! Sessions are held on the 1st and 2nd Wednesdays of each month, giving participants two chances each month to join in the hands-on fun of creating something artistic to take home.



Activity #28556

Sweet Treats ~ S'more Cups

Thursday, June 11 | 1:30-2:30 pm

Join us as we make "campfire" sweet treats: S'more Cups filled with love and creativity! Sign up at the City Receptionist's desk! (\$5 suggested donation)



Activity #28002

Bunco ~ Let's Flamingo

Tuesday, June 16 | 1:00-3:00 pm

Roll the dice and flock into fun at our Flamingo Bunco celebration! Prizes, laughter, and plenty of tropical fun await, so wear your favorite pink, bright, or flamingo-inspired outfits and join us for a fabulously flamingo-filled time! (\$3 buy-in)



Activity #TBD

Coffee, Conversation & Treats

Wednesday, June 17 | 1-3 pm

Bring your favorite sweet treats to share and enjoy a nice refreshment, good company, and great conversation with friends. We can't wait to sip, snack, and connect together!



Activity #28557

Planting Into Summer

Thursday, June 18 | 1:30-2:30 pm

Join us as we kick off summer by planting some plants and enjoying each other's company! Come down and relax, get your hands a little dirty, and enjoy an afternoon of creativity and conversation.



Activity #28573

Mussell Cinema ~ "When Harry Met Sally"

Thursday, June 25 | 2:30-4:30 pm

Join us in watching "When Harry Met Sally"! Bring a friend, sit back, and enjoy a cozy movie moment with some light refreshments. It's the perfect time to relax, laugh, and enjoy a classic together!



Activity #28558

For more information about these and other City Recreation & Parks Department activities, and/or assistance with pre-registration, please visit the **city** receptionist desk Monday through Friday from 9 am to 4 pm, or you can call directly at 805-925-0951, **ext. 2207**.



Santa Maria Valley Senior Citizens Club

PO BOX 6688
Santa Maria, CA 93456-6688

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THE MUSSELL MESSENGER

FREE!

City of Santa Maria Recreation & Parks Department

Concerts in the Park Series

2026

Live Music • Summer Nights • Community Fun

NEW DAYS
Saturdays → 6:00 – 8:00 PM

NEW LOCATION
Pioneer Park 1150 W Foster Rd.

BANDS ↓

JUNE	20th →	The Groove Collective
	27th →	Ghost Monster
JULY	4th →	Unfinished Business <small>*Location: Elks Baseball Field 600 S. McClelland</small>
	19th →	Steppin' Out <small>(Sunday 10AM-4PM)</small>
	25th →	Red Oak Country
AUGUST	8th →	Summer & The Vintage Renegades

SATURDAYS *Except July 19th

City of Santa Maria Recreation & Parks Department

Brunch & Browse

Saturdays

Free to attend

Food Trucks

April 25th
May 30th
June 27th

10 AM to Noon

Elwin Mussell Senior Center → 510 East Park St. Santa Maria
Experience a delightful brunch like no other

Come shop, explore, and support amazing local vendors while enjoying delicious bites from our food trucks. There will be plenty of unique finds, handmade goods, and treats for everyone.

Questions may be directed to the City of Santa Maria Recreation and Parks Department (805) 925-0951 ext 2260