

# The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)  
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## President's Message ~



**Carolyn Cabrera**

Cleaning, reading, cutting, feeding, moving, storing, removing, mowing, praying, laughing, singing, planting, driving, walking, cooking, smiling, crying, paying, digging, learning, watching, eating, talking, listening!! These are some of the things I have been doing to keep busy. How about you? These last few months have been such an interesting experience.

We can use what we have learned! It is a conscious decision ~ better or bitter. Listen and learn. Stay safe everyone! I'm waiting until we can be together again!

If you need anything, you can call me ... even just for a chat!

## Monthly Membership Meeting

**Sadly, we still don't know if and when the monthly membership meetings will resume. Only time will tell. We will do everything we can to bring it back in some form, but we don't really know what that might entail. We are taking our directives from the City's Recreation and Parks Department. They, of course, are following the mandates of the city and state as to how to proceed. All are working from the credo of keeping you safe ~ and that is what is most important for all of you to remember. Your health and safety are what comes first to us on the board, and to the officials and staff of the City of Santa Maria.**



## TRAVEL OPPORTUNITIES SANTA MARIA SENIOR TRAVEL COMMITTEE



The office is not open at this time. Please call and leave a message: 805-349-0688

### UPCOMING TRIPS ARE **ON HOLD** FOR 2020:

***Unfortunately, all our trips have been postponed or canceled. We are doing our best to keep travelers informed of all updates, including refunds and rescheduling. Please be patient.***

**September 30-October 8 ~ Eastern Canada**

**\$3549 Dbl., \$4499 Sgl.**

Niagara Falls • Ottawa • Quebec City • Montreal • Winery Tour & Tasting • Maple Sugar Shack • Montmorency Falls, etc.

**The possibility of this trip is still unknown at this time.**



Check out our Facebook page: "[Santa Maria Senior Travel](https://www.facebook.com/SantaMariaSeniorTravel)"



## 2020 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.co
Member-at-Large:	George Tise	805-925-6322	gtot58@aol.com
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Facility Specialist II:	Wendy Hudson	925-0951, ext. 2351	whudson@cityofsantamaria.org

## June Birthdays!

Yolanda Ramos	2	Lorraine Whalen	16
Joe Mendoza	3	Judie Oliva	17
Betty Weakley	4	Carol Compton	20
Jean Studer	6	Larry Peterson	20
June Hughart	7	Phil Fee	21
Jack Hamner	8	D'Ann Bartley	23
Jane Hood	8	Bea Goyette	23
Helen Razo	12	Sharon Dias	28
Sandy Rosellini	12	Barbara Chandler	29
Dale Iliff	13	Cindy Eft	30
Karen Kristensen	14	Pauline Okerblom	30
Ellie Plumer	16	Claudia Sylvester	30

## June Anniversaries!

Phil & Sue Park	6
Steven & Rose Lopez	7
Mark & Bobbi Eggleston	9
Erwin Forrest & Jonnie Donars	16
Phil & Wilma Fee	22

### June is National Rose & National Candy Month

**5** World Environment Day - **7** National Cancer Survivors Day - **8** World Oceans Day - **11** National Corn on the Cob Day - **12** Loving Day - **14** Flag Day - **18-25** National Nursing Assistants Week - **19** Juneteenth ~ National Freedom Day - **20** the First Day of Summer - **20** American Eagle Day - **21** Father's Day - **26** National Coconut Day

❶ If any of the birthdays or anniversaries listed here are incorrect or not listed, please contact the newsletter editor: Laura Selken, 805-406-9989 or [laura.selken@gmail.com](mailto:laura.selken@gmail.com).

❶ Note: only couples where both are members will have their anniversary listed.

## The Sunshine Corner

There is no report for this month. **REMEMBER**, if you are aware of ANY members who need some "sunshine" ~ not feeling well, hospitalized, going through a difficult time, or have suffered the loss of a loved one, **PLEASE call Simone**. Leave your name and telephone number in case she needs to contact you for any reason. She may be reached at (805) 925-6267.



## RECREATION & PARKS DEPT. REPORT

*“It is the month of June, the month of leaves and roses, when pleasant sights salute the eyes and pleasant scents the noses.”* This wonderful quote by Nathaniel Parker Willis is so true for the Santa Maria Valley. Our thousands of trees are filling with beautiful green leaves and colorful flowers are blooming in the warm summer sun. City parks and open space are open in the Santa Maria Valley and are a safe opportunity to get some fresh air and exercise while still practicing physical distancing.

The current health crisis has demonstrated that it is more important than ever to ensure the City has a viable means of quick access to our important senior community – especially our friends that participate in our programs here at the Mussell Center. With that in mind, I am currently creating an email distribution list to be used for important City updates for seniors during this time and eventually as a direct means to distribute a monthly email newsletter of City run Active Living recreation programs and services for adults 50+ years. If you are interested in being the first to hear important City information and offerings, please contact me (*see phone number and email address at the end of this column*). I will add you to our Constant Contact email list (or when it’s ready, you can read the newsletter directly [clicking here](#) and then clicking on the **Elwin Mussell Center Newsletter** tab). *[Editor’s Note: I will send an email when the tab is ready.]*



Older adults remain a priority for us here at the Recreation and Parks Department, and we will continue to serve you, just in a different way during the closure of the Mussell Center. City staff has been busy developing **video segments** such as exercise classes by our very own Ester Haldeman, ukulele and piano lessons with the wonderful Joe Payne, arts & crafts projects, and more for your virtual use. They have been well received, and we are doing our best to provide viable, quality recreation experiences to the community. This is a new way of doing business for us, and we’re learning as we go. We are anxious to open our Center and get back to in-person experiences, but in the meantime, I encourage you to **visit our virtual sites** for some recreation and leisure. Be sure to “like” our new **Mussell Center Facebook page** listed as **Elwin Mussell Center**. You can also access our videos on the City of Santa Maria’s **YouTube channel** & **City of Santa Maria Recreation and Parks** Facebook page.

More than ever it is important to stay connected to others for both your mental and physical health. I have enjoyed hearing the many stories of how our community is coming together to take care of their neighbors and friends in this time of need. Recently our Department recreation leaders distributed Senior Activity kits to the homes of those older individuals identified as potentially not having any form of technology and thus at risk of experiencing more isolation than those who are connected via the internet! It is so important to take a moment and make a call to a friend or neighbor to check in on them. In fact, I would like to connect our Mussell Seniors with other seniors in the community via a **Senior Phone Buddy Program**. This program would consist of volunteers that are willing to make weekly calls from their home to other more isolated seniors to check in on them. Our seniors are priceless and precious to our community! We want to help keep them all safe and healthy by keeping in touch with them during this pandemic. Give me a call if you are interested in being a part of this program!



In other news, Senior Services Supervisor, Cindy Hoskins, just completed a grant to AARP requesting monies to build an outdoor exercise area with equipment *[continued on next page]*



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## Santa Maria Valley Senior Citizens Club Newsletter

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stations behind the Mussell Center where the old horseshoe area used to be. Hopefully that money will come through as one of our goals is to provide more exercise opportunities for you.

I miss seeing all of you each day and am looking forward to the day when the Center is open again, and we are able to visit. I've been holding down the fort while Barbara is handling the education of her children at home and keeping busy planning many activities for when the Center opens. Please stay healthy and safe! **Remember – if you are in need of community resources, please call 211** for assistance. They can answer most of your questions, and if not, will refer you to another community resource program that can.



*Wendy Hudson – Facility Specialist II*  
805-925-0951, ext. 2351 / [whudson@cityofsantamaria.org](mailto:whudson@cityofsantamaria.org)

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**Visit our website: [smvscc.org](http://smvscc.org)**

You'll find this month's newsletter on the home page along with important information. Explore other areas of the site by clicking on various sections in the upper right side.

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## Santa Maria Valley Senior Citizens Club

### *Central Coast Active Adults!*

#### **Our Mission:**

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.