

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club
510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org

smvseniors@gmail.com

1-805-925-0951 ext. 2207

June 2019



Carolyn Cabrera

Spring/Summer is here! Time moves so fast. Many are attending and celebrating graduations. It is such a significant time. Careers are forming, families changing ... get-away time, too. We learn to take advantage of every moment and breath deep and enjoy!

Don't be alone! Come and meet others. Share in the many activities at the Mussell Center – maybe a trip or two with the Travel Team. Visit and laugh, grow stronger, and gain confidence in who you are!

We had a great Monthly Membership dinner meeting! We learned a great deal about geraniums and all the varieties there are from Sherry Willebrand of the Central Coast Gardeners.

The Riptide Big Band did another outstanding job for the Senior/Luau/Prom Dance on Sunday, May 5th. There was another great turn-out of dancers. Thank you to the event sponsors – the City of Santa Maria Rec & Parks Department, the Santa Maria Valley Senior Citizens Club, and Orcutt Academy students – who all provided great helpers!

I need to make a correction to last month's newsletter. The luncheon meals provided by the Community Action Commission, which I might add are delicious, are not free. They suggest a donation of \$3.00, or what you are able to pay, each time. The salad, if you wish to have one, is a suggested donation of \$1.00. You have friends to eat with, too! Please, call for reservations 24 hours in advance at **ONLY 805-925-3010**. Enjoy a great meal Monday-Friday at 11:30 a.m.



We are still looking for front desk receptionists, either part-time or full-time, and we will train you! **AND**, if you agree volunteer to help on a regular basis, **we will refund half of your annual dues**. Or if you are not a member, **you can join/re-join for half price (\$10)**! As I have explained in past newsletters and Monthly Membership meetings, it is our Club

commitment to the City of Santa Maria to staff the receptionist desk Monday through Friday from 9 a.m. to 4 p.m. In exchange, we are able to use the rooms of the Mussell Senior Center for our various Club activities without having to pay room rental fees. If we are unable to fulfill our commitment, we may have to pay a city staff member to work the desk or be charged rent for the rooms. If you have **any** interest, or you know of someone who is not a current member that might be interested, **PLEASE** call me, and I will share all the details about the position.

See you at the Mussell Senior Center!

~ Carolyn

Important

MISSION: Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2019 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.com
Member-at-Large:	OPEN	Contact Carolyn	if you are interested
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org



The Santa Maria Senior Citizens Club and the City of Santa Maria are looking for

Volunteer Receptionists

for the Elwin Mussell Center located at
510 East Park Avenue, Santa Maria

- 3.5 hour shifts
- Training provided
- Weekday mornings or afternoons
- Flexible and fixed schedules available

A great way to meet new friends while helping the community!

Duties include greeting visitors, accepting payments for Senior Club events, light clerical tasks, and answering calls.

For more information about volunteering, visit or call the Elwin Mussell Center at (805) 925-0951 ext. 2207 Monday through Friday 9:00 a.m.-4:00 p.m.



WANTED: Receptionist Chairperson!!! In addition to needing regular & flexible receptionists, we also need someone to do the scheduling & other duties. Please call Carolyn Cabrera (see above) for more information & to “step up!”



Visit our website!
smvscc.org

You'll find this newsletter on the home page, along with other special events or programs. Click on the names of the different “pages” in upper right area to see more:

- Activities Calendar
- Special Events
- Travel Opportunities
- Senior Resources
- Newsletters

REMINDER: FREE Wi-Fi
at the Center provided by
YOUR Senior Club!

PLUS NOTE:
the City of Santa Maria has provided two new laptop computers and several smaller tablets that are available to use in the lobby at no charge.

Check it out!!!



TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH

“FIRST DAY SALES” IS SCHEDULED FOR **JUNE 3RD**. DOORS WILL OPEN AT **9 A.M.** WITH THE SALE BEGINNING SHORTLY AFTER. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. THE FOLLOWING TRIP WILL BE ON SALE **JUNE 3RD**:

August 25 ~ Roger Rocka Dinner Theater (Fresno)

\$106*



Special Engagement! “Calamity Jane” featuring country music legend Louise Mandrell as Calamity, making this light-hearted, rip-roaring fairy-tale a real bulls-eye!

UPCOMING TRIPS SCHEDULED/UNDER CONSTRUCTION FOR 2019:

June 8 ~ M & M - Madonna & Melodrama

\$80*

Join us for a delicious meal at the Madonna Inn (lasagna or chicken Florentine) and The Great American Melodrama production of “Treasure Island.” Told in a comedic melodrama style, you’ll laugh and cheer at this classic adventure tale.



NOTE CORRECTED DATES: June 30-July 1 ~ Oakland

\$300* DbL., \$400* Sgl.

Includes a bay cruise, dinner, and Fisherman’s Wharf!

August 25 ~ Roger Rocka Dinner Theater (Fresno)

\$106*

See details above. Soft sell has already started but will be featured June 3rd for “First Day Sale”!



September 23 ~ “Spotlight on San Antonio” TRIP PRESENTATION

\$TBA*

Watch this space for further details. Presentation on 9/23 starts at 9 a.m.!

**October 30+ ~ Branson, Nashville, & Memphis
(full payment due July 19, 2019)**

**\$3175* DbL., \$4025* Sgl.
(plus \$250 for insurance)**

November 11 ~ Laughlin, NV

Travel \$TBA*

Watch this space for further details. Goes on sale in SEPTEMBER!

December ~ Cambria Festival of Lights

**With \$TBA*
Us!**

***All prices are per person**

Help Wanted with Travel Committee!

The **TRAVEL COMMITTEE** is still searching for a **CO-CHAIR** AND additional **Travel Leads!** If anyone has experience in working with transportation companies, travel agencies, or touring businesses, or anything similar, we would love to talk to you! If you know of **anyone at all, including non-members**, give the tour office a call. The more volunteers we have the more trips we can plan!



Check out our Facebook page: [“Santa Maria Senior Travel”](https://www.facebook.com/SantaMariaSeniorTravel)





GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

The 2019 Recreation Guide for June to December is now available on the City's website (www.cityofsantamaria.org). In order to inform the public about our programs and services, the City of Santa Maria is using more online methods instead of printing posters and flyers which cost considerably more. If your own computer is outdated or you're not sure how to use these resources, you may want to visit the Mussell Center and **use the computers we loan out for use in our lobby**. You can search the internet using the **FREE Wi-Fi** system provided by your Senior Club. If you have your own laptop computer or computer tablet, you may also bring that into the Center. Most smart phones can use the free Wi-Fi, as well. The receptionist can assist you with the password when you visit.

On **Tuesday, June 11**, we are hosting the first **Shingrix Vaccine Clinic** in partnership with Rite Aid. Shingrix is the newest vaccine for the shingles virus (herpes zoster) which is caused by the same virus that causes chicken pox. The clinic is from **2-4 p.m.** and appointments are required in advance by visiting our front desk or by calling 805-925-0951 ext. 2207. The vaccine is given in two doses. The **second dose** will be given **Friday, October 4**. Once you sign up, a Rite Aid staff member will contact you to obtain your insurance information and determine your co-pay. Please consult your physician to determine if you are an ideal candidate for the Shingrix vaccine.

This year the **Alzheimer's Association** is sponsoring an awareness campaign **Friday, June 21, the longest day of the year**. This year we are happy to host a series of educational workshops offered by the Alzheimer's Association. We want to join them as they raise awareness for the care, support, and research happening with the Alzheimer's Association. To support them in this effort, donation banks will be in the center that day to collect loose change as well as any



donations made in honor of friends and family members impacted by the disease. For more information, click on [The Longest Day](#).

The **Health Insurance Counseling and Advocacy Program (HICAP)** will present a free workshop - "Understanding Medicare" - on **Tuesday, June 25**, from **1:30-3:30 p.m.** at the Mussell Center. This presentation will include timelines, costs, savings, parts & plans, changes, and limits. **Please RSVP** to the front desk (805-925-0951 ext. 2207).

Enjoy the graduations, weddings, Elks Rodeo events, and Father's Day this month so that your summer is off to a great start!

See you at the Center and **be sure to check out the new patio items outside!!**

~ Barbara Wiley,
Recreation Coordinator
805-925-0951 ext. 2264
bwiley@cityofsantamaria.org

Join us for this **FREE** unbiased presentation

Understanding MEDICARE

HICAP provides information about Medicare & related information so you can make informed decisions.

HICAP can help!

Gain a better understanding of your Medicare benefits with FREE and unbiased assistance for people on Medicare

"Understanding Medicare" topics include:
Timelines, Costs, Savings, Parts & Plans, Changes, Limits and more

New to Medicare Presentation
Tuesday, June 25 ~ 1:30 - 3:30 p.m.
Elwin Mussell Senior Center

FREE unbiased PRESENTATION



THE SANTA MARIA VALLEY SENIOR CITIZENS CLUB presents

This program is made possible
with the support of the



Riptide & Sandy!

Featuring the Central Coast's
Favorite Dance Band



... With guest vocalist,
Sandy Smallwood



Sunday, June 9, 2019
1:30 - 4 p.m.

FREE

Playing your
favorite
dance music!



Funded with a grant from



20
YEARS OF
IMPACT

Elwin Mussell Senior Center
510 E. Park Ave., Santa Maria

For more information, please contact Judy at 775-813-5186,
visit RiptideBB.com or find us on Facebook — Riptide Big Band

SUCCULENT EXCHANGE

SATURDAY, JUNE 15, 2019

11:00AM - 12:30PM IN THE LAVAGNINO PLAZA
OUTSIDE THE SANTA MARIA PUBLIC LIBRARY,
421 S. McCLELLAND ST.

BRING CLIPPINGS
TO TRADE & SHARE
WITH OTHERS!

Sponsored by the SMPL



Sunshine Corner

Get Well Soon ...

Grace Jarvis

Thinking
of you

Charlotte Gaskill



In Sympathy to ...

Jean Letman & family

whose husband, **Edward Letman**, passed

Please, contact Simone about members or
their loved ones who need a get well, thinking
of you, or sympathy card sent to them. Please,
leave your name and number when you call
(805-925-6267) in case she needs more info.

June 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
<u>Cost</u> Bingo: 50¢/card Bunco: \$3/day BYOB: \$27/mo.+ Chairobics: \$19/mo.+ Folk Dance: (Mon.) \$15.50/mo.+ Yoga: \$27/mo.+ Zumba Gold: \$27/mo.+ +Santa Maria Residents §Must Register In Advance!!		<u>Lunch</u> Prepared by Community Action Commission & delivered to the Mussell Senior Center Monday - Friday, 11:30 a.m. Must make reservation 24 hours in advance. Call 1-805-925-3010		<u>NOTE: Some classes may be canceled by the instructor or by Recreation & Parks as necessary.</u>	1 9-12 Pool*
9-3:45 Pool* 3 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 5 pm Monthly Membership Mtg. 7-9 pm Folk Dance*§	9-3:45 Pool* 4 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	9-3:45 Pool* 5 9 Exec. Bd. Meeting 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet* 1-4 Beginning Bridge	9-3:45 Pool* 6 9-10 BYOB*§ 10-11 Yoga*§ 10-12 String Band 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	9-3:45 Pool* 7 12-4 Mah Jongg* 1-4 Bingo	8 9-12 Pool*
10 9-3:45 Pool 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	11 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	12 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	13 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 10-12 String Band 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	14 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	15 9-12 Pool*
17 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	18 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	19 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	20 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 10-12 String Band 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	21 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	22 9-12 Pool*
24 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	25 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	26 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	27 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 10-12 String Band 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	28 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	29 9-12 Pool*

Activity Contact Persons: Book Exchange ~ Jane Bringley (1-805-937-8859)

Duplicate Bridge ~ 1-805-937-5691 (Mondays) and 1-805-922-5000 (Thursdays)

Pinochle ~ 1-805-934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ 1-805-925-5429 (Betty Anthony)

* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

Happy May Birthdays!



Virginia Cunningham, Alice Torres, Mary Johnson, & Ofelia Tise

- Joe Mendoza 3-Jun
- Jean Studer 6-Jun
- June Hughart 7-Jun
- Jack Hamner 8-Jun
- Jane Hood 8-Jun
- Sam Oku 10-Jun
- Mary Johnson 12-Jun
- Helen Razo 12-Jun
- Dale Iliff 13-Jun
- Ellie Plumer 16-Jun
- Lorraine Whalen 16-Jun
- Judie Oliva 17-Jun

H
A
P
P
Y

B
I
R
T
H
D
A
Y

J
U
N
E

B
I
R
T
H
D
A
Y

- Arlene Parker 18-Jun
- Judy Arko 19-Jun
- Carol Compton 20-Jun
- Phil Fee 21-Jun
- Perky Renner 22-Jun
- Irene Carpenter 23-Jun
- Bea Goyette 23-Jun
- Sharon Dias 28-Jun
- Barbara Chandler 29-Jun
- Cindy Eft 30-Jun
- Pauline Okerblom 30-Jun
- Claudia Sylvester 30-Jun

Happy Anniversary! June Anniversaries

- Phil & Sue Park 6-Jun
- Myrland & Jean Roth 6-Jun
- Mark & Bobbi Eggleston 9-Jun
- Phil & Wilma Fee 22-Jun



WELCOME! New & Rejoining Members

- Jude Benedict
- Ray & Mary Jane Diaz
- Randy Jackson & Amy Yu-Jackson
- Lynda Miller
- Barbara Presley
- Frank Razo & Marie Soria
- Anita Ritenour

① Note: only couples who are both members of the Club will have their anniversary listed. Please, notify Laura Selken of any errors or additions.

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
Vol. 25, Issue 5
June 2019
Monthly Newsletter



Non-profit Organization
US Postage Paid
Santa Maria, CA
Permit No. 161

CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

Monthly Membership Meeting **Monday, June 3**

Doors Open: 5:00 p.m. / Dinner: 5:15 p.m.

**Chinese Chicken Stir-Fry, Chow Mein Noodles & Sauce,
Stir-Fried Veggies, Salad, & Chocolate Cake**

**Reserve & Pay by
Friday, May 31st**

\$10 per person
featuring

**Catered by
Jovi's Delights!**

**Raffle
Drawing**

Amdal
TRANSPORT SERVICES


**Celebrate Your
June Birthday
With Us!**

**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 925-0951, Ext. 2207**