

# The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 805-349-0688



# May 2024



**Carolyn Cabrera**

## President's Message:

April showers certainly bring May flowers! I have roses, lilacs, camellias, and all my fruit trees are in bloom, too! New life is a wonderful thing to see and experience. It has been hard not being able to do much in my flower beds with my right shoulder surgery, but I can enjoy the beauty and wonderful fragrances. I was able to work my hours at the Club desk the second week of April for the first time in a long while. Thank you to Liz Reynertson and everyone helping to cover for me. Thank you to Jolene Simons for helping cover the line dancing classes, and to Mary Ann Marciel for giving me a ride to the Club dinner meeting in April. Thank you for all the prayers and kind words, too!

Thank you, Pat Park, for the use of your solar glasses to see the partial eclipse of the sun. All the folks were coming in and out to check on the moon's position as it moved over one side of the sun. Such an amazing experience. Hope you all were able to experience some, if not all, of the solar eclipse event!



**Riptide Big Band** will be performing on **Sunday, May 5**, for our annual **Senior Prom!** Try to wear red, white, and green in celebration of Cinco de Mayo!! The dance begins at 1:30 p.m. A King & Queen will be chosen, and we'll have student volunteers helping and dancing with us! Join in the fun!!!

Our monthly meeting/dinner will be on **Monday, May 6!!!** We're having spaghetti and meatballs with double-fudge cake! YUM! Our program that evening will feature Jim Gregory, with the South County Historical Society. He will be speaking on aviation on the Central Coast and World War II. It should prove to be quite interesting. Please make your dinner **reservations by NOON on Friday, May 3.**

**NOTE: All payments to the Senior Club with a credit card will now be charged an additional \$1.00 to help cover the fees associated with processing the payment. Thank you for your understanding!**

I am sitting out in my garden room with my three cats and enjoying the lovely evening and looking back at the day. It sure was fun being at the Mussell Center this morning. If you haven't been by lately, please come say "Hi" and grab some coffee! Go ahead and sit and chat for a while. You will be amazed by all the different people who take advantage of all that is offered by the City and the Club at the Mussell Center!

## Santa Maria Valley Senior Citizens Club

### Central Coast Active Adults!

**MISSION:** Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

# 2024 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
1st VP:	Jolene Simons	661-203-9756	jsimons93309@gmail.com
Co-2nd VPs:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Liz Regulski	[contact Carolyn or Laura with questions]	
Recording Secretary:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.com
Member at Large:	Liz Reynertson	661-317-2893	ereynert@gmail.com
Travel:	Nancy Andersen	805-260-9896	nbandersen1981@gmail.com
Sunshine:	Simone Gillogly	805-925-6267	[no email]

## Recreation and Parks Department Staff & Phone Numbers:

Recreation Supervisor: Jeanette Blanco, 805-925-0951, ext. 2207, jblanco@cityofsantamaria.org  
 Facility Specialist: Evelyn Marroquin, 805-925-0951, ext. 1635, emarroquin@cityofsantamaria.org  
 Receptionist: 805-925-0951, ext. 2207 / Recreation & Parks Department Primary Office: ext. 2260

## Happy May Birthday!

## Welcome New & Rejoining Members!!!

Alice Torres	3	Donald Koloze	20
Sue Park	6	Sharon O'Neil	21
Elaine Anes	7	Janet Sobottka	21
Russ Sidwell	7	Kathy Gutierrez	23
Terry Long	12	Dee Markstone	24
Peter Stonehewer	12	Ophie Cowett	27
Lorraine Pregozen	15	Dolly Peterson	30
Becky Bracke	16	Mike Stadnick Jr.	30
Yvonne Davis	16	Ofelia Tise	31

- Minnie Anderson
- Linda Bonetto
- Jack & Elizabeth Clymer
- Honey French
- Elaine Jackson
- Carol Schalla
- Russ & Cheryl Sidwell
- Carol Simas
- Mike Stadnick Jr.
- Maria Tachiquin
- Juan & Shirley Zavala

## Happy May Anniversary!

- ♥ Zen & Karen Nawrocik May 5
- ♥ Mavis & Elena Deparini May 14

Please, contact Laura if your birthday or anniversary is not listed or is incorrect. Call or text her at 805-406-9989 or email [laura.selken@gmail.com](mailto:laura.selken@gmail.com).

## Sunshine Corner



**Get Well  
Soon ...**

**Freddie Newman**

If you know of any members or their loved ones who need a "get well," a "thinking of you," or a sympathy card sent to them, **please** contact Simone at 805-925-6267, and please, provide your name and number if you leave a message.



# Travel Opportunities Santa Maria Senior Travel Committee



Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

## May 15 ~ Chumash?

\$40

Unfortunately, we had to cancel our trip to Tachi Palace Casino Resort this month. We are hoping at least 25 of you will want to make a day trip to Chumash. If we can get enough signed up, we'll leave at 10 a.m. and return about 4 p.m. **REMEMBER:** you are issued \$40 in "free play" - so the trip is actually **FREE!** **SIGN UP TODAY!!!**

## June 16 ~ Pantages Theatre ~ "Mrs. Doubtfire"

\$170

Join us as we travel to "Broadway in Hollywood" to see this new musical comedy! Everyone's favorite Scottish nanny is headed to Los Angeles in "a feel-good, family-friendly comedy that delivers." Based on the beloved film, it's "the lovable, big-hearted musical comedy we need right now." Only a few seats left!! We will leave at 8 a.m. and return about 9 p.m.



## July 17 ~ Morro Bay Chowder Cruise

\$105

Two-hour cruise includes lunch on the boat, including award-winning chowder! Take in the stunning sites of the Morro Bay area and enjoy a drink at the full-service bar. This is a popular trip! Sign up early!!

## October 4-10 ~ Albuquerque Balloon Fiesta

\$3375\* dbl./\$4250\* sgl.



Albuquerque International Balloon Fiesta • Old Town • Sante Fe • Indian Pueblo Cultural Center • Los Alamos Science Museum • Loretto Chapel • Taos & Taos Pueblo • 3 nights in Sante Fe; includes 7 meals (5 breakfasts & 2 dinners), motorcoach transportation, admissions per itinerary, comprehensive sightseeing, & baggage handling. *This tour has an activity level of "3".*

**Final Payment due July 21, 2024**

**\*Save when paying by check!**

## SPECIAL PRESENTATIONS COMING SOON:

### July 31 - 1 p.m. ~ Smokey Mountains, Nashville, Bluegrass Country

Trip departs on April 27, **2025**; hosted by Premier World Discovery.

### September 11 - 1 p.m. ~ Philadelphia and Amish Country

Trip departs on September 28, **2025**; hosted by Premier World Discovery

*(Please note that we have stopped selling our trip to Germany & Austria in December 2024 for the Magical Christmas Markets due to lack of interest.)*



# Travel Leads & office helpers are needed! Come down to the office & learn more!



## RECREATION & PARKS DEPARTMENT MAY 2024 EVENTS

- \* **ALL MONTH** ~ Giddy up partners! The month of May is Rodeo Month! Join us for some fun western activities that will make everyone say, “YEEEEHAWW!” Dress up in your best western attire all month long for a chance to be crowned “The BIG Winner” at the end of the month! The winner will be announced on Friday, May 31, at Noon in the lobby. The Mussell Center program that participates the most during our spirit month will win a pizza party! Month-long festivities will conclude with our Boots and Bling's Line Dance performance social!
- \* **Friday, May 3, 9:30-10:30 a.m.** ~ **Coffee & Conversation: Disaster Preparedness** – Are you ready? Join us for a class on Disaster Preparedness. Bradlee Kirkman, Emergency Preparedness Service Manager with ILRC (Independent Living Resource Center) will answer questions and provide information on being ready for a disaster. **FREE!**
- \* **Wednesday, May 8, 9:00-10:00 a.m.** ~ **My Artistic Self: Mother's Day Flower Party** – Join us as we share memories and create memories with others in this Mother's Day flower arrangement workshop. **Sign up with the front receptionist.** Limited space available. Donations are welcomed.
- \* **Friday, May 17, 9:30-10:30 a.m.** ~ **Coffee & Conversation: Boots & Bling Pre-Party** – YEEEEHAW! Calling all cow gals and cow pals! Come on down to this pre-party as we socialize with each other by getting ready for the big Rodeo week. Play fun western-themed games and have a chance to win with prizes going to the best western attire. **FREE!**
- \* **Tuesday, May 21, 1-3 p.m.** ~ **Bunco Most Wanted!** Get off your high horse and saddle on over for your chance to win the jackpot! Five cash prizes will be awarded. NO experience necessary. The cost is \$3.00 to participate.
- \* **Wednesday, May 22, 9:00-10:00 a.m.** ~ **My Artistic Self: Zen Doodling** – Learn how to draw Zen doodle art and add colors and details to make them your own. Experiment with shapes, colors, and patterns in a fun way by taping off a geometric abstract layout with masking tape. Using watercolors or markers, fill it in with your own Zen Doodle designs. All supplies will be included. **Must Sign up with front receptionist. FREE!**
- \* **Thursday, May 23, 2:30-4 p.m.** ~ **Mussell Cinema** – This Month's movie feature, “Air Force One,” is a 1997 American action-thriller film starring Harrison Ford, Gary Oldman, and Glenn Close. **To receive a movie goodie bag, participants must sign up with the front receptionist in advance. FREE!**
- \* **Friday, May 24, 9-11 a.m.** ~ **“Star Wars” Loteria** – May the cards be with you this month. Join fellow Jedi lovers as we play Loteria “Star Wars” Edition. Join us in playing this Mexican bingo-like game for your chance to win fun prizes. **Sign ups are required with front receptionist.** Space is limited. **FREE!**







The Santa Maria Valley Senior Citizens Club presents



FREE!

# Cinco De Mayo Senior Prom



May 5, 2024



1:30-4:00 pm



Elwin Mussell Senior Center  
510 E. Park Ave., Santa Maria



featuring



with vocalists

Bob Nations & Mitch Latting

Colors are **Red, White & Green!!!**

We're looking to pick a

King & Queen of the Prom, sooo ...

be ready to answer fun trivia questions!

We'll have lots of student volunteers

to dance & enjoy the day with us, too!

Info: Judy @ 775-813-5186

Visit [RiptideBB.com](http://RiptideBB.com) or Riptide Big Band on Facebook





# May 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Activity Contact Persons:</b>                      Dup. Bridge ~ Alan, 408-499-5333                      Beg. Bridge ~ Frank, 805-574-3237                      Hand &amp; Foot ~ Christel,                      805-332-3328                      Bingo ~ Marlene, 805-739-0468</p>		<p><b>9 Bd. Meeting 1</b>                      9-4 Billiards*                      9 My Artistic Self*                      9 Zumba Gold*§                      10:15 Chairobics*§                      12-1 Card Couture*  <b>12:30-3:30 Travel</b>  <b>1-4 Beg. Bridge</b>                      1:30 Line Dancing*</p>	<p>9-4 Billiards* <b>2</b>                      9-10 BYOB*                      10:15 Yoga*                      10:30 OWL*                      12-2 Pickleball*  <b>12:30-3:30 Travel</b>  <b>1-4 Hand &amp; Foot</b>                      2 Folk Dance*</p>	<p>9-4 Billiards* <b>3</b>                      9 Zumba Gold*§  <b>9:30-10:30 Coffee &amp; Conversation*:</b>  <b>Disaster Preparedness</b>                      10:15 Chairobics*§                      12-4 Mah Jongg*  <b>12:45-3:30 Bingo</b></p>
<p>8:30 Balance* <b>6</b>                      9-4 Billiards*                      9 Zumba Gold*§                      10-12 Scrabble*                      10:15 Chairobics*§                      10:30 Ukulele Jam*  <b>12 Duplicate Bridge</b>                      1-2 Grief Support                      1:30 Line Dancing*  <b>5 Member Dinner</b></p>	<p>9-4 Billiards* <b>7</b>                      9-10 Table Tennis*                      9-10 BYOB*                      10:15 Yoga*                      10:30 OWL*                      11:30 60s Dance  <b>12:30-3:30 Travel</b>                      1-3 Knit, Crochet+*  <b>1-3:30 Bunco*</b></p>	<p>9-4 Billiards* <b>8</b>  <b>9 My Artistic Self*</b>  <b>Mother's Day Flowers</b>                      9 Zumba Gold*§                      10:15 Chairobics*§                      12-1 Card Couture*  <b>12:30-3:30 Travel</b>  <b>1-4 Beg. Bridge</b>                      1:30 Line Dancing*</p>	<p>9-4 Billiards* <b>9</b>                      9-10 BYOB*                      10:15 Yoga*                      10:30 OWL*                      12-2 Pickleball*  <b>12:30-3:30 Travel</b></p>	<p>9-4 Billiards* <b>10</b>                      9 Zumba Gold*§  <b>9:30 Foodbank Cooking Class &amp; Food Distribution</b>                      10:15 Chairobics*§                      12-4 Mah Jongg*  <b>12:45-3:30 Bingo</b></p>
<p>8:30 Balance* <b>13</b>                      9-4 Billiards*                      9 Zumba Gold*§                      10-12 Scrabble*                      10:15 Chairobics*§                      10:30 Ukulele Jam*  <b>12 Duplicate Bridge</b>                      1-2 Grief Support                      1:30 Line Dancing*</p>	<p>9-4 Billiards* <b>14</b>                      9-10 Table Tennis*                      9-10 BYOB*                      10:15 Yoga*                      10:30 OWL*                      11:30 60s Dance  <b>12:30-3:30 Travel</b>                      12-4 Pinochle*                      1-3 Knit, Crochet+*</p>	<p>9-4 Billiards* <b>15</b>                      9 My Artistic Self*                      9 Zumba Gold*§                      10:15 Chairobics*§                      12-1 Card Couture*  <b>12:30-3:30 Travel</b>  <b>1-4 Beg. Bridge</b>                      1:30 Line Dancing*</p>	<p>9-4 Billiards* <b>16</b>                      9-10 BYOB*                      10:15 Yoga*                      10:30 OWL*                      12-2 Pickleball*  <b>12:30-3:30 Travel</b>  <b>1-4 Hand &amp; Foot</b>                      2 Folk Dance*</p>	<p>9-4 Billiards* <b>17</b>                      9 Zumba Gold*§  <b>9:30-10:30 Coffee &amp; Conversation*</b>  <b>Boots &amp; Bling Pre-Party</b>                      10:15 Chairobics*§                      12-4 Mah Jongg*  <b>12:45-3:30 Bingo</b></p>
<p>8:30 Balance* <b>20</b>                      9-4 Billiards*                      9 Zumba Gold*§                      10-12 Scrabble*                      10:15 Chairobics*§                      10:30 Ukulele Jam*  <b>12 Duplicate Bridge</b>                      1-2 Grief Support                      1:30 Line Dancing*</p>	<p>9-4 Billiards* <b>21</b>                      9-10 Table Tennis*                      9-10 BYOB*                      10:15 Yoga*                      10:30 OWL*                      11:30 60s Dance  <b>12:30-3:30 Travel</b>                      1-3 Knit, Crochet+*  <b>1-3:30 Bunco*</b></p>	<p>9-4 Billiards* <b>22</b>  <b>9 My Artistic Self*</b>  <b>Zen Doodling</b>                      9 Zumba Gold*§                      10:15 Chairobics*§                      12-1 Card Couture*  <b>12:30-3:30 Travel</b>  <b>1-4 Beg. Bridge</b>                      1:30 Line Dancing*</p>	<p>9-4 Billiards* <b>23</b>                      9-10 BYOB*                      10:15 Yoga*                      10:30 OWL*                      12-2 Pickleball*  <b>12:30-3:30 Travel</b>  <b>2:30 Mussell Cinema</b>  <b>"Air Force One"</b></p>	<p>9-4 Billiards* <b>24</b>                      9 Zumba Gold*§  <b>10-11 Loteria*</b>  <b>"Star Wars" Theme</b>                      10:15 Chairobics*§                      12-4 Mah Jongg*  <b>12:45-3:30 Bingo</b></p>
<p><b>27</b>  <b>Memorial Day</b>                      Don't forget to remember                      Some Gone, None Forgotten  </p>	<p>9-4 Billiards* <b>28</b>                      9-10 Table Tennis*                      9-10 BYOB*                      10:15 Yoga*                      10:30 OWL*                      11:30 60s Dance  <b>12:30-3:30 Travel</b>                      12-4 Pinochle*                      1-3 Knit, Crochet+*</p>	<p>9-4 Billiards* <b>29</b>  <b>9 My Artistic Self*</b>  <b>Painted Rock Contest</b>                      9 Zumba Gold*§                      10:15 Chairobics*§                      12-1 Card Couture*  <b>12:30-3:30 Travel</b>  <b>1-4 Beg. Bridge</b>                      1:30 Line Dancing*</p>	<p>9-4 Billiards* <b>30</b>                      9-10 BYOB*                      10:15 Yoga*                      10:30 OWL*                      12-2 Pickleball*  <b>12:30-3:30 Travel</b></p>	<p>9-4 Billiards* <b>31</b>                      9 Zumba Gold*§                      10:15 Chairobics*§                      12-4 Mah Jongg*  <b>12:45-3:30 Bingo</b>  <b>4:30 Boots &amp; Bling Line Dance Show &amp; Rodeo Party</b></p>

**NOTE: Classes/activities may be changed or canceled by the instructor, city, or Club as needed.**

\*City of Santa Maria Rec & Parks Dept. Program §Participants must pre-register at Rec. & Parks Dept. No walk-ins.

SMV SENIOR CITIZENS CLUB  
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SANTA MARIA, CA 93456-6688  
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# The Mussell Messenger

## Santa Maria Valley Senior Citizens Club Newsletter

### Monthly Membership Meeting



**Monday, May 6, 2024**



**Doors Open: 5 p.m. ~ Dinner: 5:15 p.m.**

Baked spaghetti, ground beef meatballs, marinara meat sauce, parmesan cheese, steamed vegetables, & double fudge cake

**Reserve/Pay By:**  
**Friday, May 3**

**\$15 per person**

**Catered By:**  
**Jovi's Delight**



**Jim Gregory**  
with the  
**South County Historical Society**



**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,  
Santa Maria, CA 93454 805-349-0688**