

# The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club  
510 East Park Avenue, Santa Maria, CA 93454

[www.smvsc.org](http://www.smvsc.org)

[smvseniors@gmail.com](mailto:smvseniors@gmail.com)

1-805-925-0951 ext. 2207

## May 2019



Carolyn Cabrera

Spring is here and the flowers and trees are blooming! Do you want to get out? Visit the Mussell Center and join in one of the many activities. Come down Monday through Friday at 11:30 a.m. and participate in the Community Action Commission lunch. It's free for low-income seniors 60 and over. You just need to RSVP 24 hours in advance (805-925-3010). Or, have dinner with the Senior Club at our monthly membership meeting held the first Monday of the month at 5:00 p.m. We have a varied menu, catered by Jovi's Delights, and great speakers. Advanced reservations and payment are accepted until the Friday before the meeting at 2 p.m. ***No money or reservations can be accepted after that time or the night of the dinner.*** If you aren't able to make your reservation in time, you are still welcome to attend and hear the speaker without eating the dinner.

Book a trip with our Travel Committee. See page three for the many interesting destinations planned this year. And there are plenty of other activities, as well. Join one of the many bridge groups including Duplicate Bridge, Party Bridge, or Beginning Bridge. Or stop in to play Hand & Foot or Pinochle. Consider our brand new program ~ the "Forever Young Band" which brings together musicians 50 years of age and up, playing various stringed instruments. They meet Thursdays at 10 a.m. (see page 5 for more information). Need a book to read? The book exchange offers hundreds of books to choose from the third Wednesday of the month from 1 to 3 p.m. And of course, there is the old stand-by of Bingo every Friday at 1 p.m. See the calendar on page 4 for all the activities at the Center, including the many various ways the City Rec & Parks department aims to keep you healthy!

We said goodbye to ***Diane Bentley*** (right) at our April dinner and celebrated her history with the club since 2001! She is moving to be near family. We also celebrated ***Jane Bringley's*** (left) many years with the Club (since 1993). Thankfully, she plans to continue to remain active with us! We thanked both for their service, as well as ***all*** the receptionists. We are still looking for ***more*** receptionists. If you are interested, we would love to have you. Contact me (see page 2) if you are needing more information or wish to volunteer.

Thank you to all who serve!

~ Carolyn



**MISSION:** Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

## 2019 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.com
Member-at-Large:	OPEN	Contact Carolyn	if you are interested
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org

**Free!**

**Hawaiian Style**

**SENIOR PROM**

**May 5, 2019 1:30-4:00 p.m.**

**Elwin Mussell Center**

**510 East Park Avenue, Santa Maria**

*Celebrate the 60th anniversary of our 50th state at the Hawaiian Style Senior Prom featuring the Rip Tide Band!*

Funding for the live musical entertainment for this event is provided by The Community Foundation San Luis Obispo.

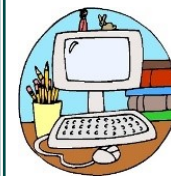
**Island attire encouraged!**

This is an intergenerational event that includes student volunteers from Orcutt Academy High School.

For more information, please call the City of Santa Maria Recreation and Parks Department at (805) 925-0951 ext. 2260

**ORCUTT ACADEMY HIGH SCHOOL**

**THE COMMUNITY FOUNDATION**  
SAN LUIS OBISPO COUNTY



**Visit our Club website!**

[smvscc.org](http://smvscc.org)

You'll find

the current newsletter on the home page, along with other special events or time sensitive info. Then click on the names of the different sections or "pages" in the upper right area to see more:

- Activities Calendar
- Special Events
- Travel Opportunities
- Senior Resources
- Newsletters

Give it a try, and let us know how we can make it better!

**REMINDER:** We have **FREE Wi-Fi** at the Mussell Center provided by **YOUR Senior Club!** Try it!!!

**Read Barbara Wiley's column for MORE exciting news!!!**





# TRAVEL OPPORTUNITIES

## SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

### FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH

“FIRST DAY SALES” IS SCHEDULED FOR **MAY 6TH**. DOORS WILL OPEN AT **9 A.M.** WITH THE SALE BEGINNING SHORTLY AFTER. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. THE FOLLOWING TRIPS WILL BE ON SALE **MAY 6TH**:

**Oakland ~ June 18-19 (hopefully ... still working on this one at “press time”)**

**\$TBA\***

**Mystery Trip ~ July 21 (here we go again ... SURPRISE!!!)**

**\$TBA\***

### UPCOMING TRIPS SCHEDULED/UNDER CONSTRUCTION FOR 2019:



**May 16 ~ The Getty Center**

**\$79\***

We will be visiting the Getty Center (J. Paul Getty Museum) found “up on the hill” near Brentwood and home to spectacular art and architecture.

**June 8 ~ M & M - Madonna & Melodrama**

**\$80\***

Join us for a delicious meal at the Madonna Inn and The Great American Melodrama production of “Treasure Island.” Told in a comedic melodrama style, you’ll laugh and cheer at this classic adventure tale.



**June 18-19 ~ Oakland**

**\$TBA\***

Please contact the travel office for details; may or may not be available at May “first day sales.”

**July 21 ~ Mystery Trip**

**\$TBA\***

Yes, we’re having a second Mystery Trip! **SIGN UP MAY 6TH!!**



**August 25 ~ Roger Rocka Dinner Theater (Fresno)**

**\$TBA\***

Special Engagement! “Calamity Jane” featuring country music legend Louise Mandrell as Calamity, making this light-hearted, rip-roaring fairy-tale a real bulls-eye!

**October ~ Branson, Nashville, & Memphis**  
(full payment due July 17, 2019)

**\$3175\* Dbl., \$4025\* Sgl.**  
(plus \$250 for insurance)

**December ~ Cambria Festival of Lights**

**\$TBA**

**\*All prices are per person**

## HELP WANTED WITH THE TRAVEL COMMITTEE!

The **TRAVEL COMMITTEE** is still searching for a **CO-CHAIR** AND additional **Travel Leads!** If anyone has experience in working with transportation companies, travel agencies, or touring businesses, or anything similar, we would love to talk to you! If you know of **anyone at all**, **including non-members**, give the tour office a call.



# Travel With Us!



Check out our Facebook page: [“Santa Maria Senior Travel”](https://www.facebook.com/SantaMariaSeniorTravel)





## GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

Spring is in the air and now summer is just around the corner! Hooray! I think that is why May is my favorite month of the year. It has the sights, sounds and smells of spring with the anticipation of the glorious summer that awaits us all in the very near future. There are so many fun summer activities in Santa Maria and on the Central Coast ... oh the possibilities!

We are also working on some interesting new indoor activities to help seniors explore different types of technology. Some students from Allan Hancock College have agreed to volunteer to work with seniors who want some help with their smart phones, computers, and/or computer tablets. This intergenerational pilot project can help seniors better understand how to send email, social media options, play games online, watch movies, find recipes and DIY projects, and much more! You may bring your own device or borrow one of ours.



**We have two new laptop computers and several smaller computer tablets that are available to use in the lobby at no charge.**

Please, stop by the front desk for details. Please, also be prepared to offer some collateral (usually a driver's license) in order to check out the new equipment. For security purposes, these devices may **ONLY be used in the main lobby.**

The students from Orcutt Academy High School are eager to help host the **free Senior**

**Prom from 1:30 – 4 p.m. on Sunday, May 5.** We'll celebrate the 60th anniversary of our 50th state at the Hawaiian Style Prom featuring the Riptide Big Band. Naturally, island attire is encouraged. Hope to see you there! Aloha!

Reminder: the **Health Insurance and Counseling Advocacy Program (HICAP)** will present a workshop at the Mussell Center from **1:30 – 3:30 p.m. Tuesday, May 21**, to help people learn all about Medicare. This session is ideal for anyone new to Medicare, but all are welcome to attend. For more information or to RSVP online, click [here](#), or call 1-800-434-0222.

**Mark your calendars!!!** The **Celebration of Life Luncheon** for anyone 90 years of age and up will be held **Wednesday, August 14, 2019.**

# Learn All About Medicare

New  
to  
Medicare

Let us help you  
understand your  
Medicare options

Part  
A

Part  
B

Part  
D

Advantage Plans  
Supplemental  
Plans  
Penalties  
and more

JOIN US at this  
FREE unbiased  
comprehensive  
Medicare Seminar

New to Medicare Presentation  
Tuesday, May 21, 2019  
1:30 - 3:30 p.m.  
Elwin Mussell Senior Center  
510 E. Park, Santa Maria

For Information and to RSVP Online

**CentralCoastSeniors.org**

or call **1-800-434-0222**



~ Barbara Wiley,  
Recreation Coordinator  
805-925-0951 ext. 2264  
[bwiley@cityofsantamaria.org](mailto:bwiley@cityofsantamaria.org)





The Santa Maria Senior Citizens Club and the City of Santa Maria are looking for

## Volunteer Receptionists

for the Elwin Mussell Center located at 510 East Park Avenue, Santa Maria

- 3.5 hour shifts
- Training provided
- Weekday mornings or afternoons
- Flexible and fixed schedules available

A great way to meet new friends while helping the community!

Duties include greeting visitors, accepting payments for Senior Club events, light clerical tasks, and answering calls.

For more information about volunteering, visit or call the Elwin Mussell Center at (805) 925-0951 ext. 2207 Monday through Friday 9:00 a.m.-4:00 p.m.



## SUCCULENT EXCHANGE

SATURDAY, JUNE 15, 2019

11:00AM - 12:30PM IN THE LAVAGNINO PLAZA

OUTSIDE THE SANTA MARIA PUBLIC LIBRARY,  
421 S. McCLELLAND ST.

BRING CLIPPINGS  
TO TRADE & SHARE  
WITH OTHERS!

Sponsored by the SMPL



New Program!

## Forever Young Band

Thursdays 10:00-11:30 AM  
starting April 4, 2019

This new band is for string instruments  
and for seniors age 50 & up.

We will play pop, country, and  
hits from the 60's, 70's and beyond!

Visit or join anytime!



String band with a focus on  
guitar, ukulele, banjo,  
mandolin and more!



FREE!



No auditions



Beginners welcome,  
but no lessons are offered

For more information, contact Anita at (805) 268-3257 or [puliarf@comcast.net](mailto:puliarf@comcast.net)



# May 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
<b>Cost</b> <b>Bingo: 50¢/card</b> <b>Bunco: \$3/day</b> <b>BYOB: \$27/mo.+</b> <b>Chairobics: \$19/mo.+</b> <b>Folk Dance: (Mon.) \$15.50/mo.+</b> <b>Yoga: \$19/mo.+</b> <b>Zumba Gold: \$27/mo.+</b> <b>+Santa Maria Residents</b> <b>\$Must Register In Advance!!</b>		9-3:45 Pool* 1 <b>9 Exec. Bd. Meeting</b> 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet* 1-4 Beginning Bridge	2 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 10-12 String Band 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	3 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	4 9-12 Pool*
9-3:45 Pool* 6 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge <b>5 pm Monthly Membership Mtg.</b> 7-9 pm Folk Dance*§	7 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	8 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	9 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 10-12 String Band 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	10 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	11 9-12 Pool*
13 9-3:45 Pool 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	14 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	15 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	16 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 10-12 String Band 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	17 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	18 9-12 Pool*
20 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	21 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	22 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	23 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 10-12 String Band 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	24 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	25 9-12 Pool*
27 	28 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	29 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 1-4 Beginning Bridge	30 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 10-12 String Band 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	31 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	<b>Classes may be canceled by the instructor or City as needed</b>

**Activity Contact Persons:** Book Exchange ~ Jane Bringley ( 1-805-937-8859)

Duplicate Bridge ~ 1-805-937-5691 (Mondays) and 1-805-922-5000 (Thursdays)

Pinochle ~ 1-805-934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ 1-805-925-5429 (Betty Anthony)

\* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.



## Happy Birthday! May Birthdays

Debbie Lipner-Johnson	1-May
Alice Torres	3-May
Rosalie Foster	4-May
Pat Mathos	4-May
Enedina Grossi	5-May
Don Eames	6-May
Sue Park	6-May
Gloria Scozzari	8-May
David Bringley	10-May
Dana Epps	10-May
Jennie Payne	12-May
Peter Stonehewer	12-May
Bill Richards	13-May
Betty Cross	15-May
Dianne Antonio	17-May
Ed Lee	19-May
Rose Devine	20-May
Patty Porcho	20-May
Virginia Cunningham	21-May
Jeannie Lobo	21-May
Sharon O'Neil	21-May
Janet Sobottka	21-May
Gilbert Harper	22-May
Kathy Gutierrez	23-May
Lois Gadsby	24-May
Dee Markstone	24-May
Cynthia Isorda	27-May
Mary Johnson	28-May
Jennie Razo	28-May
Shirley Macagni	30-May
Mike Stadnick	30-May
Fran Sobisky	31-May
Ofelia Tise	31-May

## Happy Anniversary! May Anniversaries

• John & Carmen Solorio	2-May
• LeeRoy & Dee Sinor	11-May
• Mavis & Elena Deparini	14-May
• Don & Irene Carpenter	16-May
• Bill & Elaine Barnett	20-May
• Larry & Connie Holdredge	22-May

## Sunshine Corner

Get Well Soon ..



**David Bringley**  
**Betty Malone**  
**Jean Nanninga**



*Please, contact Simone about any members or their loved ones who need a get well, thinking of you, or sympathy card sent to them. Please, leave your name and number when you call (805-925-6267) in case she needs more info.*

## WELCOME New & Rejoining Members

- Elaine Brown
- Pam Cosma
- Paul & Betty Cross
- Milvirde Franks
- Sandy Harris
- Ed Lee
- Sherry Loomis
- Gloria Maldonado
- Dena Soares
- Charles VanDeVeer

## Happy April Birthdays!



**Liz Koster & Bill Roemling**

SMV SENIOR CITIZENS CLUB  
PO BOX 6688  
SANTA MARIA, CA 93456-6688  
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Monthly Newsletter



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Santa Maria, CA  
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CHANGE SERVICE REQUESTED

# **The Mussell Messenger**

## **Santa Maria Valley Senior Citizens Club Newsletter**

### *Monthly Membership Meeting* *Monday, May 6*

*Doors Open: 5:00 p.m. / Dinner: 5:15 p.m.*

*Chicken Cordon Bleu, Garlic Mashed Potatoes, Steamed Veggies, Salad, & Orange Chiffon Cake*

*Reserve and Pay by*  
*Friday, May 3rd*

*\$10 per person*

*Catered By*  
*Jovi's Delights*



*featuring*  
*Wayne Handlos*  
*speaking about*

*Geraniums*



**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,  
Santa Maria, CA 93454 925-0951, Ext. 2207**