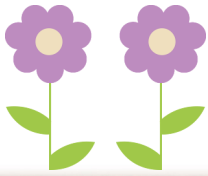


The Mussell Messenger

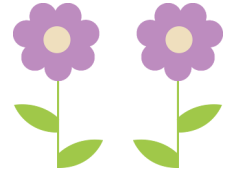
Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 1-805-925-0951, ext. 2207



April 2020



Carolyn Cabrera

President's Message ~

Writing to all of you every month has been a really interesting experience for me. I have never done anything like this before. As I think, and yes pray, about my life and how I can reach out to encourage you, I encourage myself.

I had foot surgery recently and my youngest brother-in-law came to be with me for a few days. Our simple conversations were amazing. How little I knew of his world and all the ways he has been influencing others' lives. He encouraged me by just spending time with me. We are all valuable and our lives can give so much to each other. Don't forget it is a matter of choice, and we can push forward and do the things we are uncomfortable doing. You **CAN** do it!

Thank you to those of you who donated to the Club in memory of *Donna Vogt*. We are sincerely thankful for her service to the Santa Maria Valley Senior Citizens Club. She will be greatly missed.

At the time of this publication, much of our future is unknown. However, we do know that the Riptide Big Band Dance has been canceled for Sunday, April 5, and there are **NO** first day sales by the Travel Committee or our monthly dinner meeting on Monday, April 6. I suspect the Mussell Center may be closed for some of April. Beyond that, we just can't say.

For those who have email, you will be kept informed as much as possible as soon as possible. It would be appreciated if you could pass the word along to your friends and neighbors who don't have access to the internet.

Of utmost importance is to do all you can to stay safe and healthy. There are a multitude of resources available from the city and county, as well as from the state, in addition to the federal government. Try to access these sources rather than social media for the latest, and most accurate, information. *[See page 5 for a few resources.]* Take care, be safe, and stay well!

Visit our website: smvsc.org

You'll find the current month's newsletter on the home page, along with special events and important information. Explore other areas of the site by clicking on various sections in the upper right side, including a calendar of events, senior resources, & past newsletters.

Santa Maria Valley Senior Citizens Club

Central Coast Active Adults!

Our Mission:

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2020 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.co
Member-at-Large:	George Tise	805-925-6322	gtot58@aol.com
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org



THE SANTA MARIA VALLEY SENIOR CITIZENS CLUB

presents

In Your Easter Bonnet!

FREE

Sunday, April 5, 2020

1:30 - 4 P.M.

Elwin Musselwhite Senior Center

510 E. Park Ave., Santa Maria

Featuring the Central Coast's
Favorite Dance Band

**Riptide
Big Band**

Liz Douglas

Let's go floral!

Prizes for the best Easter bonnets!



For more information, please contact

Judy at 775-813-5186,

visit RiptideBB.com or find us on

Facebook — Riptide Big Band



This program is made possible
with the support of the



Funded with a grant from
THE Community FOUNDATION
SAN LUIS OBISPO COUNTY

20
YEARS OF
IMPACT

As you are all well aware, there is a great deal of uncertainty that lies ahead in the coming weeks. We will do our best to keep you informed, but this will be primarily via email and our website. If you have friends or neighbors that don't use the internet, please do your best to let them know what is happening. We will strive to continue the printing and distribution of the *Mussell Messenger*, but please keep in mind that it may not have the most current information.



TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

FIRST DAY SALES ~ “FIRST” MONDAY MORNING OF THE MONTH

THERE WILL BE **NO** “FIRST DAY SALES” FOR APRIL. WE ARE UNCERTAIN ABOUT MAY.

UPCOMING TRIPS SCHEDULED/UNDER CONSTRUCTION FOR 2020:

Due to the current situation, some trips have been canceled or postponed, and others are still unknown. We are doing our best to keep travelers with reservations informed of all updates, including refunds and rescheduling. Please be patient.

April 5-9 ~ Spotlight on San Antonio

\$1999 Dbl., \$2399 Sgl.*

Mission San Jose • The Alamogordo • Paseo del Rio Cruise • LBJ Ranch • Fredericksburg • choice of South Texas Heritage Center or San Antonio Botanical Garden • El Mercado • Olive Orchard ~ includes five days/four nights hotel accommodations and five meals.

April 27-30 ~ Laughlin, NV

\$196 Dbl., \$253 Sgl.*

We will be staying at the Riverside Casino.

May 19-21 ~ San Diego

\$544 Dbl., \$726 Sgl.*

Richard Nixon Library & Museum - Yorba Linda • USS Midway Museum • Coronado Boat Tour (lunch on board) • Balboa Park • Dinner in Gaslamp Quarter • Mystery Stop on the way home! Hotels: Pala Casino Spa & Resort and Hotel Del Coronado. All tours, museums, & boat tour admissions included. **Status of this trip is uncertain ~ may be postponed to August.**

June 25 ~ San Luis Obispo Repertory Theatre

\$55*

“The Marvelous Wonderettes” musical featuring classics from the 1950s & 60s.

June 27 ~ M & M* (*Melodrama & Madonna Inn)

\$90*

Our annual luncheon to Madonna Inn along with a fun time at the Melodrama featuring “Butch Cassidy & the Sunburnt Kid.” This gut-busting parody follows the adventures of Butch Cassidy and the Sundance Kid as they change the course of history in Old West. En route to Bolivia, the two outlaws find the perfect hideout in a town where nothing ever happens:

Oceano! Here they encounter a host of wacky locals including Dr. Quack, Medicine Woman, and one of Butch’s old rivals, saloon owner Deadeye Dawson. Come boo the villain and cheer the hero! Seating limited to 38.



August 2020 ~ Roger Rocka’s Dinner Theater - Fresno

\$TBA*

“Guys and Dolls”

September 30-October 8 ~ Eastern Canada

\$3549 Dbl., \$4499 Sgl.*

Niagara Falls • Ottawa • Quebec City • Montreal • Winery Tour & Tasting • Maple Sugar Shack • Montmorency Falls, etc. Final Payment due by August 1.

***All prices are per person**



Check out our Facebook page: [“Santa Maria Senior Travel”](#)





GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

At the time of this writing, the Mussell Center is closed due to the public health emergency. While we are closed, I encourage you to check the City of Santa Maria website for regular updates www.cityofsantamaria.org.

Your health and safety is our utmost concern. If you need support during this unprecedented time, I suggest you call a friend or call **211**. Their **24-hour hotline** can help you with food, housing, medical, and transportation issues. In the meanwhile, if you wish to stay up to date with local COVID-19 data, I suggest you look at the Santa Barbara County Public Health Department website: <https://publichealthsb.org/>

If you still need help with tax preparation, I suggest you call United Way at 805-922-0329 ext. 103 to see if they have any more appointments.



The **2020 US Census starts April 1** and will end in late June. For more information, click on www.SantaBarbaraCountyCensus.org or email CensusSBC@countyofsb.org. Every person living in Santa Barbara County will have the option of responding to the 2020 Census online (my2020census.gov), by phone (844-330-2020 in English; 844-468-2020 in Spanish; 844-467-2020 for TDD), or by mail (you can request a paper form). If you respond by April 27, no one will need to visit your home. To avoid any scams, please note that all staff representing the US Census Bureau will always show a valid Census Bureau ID and will never ask for the following:

- Payment to fill out the questionnaire
- Social Security Number
- Financial Information

SantaBarbaraCounty
CENSUS.ORG
2020

We are planning to start a **monthly email update** about what's happening at the Mussell Center. Please email Wendy Hudson (whudson@cityofsantamaria.org) so that we have your email address. The first fifty people who give Wendy their email addresses will be entered into a special drawing to win a gift card. We also are recruiting some volunteers to help with this electronic newsletter. If that sort of job interests you, please let her know.

Speaking of Wendy ... Happy April Birthday to her! Wendy has become a vital member of our staff at the Mussell Center. Her special touches are seen everywhere around the Center. At the end of April, she will start a much-deserved vacation and will return May 14th.

In addition to April Fool's Day, this month is full of holiday observances including Pass-over, Easter, Ramadan, and Earth Day. May the joys, sights, and traditions of spring lift your spirits and encourage you to stay active during this season of new birth! If you're feeling isolated, please call a friend ... you'll both be glad you did!

Wishing you all a Happy, Healthy Spring! I miss seeing you all and I HOPE to see you at the Center very soon! Be well ...



~ Barbara Wiley
Recreation Coordinator
805-925-0951 ext. 2264
bwiley@cityofsantamaria.org



Have you renewed your membership?

We have decided to extend our renewal period to April 15.

DON'T LET THIS BE YOUR LAST ISSUE!

NOTE:
If you joined
prior to
10/1/2019,
you are due
to renew!

Please mail in your renewal of \$20 PER PERSON to PO Box 6688, Santa Maria, CA 93456. Be sure to include a self-addressed stamped envelope for your new card to be mailed to you. If this newsletter was mailed to you, please check the back page for a bright sticker letting you know you need to renew.

These Organizations Are Here to Help!

Alliance for Pharmaceutical Access (APA)

Alliance for Pharmaceutical Access (APA) continues to operate as usual. The office remains open to clients Monday-Friday, 11:00 a.m. - 5:00 p.m. No appointment necessary. APA client advocates are also equipped and ready to assist clients remotely by phone or email. Call: 805-614-2040; email apameds@gmail.com. APA is located at 506 E Plaza Dr, Ste 5, Santa Maria.

City of Santa Maria

To help keep the community informed of City services during the COVID-19 pandemic, it is updating its webpage, www.cityofsantamaria.org/coronavirus. Call: 805-925-0951 ext. 2372.

Community Action Commission's Senior Nutrition Program / Meals On Wheels

Both are doing what they can to assist those who are in need of meals, particularly seniors and those who are home-bound. Keep in mind that both programs are seeing an increase in the number of calls for meals, so please be patient and understanding. CAC Senior Nutrition Program: 805-925-3010 / Meals On Wheels: 805-938-1200.

Foodbank of Santa Barbara County

The Foodbank of Santa Barbara County is increasing safe food distributions to ensure seniors, children, and families have enough healthy food. Visit its website and social media for details on where to receive food. Visit www.foodbanksbc.org or Facebook: [@FoodbankSB](https://www.facebook.com/FoodbankSB). Call: 805-967-5741 ext. 305; or email mbuenrostro@foodbanksbc.org. The **Emergency Home Delivery** program provides staple groceries to seniors 65+ or those 55+ with disabilities that aren't able to leave their homes due to the COVID-19 recommendations. Call: 805-698-1198.

Salvation Army

The Salvation Army will continue its hot lunch and food pantry programs with some changes. The program

will be serving prepackaged lunches Monday-Friday, 11:00 a.m. - 12:00 p.m. The Food Pantry will be open Mondays, Wednesdays, & Fridays, 9:00 a.m. - 4:00 p.m. The main office will be open Monday-Friday, 9:00 a.m. - 12:30 p.m. **Days and times are subject to change without notice.** Call: 805-349-2421. The Salvation Army is located at 200 W Cook St., Santa Maria.

Santa Barbara County Public Health Department

As Barbara mentioned, there is a great deal of information at the County Public Health Department website: publichealthsb.org. Call: 805-681-5407.

Santa Maria Wisdom Center

As of March 18, the Santa Maria Wisdom Center is temporarily closed. However, the center is still open for food delivery service at \$5.50 per meal for Santa Maria and Orcutt areas. Call: 805-349-9810. The Center is located at 2255 S Depot St, Santa Maria.

Other Organizations/Services

211: As Barbara mentioned, this is a great resource at 211santabarbaracounty.org/covid-19/ or by simply dialing 2-1-1!


Area Agency on Aging: General assistance via Senior Connection. Call: 800-510-2020.

Family Service Agency: Support for seniors 60+ with mental health issues. Call: 805-735-4376 ext. 238. And case management for elder victims of abuse. Call: 805-705-0894 (Megan).

Independent Living Resource Center: Nonprofit service for people with disabilities to help with housing, benefits questions, or assistive technology. Office is currently only working with consumers via phone or email. Call: 805-925-0015; or email info@ilrc-trico.org. ILRC is located at 222 W Carmen Ln, Ste 106, Santa Maria.

Long-Term-Care Ombudsmen: Support for people with loved ones in elder facilities with questions or concerns. Call: 805-922-1236.

April 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
 PLEASE CALL 1-805-925-3010 for the latest information on senior lunches or visit: www.cacsb.org		9 Exec. Bd. Meeting 1 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction	2 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 12-2 Forever Young Band 12-4 Dup. Bridge 2:30-3:45 Folk Dancing	3 9-3:45 Pool* 12-4 Mah Jongg*	4 9-12 Pool*
	6 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 5 pm NO Monthly Mtg.	7 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1:30-4 Bunco* ?????	8 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 12-2 Forever Young Band 12-4 Dup. Bridge 1-4 Progressive Hand & Foot Dancing	9 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo ?????	10 9-12 Pool*
13 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge	14 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1-4 Double-Deck Pinochle*	15 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction	16 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 12-2 Forever Young Band 12-4 Dup. Bridge 2:30-3:45 Folk Dancing	17 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	18 9-12 Pool*
20 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge ?????	21 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1:30-4 Bunco*	22 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 1-3 Book Exchange* 1-4 Beginning Bridge & Instruction ?????	23 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 12-2 Forever Young Band 12-4 Dup. Bridge 1-4 Progressive Hand & Foot Dancing	24 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo ?????	25 9-12 Pool*
27 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge	28 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1-4 Double-Deck Pinochle*	29 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 1-4 Beginning Bridge & Instruction	30 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Class* 12-2 Forever Young Band 12-4 Dup. Bridge 2:30-3:45 Folk Dancing	May 1 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	May 2 9-12 Pool*

Monday Bridge (both) ~ 1-805-937-5691 (Dee) / Tuesday Bunco ~ 1-805-925-0951 ext. 2351 (Wendy)

Tuesday Pinochle ~ 1-805-934-2315 / Wednesday Bridge ~ 1-805-739-1056 (Spence)

Wednesday Book Exchange (fourth Wednesday of the month) ~ 1-805-937-8859 (Jane)

Folk Dancing ~ 1-805-598-5712 (Lois) / Thursday Bridge ~ 1-408-499-5333 (Alan)

* Santa Maria Recreation & Parks Department Program / § Pre-registration required. No walk-ins allowed.

April Birthdays!

Charles Vansickle	2-Apr
Norma Aagesen	3-Apr
Donna Lamphier	3-Apr
Mike Neville	3-Apr
Myriam Boucheneb	4-Apr
Frank Buckley	4-Apr
Marie Miranda	5-Apr
Donna Kuzminski	6-Apr
Janice Cooper	8-Apr
Yukari Oyabu	8-Apr
Alejandro Ahumada	9-Apr
Max Sanchez	9-Apr
LeeRoy Sinor	9-Apr
Trish Combs	10-Apr
Lawrie Donville	14-Apr
Kelli Marie Flynn	14-Apr
Connie Holdredge	14-Apr
James Marshall	14-Apr
George Cowett	15-Apr
Fina Imperato	15-Apr
Phil Park	15-Apr
Linda Dutart	16-Apr
Ed Gutierrez	17-Apr
Bill Roemling	17-Apr
Pat Storsteen	19-Apr
Ramona Lingar	20-Apr
John Solorio	20-Apr
Lupe Lopez	21-Apr
Jerrie Carey	23-Apr
Martha Garcia	24-Apr
Clark Bushnell	25-Apr
Liz Koster	25-Apr
Charles Van De Veer	25-Apr
Randy Jackson	26-Apr
Bob Blair	27-Apr

April Anniversaries!

Ron & Mary Johnson	5-Apr
Art & Carol Thaler	5-Apr
Jerry & Donna Lamphier	20-Apr
Edward & Helen Canales	23-Apr
Mike & Nancy Neville	23-Apr
John & Perky Renner	23-Apr
Les & Ruth Christiansen	24-Apr
David & Nitaya Nelson	26-Apr
George & Ophie Cowett	28-Apr
Harold & Loretta Marsh	28-Apr

Note: only couples who are both members of the Club will have their anniversary date listed.

Welcome! New/Rejoining Members!

- ◆ Jim & Pat Keeney
- ◆ Nancy Low
- ◆ Harold & Loretta Marsh
- ◆ Dennis Parke
- ◆ Victoria Randolph
- ◆ Cheri Randolph-Crawford
- ◆ Sandy Rosellini
- ◆ Charles Stramsky



Please contact Simone (805-925-6267) about anyone who may need a card from the Sunshine Corner (get well, thinking of you, sympathy, etc.). Please, leave your name and number when you call in case she needs to contact you for any reason. Thank you! (And don't assume she already knows! Better to tell her twice than not at all!!)

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
Vol. 26, Issue 3
April 2020
Monthly Newsletter



Non-profit Organization
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Santa Maria, CA
Permit No. 161

CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

Monthly Membership Meeting

Monday - April 6

Doors Open: 5 p.m. - Dinner 5:15 p.m.

Pork roast, rice pilaf, veggie medley, salad, and vanilla bean cake

Reserve/Pay by: \$10 per person

Friday - April 3

Catered by:
Jovi's Delight



featuring
Robert Aguilera
with the American Red Cross:
Community Services & Emergency Procedures



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 805-925-0951, Ext. 2207