

# The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club  
510 East Park Avenue, Santa Maria, CA 93454

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1-805-925-0951 ext. 2207

## April 2019



Carolyn Cabrera

Are you missing something or someone? This is where I was in April of 2017. My husband of 45 years, a very special person, passed away after a long, strong fight against Multiple Sclerosis. A 50-year battle, I might add. I had to make decisions ... what can I do now? I had always enjoyed the company of seniors, and so I joined the Senior Citizens Club. They were in need, at that time, of some help with serving at the Club dinners. I began helping with the dinner setup, serving, and cleanup. I really enjoyed being with this team. Then I read in the *Mussell Messenger* that the Club would not have a Travel Committee if there was no board, so I volunteered to be the First Vice-president. Now, of course, I am serving as your Board President. My mom used to take trips with the Travel Committee and thoroughly enjoyed it. She passed at age 99 in 2015. Mom, if you could only see me now! What fun you would have.

So folks ... we need Receptionists at the Center's front desk. There are openings for full-time as well as substitute positions. They are a very vital part of the Senior Club. They are the faces of the Club as well as a representative of the City of Santa Maria Recreation and Parks Department. They greet visitors and members, inform them of activities of the club, take necessary member fees and club dinner fees, and other duties as assigned by Diane Bentley, the Chairperson of the Receptionists Committee. Diane has been leading and training receptionists for many years, and we all appreciate her hard work. If interested in helping with this need, please call me at 805-448-0623.

Thank you to all who came to the Club Dinner Meeting Monday, March 4, and to the volunteers that assisted the 1st Co-Vice Presidents Anne Lawrence and Judy Garrett. The program, presented by Dignity Health concerning Caregiver Support, was exceptional. Thank you to Alice and Ray Torres, our 2nd Co-Vice Presidents, for the excellent programs they coordinate each month.

There was a great turnout for the St. Patrick's Day Dance. Thank you to all who came, our helpers Bruce Rodriguez and Michael Dubin, and of course, Judy Lindquist and her Riptide Big Band! Be sure to come down on April 14th for the next dance!

~ Carolyn Cabrera, President

## Santa Maria Valley Senior Citizens Club

### Central Coast Active Adults!

#### Our Mission:

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest.

We provide fun and interesting activities, opportunities, and information.

We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

## 2019 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.com
Member-at-Large:	Vacant	Contact Carolyn	if you are interested
Receptionists:	Diane Bentley	805-925-0951	Extension 2207
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org



Visit our Club website!

[smvscc.org](http://smvscc.org)

You'll find the current newsletter on the home page, along with other special events or time sensitive information. Then click on the names of the different sections or "pages" in the upper right area to see more info:

- Activities Calendar
- Special Events
- Travel Opportunities
- Senior Resources
- Newsletters

Give it a try, and let us know how we can make it better!

**REMINDER:** We have **FREE Wi-Fi** at the Mussell Center provided by **YOUR Senior Club!** Try it out!!

## RECEPTIONISTS NEEDED!

We have a need for a few regular and substitute front desk receptionists. Standard shifts for regular receptionists are weekly (Monday - Friday) from 9 a.m. to 12:30 p.m. or 12:30 to 4 p.m. Substitutes are wanted on an "as needed" basis. Training is provided! If you know of anyone who might be interested but is not a current member, please ask them if they would like to join and help with this need. New volunteers may have their annual dues reduced. For more information, contact the front desk (805-925-0951, ext. 2207) or call **Diane Bentley** at (805-922-3090).



## HELP WANTED - PLEASE THINK ABOUT IT ...



The **TRAVEL COMMITTEE** is still searching for a new **CO-CHAIR**. If anyone has experience in working with transportation companies, travel agencies, or touring businesses, or anything similar, we would love to talk to you! If you know of **anyone** who might be interested, **including non-members**, give the tour office a call. The Committee is also in need of additional **Travel Leads!** Training is provided!



# TRAVEL OPPORTUNITIES

## SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

### FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH

“FIRST DAY SALES” IS SCHEDULED FOR APRIL 1ST. DOORS WILL OPEN AT 9 A.M. WITH THE SALE BEGINNING SHORTLY AFTER. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. TURNOUT ON “FIRST DAY SALES” HELPS US DETERMINE THE COST OF PRESENT AND FUTURE TRIPS (SIZE OF BUS, NUMBER OF TICKETS TO BUY, ETC.). WE ARE STRIVING TO BRING TRIPS THAT ARE FUN AND ECONOMICAL FOR BOTH YOU AND THE COMMITTEE, BUT WE NEED YOUR ATTENDANCE! THE FOLLOWING TRIPS WILL BE ON SALE APRIL 1ST:

**The Getty Center ~ May 16**

**\$79\***

**M & M (Madonna & Melodrama) ~ June 8**

**\$80\***

### UPCOMING TRIPS SCHEDULED/UNDER CONSTRUCTION FOR 2019:

**April 10 ~ Mystery Trip**

**(SOLD OUT ~ Wait List Only)**

**\$120\***

**April 29-May 2 ~ Laughlin Riverside (limited seats left)**

**\$188\* DbL., \$240\* Sgl.**

We're returning to Riverside Resort Hotel & Casino for this trip, as Edgewater is currently undergoing renovations. **OPTIONAL** show at Riverside: “Olé” Comedy Trio ~ \$35 (**not** included in trip price listed above).



**May 16 ~ The Getty Center**

**\$79\***

We will be visiting the Getty Center (J. Paul Getty Museum) found “up on the hill” near Brentwood and home to spectacular art and architecture.

**June 8 ~ M & M - Madonna & Melodrama**

**\$80\***

Join us for a delicious meal at the Madonna Inn and The Great American Melodrama production of “Treasure Island.” Told in a comedic melodrama style, you'll laugh and cheer at this classic adventure tale. **Only 38 seats available!**



**June 18-19 ~ Oakland**

**\$TBA**

Stay tuned for more details in the next newsletter. Selling in May!

**July 21 ~ Mystery Trip**

**\$TBA**

Yes, we're having a second Mystery Trip! Selling in May!

**August 25 ~ Roger Rocka Dinner Theater (Fresno)**

**\*TBA**

“Calamity Jane” featuring country music legend Louise Mandrell as Calamity, making this light-hearted, rip-roaring fairy-tale a real bulls-eye!

**October ~ Branson, Nashville, & Memphis**  
(full payment due July 17, 2019)

**\$3175\* DbL., \$4025\* Sgl.**  
(plus \$250 for insurance)

**December ~ Cambria Festival of Lights**

**\$TBA**

**\*All prices are per person**



# Travel With Us!



Check out our Facebook page: [“Santa Maria Senior Travel”](https://www.facebook.com/SantaMariaSeniorTravel)







## GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

I had a new member in my office yesterday who mentioned we will have another **“Super Bloom”** of wildflowers in California this season. Some desert flowers stay dormant for many years until the right weather conditions come along to create the probability that vast amounts of flowers will open at the same time. I’ll post info on where to see the wildflowers in full bloom. It’s a great time to take a walk and make time to smell the roses ... and all the other flowers, too!



Here are a few other ways to be active:

- **Drop-in Senior Softball:** Mondays & Wednesdays ~ 10:30 a.m.-12:30 p.m. at Hagerman Sports Complex (weather permitting); the fee is \$1 per day and includes a monthly BBQ or pizza lunch.
- **Drop-in Pickleball:** Mondays, Wednesdays, & Fridays ~ 10 a.m.-Noon at Atkinson Community Center Courts (weather permitting); free lessons are Saturdays from 9:30 a.m.-Noon and loaner equipment is available for first-timers.

The **Mother/Son Dance** on Saturday, April 6, is designed for all ages and will be held from 6-8 p.m. at the Veterans’ Memorial Center. The Vets’ Center is located at 313 West Tunnell Street. Cost is \$30 per couple and benefits the People for Leisure and Youth (PLAY, Inc.)



We want to thank **Diane Bentley** for serving as the **Chairperson of the Receptionists Committee** for many years. Her dedication and tireless efforts have helped the Senior Club fulfill its in-kind obligation to provide receptionists for all weekdays. In doing so, the Senior Club saves literally thousands of dollars each year on rental fees to use the Elwin Mussell Senior Center. The Club is **currently looking for some new receptionists and a Chairperson to organize their work schedules**. If you have those skills and time to share, please consider helping your Club in this way.

Please note ~ I’m taking a Spring Break along with my daughters and will be on vacation from April 19-28. You’ll probably find us out looking at the Super Bloom.

~ **Barbara Wiley**,  
Recreation Coordinator  
805-925-0951 ext. 2264  
[bwiley@cityofsantamaria.org](mailto:bwiley@cityofsantamaria.org)

# HAPPY SPRING!



Saturday, April 6, 2019 • 6:00 p.m. - 8:00 p.m.  
Veterans’ Memorial Community Center, 313 West Tunnell Street

Time to master the riptide at this year’s totally rad beach bash! Festivities include a gnarly live DJ, light refreshments, a photo-op area, and epic memories to last a lifetime!

\$30 per couple; \$10 each additional son

For more information, please call (805) 925-0951 ext. 2260

## MUSICIANS WANTED

The Senior Club accepted the organization of a new group ~ a gathering of seniors who are meeting weekly on Thursdays, 10 a.m. to Noon to play music in a band setting. **Their first real "practice" will be Thursday, April 4th.** The focus will be on stringed instruments (guitar, banjo, ukulele, mandolin, etc.), but they are open to other instruments such as keyboards, drums, and other percussions. Contact Anita Ritenour for more information at 805-268-3257 or email her at [puliarf@comcast.net](mailto:puliarf@comcast.net).



## What's your story?

The Sant Maria Valley Senior Citizens Club relies on the good fortune of having many "retirees" volunteer. Without them, the club would simply not exist. Many volunteers have amazing backgrounds that remain unknown to others.

When space is available, I would like to highlight those histories in the newsletter. If you or someone you know would like to share this type of information with the membership, please contact me (805-406-9989 or [laura.selken@gmail.com](mailto:laura.selken@gmail.com)).

~ Laura Selken  
Corresponding Secretary  
Mussell Messenger Editor

## DROP-IN PICKLEBALL



Looking for a new way to exercise, play a game, and have fun? Give pickleball a try — it's becoming the most popular sport for seniors on the Central Coast — and across the country. Santa Maria Pickleball Club invites you to learn the game, which combines elements of badminton, tennis and ping-pong, all rolled into one. The game is played on half of a tennis court with a net. Players use a paddle and wiffle-type plastic ball.

Instructional sessions are free of charge on **Saturday mornings, 9:30 a.m. — Noon, outdoors at Atkinson Courts, 1000 N. Railroad Ave.,** Santa Maria. Loaner equipment is provided; free for first-time beginners. For questions, call Terry Armas (805) 260-1425 or [tarmas165@verizon.net](mailto:tarmas165@verizon.net).

## Sunshine Corner



Get Well Soon ...

Jill Balezentes  
Elizabeth Cervantes  
Charlotte Gaskill  
Marijane Marshall



Sympathy to ...  
the  
Loretta Thomas  
family



Please contact Simone (805-925-6267) about members or their loved ones who need a get well, thinking of you, or sympathy card sent to them. When you call, please leave your name and number.



# April 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
9-3:45 Pool* 1 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge <b>5 pm Monthly Membership Mtg.</b> 7-9 pm Folk Dance*§	9-3:45 Pool* 2 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	9-3:45 Pool* 3 <b>9 Exec. Bd. Meeting</b> 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet* 1-4 Beginning Bridge	9-3:45 Pool* 4 9-10 BYOB*§ 10-12 String Band 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	9-3:45 Pool* 5 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool* 6
9-3:45 Pool 8 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	9-3:45 Pool* 9 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	9-3:45 Pool* 10 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	9-3:45 Pool* 11 9-10 BYOB*§ 10-12 String Band 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	9-3:45 Pool* 12 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool* 13
9-3:45 Pool 15 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	9-3:45 Pool* 16 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	9-3:45 Pool* 17 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	9-3:45 Pool* 18 9-10 BYOB*§ 10-12 String Band 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	9-3:45 Pool* 19 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool* 20
9-3:45 Pool* 22 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	9-3:45 Pool* 23 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	9-3:45 Pool* 24 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	9-3:45 Pool* 25 9-10 BYOB*§ 10-12 String Band 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	9-3:45 Pool* 26 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool* 27
9-3:45 Pool 29 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	9-3:45 Pool* 30 9-10 BYOB*§ 10-11 Yoga*§	<b>Cost</b> Bingo: 50¢/card Bunco: \$3/day BYOB: \$27/mo.+ Chairobics & Yoga: \$19/mo.+ Folk Dance: (Mon.) \$15.50/mo.+ Zumba Gold: \$27/mo.+ +Santa Maria Residents §Must Register In Advance!!		<b>Community Action Commission Lunch</b> Monday - Friday 11:30 am <b>MUST call &amp; make reservation at least 24 hours in advance</b> <b>1-805-925-3010</b>	

**Activity Contact Persons:** Book Exchange ~ Jane Bringley (1-805-937-8859)

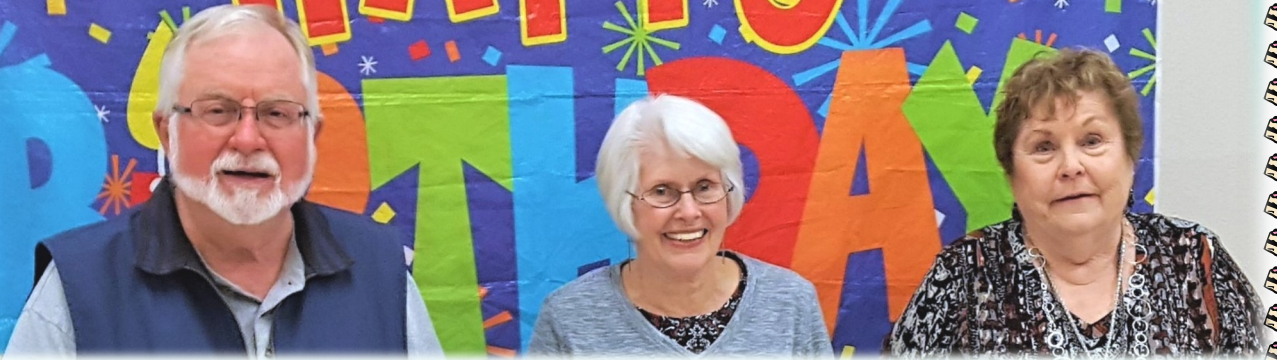
Duplicate Bridge ~ 1-805-937-5691 (Mondays) and 1-805-922-5000 (Thursdays)

Pinochle ~ 1-805-934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ 1-805-925-5429 (Betty Anthony)

\* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

# Happy March Birthdays!



*Bob Viadella, Judy Garrett, and Jo York*

## Happy Birthday! April Birthdays

Norma Aagesen	3-Apr
Donna Lamphier	3-Apr
Myriam Boucheneb	4-Apr
Frank Buckley	4-Apr
Marie Miranda	5-Apr
Donna Kuzminski	6-Apr
Janice Cooper	8-Apr
Yukari Oyabu	8-Apr
Alejandro Ahumada	9-Apr
Max Sanchez	9-Apr
LeeRoy Sinor	9-Apr
Lawrie Donville	14-Apr
Kelli Marie Flynn	14-Apr
Connie Holdredge	14-Apr
James Marshall	14-Apr
Fina Imperato	15-Apr
Phil Park	15-Apr
Linda Dutart	16-Apr
Bill Roemling	17-Apr
John Solorio	20-Apr
Lupe Lopez	21-Apr
Jerrie Carey	23-Apr
Clark Bushnell	25-Apr
Bob Blair	27-Apr

## Happy Anniversary! April Anniversaries

Ron & Mary Johnson	5-Apr
Art & Carol Thaler	5-Apr
Jerry & Donna Lamphier	20-Apr
Edward & Helen Canales	23-Apr
John & Perky Renner	23-Apr
Les & Ruth Christiansen	24-Apr
David & Nitaya Nelson	26-Apr

Save  
the  
Date!



**Senior Prom**  
**Sunday, May 5**  
**1:30-4 p.m.**  
**Elwin Mussell**  
**Senior Center**

*If your birthday or anniversary is not listed or is inaccurate, please contact Laura Selken at [laura.selken@gmail.com](mailto:laura.selken@gmail.com) or 805-406-9989. Note: only couples who are both current members will have their anniversary listed.*

## Welcome New and Rejoining Members

- Penni Dishaw
- Debbie Dupere
- Mona Ishimoto
- Keith Jackson
- Monique James
- Yoly Lara
- Loly Lorenzo
- Sue Mandler
- Romé Richardson
- Max Sanchez
- Wally Savely
- Bob & Joyce Turner

SMV SENIOR CITIZENS CLUB  
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SANTA MARIA, CA 93456-6688  
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CHANGE SERVICE REQUESTED

# **The Mussell Messenger**

## **Santa Maria Valley Senior Citizens Club Newsletter**

### *Monthly Membership Meeting Monday, April 1*

*Doors Open: 5:00 p.m. / Dinner: 5:15 p.m.*

**Baked spaghetti, steamed vegetables, garlic bread, salad & almond cake**

*Reserve and Pay by  
Friday, March 29th*

*\$10 per person*

*Catered By  
Jovi's Delights*

**Raffle  
Drawing**

*featuring  
James Merilice  
speaking about*

**Amtrak**

  
*Celebrate Your  
April Birthday  
With Us!*

**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,  
Santa Maria, CA 93454      925-0951, Ext. 2207**