

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club

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April 2018



With the help of the board members, I survived the second month of my presidency. Unfortunately, we have not found a replacement for Rosemary Fox, our Recording Secretary. Rosemary resigned for health reasons, and I am now looking for somebody to take the minutes of our Board and Membership meetings. If you are that person, or you know of someone, that can fill that position, I sure would like to hear from you!

The trip to Las Vegas with the Travel Committee was sold out, and that is why a lot of members, including myself, missed the Valentine Dance. Our tour guides Jason Schellas and Diana Dodos did everything to make the long bus trip fun. If you have never gone on one of those trips, I highly recommend it. It is so nice not to have to handle the luggage once they are loaded on the bus.

A few people have questioned what our \$15 membership fee is used for. What I found out was that the majority goes to cover the cost of the monthly newsletter. When we add up the cost of printing and mailing the newsletter to those who do not have it emailed or view it online, it comes to about **\$9.50 per address per year**. *[Editor's Note: Help us save money ~ have the newsletter emailed to you! Just send your email address to: smvscc@gmail.com. And in case your are wondering, about half of our newsletters are currently being mailed!]*

In addition to our costs of processing the *Mussell Messenger*, the City assesses us \$3.71 per member for the use of the Mussell Senior Center so we do not have to pay the normal rental fee for the rooms that we use. We supply water, coffee, cups, plates, utensils, and napkins for our monthly Membership Meetings, for the Bridge and Bunco groups, and for the monthly Sunday dances. This does not even include the upkeep of the wide variety of equipment the club owns. Believe me, \$15.00 does not go very far.



I am so grateful for the support of Jo York, your former President, and Dawn Kamiya, last year's 2nd Vice President. I also appreciate all the volunteer helpers at the monthly Membership Meetings. By the way, if you missed the March dinner, the meatloaf was delicious! The servers were Bruce Rodriguez, Jeanne Roemling,

Donna Viadella, and Gabrielle Sepulveda, the student from Pioneer Valley High School. The set-up helpers were Grace Jarvis, Ruth Adams, Vicki McCulloch, and Carolyn Cabrera.

THANK YOU so very much for your dedication! Without your help, we could not do it!

Here is hoping that I will meet a lot of you during the next few months, either participating in the dances or at one of the many other activities that are offered at the Elwin Mussell Senior Center.

~ Christel Kurth, President

Happy Passover!

Happy Easter!



Christel Kurth

2018 Officers & Committee Chairpersons

President:	Christel Kurth	332-3328	kurth1313@comcast.net
1st Vice President:	Carolyn Cabrera	925-0769	ccabrera48@verizon.net
2nd Vice President:	Ray & Alice Torres	931-0305	pelon@charter.net
Treasurer:	Jason Schellas	354-0083	jschellas@comcast.net
Recording Secretary:	OPEN	INTERESTED?	CONTACT CHRISTEL
Member-at-Large:	Vicki McCulloch	287-9773	vicki.mcculloch@gmail.com
Newsletter Editor:	Laura Selken	406-9989	laura.selken@gmail.com
Receptionists:	Diane Bentley	925-0951, ext. 2207	
Statistics & Reports:	Charlotte Gaskill	934-2607	
Sunshine:	Simone Gillogly	925-6267	
Travel:	Kathy Doty	937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org

Santa Maria Valley Senior Citizens Club

Central Coast Active Adults!

Our Mission:

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest.

We provide fun and interesting activities, opportunities, and information.

We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

SENIOR CONNECTION PRESENTS

MAKING SENSE OF ADVANCE DIRECTIVES

5:30 P.M. ~ WEDNESDAY, APRIL 18

CENTRAL COAST COMMISSION FOR SENIOR CITIZENS

528 S. BROADWAY, SANTA MARIA

Come learn about the topic of Advance Health Care Directives and explore which document(s) are right for you! This is a **FREE** 1-hour workshop presented by *Senior Connection* Program Manager, Anya Kaufman MSW, LCSW. Light refreshments will be provided. **Be sure to RSVP by Friday, April 13, as space is limited!**

RSVP BY APRIL 13
CALL (805) 928-2552



Visit our New
& Improved
Club website!

smvscc.org

You'll find the current newsletter on the home page, along with other special events or time sensitive information. Then click on the names of the different sections in the upper right area to see more info:

- Activities Calendar
- Special Events
- Travel Opportunities
- Senior Resources
- Newsletters

Give it a try, and let us know your thoughts!

TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3.45 p.m.

Office Phone: 349-0688



THERE WILL BE NO FIRST DAY SALES IN APRIL. WATCH FOR INFORMATION IN THE NEXT NEWSLETTER FOR FIRST DAY SALES IN MAY!

IMPORTANT UPDATE: The cost of all future trips will be higher due to the considerable price increases we are receiving from the bus companies. As a result, we unfortunately needed to raise the ticket price for Roger Rocka's Dinner Theater presentation of "Joseph and the Amazing Technicolor Dreamcoat" from \$95 (as reported in the March newsletter) to \$106.

WE WANT YOUR FEEDBACK: Senior Travel is contemplating offering a **Wonder Valley** trip November 20-23. We would need 30 travelers to commit. Please call the Travel Office to talk to any Tour Lead and give us your feedback as to whether this would be a good time to go or not. Thank you ahead of time! ☺

UPCOMING TRIPS BEING PLANNED:

July or August ~ Mystery Trip

I wish I could tell you more but ... it's a secret!! *Sale date TBA*

Price TBA

September ~ Santa Cruz Follies

Sale date TBA

Price TBA

October ~ M & M*

(*Melodrama & Madonna Inn)

Price TBA

Our annual luncheon to Madonna Inn along with a fun time at the Melodrama featuring "Scary Poppins." *Sale date TBA*

November/December Trip In the Works

Sale date TBA

Price TBA



THESE TRIPS MAY STILL BE AVAILABLE:

April 30-May 3 ~ Laughlin @ Riverside Hotel

\$182 Dbl., \$205 Sgl.

Riverview Room: \$199 Dbl., \$240 Sgl.

June 17 ~ "Joseph and the Amazing Technicolor Dreamcoat"

\$106

We had a good turnout at First Day Sales on Monday, March 5, selling Roger Rocka's "Joseph and the Amazing Technicolor Dreamcoat." If you want to go on this trip, please come in and sign up soon because this trip is filling up quickly!

October 9-17 ~ Niagara Falls/Heritage Tour

\$3055* Dbl., \$3955 Sgl.

Trip includes Niagara Falls; Lancaster, Gettysburg, & Philadelphia, PA; Washington, DC; Arlington Cemetery, Mount Vernon, and Colonial Williamsburg, VA. **Availability is on a case-by-case basis!** Final payment due July 26. *Receive a \$100 discount when making your final payment by check!



Travel with Us!



Check out our Facebook page: "[Santa Maria Senior Travel](#)"
(Click on name & go directly to Facebook page!)

Diana Dodos updates the page with flyers & pictures from our trips.





GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

The next Serve Santa Maria event will be held Saturday, April 7. For those of you who were unable to attend March's Monthly Meeting, Serve Santa Maria is a community-wide effort where neighbors help neighbors with beautification projects in order to improve the quality of life in Santa Maria. This time, the Elwin Mussell Senior Center is one of the project locations! Volunteers will help make landscape improvements under the supervision of our Parks personnel. We would love to have some seniors join this effort and help on that day!



The event is just half a day, beginning at 8:30 a.m. at the Abel Maldonado Community Youth Center. There will be a kick-off rally held with Pastor Carl Nielsen, who is the founder of this event. After the rally, you'll be given a lunch to take with you before you head to your volunteer site. The work is usually done before 12:30 p.m., and then you've have the rest of the day to enjoy knowing you have made a difference in your community. If you're interested, please contact me (bwiley@cityofsantamaria.org or 925-0951, ext. 2264), and I will give you all the details.

In late February, we said a fond farewell to Jose Gaytan, the Recreation intern who had been working with me on a variety of projects. Jose was a temporary employee at first, but he has now been hired by the City to be a Library Technician at the Santa Maria Public Library. Although Jose worked just a few months at the Mussell Center, he made a big contribution while he was assigned here. I think the Librarian was wise to hire him, and I wish him the best in his future endeavors. I have a feeling that a Library Technician is sort of a "Jack of all trades," so maybe you'll see Jose the next time you visit the library.

I hope we have plenty of April showers, so we can enjoy May flowers next month! Enjoy the early signs of spring!

~ **Barbara Wiley**
Recreation Coordinator

Do you Have Used Eyeglasses???

There is now a box in the lobby at the Mussell Center specifically designed for gently used eyeglasses & hearing aids. Please simply place them in the box and your local Lions Club members will sort them and have them distributed to those in need. You may include stems of frames and loose lenses, as well! "Reading" glasses are also just fine!!
NOTE: WE ALSO ACCEPT OLD CELL PHONES & INK TONER! You can put them all in the same box. If you have any questions, please call Laura at 406-9989. Thanks!



Save the Date!

The Santa Maria Valley Senior Citizens Club has some great Monthly Membership Meeting programs coming up this spring and summer! Thanks to Marian Regional Medical Center, we will have speakers provide you with some very worthwhile information on the following topics:

- ✓ **MAY** ~ Cardiovascular Function of the Older Adult
- ✓ **JUNE** ~ Balance and Fall Prevention
- ✓ **JULY** ~ POLST (Physician Order Life Sustaining Treatment)
- ✓ **AUGUST** ~ Palliative Care ("Soothing the Symptoms Without Effecting a Cure")

Sunday, April 8, 2018 1:30-4:00 p.m.

Elwin Mussell Senior Center ~ 510 E. Park Ave., Santa Maria



Celebrate Big Bands!

A tribute to the Big Bands '30s-'50s



With Bob Nations



Enjoy the sounds of the Central Coast's favorite Dance Band
celebrating the great big bands & vocals

from the '30s-'50s! It's **FREE!!**



Sponsored by the Santa Maria Valley Senior Club



funded with a generous grant from



This program is made possible
with the support of the



For more information, please contact Russ
(775) 843-2830 or RiptideBB.com or
find us on Facebook at [Riptide Big Band](https://www.facebook.com/RiptideBigBand)



Know Pun Intended ;)

- ☺ When fish are in schools, they sometimes take debate.
- ☺ A thief who stole a calendar got twelve months.
- ☺ When the smog lifts in Los Angeles U.C.L.A.
- ☺ The batteries were given out free of charge.
- ☺ A will is a dead giveaway.
- ☺ With her marriage, she got a new name and a dress.
- ☺ A boiled egg is hard to beat.
- ☺ When you've seen one shopping center you've seen a mall.
- ☺ Police were summoned to a daycare center where a three-year-old was resisting a rest.
- ☺ A bicycle can't stand alone; it's just two tired.
- ☺ When a clock is hungry, it goes back four seconds.
- ☺ A dentist and a manicurist married. They fought tooth and nail.
- ☺ The guy who fell onto an upholstery machine is now fully recovered.
- ☺ When she saw her first strands of grey hair, she thought she'd dye.
- ☺ Those who get too big for their britches will be totally exposed in the end.

*"Leftover" submission
from our former
SMVSCC President,
Tom Dutart!*





Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
9-3:45 Pool* 2 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 5:30 Monthly Membership Mtg. 7-9 pm Folk Dance*§	3 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	4 9-3:45 Pool* 9 Exec. Bd. Meeting 9-10 Zumba Chair*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Crochet/Color* 1-4 Beginning Bridge	5 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	6 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	7 9-12 Pool* 9 am-1 pm Duplicate Bridge
9 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	10 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	11 9-3:45 Pool* 9-10 Zumba Chair*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	12 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	13 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	14 9-12 Pool* 9 am-1 pm Duplicate Bridge
16 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	17 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	18 9-3:45 Pool* 9-10 Zumba Chair*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	19 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	20 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	21 9-12 Pool* 8:30-1 pm Siamese Mah Jongg* 9 am-1 pm Duplicate Bridge
23 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	24 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	25 9-3:45 Pool* 9-10 Zumba Chair*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet/Color* 1-4 Beginning Bridge	26 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	27 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	28 9-12 Pool* 9 am-1 pm Duplicate Bridge
30 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	<div><div><div><div>Lunch</div><div>Prepared and delivered by Community Action Commission to Mussell Senior Center</div><div>Monday - Friday, 11:30 a.m. Must make reservation 24 hours in advance. Call 925-3010.</div></div><div></div></div><div><div>Note: Some classes may be canceled by the instructor or leader at their discretion.</div><div><div>Bingo: 50¢/card Bunco: \$3/day BYOB: \$25/mo.+ Folk Dance: (Mondays) \$15/mo.+ Yoga: \$15/mo.+</div><div>Zumba Chair: \$18/mo.+ Zumba Gold: \$25/mo.+ +Santa Maria Residents (non-residents higher)</div></div></div></div>				

Activity Contact Persons: Book Exchange ~ Jane Bringley (937-8859)
 Duplicate Bridge ~ 937-5691 (Mondays) ~ 922-5000 (Thursdays) ~ 925-6350 (Saturdays)
 Pinochle ~ 934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ Betty Anthony (925-5429)
 * City of Santa Maria Recreation & Parks Department Program
 § Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

April Birthdays

Anthony Nunez	1-Apr
Charles Vansickle	2-Apr
Donna Lamphier	3-Apr
Myriam Boucheneb	4-Apr
Marie Miranda	5-Apr
Luther Moxley	5-Apr
Sally Ramos	5-Apr
Janice Cooper	8-Apr
Yukari Oyabu	8-Apr
Richard Johann	10-Apr
Paul Silva	10-Apr
Kelli Marie Flynn	14-Apr
James Marshall	14-Apr
Marge Emery	15-Apr
Fina Imperato	15-Apr
Phil Park	15-Apr
Linda Dutart	16-Apr
Ed Gutierrez	17-Apr
Bill Roemling	17-Apr
John Solorio	20-Apr
Lupe Lopez	21-Apr
Angelica Lucero	22-Apr
Clark Bushnell	25-Apr
David Manriquez	25-Apr
Wattsie Panella	28-Apr
Elisabeth Sanderlin	30-Apr

April Anniversaries

Ron & Mary Johnson	5-Apr
Art & Carol Thaler	5-Apr
Jerry & Donna Lamphier	20-Apr
Edward & Helen Canales	23-Apr
John & Priscilla Renner	23-Apr
Les & Ruth Christiansen	24-Apr
David & Nitaya Nelson	26-Apr

If your birthday or anniversary listed is not accurate, or if your name and date for your special day is missing, please contact the editor, Laura Selken, at 406-9989, or

laura.selken@gmail.com.

(Only couples who are both members of the Club will have their anniversary listed.)

Happy March Birthday!



Kathy Doty, Bob Viadella,
Jo York, & Vicki McCulloch

WELCOME WELCOME WELCOME

New & Former Members!

Wayne Curtis
Willie & Margaret Flores
Lee Kuhl
Ali Look
Luther Moxley

Dave & Beth Ross
Dana Scott
Victor & Kathy Tabios
Betty Weeks

Sunshine Corner



Get Well Soon ...

Jean Nanninga

Thinking of You ...

Jill Balezentes



Please contact Simone (925-6267) about any members or their loved ones who need a get well, thinking of you, or sympathy card sent to them. Note: when you call her, please leave your name and telephone number in case she needs to call you back.

SMV SENIOR CITIZENS CLUB
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SANTA MARIA, CA 93456-6688
(805) 925-0951 Ext. 2207

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CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

Monthly Membership Meeting *Monday, April 2*

Doors Open: 5:30 p.m. / Dinner: 6 p.m.

Roast Pork with Rice Pilaf, Green Beans, Mixed Green Salad, & Marble Cake

Reserve and Pay
by March 29

\$10 per person
featuring

Catered by
Jovi's Delights



Beekeeper
Ron Butterfield



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 925-0951, Ext. 2207