

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)
510 East Park Avenue, Santa Maria, CA 93454
www.smvsc.org • smvseniors@gmail.com • 805-349-0688



MARCH 2026

President's Message ~ GIVING OF YOURSELF!



Carolyn Cabrera

Look around you. Can you help another? We must concern ourselves with what **WE** can do for **SOMEONE ELSE**, not just for ourselves. Our world would be a much better place!

Celebrate St. Patrick's Day a little early with our monthly dance, featuring the **Riptide Big Band** on **Sunday, March 8, from 1:30 to 4 p.m.** at the Mussell Center. As always, this event is open to the public and **FREE**, thanks to a generous grant from the Community Foundation of San Luis Obispo County! Don't forget to wear green and get ready for a great afternoon of dancing plus a trivia contest and prizes!

Our next dinner is on **Monday, March 9**, featuring Deanna Byron with **Coastal Community Builders**. She will be sharing information about **Bellecrest**, the new housing development for those 55 years and up, located on East Main Street. The menu in March will be barbecued shredded pork, cubed herb potatoes, seasonal veggie salad, corn muffin, and dessert.

As always, PLEASE be sure to make your reservation - paid in advance, no later than **NOON** on **Friday, March 6**. Please don't just "show up" on Monday night. We need an accurate head count to order the correct amount of food. We appreciate your cooperation!

If you haven't renewed your membership yet -

IT IS NOT TOO LATE - do it TODAY!

**If we don't receive payment by March 13,
this will be the last newsletter sent to you.**



Santa Maria Valley Senior Citizens Club Central Coast Active Adults!

MISSION: Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2026 Officers & Committee Chairpersons

President	Carolyn Cabrera	805-448-0623	ccabrera0048@gmail.com
1st VP	Jolene Simons	805-266-8767	jsimons93309@gmail.com
Co-2nd VPs	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer	Liz Regulski	[contact Carolyn or Laura with questions]	
Recording Secretary	Christel Kurth	805-332-3328	kurth1313@comcast.net
Corresponding Sec.	Laura Selken	805-406-9989	laura.selken@gmail.com
Member at Large	Liz Reynertson	661-317-2893	ereynert@gmail.com
Travel	Nancy Andersen	805-260-9896	nbandersen1981@gmail.com
Sunshine	Teri DeAngelo	805-698-6478	teriangelo@gmail.com

Recreation and Parks Department Staff & Phone Numbers:

Recreation Leader	Jenna Ramirez	805-925-0951, ext. 2174
Recreation Technician	JoDee Klug	805-925-0951, ext. 2207



Recreation & Parks Receptionist **805-925-0951, ext. 2207**

Recreation & Parks Dept. Primary Office 805-925-0951, ext. 2260 (615 S. McClelland St.)

HAPPY MARCH BIRTHDAYS!

Lien Wong	2
Dea Cunningham	4
Pauline Bishop	5
Joe Santana	7
Elaine Jackson	10
Vicki McCulloch	10
Rhodora Pablo	10
Bob Viadella	11
Tami Wilkening	11
Barbara Williams	11
Mary Harrison	12
Debby Sagisi	12
Kendee Eulert	13
Diane Joseph	15
Jeri Peterson	16
Margie Cornejo	18
Twyla Bohl	20
Donna Jenkins	20
Mona Schafer	20
Brenda Sullens	21
Sonny Russell	24
Kay Hosepian	25
Anna Martinez	25
Dorothy Abel	27
Kathy Doty	27

HAPPY MARCH ANNIVERSARY!

Neneth Perez and John Regalado ~ March 13

WELCOME NEW MEMBERS!



Joy Alchin, Barbara Hohe

Brent Hyatt, and Stella Perez



RENEW
MEMBERSHIP

LAST CALL TO RENEW YOUR MEMBERSHIP!

Stop into the
Mussell Center
from 10 a.m.-2 p.m.
or send your check
for \$25 per person
to PO Box 6688
Santa Maria, CA 93456.

(Be sure to include a stamped self-addressed envelope
if you wish to receive you membership card by mail.)

If you know any members in need of a "get well," "thinking of you," or sympathy card, please contact **Teri DeAngelo** at teriangelo@gmail.com or **805-698-6478**.



Travel Opportunities

Santa Maria Senior Travel Committee



Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / **Office Phone:** 805-349-0688

March 15, 2026 ~ St. Patrick's Day in Ireland

\$68

Everyone's Irish in March! Join us at the Clark Center (Arroyo Grande) and experience the true spirit of Ireland, featuring music, singing, and dancing. Be sure to wear your green! Departs: 1 p.m. / Returns: 5 p.m.



April 17, 2026 ~ Santa Barbara Zoo

\$58



Join us as we explore the zoo during daytime hours. Explore the Australian "walkabout" - a walkthrough adventure where you can get up close to animals like kangaroos and wallabies! Among the 380 animals (representing 100 species of mammals, amphibians, reptiles, birds, fishes, and invertebrates) at the zoo is a snow leopard that arrived last November! Don't miss this opportunity! Departs: 10:30 a.m. / Returns 3:30 p.m.

April 17-24, 2026 ~ American Heritage

\$4549* pp dbl./\$5649* pp sgl.

Join us for an eight-day, seven-night trip. Highlights include Smithsonian Museums • Twilight Monument Tour • Arlington National Cemetery • The Greenbrier Resort (pictured) in White Sulphur Springs, WV • Monticello • Colonial Williamsburg • Mount Vernon, and MORE! Brochures are available with additional information. Hosted by Collette.



September 11, 2026 ~ Cape Cod & the Islands

\$3975* pp dbl./\$4075* pp sgl.

Join us for a fall tour for seven days/six nights (five nights on Cape Cod); highlights include Boston City Tour • Martha's Vineyard Tour • Nantucket Island Visit • Plymouth Rock • Newport, RI • Mayflower II • Cranberry Bog, and MORE! Hosted by Premier World Discovery.



Note: All trip return times are approximate.

*Learn how you can save from any travel committee member.

Travel with us!!!

BE SURE TO LIKE AND/OR FOLLOW OUR FACEBOOK PAGES!!



CLUB: SANTA MARIA VALLEY SENIOR CITIZENS CLUB

TRAVEL COMMITTEE: SANTA MARIA SENIOR TRAVEL



Help needed with both pages! Please email Laura at laura.selken@gmail.com.



Greetings from the Santa Maria Recreation & Parks Department!

What's Happening in March!

Hello, lucky friends!

Are you ready to sham-rock and roll into some festive fun? It's St. Patrick's time at the Mussell Center, and we're inviting YOU to join the celebration this March! From green-themed crafts and lively games to tasty treats and plenty of Irish cheer, there's something for everyone to enjoy. Come share the smiles, the laughs, and a little extra luck as we celebrate the spirit of St. Patrick's Day together!

- * **Wednesdays, March 4 & March 11, 1:30-3:30 p.m. ~ Brushes & Beyond** – Join us as you unleash your creativity and discover something new. [Activity #27701]
- * **Thursday, March 12, 1:30-2:30 p.m. ~ Sweet Treats: Chocolate-Covered Oreos** – Join us as we dip and decorate delicious Oreos for a sweet festive treat! Sign up at the Clerk's Desk. \$5 Suggested donation. [Activity #27697]
- * **Tuesday, March 17, 1-3 p.m. ~ Bunco: Lucky Bunco!** – Roll the dice and get a little lucky at our **St. Patrick's Day Bunco** celebration! Prizes, laughter, and plenty of fun await so don your favorite **green** top and join us for a sham-rockin' good time. \$3 to play. [Activity #27696]
- * **Wednesday, March 18, 1-2 p.m. ~ Coffee, Conversation, & Treats** – Join us as we kick off our very first Coffee, Conversation & Treats! Bring your favorite sweet treats to share and enjoy a warm cup of coffee, good company, and great conversation with friends. We can't wait to sip, snack, and connect together. [Activity #27699]
- * **Friday, March 20, 1-3 p.m. ~ Coaster Painting Craft Class** – Join us as we express our creative side and decorate our very own drink coasters! Bring a friend, get crafty, and enjoy a great time filled with creativity, laughter, and fun. We can't wait to see what you create! [Activity #27698]
- * **Thursday, March 26, 1-2 p.m. ~ Loteria: Dodgers Edition** – Join us for our Dodgers Edition Lotería! Bring a friend, wear your favorite Dodgers gear, and get ready for a fun-filled game with lots of excitement and team spirit. Let's play ball and shout ¡Lotería! No experience needed. [Activity #27695]
- * **Thursday, March 26, 2:30-4:30 p.m. ~ Mussell Cinema: "The Parent Trap"** – Join us as we watch "The Parent Trap." Bring a friend, sit back, and enjoy a cozy movie moment with some light refreshments. It's the perfect time to relax, laugh, and enjoy a classic together! Doors open at 2:30 p.m. [Activity #27700]

*For more information on City Recreation & Parks Department activities, and/or assistance with their required pre-registration, please visit the **CITY** receptionist (clerk) desk any time Monday through Friday from 9 am to 4 pm, or call 805-925-0951, ext. 2207.*

ACTIVITY
#27697



Sweet Treats

DIPPED OREOS
MARCH 12TH
1:30PM-2:30PM

JOIN US AS WE MAKE SWEET TREATS: CHOCOLATE-COVERED OREOS FILLED WITH LOVE AND CREATIVITY!



\$5 DONATION SUGGESTED

Questions may be directed to the City of Santa Maria Recreation and Parks Department: (805) 925-0951 ext 2207

ACTIVITY
#27696



LUCKY BUNCO



\$3 BUY IN

JOIN US FOR A ST. PATRICK'S DAY-THEMED BUNCO GAME FILLED WITH LUCK, LAUGHTER, AND FRIENDLY COMPETITION. WEAR YOUR FAVORITE GREEN TOP!

TUESDAY, MARCH 17TH
1:00-3:00PM

Questions may be directed to the City of Santa Maria Recreation and Parks Department: (805) 925-0951 ext 2207

ACTIVITY
#27699



COFFEE & CONVERSATION

MARCH 18TH
1:00PM-2:00PM

COFFEE, CONVERSATION & TREATS IS A WELCOMING SPACE FOR PARTICIPANTS TO RELAX AFTER LUNCH, ENJOY COFFEE AND SWEET TREATS, AND CONNECT THROUGH FRIENDLY CONVERSATION.

PARTICIPANTS ARE ENCOURAGED TO BRING BAKED GOODS TO SHARE, HELPING CREATE A WARM SENSE OF COMMUNITY.



Questions may be directed to the City of Santa Maria Recreation and Parks Department: (805) 925-0951 ext 2207

ACTIVITY
#27698



COASTER PAINTING

MARCH 20TH
1:00PM-3:00PM

JOIN US AND LET YOUR CREATIVITY SHINE AS YOU DESIGN YOUR OWN CUSTOM COASTERS.



Questions may be directed to the City of Santa Maria Recreation and Parks Department: (805) 925-0951 ext 2207

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present the

Annual St. Paddy's Dance

with



**1:30 to
4 pm!**

FREE

featuring vocalists

Bob Nations & Mitch Latting



Sunday, March 8, 2026

Elwin Mussell Center

510 E Park Ave, Santa Maria

Get in the spirit ... dress in green!

**Lots of great music and St. Paddy's fun!
Trivia contest and prizes!**

**For more info, call Judy @ 775-813-5186,
visit RiptideBB.com, or find us at
Riptide Big Band on Facebook!**





MARCH 2026



Monday	Tuesday	Wednesday	Thursday	Friday
9-4 Billiards* 2 9:30 Balance & Mobility* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 3 9 Table Tennis* 10:30 OWL* 12:30-3:30 Travel 1 Grief Support* 1-3 Bunco* 1-3 Knit, Chat, & Crochet+*	9-4 Billiards* 4 9 Bd. Meeting 9 Dance Fitness* 9:30 Balance & Mob. 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30-3:30 Brushes and Beyond*	9-4 Billiards* 5 10:30 OWL Program* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Hand & Foot	9-4 Billiards* 6 9 Dance Fitness* 10 Balance & Mobility* 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games 12-4 Bingo
9-4 Billiards* 9 9:30 Balance & Mobility 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis* 5 Member Dinner	9-4 Billiards* 10 9 Table Tennis* 10:30 OWL* 12:30-4 Pinochle* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Chat, & Crochet+*	9-4 Billiards* 11 9 Dance Fitness* 9:30 Balance & Mobility* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30-3:30 Brushes and Beyond*	9-4 Billiards* 12 10:30 OWL Program* 12-4 Pickleball* 12:30-3:30 Travel 1:30 Sweet Treats: Chocolate-covered Oreo Cookies*	9-4 Billiards* 13 9 Dance Fitness* 9:30 Foodbank & Cooking Class 10 Balance/Mob. 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games 12-4 Bingo
9-4 Billiards* 16 9:30 Balance & Mobility* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 17 9 Table Tennis* 10:30 OWL* 12:30-3:30 Travel 1 Grief Support* 1-3 Bunco* 1-3 Knit, Chat, & Crochet+*	9-4 Billiards* 18 9 Dance Fitness* 9:30 Balance & Mobility* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge 1-2 Coffee, Conversation, and Treats	9-4 Billiards* 19 10:30 OWL Program* 12-4 Pickleball* 12:30-3:30 Travel 1p Hand & Foot	9-4 Billiards* 20 9 Dance Fitness* 10 Balance & Mobility* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* 12-4 Bingo 1 Coaster Painting*
9-4 Billiards* 23 9:30 Balance & Mobility* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 24 9 Table Tennis* 10:30 OWL* 12:30-4 Pinochle* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Chat, & Crochet+*	9-4 Billiards* 25 9 Dance Fitness* 9:30 Balance & Mobility* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge	9-4 Billiards* 26 10:30 OWL Program* 12-4 Pickleball* 12:30-3:30 Travel 1-2 Loteria* 2:30 Mussell Movie: The Parent Trap*	9-4 Billiards* 27 9 Dance Fitness* 10 Balance & Mobility* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* 12-4 Bingo
9-4 Billiards* 30 9:30 Balance & Mobility* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 31 9 Table Tennis* 10:30 OWL* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Chat, & Crochet+*	For more information about these activities:		Hand & Foot: Christel 805-332-3328 Bingo: Loretta 805-264-7160
				Duplicate Bridge: Alan 408-499-5333 Beginning Bridge: Frank 805-574-3237

NOTE: Classes/activities may be changed or canceled by the instructor, city, or Club as needed. Activities with an asterisk* are hosted by the City of Santa Maria Recreation & Parks Department. Advanced registration is required in most cases (see City Receptionist).

SMV SENIOR CITIZENS CLUB
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SANTA MARIA, CA 93456-6688
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RETURN SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter



Monthly Membership Meeting
Monday, March 9, 2026



Doors Open: 5 pm / Dinner: 5:15 pm

Barbecued shredded pork, cubed herb potatoes, seasonal veggie salad, corn muffin, and dessert

Reserve/Pay By: \$17 per person
Friday, March 5

Catered By:
Jovi's Delight

PROGRAM:

BELLECREST SENIOR
HOUSING DEVELOPMENT
featuring **DEANNA BYRON**



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.
Santa Maria, CA 93454 805-349-0688