

# The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

[www.smvsc.org](http://www.smvsc.org) • [smvseniors@gmail.com](mailto:smvseniors@gmail.com) • 805-349-0688



# MARCH 2024



## President's Message:



**Carolyn Cabrera**

To unlock the door, you have to use the right key. What doors are you trying to unlock? Learning to live without your spouse? I can only speak for myself, of course. Seven years have gone by since my husband's passing. It seems like a long time when you say it, but it goes so quickly. You all have played a part in my recovery of finding out who I am, and what I can accomplish in life. It has been a mixture of old friends and new friends. Stepping out when it isn't comfortable, but you know it is the right step. Get involved at the Senior Center as well as the Club if you can. We will help you heal and move forward to see who you really can become! Congratulations! You CAN move forward!

**Final reminder to renew your membership for 2024!** Please remember that your dues are our PRIMARY source of revenue! I know I keep saying it every month, but I just need to emphasize how important your dues are in keeping the Club going. They help pay for so much that keeps you informed and active! The annual amount is \$25 per person. Receptionists are at the Center Monday through Friday, from 10 a.m. to 2 p.m., for you to renew in person. If you prefer, you can also mail a check to SMVSCC, PO Box 6688, Santa Maria, CA 93456. Be sure to include a self-addressed stamped envelope if you want your membership card mailed to you.

Our monthly meeting/dinner is on Monday, March 4. We have a great program lined up for you with a representative of **Community Partners in Caring** sharing information about their services for seniors. Please make your **reservations by NOON on Friday, March 1.**

**Riptide Big Band** will be performing on **St. Patrick's Day!** We are "pairing up" with the **Kiwanis Club of Santa Maria Valley** for the day. They are offering a full corned beef & cabbage dinner, beginning at 11:30 a.m. Each meal includes a generous portion of lean corned beef, red potatoes, cabbage, carrots, onions, horseradish, and a freshly baked roll. You can eat it at the Mussell Senior Center, followed by the Riptide Big Band Dance at 1:30 p.m., or you can pick up the dinner and take it home. Either way, you will want to purchase tickets for the meal **IN ADVANCE** ~ online at [My805tix.com](http://My805tix.com) or call a Kiwanian at 805-720-6711. Dinners sell out fast! The dance remains **FREE!!** Be sure to wear **GREEN!**

## Santa Maria Valley Senior Citizens Club

## *Central Coast Active Adults!*

**MISSION:** Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

## 2024 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
1st VP:	Jolene Simons	661-203-9756	jsimons93309@gmail.com
Co-2nd VPs:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Liz Regulski	[contact Carolyn or Laura with questions]	
Recording Secretary:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.com
Member at Large:	Liz Reynertson	661-317-2893	ereynert@gmail.com
Travel:	Diana Dodos	805-268-8288	diana.dodos@yahoo.com
Sunshine:	Simone Gillogly	805-925-6267	[no email]

### Recreation and Parks Department Staff & Phone Numbers:

Recreation Supervisor: Stephanie Saucedo, 805-925-0951, ext. 2412, ssaucedo@cityofsantamaria.org  
 Facility Specialist: Evelyn Marroquin, 805-925-0951, ext. 1635, emarroquin@cityofsantamaria.org  
 Receptionist: 805-925-0951, ext. 2207 / Recreation & Parks Department Primary Office: ext. 2260

## Happy March Birthday!

Al Ramos	2	Jeri Peterson	16
Lien Wong	2	Margie Cornejo	18
Dea Cunningham	4	Twyla Bohl	20
Kay Lawrence	4	Nancy Chavez	20
Pauline Bishop	5	Donna Jenkins	20
Grace Kalal	5	Mona Schafer	20
Marijane Marshall	6	Joann Green	22
Joe Santana	7	Sonny Russell	24
Joe Andrade	11	Kay Hosepian	25
Clyde Schramm	11	Janet Martinez	26
Bob Viadella	11	Dorothy Abel	27
Malvina Cox	12	Kathy Doty	27
Mary Harrison	12	Peg Miller	27
Bob Alvarez	13	Thelma Parfett	27
Diane Joseph	15	Paula Brose	28

## Welcome New & Rejoining Members!

- ◆ Lee & Vanette Diaz
- ◆ Kuna Gore
- ◆ Joann Green
- ◆ Terry Long
- ◆ Mary Ann Marciel

## Happy March Anniversary!

- ◆ John Regalado & Neneth Perez March 13
- ◆ Lee & Vanette Diaz March 27

Please, contact Laura if your birthday or your anniversary is missing or incorrect. Call or text her at 805-406-9989 or email [laura.selken@gmail.com](mailto:laura.selken@gmail.com).

## Sunshine Corner



**Get Well Soon!**

**Leon Permasse**



If you know of any members or their loved ones who need a "get well," a "thinking of you," or sympathy card sent to them, **please** contact Simone at 805-925-6267, and provide your name and number if you leave a message.



# TRAVEL OPPORTUNITIES

## Santa Maria Senior Travel Committee



Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

**March 3, 2024 ~ Mystery Trip**

We promise you're going to LOVE it!

**Waiting list ...**

**\$105**

**April 10, 2024 ~ Ronald Reagan Presidential Library & Museum**

**\$105**



We'll be visiting the new exhibit, "Star Wars and SDI [Strategic Defense Initiative]: Defending America and the Galaxy," a fun and informative exhibition on Star Wars – both the real-world technology of SDI, as well as items from the movie phenomenon. The exhibition will include original items from SDI including an authentic Command Launch Equipment Console, as well as props, costumes, and concept art from the Star Wars franchise, including a Land-speeder made for *A New Hope*, master replicas of Luke Skywalker's lightsaber made from the original mold of *The Last Jedi*, and an original script signed by Dave Prowse (actor who portrayed Darth Vader in the original trilogy).

**June 16, 2024 ~ Pantages Theatre ~ "Mrs. Doubtfire"**

**\$170**

Join us as we travel to "Broadway in Hollywood" to see this new musical comedy! Everyone's favorite Scottish nanny is headed to Los Angeles in "a feel-good, family-friendly comedy that delivers." Based on the beloved film, it's "the lovable, big-hearted musical comedy we need right now."



**October 4-9, 2024 ~ Albuquerque Balloon Fiesta**

**\$3375\* dbl./\$4250\* sgl.**



Albuquerque International Balloon Fiesta • Old Town • Sante Fe • Indian Pueblo Cultural Center • Los Alamos Science Museum • Loretto Chapel • Taos & Taos Pueblo • 3 nights in Sante Fe; includes 7 meals (5 breakfasts & 2 dinners), motorcoach transportation, admissions per itinerary, comprehensive sightseeing, & baggage handling at hotels. *Please note this tour has an activity level of "3".*

**\*Save when paying by check!**

**December 4-11, 2024 ~ Magical Christmas Markets**

**\$3049\*\* dbl./\$3449\*\* sgl.**

Uncover the unique charms of Austria & Germany, & the incredible Christmas Market • Innsbruck • Seefeld • Salzburg • Oberammergau • Munich • 8 days with 5 nights in Innsbruck; includes 10 meals (6 breakfasts, 1 lunch, & 3 dinners). *Please note this tour has an activity level of "2".* **\*\*Save \$400 per person when booked by June 5, 2024!**

**SIGN UP FOR CHUMASH in the hall! When we have enough people, we'll GO!!!**

**Travel Leads are urgently needed!**  
**Come down to the office & learn more!**



## THANK YOU to those who have already donated!! We are still accepting gently-used eyeglasses of all kinds!



There is a box in the lobby of the Mussell Center specifically designated for donations of any gently used prescription eyeglasses and prescription sunglasses, as well as over-the-counter reading glasses. Please, place them in the box and local Lions Clubs members will recycle them for distribution to those in need throughout Central and Southern California. Unfortunately, we no longer accept loose lenses. **NOTE:** We also accept old cell phones and ink cartridges to raise funds for the California Lions Student Speakers Foundation! You can put all items in the same box. If you have any questions, please call Laura at 805-406-9989 or email [laura.selken@gmail.com](mailto:laura.selken@gmail.com).

 <p><b>FREE</b></p> <p>Elwin Mussell Senior Center 510 E. Park Avenue</p> <p>Adults 50+</p>   <h3>DUPLICATE BRIDGE</h3> <p><b>Every Monday from 12-4 pm</b></p> <ul style="list-style-type: none"> <li>• Players must be knowledgeable of Bridge &amp; Conventions</li> <li>• Players must have a partner, which could be arranged beforehand.</li> <li>• Not Sanctioned by ACBL, American Contract Bridge League</li> </ul> <p>Please contact Alan for more information at 408-499-5333.</p> 	 <p><b>FREE</b></p> <p>Elwin Mussell Senior Center 510 E. Park Avenue</p> <p>Adults 50+</p>   <h3>BEGINNING BRIDGE</h3> <p><b>Every Wednesday from 1-4 pm</b></p> <ul style="list-style-type: none"> <li>• Open to anyone who would like to learn the game and/or past or current players who would like to refresh or improve their skills</li> <li>• We emphasize learning to get the best results from each hand. That includes bidding (with the most common Conventions used) and logical play of the hand.</li> </ul> <p>For more informations contact: Frank at (805) 574-3237 (voice mail will be answered)</p> 
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# Hand & Foot

**1st & 3rd Thursdays  
1 - 4 p.m.**

We're happy to teach anyone interested in learning this canasta-like game!

For more info: Christel @ 805-332-3328





## Final Call to RENEW your membership!

Payment must be received by March 13 in order to continue receiving the newsletter.

RENEW  
MEMBERSHIP

Stop into the Mussell Center from 10 a.m.-2 p.m.  
or send your check for \$25 per person  
to PO Box 6688, Santa Maria, CA 93456.

RENEW  
MEMBERSHIP

Note: If you send in your renewal by check, please include the full name and phone number of each member.  
If you want your membership card mailed to you, you **MUST** include a self-addressed, stamped envelope.

## Happy February Birthday!



Congratulations to the February raffle winners from our monthly dinner:

George Moore ~ \$28

Mildred Finney ~ \$18

THE SANTA MARIA VALLEY SENIOR CITIZENS CLUB & ITS TRAVEL COMMITTEE BOTH HAVE THEIR OWN **FACEBOOK** PAGES!! SEE WHAT'S HAPPENING WITH THE CLUB & TRAVEL COMMITTEE, AS WELL AS EVENTS AND ACTIVITIES HOSTED BY THE SANTA MARIA RECREATION & PARKS DEPARTMENT AT MUSSELL AND ELSEWHERE. COMMUNITY EVENTS YOU MIGHT BE INTERESTED IN ARE ALSO POSTED!



**BE SURE TO LIKE/FOLLOW BOTH PAGES!!**

CLUB: [SANTA MARIA VALLEY SENIOR CITIZENS CLUB](#)  
TRAVEL COMMITTEE: [SANTA MARIA SENIOR TRAVEL](#)







present a

# St. Patrick's Day Dance Party & Fundraiser!!

for the Kiwanis of Santa Maria Valley Foundation

with

**THE DANCE  
IS FREE  
1:30-4 pm!**



**CORNERED BEEF  
& CABBAGE  
DINNER - \$20  
11:30 am - 2:30 pm\***

featuring vocalists

**Bob Nations & Mitch Latting**



**Sunday, March 17, 2024**

**Elwin Mussell Center**

**510 E Park Ave, Santa Maria**



*Get in the spirit ... dress in green!*

**\*Purchase dinner tickets in advance  
beginning February 17th  
online at [My805tix.com](https://www.my805tix.com) or  
call a Kiwanian at 805-720-6711.  
Eat in or take it to go!**



**KIWANIS CLUB OF SANTA  
MARIA VALLEY**



# MARCH 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Activity Contact Persons:</b> <b>Duplicate Bridge ~ Alan, 408-499-5333</b> <b>Beginning Bridge ~ Frank, 805-574-3237</b> <b>Hand &amp; Foot ~ Christel, 805-332-3328</b> <b>Bingo ~ Marlene &amp; John, 805-739-0468</b>			<b><u>NOTE:</u> City classes &amp; events are always subject to change and may be canceled by the instructor or by Recreation &amp; Parks as necessary.</b>	9-4 Billiards* <b>1</b> 9 Zumba Gold*\$ 9:30-10:30 Coffee & Conversation* 10:15 Chairobics*\$ 12-4 Mah Jongg* <b>12:45-3:30 Bingo</b>
8:30 Balance* <b>4</b> 9-4 Billiards* 9 Zumba Gold*\$ 10-12 Scrabble* 10:15 Chairobics*\$ 10:30 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-2 Grief Support 1:30 Line Dancing* <b>5 Member Dinner</b>	9-4 Billiards* <b>5</b> 9-11 Table Tennis* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* <b>12:30-3:30 Travel</b> 1-3 Knit, Crochet* 1-3:30 Bunco*	<b>9 Bd. Meeting 6</b> 9-4 Billiards* 9 My Artistic Self* 9 Zumba Gold*\$ 10:15 Chairobics*\$ 12-1 Card Couture* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b> 1:30 Line Dancing*	8:30 Matter of <b>7</b> Balance* 9-4 Billiards* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12-2 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Hand &amp; Foot</b> 2 Folk Dance*	9-4 Billiards* <b>8</b> 9 Zumba Gold*\$ 9:30 Foodbank Cooking Class & Food Distribution 10:15 Chairobics*\$ 12-4 Mah Jongg* <b>12:45-3:30 Bingo</b>
8:30 Balance* <b>11</b> 9-4 Billiards* 9 Zumba Gold*\$ 10-12 Scrabble* 10:15 Chairobics*\$ 10:30 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-2 Grief Support 1:30 Line Dancing*	9-4 Billiards* <b>12</b> 9-11 Table Tennis* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* <b>12:30-3:30 Travel</b> 12:30-4 Pinochle* 1-3 Knit, Crochet*	9-4 Billiards* <b>13</b> 9 My Artistic Self* 9 Zumba Gold*\$ 10:15 Chairobics*\$ 12-1 Card Couture* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b> 1:30 Line Dancing*	8:30 Matter of <b>14</b> Balance* 9-4 Billiards* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12-2 Pickleball* <b>12:30-3:30 Travel</b>	9-4 Billiards* <b>15</b> 9 Zumba Gold*\$ 9:30-10:30 Coffee & Conversation* 10:15 Chairobics*\$ 12-4 Mah Jongg* <b>12:45-3:30 Bingo</b>
8:30 Balance* <b>18</b> 9-4 Billiards* 9 Zumba Gold*\$ 10-12 Scrabble* 10:15 Chairobics*\$ 10:30 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-2 Grief Support 1:30 Line Dancing*	9-4 Billiards* <b>19</b> 9-11 Table Tennis* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* <b>12:30-3:30 Travel</b> 1-3 Knit, Crochet* 1-3:30 Bunco*	9-4 Billiards* <b>20</b> 9 My Artistic Self* 9 Zumba Gold*\$ 10:15 Chairobics*\$ 12-1 Card Couture* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b> 1:30 Line Dancing*	8:30 Matter of <b>21</b> Balance* 9-4 Billiards* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12-2 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Hand &amp; Foot</b> 2 Folk Dance*	9-4 Billiards* <b>22</b> 9 Zumba Gold*\$ 10-11 Loteria* 10:15 Chairobics*\$ 12-4 Mah Jongg* <b>12:45-3:30 Bingo</b>
8:30 Balance* <b>25</b> 9-4 Billiards* 9 Zumba Gold*\$ 10-12 Scrabble* 10:15 Chairobics*\$ 10:30 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-2 Grief Support 1:30 Line Dancing*	9-4 Billiards* <b>26</b> 9-11 Table Tennis* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* <b>12:30-3:30 Travel</b> 12:30-4 Pinochle* 1-3 Knit, Crochet*	9-4 Billiards* <b>27</b> 9 My Artistic Self* 9 Zumba Gold*\$ 10:15 Chairobics*\$ 12-1 Card Couture* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b> 1:30 Line Dancing*	8:30 Matter of <b>28</b> Balance* 9-4 Billiards* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12-2 Pickleball* <b>12:30-3:30 Travel</b>	9-4 Billiards* <b>29</b> 9 Zumba Gold*\$ 10:15 Chairobics*\$ 12-4 Mah Jongg* <b>12:45-3:30 Bingo</b>

**NOTE: Classes/activities may be changed or canceled by the instructor, city, or Club as needed.**

\*City of Santa Maria Rec & Parks Dept. Program §Participants must pre-register at Rec. & Parks Dept. No walk-ins.

SMV SENIOR CITIZENS CLUB  
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SANTA MARIA, CA 93456-6688  
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Monthly Newsletter



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RETURN SERVICE REQUESTED

# The Mussell Messenger

## Santa Maria Valley Senior Citizens Club Newsletter

**REMINDER:**  
If you haven't  
renewed yet, please  
do so by March 13  
to keep receiving  
your newsletter!



### MONTHLY MEMBERSHIP MEETING

**Monday, March 4, 2024**



**Doors Open: 5 pm - Dinner: 5:15 pm**

**Pork roast, rice pilaf, buttered green beans, salad, & strawberry cake**

**Reserve/Pay By:**  
**Friday, March 1**

**\$15 per person**

**Catered By:**  
**Jovi's Delight**



**Midge Nicosia**  
**Community Partners in Caring:**  
**Services for Seniors**



**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,**  
**Santa Maria, CA 93454 805-349-0688**