The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)
510 East Park Avenue, Santa Maria, CA 93454
www.smvscc.org • smvseniors@gmail.com • 1-805-349-0688

March 2022

Bruce Rodriguez

President's Message ~

Happy St. Patrick's Day!!! We all need a little time away from our houses. We spend time doing our daily errands or working in our yards, or even spend time with some friends. The Mussell Senior Center is also a great place where you can do many different types of activities or meet new people! The City of Santa Maria Recreation and Parks Department and the Santa Maria Valley Senior Citizens Club offer many activities that you might enjoy. Some of the activities include Zumba, Ukulele, Mah Jongg, Bunco, Yoga, Bingo, Bridge, Book Exchange … just to name a few! Please, check our calendar for the times and days and come to the center to sign up or find out how to get involved. *(Note: some Recreation & Parks activities require advanced registration.)* Our Travel Committee also offers a variety of travel opportunities and is always planning for the future. Stop by and visit with them or even volunteer! Come to the Center and **GET INVOLVED**!!

~ Stay safe & healthy, Bruce

TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE

Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

There is still room for our day trip to see the **San Luis Obispo Repertory Theatre** presentation of ***The Marvelous Wonderettes*** on the afternoon of **Sunday, March 6**. The cost is **$80** per person. We are leaving at 1 p.m.

Our in-person presentation by ***Collette Tours*** will be on Monday, February 28, at 10 a.m.! The presentation will cover two upcoming trips:

- **Eastern Canada** ~ August 26 – September 3 — Double: $3049 / Single: $3749
- **San Antonio, Texas** ~ November 26-30 — Double: $2049 / Single: $2549

All participants must be vaccinated or have a negative COVID test within 72 hours of departure for all trips.

NOTE: The Travel Committee is searching for additional **Volunteer Travel Tour Leads!** If you're interested in joining the "team," please visit the travel office. Any Travel Lead there can tell you about the position and give you information to peruse. The more volunteers we have the more trips we can plan! In addition, if anyone has experience in working with transportation companies, travel agencies, or touring businesses, or anything similar, we would love to talk to you! If you know of **anyone**, ***including non-members***, give the tour office a call.

2022 Officers & Committee Chairpersons

President:	Bruce Rodriguez	805-714-8699	brucerodriguez1951@gmail.com
Co-1st VPs:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Co-2nd VP:	Annie Lawrence	805-903-3170	calligrapher.annie@gmail.com
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.com
Director of Purchasing:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Receptionists:	**OPEN** ~ Contact any board member listed above if you are interested		
Sunshine:	Simone Gillogly	805-925-6267	[no email]
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Wendy Hudson	805-925-0951, ext. 2351	whudson@cityofsantamaria.org

Proposed Bylaw Changes

The following changes are proposed in regard to the elected Board position of Director of Purchasing. The title is to revert back to ***Member at Large*** *along with a revision of the duties. These proposed revisions to the bylaws (shown in red) will be voted on at the Membership Meeting on* ***Monday, April 4, 2022****.*

ARTICLE V: BOARD OF DIRECTORS

Section 1. There shall be a governing Board of Directors which shall be made up of these elected officers: **President**, **1st Vice-President**, **2nd Vice-President**, **Recording Secretary**, **Corresponding Secretary**, **Treasurer**, and ~~**Director of Purchasing**~~ **Member at Large**. In addition, there shall be one (1) representative from the City, who shall act only in an advisory capacity.

ARTICLE VII: OFFICER DUTIES

Section 7. The ~~Director of Purchasing shall purchase all supplies for the organization~~ Member at Large shall inventory, manage, and purchase all supplies for the organization deemed necessary by the Board of Directors. The Member at Large is responsible for updating the organization's plaque. The Member at Large shall supervise the Receptionist Committee, overseeing the recruiting, training, and scheduling as needed in the absence of a Chairperson. It shall be the goal of the Member at Large to attend activities of the organization throughout the month as often as possible and report concerns of membership to the Board of Directors.

ARTICLE VIII: COMMITTEES

Section 5. **Receptionist Committee** – This committee shall collect annual dues and transfer said dues to the Club Treasurer for deposit. The committee shall ensure membership applications and membership status updates are completed and provided to the Corresponding Secretary. The Member at Large shall oversee this committee in the absence of a chairperson.

CAPSLO
Community Action Partnership of San Luis Obispo

PG&E is offering their **Energy Savings Assistance Program** throughout the Central Coast with CAPSLO as the designated primary contractor, providing energy services for both San Luis Obispo and Santa Barbara Counties.

The energy program is designed to benefit both homeowners and renters by providing energy savings installations such as door weatherstripping, heater thermostat replacement, water heater inspections, showerheads, surge protector power strips, bathroom and kitchen faucet aerators, and even the replacement of refrigerators (*Note: the refrigerator must be manufactured prior to 2001 to qualify*). The program is designed to lower utility bills by 20 percent but the best part is it's a **FREE** service* for most households. In addition, individuals 60 years or older may also qualify for minor home repair and bathroom handrails (grab bars).

Remember, there is no cost to most homeowners or renters for these services. If you have any questions, please contact **Fernando Castillo** at **805-431-5235**. He will be happy to answer any questions or concerns you may have.

***Note:** All services are limited to income and age guidelines and feasibility of installation.

GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

Effective February 16, 2022, per California Department of Public Health Guidance for the Use of Face Masks, only **unvaccinated** persons are required to mask in all indoor public settings, including the Elwin Mussell Senior Center. **Fully vaccinated individuals are recommended to continue indoor masking when the risk may be high**. The Recreation and Parks Department will continue to welcome all visitors to the Mussell Center and must rely on everyone entering the facility to do their part to keep our senior community safe.

We would also like to invite both women and men to join in the fun by giving our **Bunco** program a try. The program is held on the 1st & 3rd Tuesday of the month from 1:00-3:30 p.m. at a cost of $3.00 per person per day. Cash prizes are awarded for Most Buncos, Most Wins, Most Losses, Last Bunco, and a Door Prize. If you have never played before, there are plenty of experienced participants who will gladly show you how. It is a very simple game to play and only requires some dice rolling luck! Our next Bunco game day is Tuesday, March 1. We hope to see you there.

Lastly, if you have not gotten your ***Active Living Access Pass (ALAP)*** yet, please stop by the desk as you come in the center and have your picture taken. It only takes a minute, and the clerk will print it for you as you wait. Remember, you will need to scan your "ALAP" card whenever you enter the center.

Wendy Hudson • Recreation Coordinator • Senior Programs/Special Events
805-925-0951 ext. 2351 • whudson@cityofsantamaria.org

REMINDER: The Mussell Center is open from **8:00 a.m. – 4:00 p.m., Monday – Friday**. Please enter the building during **these hours only**, unless there is a special event. Thank you!

~ Recreation & Parks Department

Did you know that there is **FREE** Wi-fi available for your use at the Mussell Center?? You can easily connect your laptop, tablet or smartphone! Get the password from the Recreation & Parks receptionist!

Santa Maria Valley Senior Citizens Club

Central Coast Active Adults!

MISSION: Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

Have you renewed your membership yet???
If not ... this could be your last issue!

Pay by MARCH 14 to keep receiving the Mussell Messenger!

RENEW MEMBERSHIP

Stop into the Mussell Center from 10 a.m.-2 p.m. or send your check for $20 per person to PO Box 6688, Santa Maria, CA 93456.

RENEW MEMBERSHIP

Note: If you plan to renew in person, just check over your information in the membership binder at the Club receptionist's desk. If all your info is correct, you don't have to fill out a new form!

Sunshine Corner

Deepest Sympathy ...

to the family of **Gilbert W. Harper**, to **David Vallejo** whose wife, **Rosalia**, passed,

and to the family of **Mary Jane Niccoli**

Please, contact Simone about members or their loved ones who need a get well, thinking of you, or sympathy card sent. Please, leave your name and number when you call (805-925-6267).

Visit our Club website: smvscc.org

The current issue of *Mussell Messenger* can be found on the home page, along with flyers of special events and time-sensitive information. Be sure to click on the names of the different sections or "pages" in the upper right area of the website (Activities Calendar, Special Events, Travel Opportunities, Senior Resources, and Newsletters).

NEEDED

RECEPTIONISTS & SUBSTITUTES NEEDED!

We have a need for regular and substitute **front desk receptionists**. Standard shifts for regular receptionists are Monday through Friday from **10 a.m. - 12 p.m.** or **12 - 2 p.m.** Substitutes are wanted on an "as needed" basis. Training is provided! If you are interested or you know of anyone who might be interested but is not a current member, please ask them if they would like to join and help with this need. Call **Carolyn Cabrera** at 805-448-0623 for more info or to volunteer, or you can talk to any current Senior Club Receptionist. **There is an URGENT need for Mondays and Tuesdays from 12-2 p.m. and both shifts on Thursdays!!** Give it a try! It's a wonderful way to meet new people and visit with those you already know! When it's not too busy, you can catch up on your reading or sewing/craft project! Call Carolyn today!

March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RENEW YOUR MEMBERSHIP BY MARCH 14!	1 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-3:30 Bunco* ($3/day)	2 9 Exec. Bd. Meeting 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beg. Ukulele*§ 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction	3 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 2-3:45 Folk Dancing*	4 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo (50¢/card)
7 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beg. Ukulele*§ 12-4 Duplicate Bridge 5 pm Monthly Membership Meeting	8 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-4 Double-Deck Pinochle*	9 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beg. Ukulele*§ 1-4 Beginning Bridge & Instruction	10 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-4 Progressive Hand and Foot	11 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo (50¢/card)
14 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beg. Ukulele*§ 12-1- Forever Young Band* 12-4 Duplicate Bridge	15 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-3:30 Bunco* ($3/day)	16 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beg. Ukulele*§ 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction 1-3 Book Exchange	17 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 2-3:45 Folk Dancing*	18 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo (50¢/card)
21 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beg. Ukulele*§ 12-1- Forever Young Band* 12-4 Duplicate Bridge	22 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-4 Double-Deck Pinochle*	23 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beg. Ukulele*§ 1-4 Beginning Bridge & Instruction	24 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-4 Progressive Hand and Foot	25 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo (50¢/card)
28 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beg. Ukulele*§ 12-1- Forever Young Band* 12-4 Duplicate Bridge	29 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga*	30 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beg. Ukulele*§ 1-4 Beginning Bridge & Instruction	31 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga*	Don't miss the RIPTIDE Big Band Dance on March 13!

***NOTE*: Classes/activities may be canceled by the instructor, city, or Club as needed.**

*City of Santa Maria Rec & Parks Dept. Program §Participants must pre-register at Rec. & Parks Dept. No walk-ins.

March Birthdays

Otilia Costa	1
Roberta Stanford	4
Pauline Bishop	5
Grace Kalal	5
Marijane Marshall	6
Joe Santana	7
Bob Viadella	11
Malvina Cox	12
Mary Harrison	12
Marty Mathisen	12
Verna Racansky	13
Dana Scott	13
Diane Joseph	15
Charlie Willcox	15
Jeri Peterson	16
Judy Garrett	19
Jo York	19
Twyla Bohl	20
Donna Jenkins	20
Nancy Low	21
John Regalado	23
Sonny Russell	24
Dottie Slater	24
Kay Hosepian	25
Dorothy Abel	27
Kathy Doty	27
Peg Miller	27
Thelma Parfett	27
Paula Brose	28
Gloria Lopez	30

March Anniversaries

Tom & Patty Porcho	8
Manuel & Lupe Flores	24
Lee & Vanette Diaz	27

ⓘ *If a birthday or anniversary listed here is incorrect, or if your name and special day is missing, please reach out to the editor, Laura Selken, at 805-406-9989 or laura.selken@gmail.com.*

ⓘ *Only couples who are both members of the Club will have their anniversary listed.*

Happy February Birthdays!

Jose Loayza, Toni Loayza, Lupe Flores, Christel Kurth, and Hey Yib

New & Rejoining Members

Scott Blanchard
Terry Dawson & Norma Jean Moreland
Rob Greer
Adolfo Lopez
Maria Martinez
Paula McMurray
Frank Razo
Heidi Schreck
Eleanor Shade
Bonnie Smith

Editor's Note:

I'm interested in have a monthly column (or less often, as needed) featuring one of our members ... a "human interest" story. However, in order for it to work, I need to have someone in our club who likes to write and is willing to interview the person for me! I'd like to do it, but my time is rather limited. Of course, we would also need people who are willing to be interviewed! We have such a diverse membership, each with his or her own fascinating life story! So, please, will someone come forward to do the interviews?? It doesn't have to be every month … even just a few times a year would be great (some issues are so full, that I don't have room to do it every month anyway). ***Please reach out to me: Laura Selken (Editor)*** at either 805-406-9989 or via email at laura.selken@gmail.com if you are at all interested or you have any questions!! Let's do this!

SMV SENIOR CITIZENS CLUB
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Monthly Newsletter

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RETURN SERVICE REQUESTED

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Santa Maria Valley Senior Citizens Club Newsletter

Monthly Membership Meeting

Monday - March 7

Doors Open: 5 p.m. - Dinner: 5:15 p.m.

Chicken cordon bleu, mashed potatoes, steamed veggies, salad, rolls and toasted almond cake

Reserve/Pay by:
Friday - March 4 @ 2 p.m.

$12 per person

Catered by:
Jovi's Delight

featuring

Terry Handy

with

Dana Adobe & Cultural Center

Raffle Drawing

Celebrate Your March Birthday with Us!

Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 805-349-0688