



Carolyn Cabrera

Another very good meal by Jovi's Delights and a lot of great company for dinner on February 4th for our Senior Club membership meeting. The revision of the Senior Club's bylaws was approved. Thank you to Laura Selken, our Corresponding Secretary, and Christel Kurth, last year's President, for their guidance with the revision process. The

presentation by Judy George from Wine & **Design** in Orcutt was well received and another interesting program thanks to our 2nd V.P. team of Alice and Ray Torres. Thank you to the Dinner Committee of volunteers lead by 1st V.P.s Anne Lawrence and Judy Garrett.

The **Travel Committee** dinner celebrating all Senior Club Members who had traveled with the travel team during the past year or two was an enjoyable celebration. Check out their selection of travel options. **Kathy Doty** is looking for volunteers to help with the office hours of the Travel Committee. Please contact her if you are interested (phone and email are listed on page 2).

The **Community Action Commission** senior lunch program is serving Monday through Friday at 11:30 a.m. at the Mussell Senior Center. The meals are now being provided by the Santa Barbara County School System. I spoke to Anne, meal supervisor, about the new program and she is very positive about the improvements. You must sign up at least 24 hours in advance. Please, call them at 805-925-3010.

The City of Santa Maria Recreation and Parks Department presented four focus sessions to help identify the community's recreation and park needs for the future. Thank you to all who attended and gave important feedback to the committee.

The Valentine dance on February 10th was attended by at least 128 people!! Thank you to the Senior Club members that helped serve our dancing seniors. If you have not attended one of the Riptide Big Band dances, directed by our own Judy Lindquist, you are really missing out on an enjoyable time. The next one is March 10th ~ mark it on your calendar to attend!



~ Carolyn Cabrera, President

Santa Maria Valley Senior Citizens Club Central Coast Active Adults! **Our Mission:**

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.



2019 Officers & Committee Chairpersons

Carolyn Cabrera President: Co-1st Vice President: Judy Garrett Co-1st Vice President: Annie Lawrence Co-2nd Vice Presidents: Ray & Alice Torres Treasurer: Christel Kurth **Recording Secretary:** Judy Lindquist Corresponding Sec.: Laura Selken Member-at-Large: Vacant **Receptionists: Diane Bentlev** Simone Gillogly Sunshine: Travel: Kathy Doty Recreation Coordinator: Barbara Wiley

805-448-0623 805-927-6807 805-903-3170 805-931-0305 805-332-3328 775-813-5186 805-406-9989 Contact Carolyn 805-925-0951 805-925-6267 805-937-0314 925-0951, ext. 2264 ccabrera48@verizon.net mrsclif1@gmail.com annieink@sbcglobal.net pelon@charter.net kurth1313@comcast.net judybluenote@gmail.com laura.selken@gmail.com if you are interested Extension 2207

dudoty@comcast.net bwiley@cityofsantamaria.org





Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

First Day Sales ~ First Monday Morning of the Month ~ Canceled 😕

There will be **NO** "First Day Sales" for March.

UPCOMING TRIPS SCHEDULED/UNDER CONSTRUCTION FOR 2019:

March 14 ~ Senior Day @ Santa Anita Racetrack (wait list) Have a fun Thursday afternoon enjoying the races.

April 10 ~ Mystery Trip (wait list)

I wish we could tell you more but ... it's a secret!!

April 29-May 2 ~ Laughlin Riverside\$188* Dbl., \$240* Sgl.We're returning to Riverside Resort Hotel & Casino for this trip, as Edgewateris currently undergoing renovations.

May 30-June 3 ~ Spotlight on New York City

Trip includes an extensive tour of New York City while staying in a single hotel for the duration. Two Broadway shows are on the itinerary, as well as a ferry cruise of the harbor, shopping, dining, and many of the City's famous landmarks.

October ~ Branson, Nashville, & Memphis (full payment due July 17, 2019)

\$3175* Dbl., \$4025* Sgl. (plus \$250 for insurance)



As some of you may have seen in the email sent in early February, there is some limited assistance with tax preparation here in **Santa Maria**. The local United Way and Alan Hancock College are offering **free Volunteer Income Tax Assistance (VITA)** in person for families or individuals with

a combined income of less than \$55,000 in 2018, who had no rental income, did not file for bankruptcy in the past year, and self-employment expenses were \$10,000 or less. Appointments are only available on Saturdays through March 30, 2019. However, they are closed March 23. Please call 805-922-0329, ext. 103 to schedule an appointment.

And as a reminder, AARP Foundation Tax-Aide offers **free**, individualized tax preparation for low-to moderate-income taxpayers - especially those 50 and older - in several locations in South SLO County **BY APPOINTMENT ONLY** to April 16. Call 805-931-6308 for more information and to make your appointment at these locations: St. Joseph's Church, 298 S. Thompson Ave., **Nipomo**, CA 93444 on Tuesdays & Fridays, 9 a.m. - 2 p.m.; Grace Bible Church, 100 Rodeo Dr., **Arroyo Grande**, CA 93420 on Mondays, 9 a.m. - 4 p.m., and at Rabobank, Grover Beach, 899 W. Grand Ave., **Grover Beach**, CA 93433 Mondays-Thursdays, 9 a.m. - 5 p.m., and on Fridays, 9 a.m. - 5:30 p.m.

\$120*

\$88*



CLOSED

SANTA DNITA DARK

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GREETINGS FROM THE RECREATION & PARKS DEPARTI

Thank you to all who participated in the Fur-Ever Valentine Pet Wellness and Adoption Day on February 14th. The event included a mobile veterinary clinic operated by C.A.R.E. 4 Paws, a nonprofit agency dedicated to improving the health of pets. They treated more than 80 pets (mostly dogs) during the event. Also, on hand were the Santa Barbara County Animal Services staff, Santa



Maria Valley Humane Society, and That's Fetch, a local pet boutique. A little dog named Mocha even got adopted by a couple who attended the event. We are all so pleased that they found their Fur-Ever Valentine! Thank you to all the volunteers who helped that day ... with the large crowd, a multitude of pets of all shapes, sizes and temperaments, the wind and rain ... we could not have managed without you!

In late February, we have the chance to be part of the transportation solution for our community by participating in a survey for the Short Range Transit Plan. If you have not completed a paper survey at the Mussell Senior Center, you may complete it over the phone by calling 888-743-5977 or online at www.SantaMariaCommunitySurvey.com. Whether or not you personally use the bus, your opinions will help Santa Maria Area Transit plan for the future needs of our community. Let's see how many surveys we can submit so that the voices of seniors will be heard through your responses. If you complete the survey by February 28th, your name is also entered in a drawing to win some prizes!



Recreation & Parks is busy planning the **Senior Prom** scheduled for **Sunday, May 5 from 1:30 – 4 p.m.** The students from Orcutt Academy High School have agreed to return for their second year as co-hosts for this intergenerational event. They did an outstanding job last year, and I am thrilled they agreed to come back again this year for the tropical luau themed prom. You've got plenty of time to find a Hawaiian shirt or dress to wear for an afternoon of tropical fun! Mark the date on your calendar TODAY!



I hope you enjoy the Irish décor in honor of St. Patrick. I just received a lovely book of Irish blessings from which I share this sentiment:

Like the warmth of the sur, And the light of the day, May the luck of the Trish Shine bright on your way?

> ~ Barbara Wiley, **Your Irish Recreation Coordinator** 805-925-0951 ext. 2264 or bwiley@cityofsantamaria.org

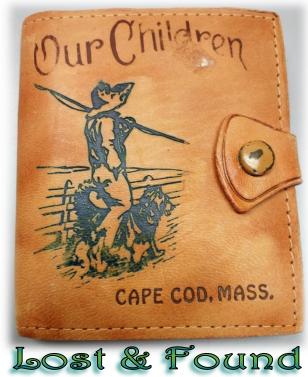


Club membership RENEW renewal is due by MEMBERSHIP March 1, 2019! The new amount of \$20 per person for 2019 has been approved. Note: If you plan to renew in person, just check over your information in the membership binder at the receptionist's desk. If all your info is correct, you don't have to fill out a new form! You must renew by March 15 to continue receiving the Mussell Messenger!

MUSICIANS WANTED

The Senior Club has accepted the organization of a new group ~ a gathering of seniors who will meet weekly (Thursdays 10 a.m. to Noon) to play music in a band setting, with a focus on stringed instruments (guitar, banjo, ukulele, mandolin, etc.). Also open to other instruments such as keyboards, drums, and other percussions. Contact Anita Ritenour for more info (puliarf@comcast.net or 805-268-3257) and watch "this space!"

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Did you or someone you know donate a bag of red yarn in February at the Elwin Mussell Senior Center?? This adorable small leather photo holder was found inside the bag. There are several children's pictures inside, but no identifying information to help locate the owner. If you have any suggestions as to who this belongs to, PLEASE notify Barbara Wiley at 925-0951, ext. 2264.

Suntesting Confiction Get Well Soon ... Marilyn Gardner Thinking of You ... Jason Schellas & Charlotte Gaskill Sympathy to ... Espie Cota & family, wife of Henry Cota who passed away Jan. 11

Please contact Simone (805-925-6267) about any members or their loved ones who need a get well, thinking of you, or sympathy card sent to them. Note: when you call, please leave your name and number in case she needs to call you back.

March 2019					
MONDAY	Tuesd-Ay	WEDNESD-1Y	THUR SD-1Y	Fr•id-1y	<i>ริง</i> /т.
Cost		Community Action	Classes	1	2
Bingo: 50¢/card Bunco: \$3/day BYOB: \$27/mo.+ Chairobics: \$19/mo.+ Folk Dance: (Mon.) \$15.50/mo.+ Yoga: \$19/mo.+	Zumba Gold: \$27/mo.+ +Santa Maria Residents (non- residents higher) §Must Register In Advance!!	Commission Lunch Monday - Friday 11:30 a.m. MUST call & make reservation at least 24 hours in advance 1-805-925-3010	may be canceled by the instructor or City as needed	9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	9-12 Pool*
9-3:45 Pool* 4 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 5 pm Monthly Membership Mtg. 7-9 pm Folk Dance*§	5 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	9-3:45 Pool* 6 9 Exec. Bd. Meeting 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/Crochet* 1-4 Beginning Bridge	7 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	8 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	9 9-12 Pool*
11 9-3:45 Pool 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	12 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	9-3:45 Pool* 13 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/ Crochet/Color* 1-4 Beginning Bridge	9-3:45 Pool* 14 9-10 BYOB*§ 10-11 Active Aging Committee 12-4 Dup. Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	15 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	16 9-12 Pool*
9-3:45 Pool* 18 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	19 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco*	20 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	21 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	22 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	23 9-12 Pool*
25 9-3:45 Pool 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	26 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle*	9-3:45 Pool* 27 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/ Crochet/Color* 1-4 Beginning Bridge	28 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	29 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	30 9-12 Pool*

<u>Activity Contact Persons</u>: Book Exchange ~ Jane Bringley (1-805-937-8859) Duplicate Bridge ~ 1-805-937-5691 (Mondays) and 1-805-922-5000 (Thursdays) Pinochle ~ 1-805-934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ 1-805-925-5429 (Betty Anthony) * City of Santa Maria Recreation & Parks Department Program § Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.



Otilia Costa 1-Mar 1-Mar Wayne Evenson 2-Mar Cheryl Heintz Amy Verdin 3-Mar Al Forsyth 4-Mar Kay Lawrence 4-Mar Roberta Stanford 4-Mar Victor Tabios 4-Mar Pauline Bishop 5-Mar Grace Kalal 5-Mar Marijane Marshall 6-Mar Joe Santana 7-Mar Elaine Kinsey 10-Mar Vicki McCulloch 10-Mar Al Palomo 10-Mar Joe Andrade 11-Mar Bob Viadella 11-Mar

March

Aññiyærsariæs

Tom & Patty Porcho	8-Mar
George & Ofelia Tise	21-Mar
Lee & Vanette Diaz	27-Mar

If your birthday or anniversary is not listed or is inaccurate, please contact Laura Selken at 805-406-9989 or laura.selken@gmail.com.

Betty Weeks Malvina Cox Mary Harrison Marty Mathisen Willie Flores Verna Racansky Dana Scott Ginny Boos Mary Gorman Lillian Lowe Charlie Willcox Linda Constantino John Ransome Patty Cope Judy Garrett Jo York Mickey Graeber

11-Mar 12-Mar 12-Mar 12-Mar 13-Mar 13-Mar 13-Mar 15-Mar 15-Mar 15-Mar 15-Mar 16-Mar 16-Mar 17-Mar 19-Mar 19-Mar 20-Mar

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Donna Jenkins 20-Mar 21-Mar Nancy Low 23-Mar John Regalado Dave Ross 23-Mar Sonny Russell 24-Mar **Dottie Slater** 24-Mar 25-Mar Kay Hosepian 25-Mar Al Serna Julie Wyrick 26-Mar Dorothy Abel 27-Mar Kathy Doty 27-Mar Peg Miller 27-Mar Thelma Parfett 27-Mar Jim Riggs 27-Mar 30-Mar Gloria Lopez **Beth Ross** 31-Mar

Mëmbërs Rozjoining

• Dorothy Baer

Welcome New

- Bill & Elaine Barnett
 - Diane Broyles
 - Lyn Celeste
 - Linda Constantino
 - Margaret Cooper
 - Micki Davies
- Gloria Echavarria
- Sherry Fitz-Gerald

- Patricia Grigg
 - Dru Haas
- Arthur Hernandez
 - Loly Lorenzo
- Shirley Macagni
- Andrea Maidment
- Kathleen Marshall
 - Karen Mayes
 - Gloria Niell

- Arlene Parker
- Betty Pierce
 - Pat Rae
- Tom Reedy
- Charlene Remillard
 - Frank & Emma Rodriguez
 - Lesley Talbot
 - WELCOME

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CHANGE SERVICE REQUESTED

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