

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club

510 East Park Avenue, Santa Maria, CA 93454

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smvseniors@gmail.com

(805) 925-0951 ext. 2207

March 2018

GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

'Tis a blessing to be Irish and this month, I think just about everyone is a little Irish! If you're nearing the end of the rainbow and your pot of gold still needs some attention and tax preparation help, the United Way and Hancock College are partnering to provide **Volunteer Income Tax Assistance (VITA)** in person for families or individuals with a combined income in 2017 of less than \$54,000. Appointments are most Saturdays until March 31st. To schedule an appointment, just call (805) 922-0329 ext. 103. People interested in filing online can qualify for this same program and earn up to \$62,000 last year. Details can be found on www.myfreetaxes.org.

The new **Zumba Gold Chair Workout** class is going strong. It meets Wednesdays from 9:00 to 10:00 a.m. and costs just \$18 for residents and \$22 for nonresidents. It's easy now to register online for City classes by using the online registration found on our City website: www.cityofsantamaria.org.

Coming soon is the 2018 **Senior Prom** scheduled for Sunday, May 6. Please mark your calendars so that you can enjoy the musical offerings by the Rip Tide Band. Their dance songs will make you want to kick up your heels at this annual event.

May the Luck of the Irish be with you! If you're so inclined, please drop by the staff office for a wee bit of blarney and a St. Patrick's Day treat all month long from this proud Irish Lass.

~ Barbara "O'Wiley"
Recreation Coordinator



ACTIVE LIVING Program



Build Your Own Body Intermediate Exercise Class

IT'S BACK!!

**New Instructor!
Same Great Class!**

Tuesdays and Thursdays

9:00-10:00 AM

Elwin Mussell Center

510 East Park Avenue

**REGISTER
TODAY!**

This popular class helps maintain cardiovascular health, strength and flexibility. This fast paced class uses music and handheld weights to increase muscular strength and range of movement. Participants should bring water and a hand towel to class. **Recommended for the intermediate to advanced participants. Class limited to 50 participants.**

2018 Officers & Committee Chairpersons

President:	Christel Kurth	332-3328	kurth1313@comcast.net
1st Vice President:	Carolyn Cabrera	925-0769	ccabrera48@verizon.net
2nd Vice President:	Ray & Alice Torres	931-0305	pelon@charter.net
Treasurer:	Jason Schellas	354-0083	jschellas@comcast.net
Recording Secretary:	OPEN	INTERESTED?	CONTACT CHRISTEL
Member-at-Large:	Vicki McCulloch	287-9773	vicki.mcculloch@gmail.com
Newsletter Editor:	Laura Selken	406-9989	laura.selken@gmail.com
Receptionists:	Diane Bentley	925-0951, ext. 2207	
Statistics & Reports:	Charlotte Gaskill	934-2607	
Sunshine:	Simone Gillogly	925-6267	
Travel:	Kathy Doty	937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org

HELP WANTED: YOU COULD BE "THE ONE"!

As 2017 drew to a close, we were asking for members to “step up” and volunteer to serve on the board. After many calls and conversations, we were blessed with some very enthusiastic and hard working new board members. However, we are still in need of more help. Could you be the next one to “step up”??

HELP WANTED!



First and foremost, we need a **secretary**. Sadly, Rosemary Fox, who did a wonderful job last year and agreed to continue this year, has had to resign due to health reasons. We are very thankful for her service ~ always with a smile and gentle touch ~ and sad for the reason for her resignation, but completely understand and wish her all the very best!

This position requires attendance at our monthly membership and board meetings to take notes and then post them in the Center’s hallway. Please contact our new President Christel Kurth (see above) if you think you could be “the one” to step up!

We also have a request from Vicki McCulloch to have someone be a **Co-Member-at-Large** to share her responsibilities. She had this to say about volunteering to serve on the board:

“When I got the call to volunteer at the Mussell Senior Center, the gentleman on the other end of the phone (who I later learned was Ralph Foster) made a good case for the importance which the board serves in keeping the Center a viable resource for seniors in our community. He described his previous experiences serving in various roles at the Center, and honestly, I was inspired!

“I decided to enlist for the Member-at-Large because it involves a variety of tasks, and I can choose when to do them. Some parts of the job put me in a group, giving me opportunities to expand my friendships. I am jumping in with both feet, and so far everyone I’ve encountered has been welcoming, generous, and just plain fun to be around.

“I highly recommend coming on board with the BOARD!”

Lastly, the travel committee is in great need of a “co-leader.” Currently the position of **Travel Committee Chair** is shared by Kathy Doty and Diana Dodos. However, Kathy would prefer to stay on as a Tour Lead and have someone else join Diana in guiding the Committee. If you would like more information about this position, please stop by the travel office (see hours on page 3), or call Kathy (see above).

TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3.45 p.m.

Office Phone: 349-0688

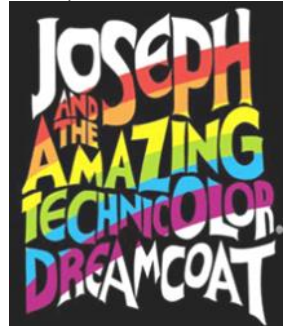


FIRST DAY SALES ~ FIRST MONDAY MORNING OF THE MONTH!

MARCH 5TH IS THE NEXT SALE DATE. DOORS WILL OPEN AT 8:30 A.M. WITH THE SALE BEGINNING ABOUT 9 A.M. SALES CONTINUE UNTIL EVERYONE HAS BEEN HELPED, BUT NO LATER THAN NOON. THE FOLLOWING TRIP WILL BE ON SALE **MARCH 5TH**:

June 17 ~ “Joseph and the Amazing Technicolor Dreamcoat” **\$95**

Roger Rocka’s Dinner Theater presentation of the Andrew Lloyd Webber/Tim Rice musical based on the Biblical story of Joseph. It first appeared in England 50 years ago as a much shorter version but wasn’t mounted on Broadway until 1982. Presentation includes an Americana-style buffet. Leave: 7:00 a.m./Home: 7:00 p.m. (*note: all return times are estimates*)



THESE TRIPS MAY STILL BE AVAILABLE:

March 17 ~ Pageant of Our Lord

\$95

An amazing depiction of the Easter story and Last Supper presented by Rolling Hills Covenant Church in Rolling Hills Estates. Trip includes behind the scenes tour and a stop at Souplantation. Leave: 7:00 a.m./Home: 8:00 p.m. (*note: all return times are estimates*)

April 30-May 3 ~ Laughlin @ Riverside Hotel

\$182 Dbl., \$205 Sgl.



October 9-17 ~ Niagara Falls/Heritage Tour \$3055* Dbl., \$3955 Sgl.

This trip includes Niagara Falls; Lancaster, Gettysburg, & Philadelphia, PA; Washington, DC; Arlington Cemetery, Mount Vernon, and Colonial Williamsburg, VA. **Note: Sale of this trip will end in mid-March, so don’t delay!** All final payments are due July 26. *Receive a \$100 discount when making your final payment by check!

REMINDER: Those of you who reserved a space on the “Discover South Dakota” trip (May11-17, 2018), final payment is due by March!

HELP WANTED: MAYBE YOU COULD BE "THIS ONE!"



We are still in need of more **VOLUNTEER TRAVEL TOUR LEADS (TL)**. If you are interested in joining the “team,” please visit our travel office in the Mussell Senior Center during our open hours: **Tuesday, Wednesday, and Thursday from 12:30 – 3:45 p.m.** Any TL in there can tell you about the position and will give you an information packet to peruse. **And as stated on page 2, we need a Co-chair, too!!!**

                                   **Travel with Us!**



Check out our Facebook page: [“Santa Maria Senior Travel”](#)

(Click on name & go directly to Facebook page!)



Diana Dodos updates the page with flyers & pictures from our trips.



Did you know???



Additional Activities for Seniors from the Recreation & Parks Department

Mondays		11:00 a.m. – 1:00 p.m.	Drop-in Softball Hagerman Sports Complex
Tuesdays		9:00 a.m. – Noon	Lawn Bowling Club 4205 S. McClelland St.
Wednesdays		11:00 a.m. – 1:00 p.m.	Drop-in Softball Hagerman Sports Complex
Thursdays		9:00 a.m. – Noon	Lawn Bowling Club 4205 S. McClelland St.

ABEL MALDONADO COMMUNITY FITNESS CENTER



Monday-Friday
5:30 a.m. – 1:30 p.m.
Saturdays
8:00 a.m. – 1:30 p.m.
Sundays
Closed

Adults 18-54	\$2.75
Seniors 55-64	\$1.40
Seniors 65+	FREE



600 S. McClelland St.

PAUL NELSON AQUATIC CENTER ADULT LAP SWIM

Monday, Wednesday, Friday
5:30 – 7:00 a.m.
Monday-Saturday
12:00 – 1:30 p.m.
Monday-Friday
6:00 – 7:30 p.m.



Adults 17-54	\$2.75
Seniors 55-64	\$1.40
Seniors 65+	FREE

Central Coast Commission
for
Senior Citizens

Area
Agency on
Aging

Central Coast Commission for Senior Citizens will be offering a class, **THE PHYSICALITY OF SELF-CARE: A PRIMER**, on **Wednesday, March 14**, at their office, 528 S. Broadway, beginning at **5:30 p.m.** The class is **FREE**, but you must call (805) 928-2552 to **RSVP by March 9**, as space is limited!

We often hear about the importance of self-care and know that as **family caregivers** it is critical for our well-being, but do we really know how to make the most of it? Come learn about the physicality of self-care in this 90-minute, hands & bodies-on workshop.

Are you caring for a family member who...

Had a stroke? Has dementia? Is elderly and frail? Is an older adult recovering from illness?

Then this meeting is for you!

Learn about self-care, share experiences, and discover resources. **All family members and friends who care for seniors are welcome.**

When: 2nd & 4th Tuesday, 3:30 – 4:30 p.m.

Where: Central Coast Commission for Senior Citizens, 528 S. Broadway

Questions? Carolyn Beasley,
(805) 354-5326 or email
cbeasley@lifestepsfoundation.org
(no RSVP needed)



In partnership with Dignity Health

Sunday, March 11, 2018 ~ 1:30 - 4:00 p.m.

Elwin Mussell Senior Center ~ 510 E. Park Ave., Santa Maria

RIPTIDE
Big Band

**St. Paddy's Day
Celebration!**

Featuring Vocals by Bob Nations



Celebrate the wearing of the GREEN!



FREE!!!



**Sponsored by the Santa Maria Valley
Senior Citizens Club**



**in conjunction with the City of Santa Maria
Recreation & Parks Department**



Funded by a grant from



For more information, please contact Russ at (775) 843-2830

RiptideBB.com or Facebook — Riptide Big Band



The Sunshine Corner

Get Well Soon!



**Elizabeth Cervantes
Ron Evey
Rosemary Fox
Esther Hoskins
Peggy Yaeger**



In Sympathy to ...



**Betty Moritsch
whose husband, Fred, passed**



The Family of Eleanor Lachenmaier

Please continue to contact me about members who need a card from the Sunshine Corner, or the families who have lost a loved one. Please note, when you call me, I would greatly appreciate it if you would leave your name and telephone number in case I need to contact you for any reason. Thank you! ~ Simone (925-6267)

march

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Cost Bingo: 50¢/card Bunco: \$3/day BYOB: \$25/mo.+ Folk Dance: (Mondays) \$15/mo.+ Yoga: \$15/mo.+ Zumba Chair: \$18/mo.+ Zumba Gold: \$25/mo.+ +Santa Maria Residents (non- residents higher)			1 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	2 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	3 9-12 Pool* 9 am-1 pm Duplicate Bridge
5 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 5:30 Monthly Membership Mtg. 7-9 pm Folk Dance*§	6 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco* 6-8 pm Cornhole League*§	7 9-3:45 Pool* 9 Exec. Bd. Meeting 9-10 Zumba Chair*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Crochet/Color* 1-4 Beginning Bridge	8 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	9 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	10 9-12 Pool* 9 am-1 pm Duplicate Bridge
12 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	13 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle* 6-8 pm Cornhole League*§	14 9-3:45 Pool* 9-10 Zumba Chair*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/ Crochet/Color* 1-4 Beginning Bridge	15 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	16 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	17 9-12 Pool* 8:30-1 pm Siamese Mah Jongg* 9 am-1 pm Duplicate Bridge
19 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	20 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1:30-4 Bunco* 6-8 pm Cornhole League*§	21 9-3:45 Pool* 9-10 Zumba Chair*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-3 Book Exchange* 1-4 Beginning Bridge	8 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	23 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	24 9-12 Pool* 9 am-1 pm Duplicate Bridge
26 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-4 Party Bridge 7-9 pm Folk Dance*§	27 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 1-4 Double-Deck Pinochle* 6-8 pm Cornhole League*§	28 9-3:45 Pool* 9-10 Zumba Chair*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12:30-3:30 Hand & Foot (regular) 1-3 Knit/Chat/ Crochet/Color* 1-4 Beginning Bridge	29 9-3:45 Pool* 9-10 BYOB*§ 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	30 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	31 9-12 Pool* 9 am-1 pm Duplicate Bridge

Activity Contact Persons: Book Exchange ~ Jane Bringley (937-8859)

Duplicate Bridge ~ 937-5691 (Mondays) ~ 922-5000 (Thursdays) ~ 925-6350 (Saturdays)

Pinochle ~ 934-2315 (Tuesdays) / Folk Dancing (Thursdays) ~ Betty Anthony (925-5429)

*** City of Santa Maria Recreation & Parks Department Program**

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

MARCH BIRTHDAYS

Wayne Evenson	1-Mar
Don Whitney	1-Mar
Toni Farrell	2-Mar
Cheryl Heintz	2-Mar
Amy Verdin	3-Mar
Al Forsyth	4-Mar
Kay Lawrence	4-Mar
Roberta Stanford	4-Mar
Pauline Bishop	5-Mar
Grace Kalal	5-Mar
Marijane Marshall	6-Mar
Joe Santana	7-Mar
Marylin Davison	9-Mar
Elaine Kinsey	10-Mar
Vicki McCulloch	10-Mar
Joe Andrade	11-Mar
Bob Viadella	11-Mar
Malvina Cox	12-Mar
Mary Harrison	12-Mar
Marty Mathisen	12-Mar
Verna Racansky	13-Mar
Maureen Tolson	13-Mar
Ellet Wilson	14-Mar
Ginny Boos	15-Mar
Lillian Lowe	15-Mar
Charlie Willcox	15-Mar
Linda Constantino	16-Mar
John Ransome	16-Mar
Paul Boyd	17-Mar
Barbara Frickelton	17-Mar
Ruby Arias	18-Mar
Mary Helen Flores	18-Mar
Jo York	19-Mar
Mickey Graeber	20-Mar
Donna Jenkins	20-Mar
Eleodora Fisher	22-Mar
Gaylen Clark	23-Mar
John Regalado	23-Mar
Sonny Russell	24-Mar
Dottie Slater	24-Mar
Kay Hosepian	25-Mar
Annabelle Martinez	25-Mar
Al Serna	25-Mar
Linda Wilson	25-Mar
Julie Wyrick	26-Mar
Dorothy Abel	27-Mar
Henry Cota	27-Mar
Kathy Doty	27-Mar
Peg Miller	27-Mar
Thelma Parfett	27-Mar
Jim Riggs	27-Mar
Gloria Lopez	30-Mar

MARCH ANNIVERSARIES

Thomas & Patty Ann Porcho	8-Mar
Wayne & Barbara Scheideck	14-Mar
George & Ofelia Tise	21-Mar
Wayne & Claudia Peterson	26-Mar
Lee & Vanette Diaz	27-Mar
Tom & Joanne Shelton	30-Mar

WELCOME WELCOME WELCOME New & Former Members!

- Linda Berard
- Joan Brooker
- Lee & Vanette Diaz
- Diane Gonzales
- Gilbert Harper
- Connie Holtz
- Deanna Inguito
- Dee Markstone
- Diane Morrill
- Angelo & Hope Passidakis
- Doug Petersen
- Wayne & Claudia Peterson
- Jim Riggs
- Joe Roy
- Ron & Linda Secrease
- Kathy Telleria
- Julie Wyrick

WELCOME



Have you
visited our
**NEW &
IMPROVED**

Club website???

smvsc.org

You'll find the current newsletter on the home page, along with other time sensitive information. Then, simply click on the names of the different sections in the upper right area: activities calendar, special events, travel opportunities, and links to resources! Give it a try ~ and let us know what you think!

Have you renewed yet?

**Please do so by March 10, 2018, or
this may be your last issue.**

Mail your check to PO Box 6688!

Happy February Birthday!



**William Stanley, John Renner,
Christel Kurth, & Carmen Wykoff**

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
(805) 925-0951 Ext. 2207

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CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

**Renew by
March 10 to
keep receiving
a newsletter!**

Monthly Membership Meeting



Monday, March 5



Doors Open: 5:30 p.m. / Dinner: 6 p.m.

Meatloaf, potatoes, veggies, salad, and carrot cake!

**Reserve and Pay
by March 1**

\$10 per person
featuring

**Catered by
Jovi's Delights**



**Pastor Carl Nielsen
with Serve Santa Maria**



**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 925-0951, Ext. 2207**