

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)
510 East Park Avenue, Santa Maria, CA 93454
www.smvscc.org • smvseniors@gmail.com • 805-349-0688



FEBRUARY 2026



Carolyn Cabrera

President's Message ~

ARE WE WILLING TO SERVE?

I was thinking about a loaf of bread that was brought to a gathering. It was beautiful and very tasty. As we each had a slice it gave of itself. Are we willing to serve as that loaf of bread? Giving of ourselves to enrich the lives of others? Just some “food for thought” ...

Our monthly dance is resuming in February - and features guest vocalist, Donna Phillips! Don't miss **Riptide Big Band's** Valentine Dance on **Sunday, February 8, from 1:30 to 4 p.m.** at the Mussell Center. As always, this event is open to the public and **FREE**, thanks to a generous grant from the Community Foundation of San Luis Obispo County! We are already planning our March dance, so be sure to mark your calendars for a St. Patrick's Day celebration and wearing of the green (a bit early - but what the heck) on Sunday, March 8.

Our next dinner is on **Monday, February 9**, featuring **Hanali Lopez-Tapia** with the local chapter of C.A.S.A. (Court Appointed Special Advocates). She will be providing an overview of what they do and how you can help!

Due to the rising cost of food, our caterer has had increase the amount she must charge us for our monthly meals. She does her very best to keep costs down, but it has become increasingly difficult. As a result, we will be increasing the cost of the meals for monthly dinners by \$2. As we announced in the January issue of the newsletter, the monthly dinners will be **\$17 per person** beginning in February. We hope that you understand and will continue to attend on a regular basis. The menu in February will be baked spaghetti with ground beef meatballs, marinara meat sauce, parmesan cheese, steamed vegetables, salad, roll, and dessert.

As always, PLEASE be sure to make your reservation - paid in advance, no later than **NOON** on **Friday, February 6**. We need an accurate head count to order the correct amount of food, so please don't just “show up” on Monday night. Thanks for your cooperation.

Don't forget to renew your membership by March 1st!

Santa Maria Valley Senior Citizens Club Central Coast Active Adults!

MISSION: Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2026 Officers & Committee Chairpersons

President	Carolyn Cabrera	805-448-0623	ccabrera0048@gmail.com
1st VP	Jolene Simons	805-266-8767	jsimons93309@gmail.com
Co-2nd VPs	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer	Liz Regulski	[contact Carolyn or Laura with questions]	
Recording Secretary	Christel Kurth	805-332-3328	kurth1313@comcast.net
Corresponding Sec.	Laura Selken	805-406-9989	laura.selken@gmail.com
Member at Large	Liz Reynertson	661-317-2893	ereynert@gmail.com
Travel	Nancy Andersen	805-260-9896	nbandersen1981@gmail.com
Sunshine	Teri DeAngelo	805-698-6478	teriangelo@gmail.com

Recreation and Parks Department Staff & Phone Numbers:

Program Specialist	To be determined	805-925-0951, ext. 2207
Recreation Technician	JoDee Klug	805-925-0951, ext. 2207
Recreation & Parks Receptionist		
Recreation & Parks Dept. Primary Office		805-925-0951, ext. 2260 (615 S. McClelland St.)



Happy February Birthdays!!!

Joe Razo	1
Carol Thaler	3
Karen Trapp	3
Jennifer Valen	5
Kathy Telleria	6
Shirley Zavala	6
Toni Loayza	8
Pat Porter	9
Carm Wyckoff	13
Elena Deparini	15
Johnnie DiSanti	16
Ruth Limon	16
Arthur Hernandez	17
Bob Turner	19
Lorine Edens	20
Mary Bognuda	21
Rosemary D'Amato	21
Richard Santana	21
Nancy Kunishige	25
Christel Kurth	25
José Loayza	26
Sharon Hoff	27
June Miller	27
Terry Oberg	28

Happy February Anniversary!

José and Toni Loayza ~ February 10

Welcome New & Returning Members!

Jackie Brunello, Margie Cornejo,
Pamela Doucot, Donald Koloze,
Connie Phillips, and Mike & Juanita Rosas



**DON'T FORGET TO
RENEW YOUR
MEMBERSHIP!**

**Stop into the
Mussell Center
from 10 a.m.-2 p.m.
or send your check
for \$25 per person
to PO Box 6688
Santa Maria, CA 93456.
(Be sure to include a stamped self-addressed envelope
if you wish to receive your membership card by mail.)**

If you know any members in need of a "get well," "thinking of you," or sympathy card, please contact **Teri DeAngelo** at **teriangelo@gmail.com** or **805-698-6478**.



Travel Opportunities

Santa Maria Senior Travel Committee

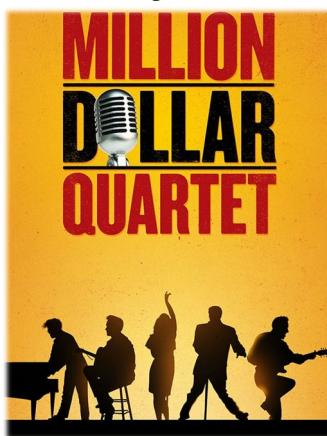


Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

February 15, 2026 ~ Million Dollar Quartet

WAIT LIST

\$78



The San Luis Obispo Repertory Theatre, the only year-round, nonprofit, professional theatre in San Luis Obispo County, is bringing back "Million Dollar Quartet." Don't miss this opportunity to witness "the night that made music history" ... December 4, 1956. Four rock 'n' roll icons – Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins – came together for an unforgettable jam session. This production brings that electrifying moment to life with a hit-packed score performed by world-class actors and musicians. This high-energy jukebox musical is a celebration of music history, packed with heart, humor, and pure rock 'n' roll magic. Departs: 1:00 p.m. / Returns: 5:00 p.m.

March 15, 2026 ~ St. Patrick's Day in Ireland

\$68

Everyone's Irish in March! Join us at the Clark Center (Arroyo Grande) and experience the true spirit of Ireland, featuring music, singing, and dancing. Be sure to wear your green! Departs: 1 p.m. / Returns: 5 p.m.



April 17, 2026 ~ Santa Barbara Zoo

\$TBD

The time of departure and cost are to be determined. Save the date as we'll explore the Zoo during daytime hours. See the new Australian "walkabout" exhibit, as well as the new snow leopard! Don't miss it!

April 17-24, 2026 ~ American Heritage



WV • Monticello • Colonial Williamsburg • Mount Vernon, and MORE! Brochures are available with additional information. Hosted by Collette.

\$4549* pp dbl./\$5649* pp sgl.

Join us for an eight-day, seven-night trip. Highlights include Smithsonian Museums • Twilight Monument Tour • Arlington National Cemetery • The Greenbrier Resort (pictured) in White Sulphur Springs,

September 12-18, 2026 ~ Cape Cod & the Islands **3975* pp dbl./\$4075* pp sgl.**
 Join us for a fall tour for seven days/six nights (five nights on Cape Cod); highlights include Boston City Tour • Martha's Vineyard Tour • Nantucket Island Visit • Plymouth Rock • Newport, RI • Mayflower II • Cranberry Bog, and MORE! Hosted by Premier World Discovery.



Note: All trip return times are approximate.

***Learn how you can save from any travel committee member.**



Greetings from the Santa Maria Recreation & Parks Department!

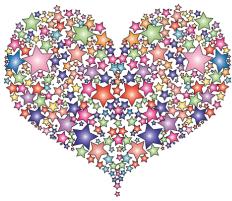
What's Happening in February!

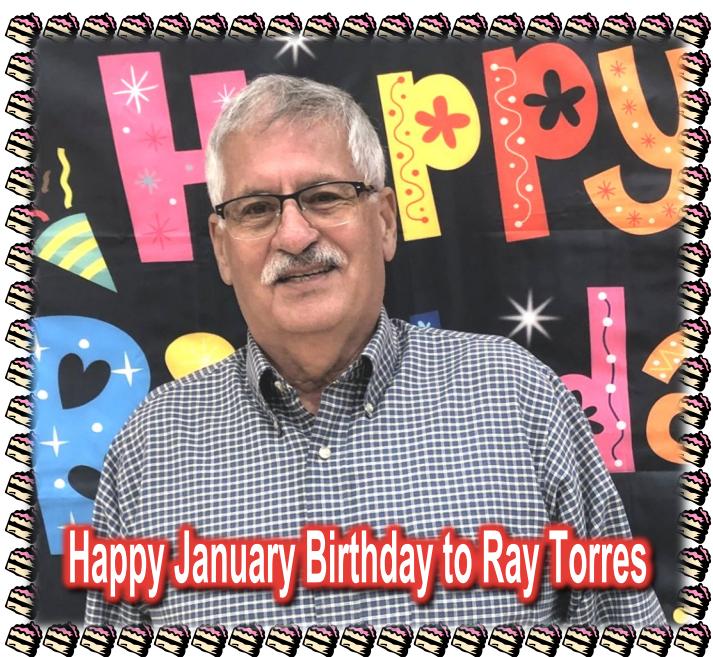
Hello, sweet friends!

Are you ready to spread the love and have a heart-warming good time? It's Valentine's time at the Mussell Center, and we're inviting YOU to join in all the fun we've got planned this February! From festive crafts, to games, to sweet treats, to love-filled activities, there's something for everyone to enjoy!

- * **Wednesdays, February 4 & February 11, 1:30-3:30 p.m. ~ Brushes & Beyond** – Join us as you unleash your creativity and discover something new – a Valentine-inspired mixed-media project. We'll create art on large puzzle-pieces and turn them into charming keepsake magnets using vintage collage, simple mark-making, and other types of drawing, and then add embellishments. [Activity #26564]
- * **Friday, February 6, 1-3 p.m. ~ Rock Painting Craft Class** – Join us as we kick off our Valentine season with a rock-painting party full of creativity and fun! Show up any time between 1 and 3 pm. Sign up at the Clerk's Desk. [Activity #27355]
- * **Thursday, February 12, 1:30-2:30 p.m. ~ Sweet Treats: Chocolate-Covered Strawberries** – Join us as we dip and decorate delicious berries for a sweet Valentine treat! Sign up at the Clerk's Desk. \$5 Suggested donation. [Activity #27356]
- * **Tuesday, February 17, 1-3 p.m. ~ Bunco: All Red Everything!** – Roll the dice and celebrate the season of love at our Valentine's Bunco game! Prizes, laughter, and lots of fun await! Wear your favorite red top. \$3 to play. [Activity #27358]
- * **Thursday, February 26, 1-2 p.m. ~ Loteria: Valentine's Edition** – Keep celebrating Valentine's Day even a couple of weeks later with a special Loteria game! Wear your favorite red or pink clothes and join us for an afternoon of fun and prizes! Learn Mexican-themed words while socializing. No experience needed. [Activity #27359]
- * **Thursday, February 26, 2:30-4:30 p.m. ~ Mussell Cinema: "The Notebook"** – Join us as we sit back and watch "The Notebook"! Bring a friend, wear your favorite PJs, and enjoy some light refreshments while you relax and unwind! [Activity #27357]

For more information on
City Recreation & Parks Department activities,
and/or assistance with their required pre-registration,
please visit the **CITY** receptionist (clerk) desk any time
Monday through Friday from 9 am to 4 pm,
or call 805-925-0951, ext. 2207.





Happy January Birthday to Ray Torres

COMING SOON!

In a few months, we will have a completely different looking newsletter. It will be a magazine, really, and feature additional information beyond the Club that you will hopefully find useful. It will also be distributed beyond the Mussell Senior Center. The wonderful part is that it won't cost us anything to print anymore! Advertising will cover the cost. However, for those who still need to have a copy mailed to them (hopefully limited to 200 people each month), the Club will still have to pay for that.

Some may not like the idea of seeing advertising, but the board will be able to control this aspect, and we think you will find it helpful! With that being said, please feel free to send me the names of businesses you think might be interested in paying to advertise. You can email me at laura.selken@gmail.com or text/call me at 805-406-9989.

If anyone is interested in helping with the new formatted newsletter, PLEASE reach out! HELP IS NEEDED!!

~ Laura Selken
Corresponding Secretary





CUPID'S PAJAMA BREAKFAST BASH

SATURDAY FEBRUARY 14

8 - 11 AM

\$10

Must Pay In Advance





Celebrate love & community at this family event, featuring a pancake bar, kids' treats, crafts, games, movie, & mini dance party!

Elwin Mussell Senior Center
(see the CITY Receptionist for more info!)

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BE SURE TO LIKE/FOLLOW OUR FACEBOOK PAGES!!

CLUB: [SANTA MARIA VALLEY SENIOR CITIZENS CLUB](#)

**TRAVEL COMMITTEE:
[SANTA MARIA SENIOR TRAVEL](#)**

**Help needed with both pages!
Please email Laura at
laura.selken@gmail.com**



Santa Maria Valley Senior Citizens Club

FREE

VALENTINE'S DANCE



with Bob Nations
& Mitch Latting
plus guest vocalist,
Donna Phillips



DATE

Sunday, February 8

TIME

1:30-4:00 pm

PLACE

Elwin Mussell Senior Center
510 E Park Ave, Santa Maria

For more information, call Judy @ 775 813-5186

Visit RiptideBB.com or find us at Riptide Big Band on Facebook



City of Santa Maria
Recreation & Parks
Department

THE *Community*
FOUNDATION
SAN LUIS OBISPO COUNTY



FEBRUARY 2026



Monday	Tuesday	Wednesday	Thursday	Friday
9-4 Billiards* 2 9:30 Balance & Mobility* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 3 9 Table Tennis* 10:30 OWL* 12:30-3:30 Travel 1 Grief Support* 1-3 Bunco* 1-3 Knit, Chat, & Crochet+*	9-4 Billiards* 4 9 Bd. Meeting 9 Dance Fitness* 9:30 Balance & Mob. 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30-3:30 Brushes and Beyond*	9-4 Billiards* 5 10:30 OWL Program* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Hand & Foot	9-4 Billiards* 6 9 Dance Fitness* 10 Balance & Mobility* 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games 12-4 Bingo 1 Rock Painting*
9-4 Billiards* 9 9:30 Balance & Mobility 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis* 5 Member Dinner	9-4 Billiards* 10 9 Table Tennis* 10:30 OWL* 12:30-4 Pinochle* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Chat, & Crochet+*	9-4 Billiards* 11 9 Dance Fitness* 9:30 Balance & Mobility* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30-3:30 Brushes and Beyond*	9-4 Billiards* 12 10:30 OWL Program* 12-4 Pickleball* 12:30-3:30 Travel 1:30 Sweet Treats: Chocolate-covered Strawberries*	9-4 Billiards* 13 9 Dance Fitness* 9:30 Foodbank & Cooking Class 10 Balance/Mob. 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games 12-4 Bingo
9-4 Billiards* 16 9:30 Balance & Mobility* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 17 9 Table Tennis* 10:30 OWL* 12:30-3:30 Travel 1 Grief Support* 1-3 Bunco* 1-3 Knit, Chat, & Crochet+*	9-4 Billiards* 18 9 Dance Fitness* 9:30 Balance & Mobility* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge	9-4 Billiards* 19 10:30 OWL Program* 12-4 Pickleball* 12:30-3:30 Travel 1p Hand & Foot	9-4 Billiards* 20 9 Dance Fitness* 10 Balance & Mobility* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* 12-4 Bingo
9-4 Billiards* 23 9:30 Balance & Mobility* 10-12 Scrabble* 10 Ukulele Jam* 12 Duplicate Bridge 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* 24 9 Table Tennis* 10:30 OWL* 12:30-4 Pinochle* 12:30-3:30 Travel 1 Grief Support* 1-3 Knit, Chat, & Crochet+*	9-4 Billiards* 25 9 Dance Fitness* 9:30 Balance & Mobility* 12-4 Pickleball* 12:30-3:30 Travel 1-4 Beg. Bridge	9-4 Billiards* 26 10:30 OWL Program* 12-4 Pickleball* 12:30-3:30 Travel 1-2 Loteria* 2:30 Mussell Movie: The Notebook*	9-4 Billiards* 27 9 Dance Fitness* 10 Balance & Mobility* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* 12-4 Bingo

For More
Information
on these
club activities:

Hand & Foot:
Christel
805-332-3328

Bingo:
Loretta
805-264-7160

Duplicate Bridge:
Alan
408-499-5333

Beginning Bridge:
Frank
805-574-3237

NOTE: Classes/activities may be changed or canceled by the Instructor, city, or Club as needed. Activities with an asterisk* are hosted by the City of Santa Maria Recreation & Parks Department. Advanced registration is required in most cases (see City Receptionist).

