

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 1-805-925-0951, ext. 2207



February 2020



Carolyn Cabrera

President's Message ~

The holiday season is behind us, and we are heading into the year 2020. Wow, that is amazing to me. We certainly have seen a lot of changes in our lifetimes. Just thinking about the years as they pass by, I am reminded of the letter I came across when I was searching for some Christmas cards. I had written a friend in January of 1986. It fascinated me so because I would never have remembered the details I had included in that letter. It made me realize how important it could be to set aside time in a person's day to write down events in each day of our lives, to capture details that would mean so much to us later. Then I heard a message from a well-known pastor who mentioned the topic again and was using the computer to journal his thoughts and life events. I said to myself – I will do this! If any of you have done this or have thoughts on this, please let me know.

I am glad you are part of my life, and it has really been a great experience getting to know all of the club members and the Seniors that frequent the Elwin Mussell Senior Center. I have learned a lot from all of you. Keep going and keep moving forward!

Our **February Membership Meeting** will feature baked spaghetti! Our presenter is from the **Santa Maria Valley Historical Society Museum**, and she will be showing and discussing a walking map of Santa Maria history designed by our Co-1st Vice President, Annie Lawrence! Our **March Membership Meeting** will include chicken cordon bleu and will feature therapist Victor Cody, who is writing a book, *Being Aware of Yourself!* We hope you'll join us.

Lastly, please welcome our new board member, **George Tise**. He has accepted the position of "Member-At-Large," but the duties/title are being revised in our bylaws (*please see page 5*).

Visit our website: smvsc.org

You'll find the current month's newsletter on the home page, along with special events and important information. Explore other areas of the site by clicking on various sections in the upper right side, including a calendar of events, senior resources, & past newsletters.

Note: Your Club offers **FREE Wi-Fi** at the Center *plus* two laptops & several tablets are available to use in the lobby area **at NO CHARGE** thanks to the City of Santa Maria!

Santa Maria Valley Senior Citizens Club

Central Coast Active Adults!

Our Mission:

Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2020 Officers & Committee Chairpersons

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st Vice President:	Judy Garrett	805-927-6807	mrsclif1@gmail.com
Co-1st Vice President:	Annie Lawrence	805-903-3170	annieink@sbcglobal.net
Co-2nd Vice Presidents:	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer:	Christel Kurth	805-332-3328	kurth1313@comcast.net
Recording Secretary:	Judy Lindquist	775-813-5186	judybluenote@gmail.com
Corresponding Sec.:	Laura Selken	805-406-9989	laura.selken@gmail.co
Member-at-Large:	George Tise	805-925-6322	gtot58@aol.com
Receptionists:	OPEN	Contact Carolyn	if you are interested
Sunshine:	Simone Gillogly	805-925-6267	
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	925-0951, ext. 2264	bwiley@cityofsantamaria.org



THE SANTA MARIA VALLEY SENIOR CITIZENS CLUB

presents

Music from the Heart!!

Featuring the Central Coast's
Favorite Dance Band

Sunday, February 9, 2020

1:30 - 4:00 p.m.

RIPTIDE
Big Band

Elwin Mussell Senior Center

510 E. Park Ave., Santa Maria

FREE

*Join us in celebrating Valentine's Day
with the best in big band dance music
featuring Riptide Big Band & vocalist, Bob Nations!*



This program is made possible
with the support of the



Funded with a grant from

THE *Community*
FOUNDATION
SAN LUIS OBISPO COUNTY

20
YEARS of
IMPACT

For more information, please contact

Judy at 775-813-5186, visit us at **RiptideBB.com**

or find us on Facebook — **Riptide Big Band**



NOTE: The monthly **Book Exchange** will now meet on the **FOURTH WEDNESDAY** of the month, instead of the third Wednesday of the month effective immediately. As such, the next Book Exchange will be held Wednesday, **January 22**, from 1 to 3 p.m. Come check it out! Lots of books to choose from. For more information, call Jane at 805-937-8859.



TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Hours: Tues., Wed., Thurs., 12:30 – 3:45 p.m. / Office Phone: 805-349-0688

First Day Sales ~ "First" Monday Morning of the Month

"First Day Sales" is scheduled for **FEBRUARY 3RD**. Doors will open at **9 A.M.** with the sale beginning shortly after. Sales continue until everyone has been helped, but no later than Noon. The following trips will be on sale again (or stop by the office during the hours posted above):

Roger Rocka's "The King & I" (March 22) & Laughlin, Nevada (April 27-30)

UPCOMING TRIPS SCHEDULED/UNDER CONSTRUCTION FOR 2020:

January 27 ~ Trip Presentation - San Diego

\$TBA*

Information for this trip in mid-May will be provided at the presentation!!

February 9-12 ~ Las Vegas

\$213 Dbl., \$280 Sgl.*



Don't miss this trip! We'll be staying at the Golden Nugget!

February 24 ~ Trip Presentation - Eastern Canada

\$3449 Dbl., \$4399 Sgl.*

More information to come!!

February 27 ~ Hearst Castle

\$TBA*

More information to come!!

March 22 ~ Roger Rocka's Dinner Theatre - Fresno



\$108*

"The King & I" with more information to come!!

April 5-9 ~ Spotlight on San Antonio

\$1999 Dbl., \$2399 Sgl.*

Mission San Jose • The Alamo • Paseo del Rio Cruise • LBJ Ranch • Fredericksburg • choice of South Texas Heritage Center or San Antonio Botanical Gardens • El Mercado • Olive Orchard ~ includes five days/four nights hotel accommodations and five meals.

April 27-30 ~ Laughlin, NV

\$196 Dbl., \$253 Sgl.*

We will be staying at the Riverside Casino!



May 2020 ~ San Diego

\$TBA*

More information to come!!

June 2020 ~ San Luis Obispo Repertory Theatre



\$TBA*

"The Marvelous Wonderettes" musical featuring classics from the 1950s & 60s.

August 2020 ~ Roger Rocka's Dinner Theater - Fresno

\$TBA*

"Guys and Dolls"

September 30-October 8 ~ Eastern Canada

\$3449 Dbl., \$4399 Sgl.*

More information to come ~ trip presentation February 24, 2020!!

***All prices are per person**

Travel With Us!



Check out our Facebook page: ["Santa Maria Senior Travel"](#)





GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

The City of Santa Maria Active Aging Committee wants to know if there is enough interest in having a **senior walking group** that would meet in our parks for group walks. If you are interested in attending a community walk like this, please contact the front desk (805-925-0951 Ext. 2207). When we see how many are interested, we will contact everyone to let you know when and where the walks will take place. If you're willing to lead a walk, we are also looking for volunteers who will show walkers the route and help them as needed.

This month the City hosts the annual **Father & Daughter Dance** on Saturday, February 8, 2020, from 6-8 p.m. at the Veteran's Memorial Community Center located at 313 West Tunnell Street. This event is for all father figures ... (grandfathers, too) and daughters or granddaughters of all ages! Last year the oldest father who came to dance was in his late 70's and he was escorting his adult daughter. It's a very special evening for all ages. This year it's a western theme with a DJ, refreshments, photo area, and memories to last a lifetime! Tickets are \$30 per couple; and \$10 each additional daughter. Call 805-925-0951 ext. 2260 for more information or santamariaatplay.org.

(Don't worry, Moms ... your special night will be here soon ... the Mother/Son dance is coming up in April!)

For the second year, we are hosting a Valentine-themed **pet wellness clinic for your "Furr-ever Valentine."** The C.A.R.E. 4 Paws Mobile Veterinary Clinic will be visiting the Mussell Center from 9 a.m. until 2 p.m., depending on the number of appointments made. They offer low-cost vaccinations and spay/neutering as well as dental care for dogs and cats. We will also have adoptable dogs here in case you want to consider adding a new family member. There are many health benefits of owning a pet, and we encourage you to attend even if you are not planning to adopt one. There will be information indoors on pet care, pet products, and how to become a foster family for shelter pets in case you're not in a position to make a permanent commitment to an animal. To make an appointment for the veterinary clinic, call 805-968-2273. For safety reasons, please make sure your pets are in carriers or on a leash at all times.

A special **Valentine's Day Dance Social** is planned for Friday, February 14, at the Mussell Center from 4:30-6:30 p.m. Bring your sweetheart or come on your own to meet dance instructor, Irene Kleinbauer, owner of Klein Dance Arts Studio in Santa Maria. Irene and her dance partner will bring a collection of dance music, be available to demonstrate a variety of dance steps, and offer (optional) coaching tips to those who want to "Dance like the Stars!" Cost is \$10 per person or \$15 per couple and includes refreshments, dance instruction, and a chance to win great door prizes. Register online at www.cityofsantamaria.org or at the Recreation and Parks Office at 615 South McClelland Street.

So, whether you're getting your heart rate up by walking, dancing, or bonding with a beloved pet, may your heart be full with the love all around you this Valentine's Day! See you at the Center!

~ Barbara Wiley, Recreation Coordinator
805-925-0951 ext. 2264, bwiley@cityofsantamaria.org

Please note that regular "Hand & Foot" that met on Wednesday afternoons has moved to another location and no longer meets at the Mussell Senior Center. Likewise, the "Knit, Chat, Crochet, & Color" group no longer meets at Mussell Senior Center. If you have any questions, please contact Barbara or Wendy in the Recreation Office at the Mussell Center.

RENEW
MEMBERSHIP

Please Renew Your Membership by March!
♥♥♥ \$20 per person per year ♥♥♥

RENEW
MEMBERSHIP

NOTE: IF YOU RENEW IN PERSON, JUST CHECK YOUR INFORMATION IN THE MEMBERSHIP BINDER.

IF THERE ARE NO CHANGES, YOU DON'T HAVE TO FILL OUT A NEW FORM!

YOU MAY ALSO MAIL IN YOUR RENEWAL TO PO BOX 6688, SANTA MARIA, CA 93456.

BE SURE TO INCLUDE A SELF-ADDRESSED STAMPED ENVELOPE SO YOUR NEW CARD MAY BE MAILED TO YOU.

Proposed Bylaw Changes:

*The following changes are proposed in regard to the Board position of Member-At-Large. The title is to be replaced with Director of Purchasing along with a revision of duties. To allow for plenty of notice, these proposed revisions to the bylaws will be voted on at the Membership Meeting on **Monday, March 2, 2020**.*

ARTICLE V: BOARD OF DIRECTORS

Section 1. There shall be a governing Board of Directors which shall be made up of these elected officers: President, 1st Vice-President, 2nd Vice-President, Recording Secretary, Corresponding Secretary, Treasurer, and **Director of Purchasing**. In addition, there shall be one (1) representative from the City, who shall act only in an advisory capacity.

ARTICLE VII: OFFICER DUTIES

Section 5. The Corresponding Secretary shall assist the President in matters pertaining to the correspondence of the organization. It shall be the duty of the Corresponding Secretary to create, edit, and disseminate the monthly newsletter **via email and mail in conjunction with the Newsletter Committee**. It shall also be the duty of the Corresponding Secretary to maintain a membership database and disseminate a monthly list of active members to the President, Receptionist Committee, and Sunshine Committee, as well as an inactive members list to the Receptionist Committee.

Section 7. The **Director of Purchasing** shall purchase all supplies for the organization. ~~It shall also be the duty of the Member at Large to mail the monthly newsletter in conjunction with the Newsletter Committee and Corresponding Secretary.~~

ARTICLE VIII: COMMITTEES

Section 6. Newsletter Committee – This committee shall be responsible picking up from the printer, processing, and delivering the newsletter to the post office each month or as needed. The **Corresponding Secretary** shall serve as the chairperson.

The Mussell Center is open from **9:00 a.m. – 4:00 p.m., Monday – Friday**. Please enter the building during **those hours only**. This will enable the facility staff time before and after to tend to their daily maintenance tasks. The facility staff will unlock the front doors when the building is open. Thank you for your cooperation. ~ Recreation & Parks Management



February 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
<i>NOTE:</i> <i>Classes/activities may be canceled by the instructor, city, or Club as needed.</i>	Community Action Commission Lunch Monday - Friday 11:30 am MUST call & make reservation at least 24 hours in advance 1-805-925-3010	Costs: Bingo ~ 50¢ /card Bunco ~ \$3 donation/day Chairobics ~ \$19/month+ Folk Dance ~ \$15.50/month+ Zumba ~ \$27/mo.+ +Santa Maria Residents		PLEASE Renew Your Membership by March!	1 9-12 Pool*
9-3:45 Pool* 3 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 5 pm Monthly Membership Mtg. 7-9 Folk Dance*§	4 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1:30-4 Bunco*	5 9 Exec. Bd. Meeting 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction	6 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	7 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	8 9-12 Pool*
10 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 7-9 Folk Dance*§	11 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1-4 Double-Deck Pinochle*	12 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 1-4 Beginning Bridge & Instruction	13 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 12-4 Dup. Bridge 11-12 Ukulele Lessons* 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	14 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	15 9-12 Pool*
17 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 7-9 Folk Dance*§	18 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1:30-4 Bunco*	19 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction	20 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 12-4 Duplicate Bridge 2:30-3:45 Folk Dancing*	21 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	22 9-12 Pool*
24 9-3:45 Pool* 10-11 Zumba Gold*§ 12-4 Duplicate Bridge 1-3 String Band 1-4 Party Bridge 7-9 Folk Dance*§	25 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 11-12 Ukulele Lessons* 1-4 Double-Deck Pinochle*	26 9-3:45 Pool* 9-10 Chairobics*§ 9-11 Artists Meet* 10-11 Zumba Gold*§ 1-3 Book Exchange* 1-4 Beginning Bridge & Instruction	27 9-3:45 Pool* 9-10 BYOB*§ 10-11 Yoga*§ 12-4 Dup. Bridge 11-12 Ukulele Lessons* 1-4 Progressive Hand & Foot 2:30-3:45 Folk Dancing*	28 9-3:45 Pool* 12-4 Mah Jongg* 1-4 Bingo	29 9-12 Pool*

Activity Contact Persons: Book Exchange ~ 1-805-937-8859 (Jane) / Pinochle ~ 1-805-934-2315 (Tuesdays)

Duplicate Bridge ~ 1-805-937-5691 (Mondays) & 1-805-922-5000 (Thursdays)

Bunco ~ 1-805-925-0951 ext. 2351 (Wendy) / Folk Dancing (Thursdays) ~ 1-805-925-5429 (Betty)

* City of Santa Maria Recreation & Parks Department Program

§ Participants must pre-register at Recreation & Parks Department. No walk-ins allowed.

February Birthdays!

Louie Costa	1-Feb	Roberto Limon	17-Feb
Joe Razo	1-Feb	Anita Ritenour	18-Feb
Jean Rigsby	2-Feb	Bobbi Eggleston	19-Feb
Frank Coop	3-Feb	Barbara Fleming	19-Feb
Carol Thaler	3-Feb	Andrea Maidment	19-Feb
Lupe Flores	4-Feb	Leo Mathos	19-Feb
Jim Snowdy	4-Feb	Renate Mechtold	19-Feb
Cathy Wengler	4-Feb	Bob Turner	19-Feb
Lesley Talbot	5-Feb	Frank Martinez	20-Feb
Val Brose	6-Feb	Rosemary D'Amato	21-Feb
Luther Lowe	6-Feb	Richard Santana	21-Feb
Gary Shaw	6-Feb	Barbara Ashlock	22-Feb
Jane Bringley	7-Feb	David Johnson	22-Feb
Paul Cross	7-Feb	Slim Juhl	22-Feb
Herb Sisti	7-Feb	John Renner	22-Feb
Toni Loayza	8-Feb	Norm Rushing	22-Feb
Pat Van Lith	9-Feb	Beth Shurtleff	22-Feb
Dru Haas	10-Feb	Linda Avanzino	23-Feb
Denise Sky	11-Feb	Sue Salling	23-Feb
Penny Thorup	11-Feb	Nancy Kunishige	25-Feb
Madeline Barns	13-Feb	Christel Kurth	25-Feb
Dorothy Olevsky	13-Feb	Jessy Rushing	25-Feb
Carm Wyckoff	13-Feb	Ramon Chavez	26-Feb
Carol Garrymore	14-Feb	Mella Griffin	26-Feb
Tara Hoffmann	14-Feb	Jose Loayza	26-Feb
Elena Deparini	15-Feb	Margaret Campbell	27-Feb
LaVonne Brawner	16-Feb	Lyn Celeste	27-Feb
Bonnie Harris	16-Feb	Penni Dishaw	27-Feb
Ruth Limon	16-Feb	Sharon Hoff	27-Feb
Arthur Hernandez	17-Feb	June Miller	27-Feb
Gail Homer	17-Feb	Mary Willey	28-Feb

February Anniversaries!

Ralph & Rosalie Foster	3-Feb
Dale & Nancy Felton	9-Feb
Jose & Toni Loayza	10-Feb
Herb & Judith Sisti	14-Feb
Joe & Grace Mendoza	15-Feb
Bob & Freddie Newman	16-Feb
Sivert & Barbara Ross	17-Feb
Dave & Jerrie Carey	19-Feb
Alan & Cindy Eft	27-Feb

New/Rejoining Members!

- ◆ D'Ann Bartley
- ◆ Elena Corbelli
- ◆ Robert Gerber
- ◆ Barbara Laurienti
- ◆ Steven & Rose Lopez
- ◆ Renate Mechtold
- ◆ Ben Pavri
- ◆ George Perryman
- ◆ Bert Van Belleghem
- ◆ Connie Van Belleghem
- ◆ Betty Weakley

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The Sunshine Corner

Get Well Soon!



Frances Bryant
Georgia Schellas
Margie Verduzco



Please contact Simone (805-925-6267) about members, or their families, who may need a card from the Sunshine Corner (get well, thinking of you, sympathy, etc.). And please, leave your name and telephone number when you call in case she needs to contact you for any reason. Thank you!

In Sympathy to ...

The Family of **Blanche Boyer**

The Family of **Gene "Ted" Green**

Sharon O'Neil & family
whose husband, Walt, passed away

Marilyn Stanley & family
whose husband, **Bill Stanley**, passed away

The Family of **Donna Vogt**,
long-time volunteer for our Club
including Bingo and Bunco



SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
Vol. 26, Issue 1
February 2020
Monthly Newsletter



Non-profit Organization
US Postage Paid
Santa Maria, CA
Permit No. 161

CHANGE SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter



Monthly Membership Meeting

Monday - February 3



Doors Open: 5 p.m. - Dinner: 5:15 p.m.

Baked spaghetti, garlic bread, steamed veggies, salad, & strawberry cake

Reserve/Pay by:
Friday - Jan. 31

\$10 per person

Catered by:
Jovi's Delight

featuring

Cindy Ransick
CURATOR FOR THE
SANTA MARIA VALLEY
HISTORICAL MUSEUM



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 925-0951, Ext. 2207