

# The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 805-349-0688



## JANUARY 2026

### President's Message ~

#### EACH DAY HAS IT'S OWN STORY



Carolyn Cabrera

What story do you want your day to tell? A good story or a bad one? Always remember - **YOU** are in charge of your own story. Don't live in fear. Instead, be encouraged and encouraging! You can create a day worth living. Don't stay home day after day ... come down to the Mussell Senior Center! Meet people! Ask questions! Live life like you are winning, not losing! Make the new year a year of GOOD stories! See you at the Center!

Remember, the final dance of the year will be the annual **NOON YEAR'S EVE CELEBRATION** on **Wednesday, December 31, from 11 a.m. to 1 p.m.** at the Mussell Center. Ring in the new year **AT NOON** with the **Riptide Big Band**! As always, this event is open to the public and **FREE**, thanks to the generous grant from the Community Foundation of San Luis Obispo County! It starts earlier than our regular dances, so don't miss it! Come early as seats fill up fast for this one! Please note that there will **NOT** be a dance in January (the Noon Year's Dance covers both December and January). Mark your calendars for the next dance celebrating Valentine's Day to be held on **Sunday, February 8.**

Our next dinner is on **Monday, January 12**, featuring **Joey Nichols**, giving a presentation on the **Guadalupe Dunes Center** and its educational programs. We will also be installing the officers for 2026! The menu will be Hawaiian chicken teriyaki kabobs, crunchy oriental chicken salad, java red rice, noodles, and dessert. Remember, your **PRE-PAID** reservations will be due by **Friday, January 9, at Noon**. Please be sure to make and pay for your reservations **in advance**. We need an accurate head count to order the correct amount of food, so please don't just "show up" on Monday night. Thanks for your cooperation.

Jovi will continue to cater our meals in 2026. While she attempts to keep our costs at a minimum, the prices for food and supplies continue to climb. As a result, she has had to raise the amount that she charges us. It's still one of the best deals in town, but it does mean that we will need to raise the price, **beginning in February, to \$17**. If you have any questions, please reach out to any board member (see page 2).

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## Santa Maria Valley Senior Citizens Club Central Coast Active Adults!

**MISSION:** Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

## 2025 Officers & Committee Chairpersons

President	Carolyn Cabrera	805-448-0623	ccabrera0048@gmail.com
1st VP	Jolene Simons	805-266-8767	jsimons93309@gmail.com
Co-2nd VPs	Ray & Alice Torres	805-931-0305	pelon@charter.net
Treasurer	Liz Regulski	[contact Carolyn or Laura with questions]	
Recording Secretary	Christel Kurth	805-332-3328	kurth1313@comcast.net
Corresponding Sec.	Laura Selken	805-406-9989	laura.selken@gmail.com
Member at Large	Liz Reynertson	661-317-2893	ereynert@gmail.com
Travel	Nancy Andersen	805-260-9896	nbandersen1981@gmail.com
Sunshine	Teri DeAngelo	805-698-6478	teriangelo@gmail.com

### Recreation and Parks Department Staff & Phone Numbers:

Program Specialist	Cynthia Rodriguez	805-925-0951, ext. 2207
Recreation Technician	JoDee Klug	805-925-0951, ext. 2207



### Recreation & Parks Receptionist 805-925-0951, ext. 2207

Recreation & Parks Dept. Primary Office 805-925-0951, ext. 2260 (615 S. McClelland St.)

## Happy January Birthday!!!

Tita Anaya	4
Wanda Spenny	5
Dan Maxwell	6
Martha Santana	6
Helen Canales	8
Donna Viadella	8
Celeste Coelho-Hudson	10
Ruby Bowers	11
Pat Patterson	11
Leroy Jones, Jr.	12
Mary Treinen	12
Elly Block	14
Lisa Story	15
Herbert Pregozen	19
Virgie Mante	20
Nina Prestridge	20
Don Foss	21
Armando Vazquez	21
Ramona Aguiar	22
Ray Torres	22
Sandra Patton	23
Patty Blythe	26
Deanna Byron	27
Frank Rodriguez	29

## Happy January Anniversary!

George & Pat Patterson	2
James & Sandra Patton	16
Juan & Shirley Zavala	19

## Welcome New Members!!!

Frances Daniels
Louise Losada



**IT'S TIME TO  
RENEW YOUR  
MEMBERSHIP!**

**Stop into the  
Mussell Center  
from 10 a.m.-2 p.m.  
or send your check  
for \$25 per person  
to PO Box 6688  
Santa Maria, CA 93456.**

If you know any members in need of a "get well," "thinking of you," or sympathy card, please contact **Teri DeAngelo** at **teriangelo@gmail.com** or **805-698-6478**.



# TRAVEL OPPORTUNITIES

*Santa Maria Senior Travel Committee*



Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

**January 16, 2026 ~ Santa Ynez Chumash Museum & Cultural Center**  
**PLUS Casino \$45**



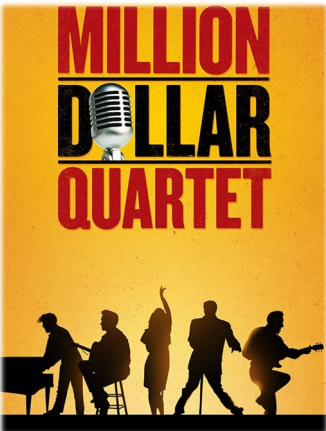
Join us for a tour of the new Chumash museum followed by a leisurely lunch consumed outside in one of their designated areas (BYO) OR a visit to the casino (lunch can be purchased at the casino, if desired). Departs: 10:00 a.m./Returns: 3:30 p.m.

**January 28, 2026 ~ Presentation: Cape Cod & the Islands @ 1 pm**

Attend this informative presentation of our fall tour, given by Premier World Discovery. Departing September 12, 2026, for seven days/six nights (five nights on Cape Cod); highlights include Boston City Tour • Martha's Vineyard Tour • Nantucket Island Visit • Plymouth Rock • Newport, RI • Mayflower II • Cranberry Bog, and MORE!



**February 15, 2026 ~ Million Dollar Quartet \$78**



The San Luis Obispo Repertory Theatre, the only year-round, nonprofit, professional theatre in San Luis Obispo County, is bringing back "Million Dollar Quartet." Don't miss this opportunity to witness "the night that made music history" ... December 4, 1956. Four rock 'n' roll icons – Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins – came together for an unforgettable jam session. This production brings that electrifying moment to life with a hit-packed score performed by world-class actors and musicians. This high-energy jukebox musical is a celebration of music history, packed with heart, humor, and pure rock 'n' roll magic. Departs: 1:00 p.m./Returns: 5:00 p.m.

**March 15, 2026 ~ St. Patrick's Day in Ireland**

Everyone's Irish in March! Join us at the Clark Center and experience the true spirit of Ireland, featuring music, singing, and dancing. Be sure to wear your green! Departs: 1:00 p.m./Returns: 5:00 p.m.



**\$68**

**April 17-24, 2026 ~ American Heritage**



Williamsburg • Mount Vernon. Brochures are available with additional information. Hosted by Collette. **\*Reserve early and SAVE!**

**\$4549\* pp dbl./\$5649\* pp sgl.**

Join us for an eight-day, seven-night trip. Highlights include Smithsonian Museums • Twilight Monument Tour • Arlington National Cemetery • The Greenbrier Resort (White Sulphur Springs, WV) • Monticello • Colonial

\*\*\*Note: All return times are approximate.





## Greetings from the Santa Maria Recreation & Parks Department!

# What's Happening in January!

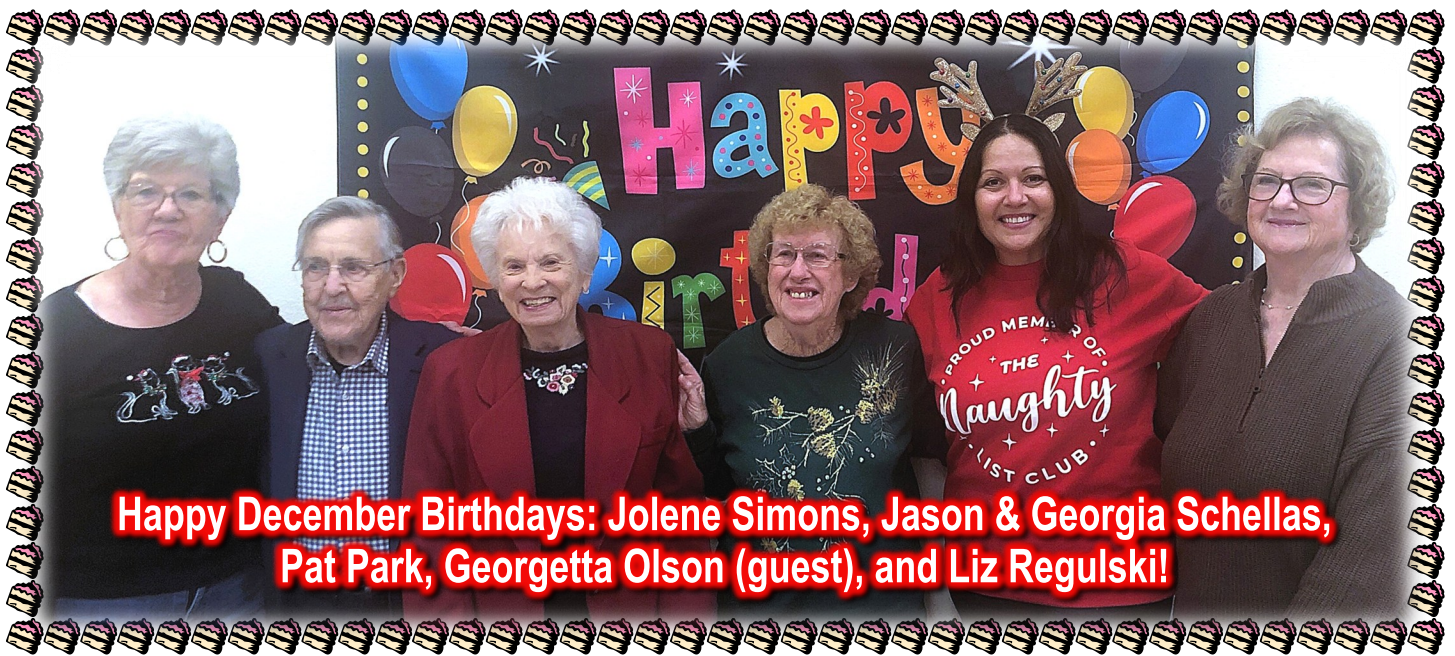
- \* **Tuesdays, January 6 & January 20, 1-3:30 p.m. ~ Bunco: Winter Wonderland!**  
– Let the good times roll! Come roll the dice and join us for Bunco Winter Wonderland. \$3 to play. [Activity #27128]
- \* **Wednesdays, January 7 & January 14, 1:30-3:30 p.m. ~ Brushes & Beyond: Bird on Wire** – Back by popular demand. Unlock your inner artist with this technique. Whether you're a seasoned pro or a complete beginner, we have a space for you in our two-session class. [Activity #27126]
- \* **Thursday, January 8, 1:30-2:30 p.m. ~ Sweet Treats: Ice Cream In a Bag** – Yes, you can make ice cream in a bag! Join us and learn how a few simple ingredients and a little shaking can make this delicious treat! [Activity #27127]
- \* **Thursday, January 15, 9:30-11 a.m. ~ Virtual Travel** – Whether it's sitting at the beach, hiking on a mountain, or just enjoying a train ride, "virtual reality travel" can take you there. Join us as we explore the world! [Activity #27129]
- \* **Thursday, January 29, 2:30-4:30 p.m. ~ Mussell Cinema: "Little Women"** – Sit back and enjoy this heartwarming film starting with Winona Ryder. Popcorn and refreshments will be served. Bring a friend and receive a prize! [Activity #27130]

As a reminder, the Mussell Center will be **closing at 12:30 pm** on Wednesdays, **December 24** and **December 31**, and will be **CLOSED** on **Christmas** (December 25) and **New Year's Day** (January 1). NOTE: The Riptide Big Band Noon Year's Dance will be held on Wednesday, December 31, from 11 a.m. to 1 p.m., but there will be no City Receptionist that day after 12:30 p.m.

For more information on City Recreation & Parks Department activities, and/or assistance with their required pre-registration, please visit the **CITY** receptionist desk Monday through Friday from 9 am to 4 pm, or call 805-925-0951, ext. 2207. You may also visit the main office at 615 S. McClelland St or call them at 805-925-0951, ext. 2260.

### PLEASE NOTE:

**There will be NO Club receptionists or travel office staff the last two weeks of December (12/22/2025-1/2/2026). We will all return the first week in January.**



**Happy December Birthdays: Jolene Simons, Jason & Georgia Schellas, Pat Park, Georgetta Olson (guest), and Liz Regulski!**

**Congratulations to our December winners:  
Mona Schafer - \$27.00 & Mary Harrison - \$18**



*We want to give special thanks to Mary for her generosity in donating back more than half of her winnings to the club!*



## Hand & Foot

**1st & 3rd Thursdays  
1 - 4 p.m.**

**For more info: Christel @ 805-332-3328**

**Bridge**

**Duplicate: Mondays @ Noon  
Beginners: Wednesdays @ 1 pm**

**See the calendar for contact names & details**





## SANTA MARIA VALLEY SENIOR CITIZENS CLUB

CITY OF SANTA MARIA  
RECREATION & PARKS DEPT.



City of Santa Maria  
Recreation & Parks  
Department

THE *Community*  
FOUNDATION  
SAN LUIS OBISPO COUNTY

& THE COMMUNITY FOUNDATION  
OF SAN LUIS OBISPO COUNTY



PRESENT THE ANNUAL

**Free!**

# Noon Year's Eve Celebration Dance



Wednesday  
December 31  
11 am - 1 pm

Welcome in the New Year at "Noon"  
with music by Riptide Big Band and  
vocalists Bob Nations & Mitch Latting

Elwin Mussell Senior Center  
510 E Park Ave, Santa Maria

info: Judy @ 775-813-5186  
Visit [RiptideBB.com](http://RiptideBB.com) or  
Riptide Big Band on Facebook





# JANUARY 2026



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Club Activity</b> <b>Contact Persons:</b> Dup. Bridge ~ Alan 408-499-5333 Beg. Bridge ~ Frank 805-574-3237 Hand & Foot ~ Christel 805-332-3328 Bingo ~ Loretta 805-264-7160		 <b>31</b> 11 am-1 pm Noon Year's Eve Celebration!	 <b>1</b>	9-4 Billiards* <b>2</b> 9 Dance Fitness* 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games <b>12:00-3:30 Bingo</b>
9-4 Billiards* <b>5</b> 10-12 Scrabble* 10 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* <b>6</b> 9 Table Tennis* 9 BYOB* 10:15 Yoga* <b>12:30-3:30 Travel</b> 1 Grief Support* 1-3 Knit, Crochet+* <b>1-3:30 Bunco*</b>	9-4 Billiards* <b>7</b> <b>9 Bd. Meeting</b> 9 Dance Fitness* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b> <b>1:30 -3:30 Brushes and Beyond*</b>	9-4 Billiards* <b>8</b> 9 BYOB* 10:15 Yoga* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1:30 Sweet Treats*</b>	9-4 Billiards* <b>9</b> 9 Dance Fitness* 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games <b>12:00-3:30 Bingo</b>
9-4 Billiards* <b>12</b> 10-12 Scrabble* 10 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-3 Knit, Crochet+* 1:30 Table Tennis* <b>5 Member Dinner</b>	9-4 Billiards* <b>13</b> 9 Table Tennis* 9 BYOB* 10:15 Yoga* 12-4 Pinochle* <b>12:30-3:30 Travel</b> 1 Grief Support* 1-3 Knit, Crochet+*	9-4 Billiards* <b>14</b> 9 Dance Fitness* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b> <b>1:30 -3:30 Brushes and Beyond*</b>	9-4 Billiards* <b>15</b> 9 BYOB* <b>9:30 Virtual Travel</b> 10:15 Yoga* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1p Hand &amp; Foot</b>	9-4 Billiards* <b>16</b> 9 Dance Fitness* <b>9:30 Foodbank Cooking Class &amp; Food Distribution</b> 10-12 Scrabble 12-4 Mah Jongg* 12-4 Board Games <b>12:00-3:30 Bingo</b>
9-4 Billiards* <b>19</b> 10-12 Scrabble* 10 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* <b>20</b> 9 Table Tennis* 9 BYOB* 10:15 Yoga* <b>12:30-3:30 Travel</b> 1 Grief Support* 1-3 Knit, Crochet+* <b>1-3:30 Bunco*</b>	9-4 Billiards* <b>21</b> 9 Dance Fitness* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b>	9-4 Billiards* <b>22</b> 9 BYOB* 10:15 Yoga* 12-4 Pickleball* <b>12:30-3:30 Travel</b>	9-4 Billiards* <b>23</b> 9 Dance Fitness* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* <b>12:00-3:30 Bingo</b>
9-4 Billiards* <b>26</b> 10-12 Scrabble* 10 Ukulele Jam* <b>12 Duplicate Bridge</b> 1-3 Knit, Crochet+* 1:30 Table Tennis*	9-4 Billiards* <b>27</b> 9 Table Tennis* 9 BYOB* 10:15 Yoga* 12-4 Pinochle* <b>12:30-3:30 Travel</b> 1 Grief Support* 1-3 Knit, Crochet+*	9-4 Billiards* <b>28</b> 9 Dance Fitness* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>1-4 Beg. Bridge</b>	9-4 Billiards* <b>29</b> 9 BYOB* 10:15 Yoga* 12-4 Pickleball* <b>12:30-3:30 Travel</b> <b>2:30 Mussell Move: Little Women</b>	9-4 Billiards* <b>30</b> 9 Dance Fitness* 10-12 Scrabble* 12-4 Mah Jongg* 12-4 Board Games* <b>12:00-3:30 Bingo</b>

**NOTE: Classes/activities may be changed or canceled by the instructor, city, or Club as needed.**  
 Activities with an asterisk\* are hosted by the City of Santa Maria Recreation & Parks Department. Advanced registration is required in most cases (see City Receptionist).

SMV SENIOR CITIZENS CLUB  
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SANTA MARIA, CA 93456-6688  
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January 2026  
Monthly Newsletter



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RETURN SERVICE REQUESTED

# The Mussell Messenger



## Monthly Membership Meeting Monday, January 12, 2026



*Doors Open: 5 pm / Dinner: 5:15 pm*

Hawaiian chicken teriyaki kabobs, crunchy oriental chicken salad, noodles, java red rice, and dessert

**Reserve/Pay By:** *\$15 per person*  
*Friday, Jan. 9*

**Catered By:**  
*Jovi's Delight*

*Program:*

*Joey Nichols with the  
the Guadalupe Dunes Center*



**Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.  
Santa Maria, CA 93454 805-349-0688**