

The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)

510 East Park Avenue, Santa Maria, CA 93454

www.smvsc.org • smvseniors@gmail.com • 805-349-0688



President's Message:



Carolyn Cabrera

A New Year! What a wonderful time we have had at the Elwin Mussell Senior Center this past holiday season. I hope you have joined us for some of the activities. If not, there is even more to enjoy in the new year! Drop in and find out what is happening! It's never too late!!!

As the new year begins, I want to remind everyone that we can always use helpers with different Club activities. If you are interested, stop by and visit with me. I volunteer at our Club's reception desk on Mondays from 10 a.m. – 12 p.m. Or see the next page for my contact information.

Remember, if you haven't **renewed your membership for 2024**, it's time! Your dues are our primary source of revenue! They help pay for printing and mailing the monthly newsletter, some of the cost of the monthly dinners, liability insurance we have to have, office supplies, and so much more! The annual amount is \$25 per person. **Note: our receptionists will return on January 2** (taking time off for the holidays), so please wait to renew until after that, or you can mail a check to SMVSCC, PO Box 6688, Santa Maria, CA 93456. Be sure to include a self-addressed stamped envelope to receive a membership card. Otherwise you can pick it up from the Club's reception desk, Monday through Friday from 10 a.m. to 2 p.m.

Our monthly meeting/dinner is pushed back to the second Monday of the month due to New Year's Day. It will be on **January 8** and features **Shelley Klein** with the **Santa Maria Valley Historical Society Museum**. She will be sharing what the Santa Maria Valley was like 100 years ago. It is very important you register and **pay in advance** no later than **NOON on Friday, January 5**, please!! **NOTE:** With all the holiday celebration at the December meeting, we forgot to officially **elect our officers for 2024!** We will vote **AND** install officers at the January meeting. Nominated officers are as follows: President ~ Carolyn Cabrera; 1st Vice President ~ Jolene Simons; 2nd Vice President ~ Ray & Alice Torres; Treasurer ~ Liz Regulski; Recording Secretary ~ Christel Kurth; Corresponding Secretary ~ Laura Selken; and Member at Large ~ Liz Reynertson. As always, additional nominations will be accepted from the floor.

Our **Noon Year's Eve Celebration** with Riptide Big Band (at 11 a.m. on December 31st) will be the **FREE** dance for both December **and** January - so don't miss it! Please note the "early" start time so that we can celebrate the New Year at 12 p.m. (Noon)!!!

Santa Maria Valley Senior Citizens Club *Central Coast Active Adults!*

MISSION: Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

2024 Officers & Committee Chairpersons

| | | | |
|----------------------|--------------------|--------------|------------------------|
| President: | Carolyn Cabrera | 805-448-0623 | ccabrera48@verizon.net |
| 1st VP: | Jolene Simons | 661-203-9756 | jsimons93309@gmail.com |
| Co-2nd VPs: | Ray & Alice Torres | 805-931-0305 | nelon@charter.net |
| Treasurer: | Liz Reynertson | 661-317-2893 | with questions] |
| Recording Secretary: | Christina Torres | 805-925-9929 | kat313@comcast.net |
| Corresponding Sec.: | Laura Selken | 805-406-9989 | laura.selken@gmail.com |
| Member at Large: | Liz Reynertson | 661-317-2893 | ereynert@gmail.com |
| Travel: | Diana Dodos | 805-268-8288 | diana.dodos@yahoo.com |
| Sunshine: | Simone Gillogly | 805-925-6267 | [no email] |

TO BE ELECTED ON JANUARY 8TH!

Recreation and Parks Department Staff & Phone Numbers:

Recreation Coordinator: Wendy Hudson, 805-925-0951, ext. 2351, whudson@cityofsantamaria.org
 Facility Specialist: Evelyn Marroquin, 805-925-0951, ext. 1635, emarroquin@cityofsantamaria.org
 Receptionist: 805-925-0951, ext. 2207 / Recreation & Parks Department Primary Office: ext. 2260

HAPPY JANUARY BIRTHDAY!

| | | | |
|----------------|----|------------------|----|
| Mike Rosas | 1 | Gene Hershberger | 11 |
| Lois Fryckman | 2 | Pat Patterson | 11 |
| Art Rangel | 3 | Leroy Jones, Jr. | 12 |
| Liz Kahalewai | 4 | Mary Treinen | 12 |
| Wanda Spenny | 5 | Juanita Rosas | 13 |
| Martha Santana | 6 | Elly Block | 14 |
| Barbara Brown | 7 | Lisa Story | 15 |
| Helen Canales | 8 | Jeanne Roemling | 16 |
| David Harrison | 8 | Herbert Pregozen | 19 |
| Donna Viadella | 8 | Nina Prestridge | 20 |
| Ken Lua | 9 | Don Foss | 21 |
| Celeste | | Annie Lawrence | 22 |
| Coelho-Hudson | 10 | Ray Torres | 22 |
| Rose Knopf | 10 | Syl Saucedo | 23 |
| Ruby Bowers | 11 | Manuel Silva | 25 |
| Georgia Evey | 11 | Freddie Newman | 30 |

Congratulations to the December raffle winners from our monthly dinner:

- ◆ George Moore ~ \$39
- ◆ Jeanne Roemling ~ \$26

Try your luck at our January Membership Meeting!

THE SANTA MARIA VALLEY SENIOR CITIZENS CLUB HAS ITS OWN **FACEBOOK PAGE TO COINCIDE WITH THE TRAVEL COMMITTEE'S **FACEBOOK** PAGE!!**

KEEP INFORMED OF WHAT'S HAPPENING AT THE ELWIN MUSSELL SENIOR CENTER, INCLUDING CITY AND CLUB EVENTS AND ACTIVITIES, AS WELL AS OTHER COMMUNITY EVENTS YOU MIGHT BE INTERESTED IN!

BE SURE TO LIKE/FOLLOW BOTH PAGES!!

CLUB: SANTA MARIA VALLEY SENIOR CITIZENS CLUB

TRAVEL COMMITTEE: SANTA MARIA SENIOR TRAVEL

HAPPY JANUARY ANNIVERSARY!

George & Pat Patterson ~ January 2

WELCOME NEW/REJOINING MEMBERS!

Yvonne Davis * Mike Heiden * Janet Martinez
 Dolly Peterson * Herbert & Lorraine Pregozen
 Rubin Ramos * Clyde Schramm * Sethi Vann

Please, call/text Laura at 805-406-9989 or email her at laura.selken@gmail.com with any corrections.



TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE



Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

The Travel Office will reopen on Tuesday, January 2, 2024. Happy New Year!!!

January 12, 2024 ~ Santa Barbara Zoo Lights \$86



See the zoo in a whole new light! Enjoy this immersive experience featuring thousands of handcrafted silk-covered lanterns aglow with more than 50,000 LED bulbs. Walk through the Zoo and enjoy the illuminated lanterns showcasing animal and nature scenes that represent wild places from around the world. Discover ocean animals, beautiful birds, and cool interactive areas, all on the Zoo's beautiful grounds! Scooters and/or wheelchairs can be rented at the zoo if needed.

February 2024 ~ Reagan Library TBD

Stay tuned for details coming soon!

March 3, 2024 ~ Mystery Trip \$105 **Now taking names for a wait list!**
We promise you're going to LOVE it!

April 2024 ~ Tachi Palace Casino Resort TBD



We're traveling to the Tachi Palace in Lemoore, California, for three days and two nights, probably the last full week in April. Stay tuned! tachipalace.com/

May 2024 ~ La Purisima Mission TBD

We'll be exploring La Purisima Mission in early May with lunch on your own.

June 16, 2024 ~ Pantages Theatre ~ "Mrs. Doubtfire" TBD

Join us as we travel to "Broadway in Hollywood" to see this new musical comedy! Everyone's favorite Scottish nanny is headed to Los Angeles in "a feel-good, family-friendly comedy that delivers." Based on the beloved film, it's "the lovable, big-hearted musical comedy we need right now."



October 4-9, 2024 ~ Albuquerque Balloon Fiesta \$3375* dbl./\$4250* sgl.



Albuquerque International Balloon Fiesta • Old Town • Sante Fe • Indian Pueblo Cultural Center • Los Alamos Science Museum • Loretto Chapel • Taos & Taos Pueblo • 3 nights in Sante Fe; includes 7 meals (5 breakfasts & 2 dinners), motorcoach transportation, admissions per itinerary, comprehensive sightseeing, & baggage handling at hotels. *Please note this tour has an activity level of "3".* ***Save when paying by check!**

December 4-11, 2024 ~ Magical Christmas Markets \$3049 dbl./\$3449** sgl.**

Uncover the unique charms of Austria & Germany, & the incredible Christmas Market • Innsbruck • Seefeld • Salzburg • Oberammergau • Munich • 8 days with 5 nights in Innsbruck; includes 10 meals (6 breakfasts, 1 lunch, & 3 dinners). *Please note this tour has an activity level of "2".* ****Save \$400 per person when booked by June 5, 2024!**

SIGN UP FOR CHUMASH! When we have enough people, we'll GO!!!



RECREATION & PARKS DEPARTMENT JANUARY 2024 REPORT

Due to the pending closure of the Elwin Mussell Center for two weeks in January for the installation of new flooring, the Recreation & Parks Department will not be announcing any special or additional programming this month. Regular activities will take place the days we are open. The exact dates of our closure are unknown at the time of this printing. Please, watch for notification by email and signage announcing when the Mussell Center will be closed. Thank you for your understanding!

~ Wendy and Evelyn

Hand & Foot

**1st & 3rd Thursdays
1 - 4 p.m.**

For more info: Christel @ 805-332-3328

We're happy to teach anyone interested in learning this canasta-like game!

FREE

Elwin Mussell Senior Center
510 E. Park Avenue

Adults 50+

SANTA MARIA VALLEY SENIOR CLUB WHERE FUN HAPPENS

City of Santa Maria Recreation & Parks Department

DUPLICATE BRIDGE

**Every Monday
from 1:00 - 3:00 pm**

- Players must be knowledgeable of Bridge & Conventions
- Players must have a partner, which could be arranged beforehand.
 - Not Sanctioned by ACBL, American Contract Bridge League

For more information, contact the City of Santa Maria Recreation and Parks Department Contact at (805) 925-0951 Ext 2207

FREE

Elwin Mussell Senior Center
510 E. Park Avenue

Adults 50+

SANTA MARIA VALLEY SENIOR CLUB WHERE FUN HAPPENS

City of Santa Maria Recreation & Parks Department

BEGINNING BRIDGE

**Every Wednesday
from 1:00 - 3:00 pm**

- Open to anyone who would like to learn the game and/or past or current players who would like to refresh or improve their skills
- We emphasize learning to get the best results from each hand. That includes bidding (with the most common Conventions used) and logical play of the hand.

For more informations contact: Frank at (805) 574-3237 (voice mail will be answered)

It's time to renew your membership!!!



Stop into the Mussell Center from 10 a.m.-2 p.m.
or send your check for \$25 per person
to PO Box 6688, Santa Maria, CA 93456.



Note: If you send in your renewal by check, please include the full name and phone number of each member.
If you want your membership card mailed to you, you **MUST** include a self-addressed, stamped envelope.

Happy December Birthday!



From Left: Leon Permasse, Clare Terrill, Jolene Simons, Georgia & Jason Schellas, Pat Park, Art Thaler, & Liz Regulski

Sunshine Corner



Get Well Soon
Linda Dutart
Sue Park
Ray AND Alice Torres



Our Sympathy
to the Family of ...
Johnny Miranda

PLEASE, remember to call Simone at 805-925-6267 to have her send a card to a member or the family of a member who needs some sunshine! Please leave your name & phone number if you leave a message.

Central Coast Commission
for
Senior Citizens

Come join us for food,
fun and friendship!

Senior Nutrition Program

Any person aged 60 years or older is eligible

FREE Lunches ~ Monday-Friday, 11:30 a.m.-12:15 p.m.

(PLEASE arrive no later than NOON!)

CALL 805-925-9554 - OPTION #1 ~ 3 DAYS IN ADVANCE!

Please, be sure to show up! Call to cancel if needed.

SANTA MARIA VALLEY SENIOR CITIZENS CLUB

PRESENTS

NOON YEAR'S EVE

CELEBRATION DANCE



Welcome in the New Year at "Noon"
with music by Riptide Big Band and
vocalists Bob Nations & Mitch Latting

DEC 31 11 AM 2023 - 1 PM



ELWIN MUSSELL
SENIOR CENTER
510 E PARK AVE
SANTA MARIA



info: Judy @ 775-813-5186

visit RiptideBB.com or Riptide Big Band on Facebook





JANUARY 2024



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| <p>1</p> <p>The Mussell Center is closed today! Happy New Year EVERYONE!</p> | <p>2</p> <p>9-4 Billiards* 9-11 Table Tennis* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12:30-3:30 Travel 1-3 Knit, Crochet+* 1-3:30 Bunco*</p> | <p>3</p> <p>9 Bd. Meeting 9-4 Billiards* 9 My Artistic Self* 9 Zumba Gold*§ 10:15 Chairobics*§ 12-1 Card Couture* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30 Line Dancing*</p> | <p>4</p> <p>9-4 Billiards* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12-2 Pickleball* 12:30-3:30 Travel 1-4 Hand & Foot 2 Folk Dance*</p> | <p>5</p> <p>9-4 Billiards* 9 Zumba Gold*§ 9:30-10:30 Coffee & Conversation* 10:15 Chairobics*§ 12-4 Mah Jongg* 12:45-3:30 Bingo</p> |
| <p>8</p> <p>9-4 Billiards* 9 Zumba Gold*§ 10-12 Scrabble* 10:15 Chairobics*§ 10:30 Ukulele Jam* 12 Duplicate Bridge 1-2 Grief Support 1:30 Line Dancing* 5 Member Dinner</p> | <p>9</p> <p>9-4 Billiards* 9-11 Table Tennis* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12:30-3:30 Travel 12:30-4 Pinochle* 1-3 Knit, Crochet+*</p> | <p>10</p> <p>9-4 Billiards* 9 My Artistic Self* 9 Zumba Gold*§ 10:15 Chairobics*§ 12-1 Card Couture* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30 Line Dancing*</p> | <p>11</p> <p>9-4 Billiards* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12-2 Pickleball* 12:30-3:30 Travel</p> | <p>12</p> <p>9-4 Billiards* 9 Zumba Gold*§ 9:30 Foodbank Cooking Class & Food Distribution 10:15 Chairobics*§ 12-4 Mah Jongg* 12:45-3:30 Bingo</p> |
| <p>15</p> <p>9-4 Billiards* 9 Zumba Gold*§ 10-12 Scrabble* 10:15 Chairobics*§ 10:30 Ukulele Jam* 12 Duplicate Bridge 12:30 Bookmobile 1-2 Grief Support 1:30 Line Dancing*</p> | <p>16</p> <p>9-4 Billiards* 9-11 Table Tennis* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12:30-3:30 Travel 1-3 Knit, Crochet+* 1-3:30 Bunco*</p> | <p>17</p> <p>9-4 Billiards* 9 My Artistic Self* 9 Zumba Gold*§ 10:15 Chairobics*§ 12-1 Card Couture* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30 Line Dancing*</p> | <p>18</p> <p>9-4 Billiards* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12-2 Pickleball* 12:30-3:30 Travel 1-4 Hand & Foot 2 Folk Dance*</p> | <p>19</p> <p>9-4 Billiards* 9 Zumba Gold*§ 9:30-10:30 Coffee & Conversation* 10:15 Chairobics*§ 12-4 Mah Jongg* 12:45-3:30 Bingo</p> |
| <p>22</p> <p>9-4 Billiards* 9 Zumba Gold*§ 10-12 Scrabble* 10:15 Chairobics*§ 10:30 Ukulele Jam* 12 Duplicate Bridge 1-2 Grief Support 1:30 Line Dancing*</p> | <p>23</p> <p>9-4 Billiards* 9-11 Table Tennis* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12:30-3:30 Travel 12:30-4 Pinochle* 1-3 Knit, Crochet+*</p> | <p>24</p> <p>9-4 Billiards* 9 My Artistic Self* 9 Zumba Gold*§ 10:15 Chairobics*§ 12-1 Card Couture* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30 Line Dancing*</p> | <p>25</p> <p>9-4 Billiards* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12-2 Pickleball* 12:30-3:30 Travel</p> | <p>26</p> <p>9-4 Billiards* 9 Zumba Gold*§ 9:30-11:30 Loteria* 10:15 Chairobics*§ 12-4 Mah Jongg* 12:45-3:30 Bingo</p> |
| <p>29</p> <p>9-4 Billiards* 9 Zumba Gold*§ 10-12 Scrabble* 10:15 Chairobics*§ 10:30 Ukulele Jam* 12 Duplicate Bridge 1-2 Grief Support 1:30 Line Dancing*</p> | <p>30</p> <p>9-4 Billiards* 9-11 Table Tennis* 9-10 BYOB* 10:15 Yoga* 10-11 OWL* 12:30-3:30 Travel 1-3 Knit, Crochet+*</p> | <p>31</p> <p>9-4 Billiards* 9 Zumba Gold*§ 9 My Artistic Self* 10:15 Chairobics*§ 12-1 Card Couture* 12:30-3:30 Travel 1-4 Beg. Bridge 1:30 Line Dancing*</p> | <p>Activity Contact Numbers: Duplicate Bridge ~ 408-499-5333 Beginning Bridge ~ 805-574-3237 Hand & Foot ~ 805-332-3328 Bingo ~ 805-739-0468 or Call Carolyn @ 805-448-0623</p> | |

NOTE: Classes/activities may be changed or canceled by the instructor, city, or Club as needed.

*City of Santa Maria Rec & Parks Dept. Program §Participants must pre-register at Rec. & Parks Dept. No walk-ins.

SMV SENIOR CITIZENS CLUB
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SANTA MARIA, CA 93456-6688
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RETURN SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

MONTHLY MEMBERSHIP MEETING

MONDAY, JANUARY 8, 2024

DOORS OPEN: 5 P.M. - DINNER: 5:15 P.M.

Meatloaf, mashed potatoes, peas and carrots, salad, rolls, & banana cake

Reserve/Pay By:
FRIDAY, JAN. 5

\$15 PER PERSON

Catered by:
JOVI'S DELIGHT



SHELLEY KLEIN, DIRECTOR OF THE
SANTA MARIA VALLEY HISTORICAL SOCIETY

"WHAT THE SANTA MARIA VALLEY WAS LIKE 100 YEARS AGO!"



Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 805-349-0688