The Mussell Messenger

Published by the Santa Maria Valley Senior Citizens Club (SMVSCC)
510 East Park Avenue, Santa Maria, CA 93454
www.smvscc.org • smvseniors@gmail.com • 1-805-349-0688

HAPPY NEW YEAR JANUARY 2022 HAPPY NEW YEAR

Carolyn Cabrera

President's Message ~

It's time for a new President. Come to the Membership Dinner Meeting on ***Monday, January 10*** (note the date has been changed from what was previously announced), and help elect the new Board for 2022. We love the participation, and I enjoy seeing your faces and finding out what you have been doing. The 2021 year will be behind us and the SMVSCC will move forward. We need more Receptionists for the Club. Both "part-time" or "full-time" are needed. If we have a lot of part-timers, we can fill all the hours that way. Give it a try! Current hours are Monday through Friday 10 a.m.-12 p.m. and 12-2 p.m.

Reminder, there will be **NO Senior Club receptionists** at the Mussell Center the last two weeks of December (**Dec. 20-31**), and the Travel Committee Office will be closed, as well. The Center will remain open during that time except on Friday, December 24, and Friday, December 31 (it's actually open for our Noon Year's Eve Dance on the 31st, but that's it). Hours will return to "normal" the week of January 3rd.

Blessings for a SAFE, ACTIVE & HAPPY NEW YEAR! ~ Carolyn

TRAVEL OPPORTUNITIES

SANTA MARIA SENIOR TRAVEL COMMITTEE

Current Hours: Tues., Wed., Thurs., 12:30 – 3:30 p.m. / Office Phone: 805-349-0688

Travelers! We have planned a day trip to ***Chumash*** for ***Tuesday, January 11***. We would prefer you pay in advance ***($40 per person)***, if possible, to ensure you will have a seat (only 22 available). Come into the office that first week of January to sign up! You ***can*** choose to pay the driver that day, ***IF*** space is available. Either way, when you board the bus, you will receive a voucher for $40 to "play"!! So it's really a "free" trip!! What a great deal!! ***PLEASE***, be here by 10:20 a.m. as the bus will depart promptly at 10:45 a.m. We will leave the resort to come back to Santa Maria around 3:30 p.m.

We have planned a trip to see ***"Guys & Dolls"*** at ***Roger Rocka's Dinner Theater*** in Fresno, on ***Sunday, February 13***. The cost is ***$127*** per person. **Please note:** you must have proof of vaccination with you, as it will be checked at the door by Roger Rocka staff!! For further details, stop in or call the Travel Committee office!

Roger Rocka's Dinner Theater
Home of Good Company Players

We are also planning for an in-person presentation by ***Collette Tours*** on the morning of ***Monday, January 31***, if possible. We are aiming for trips to Eastern Canada and San Antonio, TX. Stay tuned for updates as to dates and trip destinations once they have been confirmed!

Note: All participants must be vaccinated or have a negative COVID test within 72 hours of departure for all trips. Masks are required on all buses!

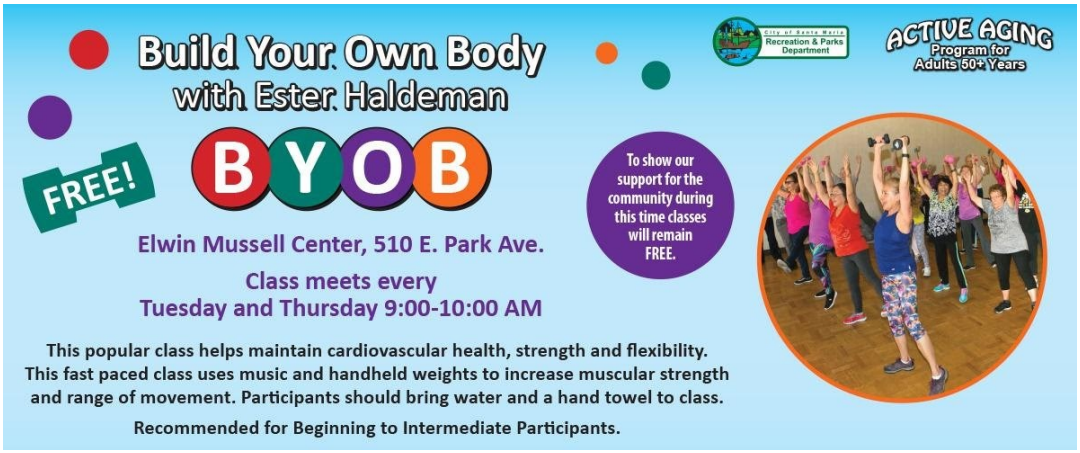
2022 Officers & Committee Chairpersons

ELECTION & INDUCTION OF NEW BOARD
MONDAY, JANUARY 10
@ Monthly Membership Meeting
(See back page for details on how to make your reservations!)

President:	Carolyn Cabrera	805-448-0623	ccabrera48@verizon.net
Co-1st VP			e@gmail.com
Co-1st VP			51@gmail.com
Co-2nd VP			net
Treasurer:			ncast.net
Recording			gmail.com
Correspon			mail.com
Director o			sition
Receptionists:			g this group
Sunshine:	Simone Gillogly	805-925-6267	[no email]
Travel:	Kathy Doty	805-937-0314	dudoty@comcast.net
Recreation Coordinator:	Barbara Wiley	805-925-0951, ext. 2264	bwiley@cityofsantamaria.org

GREETINGS FROM THE RECREATION & PARKS DEPARTMENT

Happy New Year!!!



GOOD NEWS! In partnership with Dignity Health, the City of Santa Maria Recreation and Parks Department has made it even easier to join our ***free fitness classes***! Starting in January, participants will ***no longer have to pre-register online*** to attend the ***Build Your Own Body (BYOB)*** class or the ***Yoga*** class. Instead, the first 25 people each day will be allowed in class. Once the class has reached the capacity, the interior lobby doors will be closed. Participants will sign in each day with Ester Haldeman, the instructor for both classes. The staff at Dignity Health ***plans to add more fitness classes in 2022***, so we will announce those when they are finalized.

The City of Santa Maria ***Active Aging Committee*** will begin their 2022 meetings on ***Thursday, January 20, at 10:00 a.m.*** The meetings are currently held on Zoom. Individuals, businesses, and community agencies are invited to participate to increase the variety of activities being offered for the 50+ age group. Guests are always welcome to attend. Please call me if you'd like more information on how to join the Active Aging Committee.

Whether or not you typically make resolutions to start the year, I want to encourage you to consider making one goal to ***make sure you are fully prepared at home for an emergency***. With the tornados and floods making headlines in December, plus the existing pandemic, it is a good time to evaluate whether your household has what is needed to survive at least the first 72 hours after an emergency. The American Red Cross has a list of the suggested items to put in an emergency pack. There are also many websites with ideas of what to have on hand. If you prefer, we have some paper versions available for pick up from the Customer Service Clerks in the Mussell Center lobby. Let's all get prepared so that we're ready for whatever comes our way in 2022! To help you get started, we will host an ***Emergency Preparedness Class*** on ***Thursday, January 27, from 10:00-11:30 a.m.*** at the Mussell Center. The instructor will be Roy Dugger, the City's Emergency Services Specialist. There will be door prizes including a chance to win some emergency supplies. ***Please RSVP with the Clerks, by calling 805-925-0951 ext. 2207***.

May the new year bring you joy, good health, and lots of recreational opportunities!

Barbara Wiley • Recreation Coordinator • 805-925-0951 ext. 2264 • bwiley@cityofsantamaria.org

The Mussell Center is open from **8:00 a.m. – 4:00 p.m., Monday – Friday**. Please enter the building during **these hours only**, unless there is a special event. Thank you! ***~ Rec & Parks***

It's Time to Renew Memberships for 2022!

Stop into the Mussell Center from 10 a.m.-2 p.m.
or send your check for $20 per person
to PO Box 6688, Santa Maria, CA 93456.

Note: If you plan to renew in person, just check over your information in the membership binder at the Club receptionist's desk. If all your info is correct, you don't have to fill out a new form!

NOMINATED 2022 BOARD MEMBERS!

PRESIDENT
Bruce Rodriguez

1ST CO-VICE-PRESIDENTS
Ray & Alice Torres

2ND VICE-PRESIDENT
Annie Lawrence

TREASURER
Christel Kurth

RECORDING SECRETARY
Judy Lindquist

CORRESPONDING SECRETARY
Laura Selken

DIRECTOR OF PURCHASING*
Carolyn Cabrera

*There are plans to present a proposed bylaw change at our next Membership Meeting (1/10/22) asking to return the name of the "Director of Purchasing" board position to "Member at Large" and expand the duties of said position. The change will be printed in the February ***Mussell Messenger*** and voted on at the March 7th Membership Meeting.

Visit our Club website!
smvscc.org

You'll find the current newsletter on the home page, along with other special events or time sensitive information. Then click on the names of the different sections or "pages" in the upper right area to see more info:

- **Activities Calendar**
- **Special Events**
- **Travel Opportunities**
- **Senior Resources**
- **Newsletters**

PLEASE NOTE: the website continues to be updated due to COVID, so we ask for your patience with some of the listings. Let Laura know of any corrections that are needed and how we can make it better!

REMINDER: Bunco is back!! Join us for an enjoyable afternoon! We play the 1st and 3rd Tuesdays from 1 to 3:30 p.m. (doors open at 12:45 p.m.). Cost is $3 to play (for prizes). For more information, please call Simone at 805-925-6267.

Santa Maria Valley Senior Citizens Club
Central Coast Active Adults!

MISSION: Our purpose is to promote the happiness of active adults 50+ so they may enjoy life to the fullest. We provide fun and interesting activities, opportunities, and information. We do this while espousing no political, religious, philanthropic, ideological, or social enterprise.

NEEDED

REGULAR & **SUBSTITUTE** receptionists needed for the club at the Mussell Center.
Shifts available:
Weekdays
10 a.m. – 12:00 p.m.
or 12:00 – 2 p.m.
For more information, contact Carolyn Cabrera at 805-448-0623 or **ccabrera48@verizon.net**, or leave a message with a Senior Club receptionist.

BOOK EXCHANGE IS BACK! Come join us the 3rd Wednesday of each month from 1 to 3 p.m. If you have any questions on how it works, what types of books we have and accept for exchange, or any other details, please reach out to Jane at 805-937-8859. Hope to see you there, and don't forget to bring some books to exchange!

Santa Maria Public Library News!

For more info, call 805-925-0994.

- ✓ **Fine Free January ~** Please round up all your undamaged, overdue items and bring them back during the month of January. **No fines** will be charged.
- ✓ **Ancestry.com** has offered to continue free access to their website from inside any of the libraries in the Santa Maria system into the new year.
- ✓ **Call for Artists ~** The Library is now accepting applications for artists to display their work in the Shepard Hall Gallery in monthly rotating exhibits through 2023. The deadline for application submissions is **Thursday, January 20, 2022**. Visit **cityofsantamaria.org/library** to view, download, and print an application. Please contact Sara Voss at either **smplart@cityofsantamaria.org** or 805-925-0994 ext. 2832 with any questions.

Grant Writer Needed (and/or Fundraising Chairperson!)

The Senior Club will be experiencing a dramatic increase in our "cost of doing business" as we move forward into the new year. As such, we will be exploring various ways of raising funds. One such possibility is applying for more grants. Unfortunately, we are inexperienced with this method and looking for any Club members who might be willing and able to help the board with this possible new avenue of financing. Of course, if you have any other ideas on how the Club can raise funds, please feel free to reach out to any of the board members. We are open to suggestions AND volunteers to help make it happen!! Help keep YOUR club viable!!!

JANUARY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge	**4** 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-3:30 Bunco* ($3/day)	**5** **9 Exec. Bd. Meeting** 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction	**6** 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 11-12- Forever Young Band 2-3:45 Folk Dancing	**7** 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo (50¢/card)
9-3:45 Pool* **10** 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge **5 pm Monthly Membership Meeting**	**11** 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-4 Double-Deck Pinochle	**12** 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 1-4 Beginning Bridge & Instruction	**13** 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 11-12- Forever Young Band 1-4 Progressive Hand and Foot	**14** 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo (50¢/card)
17 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge	**18** 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-3:30 Bunco* ($3/day)	9-3:45 Pool* **19** 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Mah Jongg* 1-4 Beginning Bridge & Instruction **1-3 Book Exchange**	**20** 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 11-12- Forever Young Band 2-3:45 Folk Dancing	**21** 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo (50¢/card)
24 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge	**25** 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 1-4 Double-Deck Pinochle	**26** 9-3:45 Pool* 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 1-4 Beginning Bridge & Instruction	**27** 9-3:45 Pool* 9-10 BYOB* 10:15-11:15 Yoga* 11-12- Forever Young Band 1-4 Progressive Hand and Foot	**28** 9-3:45 Pool* 12-4 Mah Jongg* 12-3:45 Bingo (50¢/card)
9-3:45 Pool* **31** 9-10 Zumba Gold*§ 10:15-11:15 Chairobics*§ 11-12 Beginner Ukulele* 12-4 Duplicate Bridge	***NOTE:*** *Classes/activities may be canceled by the instructor, city, or Club as needed.*	**There will be NO** RIPTIDE Big Band **Dance in January**	It's time to RENEW your membership!	**Contacts** **Book Exchange: 805-354-0388** **Bridge: (Alan) 408-499-5333** **Folk Dancing: 805-925-5429**

*City of Santa Maria Rec & Parks Dept. Program §Participants must pre-register at Rec. & Parks Dept. No walk-ins.

January Birthdays

Joanne Blashaw	1
Mike Rosas	1
Martha Santana	6
Barbara Brown	7
Helen Canales	8
Donna Viadella	8
Celeste Coelho-Hudson	10
Rose Knopf	10
Ruby Bowers	11
Georgia Evey	11
Gene Hershberger	11
Nancy Ottsman	11
Leroy Jones Jr	12
Mary Treinen	12
Judy Fowler	13
Juanita Rosas	13
Elly Block	14
Betty Malone	14
Judith Sisti	14
Lisa Story	15
Esther Hoskins	20
Gloria Niell	20
Nina Prestridge	20
Don Foss	21
Annie Lawrence	22
Ray Torres	22
Bill Stoore	25
Jean Jacobs	28
Frank Rodriguez	29
Jackie Narachi	30
Freddie Newman	30

Sunshine Corner

Get Well Soon

Betty Malone

Georgia Schellas

Please contact Simone (805-925-6267) about any members or their loved ones who should be sent a get well, thinking of you, or sympathy card. Note: when you call her, please leave your name and number.

In Sympathy to ...

Dawn Kamiya whose husband, **Jerry**, passed

and to

former member Emily Vansickle whose husband, **Charles**, passed

New/Rejoining

WELCOME

Melody Mize
George Moore
Lety Rivera
Ron Selken
Laverne Venable

WELCOME

Happy December Birthdays!

David Vallejo, Ron Evey, Georgia Schellas, Jason Schellas, Joyce Hershberger, Pat Park, & Leon Permasse

SMV SENIOR CITIZENS CLUB
PO BOX 6688
SANTA MARIA, CA 93456-6688
Vol. 28, Issue 1
January 2022
Monthly Newsletter

Non-profit Organization
US Postage Paid
Santa Maria, CA
Permit No. 161

RETURN SERVICE REQUESTED

The Mussell Messenger

Santa Maria Valley Senior Citizens Club Newsletter

Museum
Santa Maria Valley Historical Society

Monthly Membership Meeting

Monday - January 10

HAPPY NEW YEAR

Doors Open: 5 p.m. - Dinner: 5:15 p.m.

Chinese chicken, noodles & mushroom sauce, stir fry veggies, salad, & strawberry cake

$12 per person

Reserve/Pay by:
Friday - Jan. 7 @ 2 p.m.

Catered by:
Jovi's Delight

featuring

Cindy Ransick

with

Santa Maria Valley Historical Society Museum

Elwin E. Mussell Senior Citizens Center, 510 E. Park Ave.,
Santa Maria, CA 93454 805-349-0688